



Developing Indigenous Resources India

JUNE 2021



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CEO'S REPORT FOR JUNE

June was challenging for DIR-INDIA as the new variant of Covid-19 was extremely contagious. The number of fresh cases and mortality rate were increasing day by day in most parts of the country including Punjab. The fear of new variants of Covid-19 with high mortality rate motivated people to take the vaccination.

- Health kart is a company which manufactures high protein and high calorie products and supplements which are popular amongst sports personnel. Oorjaa NGO in collaboration with Health Kart Company delivered 150 kits of high protein products to DIR-INDIA. The team of Nutritionists from Health Kart Company held a zoom conference call with 150 women of Janta Colony. This was one-on-one interaction with each mother, who was rewarded with a kit containing boxes of energy bars made of oats, protein enriched cereals and protein powder to enhance the quality of food intake both in calories, proteins and nutrients which they cook by adding these



supplements in their food.

- Dayalbagh Educational Institute based in Agra gave a presentation on education and different types of online courses running at a low cost for the benefit of Basti girls and boys in our Presentation room. The response of Basti youth is still waiting.



- We are hopeful that Covid-19 Pandemic should come under control in coming times to resume our medical program more aggressively with field visits so that the Health Promoters and senior staff are able to assess the ground realities and living conditions of the needy families.

Margarita with a Straw

In a society, where women are actively discouraged towards divorce, and are disowned from their families for even thinking about a second marriage, Baby defied all the norms. Married off at the young age of 19, Baby wasn't that happy. She was only allowed to study till the 5th standard, so she had no job prospects. When she got pregnant, she saw a glimmer of hope in her life. She was finally excited about something. She looked forward to the day when she would be able to hold her child in her arms. However her first husband did not share the same emotions. When Baby was 7 months pregnant, her husband left her to her own devices. No amount of pursuing, talking, counseling could lead him back to his family.



Stressed and emotionally wrecked, Baby decided to live with her sister. Her sister took care of her during her last stages of the pregnancy, but no amount of care could alert them of what was about to happen. Baby's sister found out about Sohan Singh, and fixed her sister up with the man. Although handicapped with Polio, Sohan is a proud member of the society. He was a member of the Punjab Cricket Team for the differently abled, and owned his own tea stall outside PGIMER. Baby gave birth to Jashan a month earlier than her due date, due to which, the child was put in an incubator, and just so he could have a chance at surviving. Although still fragile, Jashan was out of danger.



During one of the regular DIR-India visits, our Health Promoter, Banita noticed something off. Jashan was 2 years old, yet could not walk. After a slew of medical tests, DIR-India found out that the young child suffers from Cerebral Palsy, a disorder of muscle, movement and posture. While pregnant with her second child, Baby received this devastating news about her first child. She was heartbroken and scared that Sohan would leave her too.

Sohan, however, had never loved anyone in his life more than his wife and his children. He does whatever he can to provide the best for his children. They had their second baby, who was also tested for several conditions, but was ultimately declared healthy. Although not his by blood, Sohan has accepted Jashan as his own and treats both his children equally well.

Baby and her small family have struggled with the household finances since Covid-19 hit. Sohan was forced to quit his day job as a tea vendor because of increased health risks around the hospital, and his cricket team took a hiatus to keep the players safe. The only source of income at this point is the assistance from the government for the differently abled.

DIR-India has been helping this family by providing medical attention and fresh groceries every month. Jashan is a happy boy with a great outlook towards life. No amount of hardships has broken Baby's spirit. Sohan has been fighting the norms of this society since a young age and knows he has to teach his children the same. The family is as strong as ever, fighting together every day. They are a true inspiration to us.

We would like to thank MA FOUNDATION for sponsoring their monthly groceries. Their contribution towards DIR-India has helped countless families and put a smile on thousands of children.

