



**Developing Indigenous Resources India
MARCH 2021**



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CEO'S REPORT



In India, March is the month when the financial year ends. Each and every organization is busy filing financial returns as the financial year closes.

The Education institutions are engaged in annual exams followed by hustle and bustle of new admissions.

The year 2020 - 2021 is unique, distinct and insecure. The earth is engulfed in fear of Corona Virus.

Each citizen is uncertain as to what will happen tomorrow.

Education system is hit badly. Concept of online classes was not there. Many children residing in slums do not have access to the internet.

SWAD school of DIR-INDIA was not functional. In a population of 15000 in Janta Colony only four children took admission. These kids were given classes on whatsapp and homework on worksheets prepared by Manjeet.

In SWAD school the children are in the age group of 2.5years to 6 years of age.

There are four classes:-

Pre Nursery children in the age group of 2.5 to 3.5 age group.

Nursery children are between the age group of 3.5 to 4.5

Lower Kindergarten has children between 4.5 to 5 Kg

Upper Kindergarten has children between 5 to 6 years



After passing out from UKG, DIR-India prepares the children for seeking admission in Public and Government schools in Chandigarh.

The year 2021 gave some hope as parents started inquiring about admission in SWAD School. Currently, we have 13 students. We are hopeful that the strength of children will increase in April.

Mohit Vasudev from Swami Vivekanand Centre of Panjab University conducted a YOGA training program for 5 days from 9 AM to 10 AM in the premises of DIR-India. Yoga is a tool for physical and mental health. Our sincere thanks to Prof. Renu Thakur and Mohit Vasudev for this workshop.



On 8th March 2021, International Women Day was celebrated in DIR-INDIA office. Enactus student body along with Prof. Seema Kapoor and Prof. Anu Gupta and Manager from Usha International Sewing Machine graced the occasion by inaugurating the two Hi-Tech Usha Machine donated by Versatile Textile Ltd.

Our special thanks to Prof. Seema Kapoor and Enactus Team for upgrading our tailoring program.

Prof. Anu Gupta and Annee from the Fashion and Textile designing Department of Panjab University are running an advanced training program in designing and tailoring for our Health Promoters and Santosh Kumari, our Tailoring teacher to promote and improve the stitching and designing skills of DIR Team from 10 AM to 1 PM. These classes have enhanced the professional competency in creative and innovative art amongst the DIR-INDIA team. They have made beautiful items from the used cloth which has come on donation.



Shaken to the Core

From a young age, Kuldeep Raj, a boy from Ropar, has felt different from his peers. When his friends played outside, he had to stay inside. When he tried to do something difficult or stressful, he was quickly shut down. He had learned to take his medication from a young age, so he didn't have to be dependent upon anyone for his life. He did not understand much of why he had so many limitations put on him, but he understood its importance. The young and innocent child was a patient of epilepsy.

His family hid his condition from society so he could at least have a chance at a normal life. After searching for a long while, they found a young girl, Rupinder from Shahkot, near Jalandhar, and quickly married the two. Money was still tight in the family, so the young couple moved to Chandigarh with stars in their eyes, in hopes to make a good life for themselves and their future children. They rented a single room in Nayagon and began looking for work. Kuldeep Raj tried for months, but could not find a permanent job due to his medical condition. They had no proper solid source of income and had to survive on whatever little money Kuldeep could earn, out of which a significant portion had to be kept aside for his epilepsy medication. He could only work 3-4 times a week.

Kuldeep Raj and Rupinder have been living in Nayagaon for the last 6 years in the same room they started out in, and are now proud parents of two children. The elder child is almost 3 years old, and the younger is just 2 months shy of completing his first year. They love their children more than they ever thought possible. Sometimes, they go hungry just so the younger ones can go to sleep with a somewhat full stomach. The children currently are malnourished and extremely unhealthy. Due to Covid-19, this small family was one of the worst-hit during the lockdown. Kuldeep's income was cut in half and the family struggled to feed themselves. Their condition became apparent, when our CEO, Dr. Asha Katoch, went to meet the family and witnessed one of Brijinder's epilepsy attacks.

DIR-India helped Ma Foundation in adopting the family as soon as possible, and has been providing them with healthy and nutritious groceries, and has also helped them with their medical needs. DIR-India is extremely grateful to Ma Foundation for providing young children with high protein diets under their 'Ma Ka Aahar' project.