MEDICAL TRAINING



In the month of June, medical classes of health promoters were taken on HIV-AIDS, Human papillomavirus and syphilis which are Sexually Transmitted Diseases. Sexually transmitted infections (STIs) and reproductive tract infections (RTIs) are a major public health problem worldwide, affecting the quality of life and causing serious morbidity and mortality. STIs/RTIs have a direct impact on the reproductive system leading to infertility, cancers and many other pregnancy related complications.

<https://www.ijcm.org.in/text.asp?2019/44/3/247/267357>

A monthly test is conducted on every last Thursday of the month.

In addition, the revision classes in the health program were held on Pneumonia, Dehydration, Hepatitis B, HIV- AIDS and Fatty liver.



NUTRITION TRAINING

In order to make our medical program more result oriented and to ensure elimination of faults, we taught our health promoters about 'anthropometric measurements and body mass index (BMI)' explaining the benefits, efficacy and importance of doing anthropometric measurement. We are addressing the problems related to these parameters. With this method we are hopeful to achieve our target soon.



In addition to this the dietitians took nutritional demonstrations of innovative high protein and vitamin A rich dishes which were made by using protein mix flour, soybean, Paneer, carrot and cabbage. These veggie stuffed steam balls will serve ample amounts of nutrients that are required to nourish the kids.

Date of the Nutritional demonstration: 15th June 2021

Name of the dish: vegetables stuffed steamed balls

Nutritional value per serving: Calories - 40

Protein - 6.2 gm



NUTRITION IMPROVEMENT PRIORITY PROGRAM AND MA KA AHAR PROGRAM

- MA KA AHAR sponsored by MA foundation and NIPP program funded by Donors are running together.
- We have a total strength of 85 to 90 children and mothers together.
- NIPP is based on feeding malnourished pregnant, lactating women and children less than 5 years of age.
- MA KA AAHAR focuses on feeding all women who are malnourished and needy. MA Foundation has sponsored this program for 50 hungry mothers for one year.



STATISTICS OF CHILDREN UNDER NIPP PROGRAM

<u>TOTAL</u>	<u>RED ZONE</u>	<u>YELLOW ZONE</u>	<u>GREEN ZONE</u>
<u>21</u>	<u>14</u>	<u>7</u>	<u>0</u>

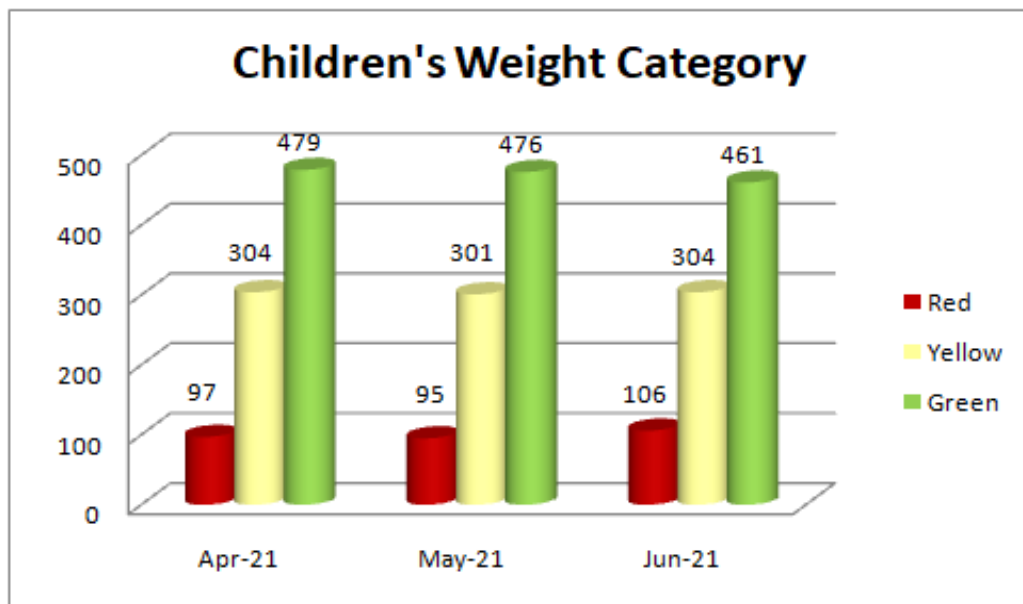
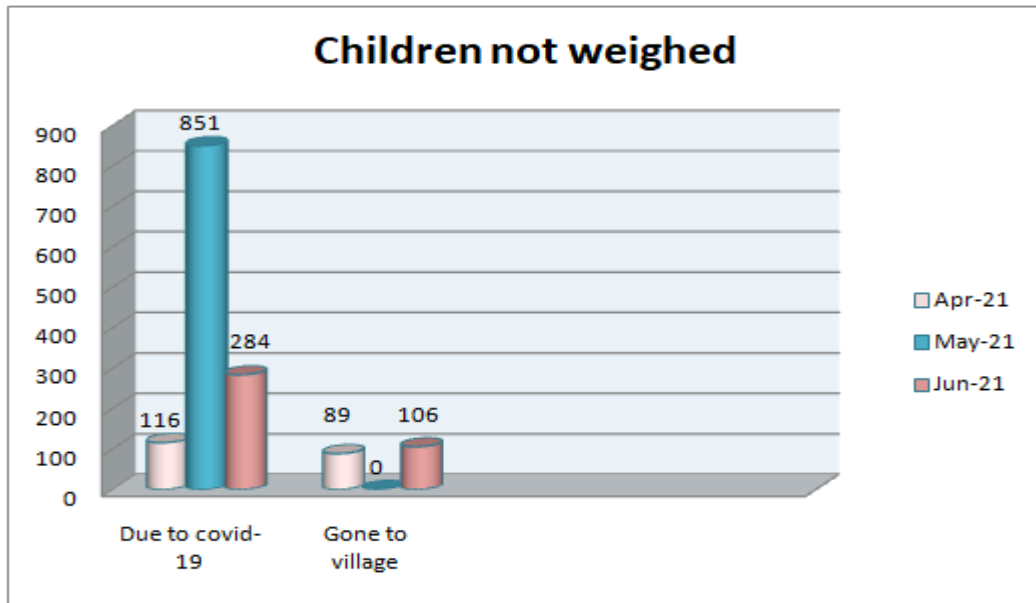
- In this month, weighing of children resumed at the end of the month.
- Weight of 21 children who are sponsored in our NIPP Program has been recorded to keep up the progress report of the child to Donors.
- Out of 21 children, 11 kids had the same weight, 4 kids had weight loss due to fever and diarrhea while 6 kids had weight gain

DEATH DETAILS

NAME OF THE DECEASED	AGE OF DECEASED (YEARS)	GENDER	CAUSE OF DEATH	HEALTH PROMOTER
SHRIMATI	28Y	FEMALE	KIDNEY FAILURE	UMA
AARTI	22Y	FEMALE	TUBERCULOSIS	UMA

STATISTICS OF MEDICAL PROJECT

Total Number of Population	14474
Total Males	7516
Total Females	6958
Total no. of children	871
<u>Total Red zone children</u>	106
Red zone children Weighed	65
Currently gone to the village	09
Not weighed due to COVID19 Pandemic	32
<u>Total Yellow zone children</u>	304
Yellow zone children weighed	164
Currently gone to the village	39
Not weighed due to COVID19 Pandemic	101
<u>Total Green Zone children</u>	461
Green zone children Weighed	252
Currently gone to the village	58
Not weighed due to COVID19 Pandemic	151