The family is currently doing well and soon Kuldeep would start looking for work to provide for his beloved family.



MEDICAL TRAINING



Viral hepatitis is a global public health problem, particularly in resource-poor countries. It is a major public health problem in India. India has “intermediate to high endemicity” for Hepatitis B surface antigen and an estimated 40 million chronic HBV infected people, constituting approximately 11% of the estimated global burden. Hepatitis A virus (HAV) and Hepatitis E virus (HEV) are an important cause of acute viral hepatitis and acute liver failure in India.

https://ncdc.gov.in/linkimages/guideline_hep20158117187417.pdf

In the month of March, health promoters were taught about the causes, risk factors and prevention of Hepatitis A, Hepatitis B and Hepatitis C. Revision classes of health promoters were also taken on the topics of basic structure of the cell and its functioning and the preparation of ORS at home.



NUTRITION TRAINING



Every day, more than 6,000 children below the age of five die in India. More than half of these deaths are caused by malnutrition—mainly the lack of Vitamin A, iron, iodine, zinc and folic acid. About 57% of preschoolers and their mothers have subclinical Vitamin A deficiency. Anemia prevalence among children under five years is 69% and among women it is over 55% in a recently concluded national study. With the scientific reality of anemia being a late result of iron deficiency, these data reflect an almost universal iron deficiency in Indian population.

Source: [Home - PMC - NCBI](#)

Nutrition classes of the health workers on the topic of “VITAMINS- Fat and Water soluble” were taken, in which they are taught about the role of vitamins in a body, what are the sources of vitamins, RDA of vitamins in men, women and children and how to prevent vitamin deficiencies.



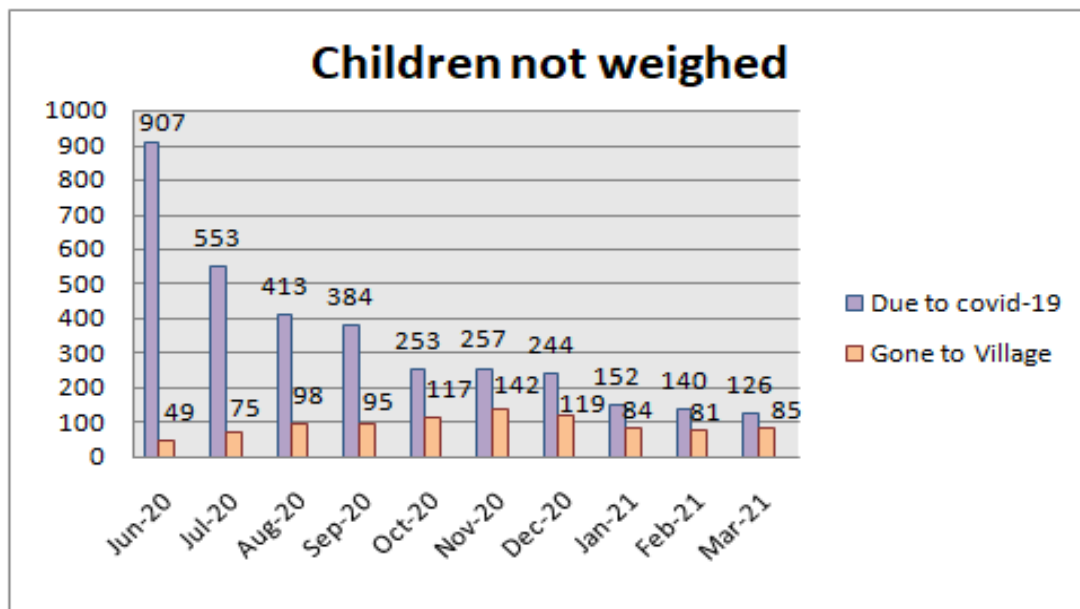
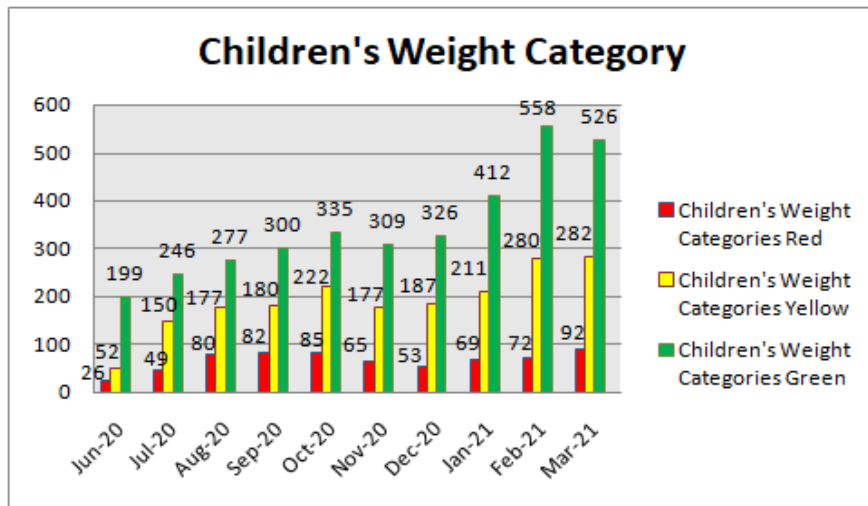
STATISTICS OF RED ZONE CHILDREN