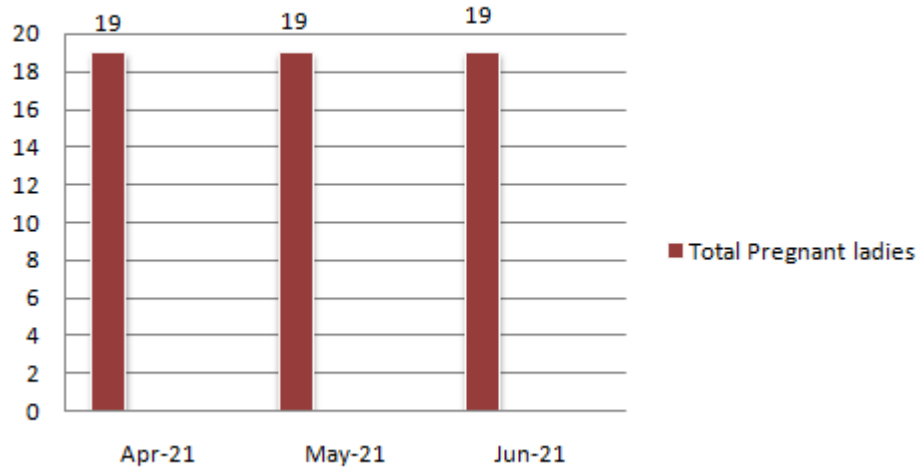


- Total number of children last month = 872
- Children permanently left Janta colony slum = 07
- Deliveries = 05
- Children reached 5 years of age (out of DIR medical program) = 07
- New children migrated to the Janta colony = 08
- Total number of children this month = 871 (872-7-7+5+8)

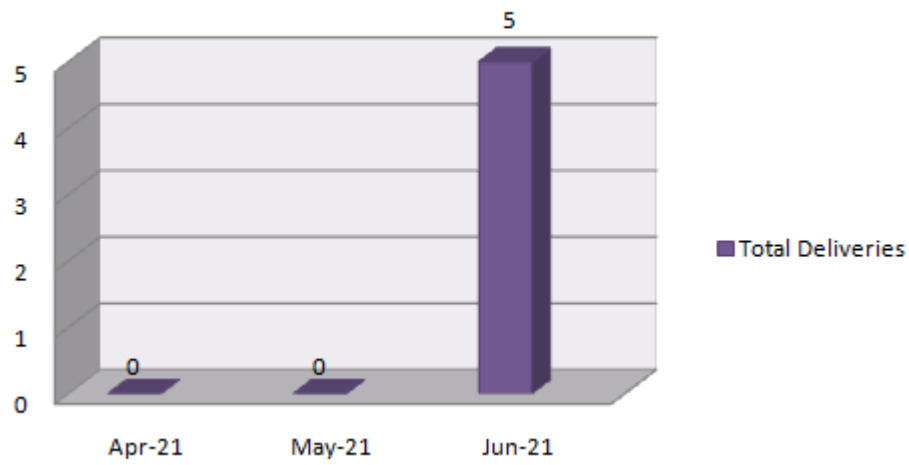
STATISTICS OF PREGNANT MOTHERS AND NEWBORN

<u>Number of women pregnant last month</u>	<u>19</u>
<u>Number of deliveries</u>	<u>05</u>
<u>Births</u>	<u>Male: 02; Female: 03</u>
<u>Mothers who left Janta Colony</u>	<u>01</u>
<u>Infant death</u>	<u>Nil</u>
<u>Miscarriages</u>	<u>Nil</u>
<u>Abortions</u>	<u>Nil</u>
<u>Newly Pregnant</u>	<u>06</u>
<u>Trimester</u>	1 st trimester: 02 2 nd trimester: 04 3 rd trimester: 13
<u>Number of women pregnant this month</u>	<u>19</u>

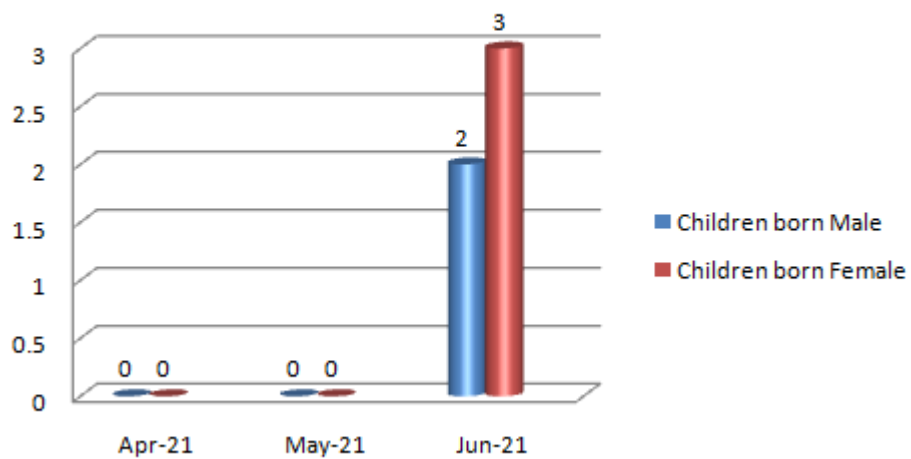
Total Pregnant Ladies



Total Deliveries



Children born

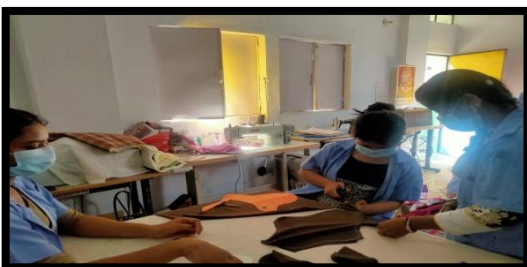


INCOME GENERATION PROGRAM

• Our tailoring program took the lead this month with online classes conducted by Department Of Fashion and Textile Designing, PANJAB UNIVERSITY. Professor Anu Gupta and Annie build the Tailoring skills of our health Promoters to generate revenue for DIR.

Our Tailoring team of HPs stitched:

- laptop bag = 5
- scrunches = 10
- masks = 30
- potli = 72
- bookmarks = 71
- wall hangings = 4
- coater = 3



DIR-INDIA JUNE HIGHLIGHTS

- Distribution of grocery stores amongst underprivileged families on 7th June to 41 families



● On 28th June, Miss Neha Unmet and Naveen kumar from Dayalbagh Educational Institute visited the organization and took the counseling session of basti girls who have not done studies after secondary education, guiding them to new PG and PGD courses at minimal fee structures.



• Health kart organized a virtual camp in collaboration with OORJAA to provide high protein and high calorie products and supplements like protein bars, protein powder, amla juice bottles, multivitamins, milk and surgical masks, to 150 mothers of Janta Colony.



- Two LLB interns Abhishek and Arushi joined for a one month internship.



AGENDA POINTS FOR THE MONTH OF JULY:

- RESUMING FIELD WORK
- STATISTICS TO MAINTAIN RECORDS OF THE NUMBER OF PEOPLE IMMUNIZED
- HOW MANY NEW CHILDREN INTRODUCED IN ADOPTED AREA
- IDENTIFYING NEW FAMILIES WHO ARE UNDERPRIVILEGED AND NEEDY SO THAT GROCERY STORE DISTRIBUTION GOES TO THE GENUINE ONES
- IDENTIFYING NEW PREGNANT MOTHERS
- TAPPING NEW FAMILIES

OUR TEAM



CONTACT INFORMATION

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DIR INDIA BANK DETAILS

IN FAVOUR OF	DEVELOPING INDIGENOUS RESOURCES INDIA
BANK	STATE BANK OF INDIA
BRANCH	SECTOR-9, MADHYA MARG, CHANDIGARH-160009
ACCOUNT NO.	37375923235
RTGS/NEFT/IFSC CODE	SBIN0018249
MICR CODE	160002091
INSTAMOJO LINK:	instamojo.com/@dir

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TWITTER	twitter.com/@dirdotngo
YOU TUBE	https://www.youtube.com/channel/UCvjksGNLMLNLR6ji-7_kQPg
GIVE INDIA	https://fundraisers.giveindia.org/nonprofits/developing-indigenous-resources-india