Age (Months)	# Children	%
0-12	10	1.1%
13-24	7	0.8%
25-36	16	1.8%
37-48	23	2.5%
49-60	24	2.7%
Total children in the area	900	100%
Total Red zone children	92	10.2%
Red zone children went to the village	5	0.5%
Not weighed due to COVID19 Pandemic	7	0.8%
Red Zone Children weighed	80	8.9%

- We would like to draw your attention here that we saw pronounced growth in the red zone category children. This month 9 children progressed from **RED ZONE** to **YELLOW ZONE** (gained weight by 1 to 2 kg).

STATISTICS OF MEDICAL PROJECT

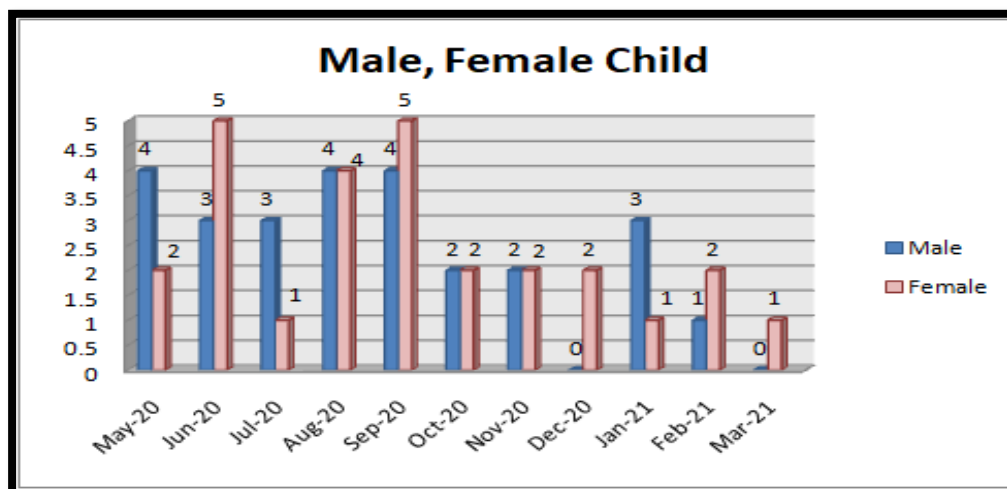
Total Number of Population	14462
Total Males	7496
Total Females	6966
Total no. of children	900
<u>Total Red zone children</u>	92
Red zone children Weighed	80
Currently gone to village	5
Not weighed due to COVID19 Pandemic	7
<u>Total Yellow zone children</u>	282
Yellow zone children weighed	214
Currently gone to village	23
Not weighed due to COVID19 Pandemic	45
<u>Total Green Zone children</u>	526
Green zone children Weighed	395
Currently gone to village	57
Not weighed due to COVID19 Pandemic	74



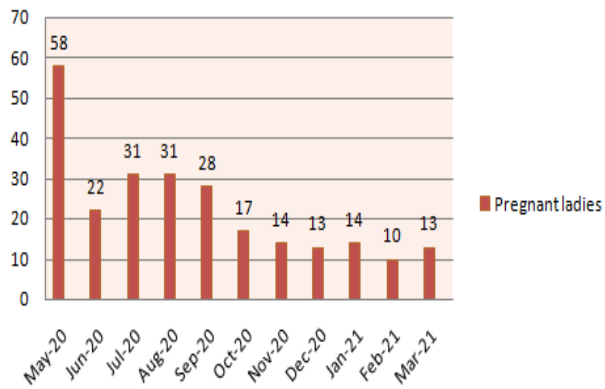
- Total number of children last month = 910
- Children permanently left Janta colony slum = 11
- Children reached 5 years of age (out of DIR medical program) = 16
- Newborn = 1
- 16 new kids under 5 in DIR medical program (migrant population)
- Total number of children this month = 900

STATISTICS OF PREGNANT MOTHERS AND NEWBORN

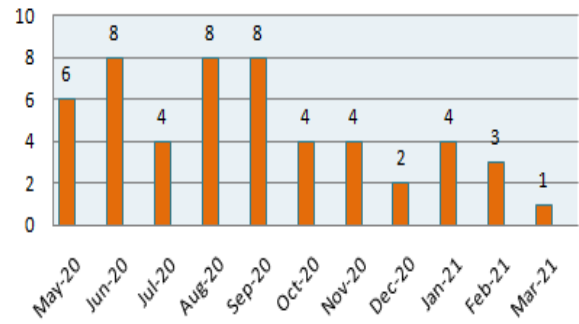
<u>Number of women pregnant last month</u>	<u>13</u>
<u>Number of deliveries</u>	<u>01</u>
<u>Births</u>	<u>Male: 0;</u> <u>Female: 01</u>
<u>Mothers who left Janta Colony</u>	<u>1</u>
<u>Infant death</u>	<u>0</u>
<u>Miscarriages</u>	<u>0</u>
<u>Abortions</u>	<u>0</u>
<u>Newly Pregnant</u>	<u>05</u>
<u>Trimester</u>	<u>1st trimester: 01</u> <u>2nd trimester: 07</u> <u>3rd trimester: 05</u>
<u>Number of women pregnant in February</u>	<u>10</u>



Total Pregnant Ladies



Number of Deliveries



DEATH DETAILS

HEALTH PROMOTER	AGE OF DECEASED (YEARS)	GENDER	CAUSE OF DEATH
DIMPLE	45Years	MALE	MULTIPLE ORGAN FAILURE

INCOME GENERATION PROGRAM

- New Masks stitched = 13
- Old stock = 90
- Total = 103
- Sold = 21
- On 8th March, Enactus student body along with Prof. Seema Kapoor and Prof. Anu Gupta and Manager from Usha International Sewing Machine graced the occasion by inaugurating the two Hi-Tech Usha Machine donated by Versatile Textile Ltd. Our special thanks to Prof. Seema Kapoor and Enactus Team for upgrading our tailoring program.



DIR-INDIA MARCH HIGHLIGHTS

- 1ST MARCH - Mohit Vasudev from Swami Vivekanand Centre of Panjab University conducted a YOGA training program for 5 days from 9 AM to 10 AM in the premises of DIR-India.



- Ration distribution to underprivileged families on 8th, 13th, 16th, 23rd, and 31st of March.



OUR TEAM



CONTACT INFORMATION

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0172-5034227

Mobile No.

+91-9478866412

DIR INDIA BANK DETAILS

IN FAVOUR OF	DEVELOPING INDIGENOUS RESOURCES INDIA
BANK	STATE BANK OF INDIA
BRANCH	SECTOR-9, MADHYA MARG, CHANDIGARH-160009
ACCOUNT NO.	37375923235
RTGS/NEFT/IFSC CODE	SBIN0018249
MICR CODE	160002091
INSTAMOJO LINK:	instamojo.com/@dir

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FACEBOOK	https://www.facebook.com/dir
TWITTER	twitter.com/@dirdotngo
YOUTUBE	https://www.youtube.com/channel/UCvjksGNLMLNLR6ji7_kQPg
GIVE INDIA	https://fundraisers.giveindia.org/nonprofits/developing-indigenous-resources-India