



Developing Indigenous Resources India
MAY 2021



CONTENTS

<u>S.NO.</u>	<u>TITLE</u>
1.	CEO REPORT
2.	STORY OF THE MONTH
4.	MEDICAL TRAINING
5.	NUTRITION TRAINING
5.	NUTRITION IMPROVEMENT PRIORITY PROGRAM
6.	STATISTICS OF CHILDREN UNDER NIPP PROGRAM
8.	STATISTICS OF MEDICAL PROJECT
9.	STATISTICS OF PREGNANT MOTHERS AND NEWBORN
10.	DEATH DETAILS
11.	INCOME GENERATION PROGRAM
12.	DIR-INDIA MAY HIGHLIGHTS
13.	OUR TEAM AND CONTACT INFORMATION

CEO'S REPORT FOR MAY-21

Human life has become a state of uncertainty with Corona virus in the air. The second phase of Covid-19 is extremely contagious. This virus is airborne due to which it is spreading like wildfire. India has witnessed a massive surge in April and May which forced us to stop the weighing of the Basti children under 5 years of age and Antenatal checkup of pregnant women.

The SWAD School had to be closed. Children are given online classes and some activities on worksheets.

The NIPP program sponsored by Donors and **Ma ka Aahar program** funded by the Ma Foundation continues. All the families were fed in the DIR campus under direct supervision. The second wave of Covid-19 hit Janta Colony adversely which forced the organization to stop the feeding in DIR campus. Instead, the cooked food is packed in steel tiffin carriers which are carried by the needy mothers. Distribution of food starts at 12 noon and it continues till 2 PM.

We are grateful to Prof. Dr. Santosh Sharma for her liberal donation of 50 Steel Tiffin Carriers to DIR-INDIA for this purpose. Tiffin carriers ensure hygiene and equal quantity of food is distributed to each family.

SWAD School had to be closed. Our teachers are taking online classes and also assign work on worksheets.

Janta Colony is known for spreading false rumors. It is sad to know that an elected member of Municipal Corporation in one of the wards of Nayagaon is demotivating the people of Janta Colony, from taking the vaccine. These are anti national activities. Health Promoters have been tasked to make a list of families who have not taken vaccines in Janta Colony. DIR will be working on this to ensure 100% vaccination in our area.



Intrepid



In 1995, the young family moved to Nayagaon, which was on forest land. They lived in temporary huts and tried to work as much as they could to provide for their children. The father worked as a daily wage laborer, while the mother scrubbed away as a house maid. It wasn't much, but it was enough to get by. Neha was the second eldest of the four sisters. Neha was in 11th standard, when her elder sister eloped with a local boy of the same basti. This single event acted as a catalyst and set a new pace of life for Neha. Ashamed of the behavior of their eldest sister, the parents didn't want another incident to happen. They pulled Neha from school, and travelled back to their village in Uttar Pradesh, where they got her married to a young village boy. It was after the wedding ceremony that they found out that the boy hadn't even passed 5th standard. She tried to protest, but it was all in vain. Village life was not easy. Neha was up at the crack of dawn and could only rest when the sun set. The everyday routine of her life made her anxious. She was itching for a change. Although her husband wasn't as educated as she was, he still had a heart of gold and loved his wife. The couple moved to Nayagaon and started out by living in her childhood hut. Soon, he found a job in a Tent house with a fixed salary, and she helped him out by tutoring the children



in the Basti. Their shared income was just a few thousand shy of 1 lakh rupees per year. This however came to a sudden halt when Neha's pregnancy had some complications. Being underweight herself, Neha had a few miscarriages before. Her bad obstetric history and no help from anyone else made her stay at home. In 2018, she gave birth to a beautiful baby boy. However, he was born malnourished. Unfortunately, she had to quit teaching and take care of her child full time. Their already tough life took a drastic turn when Covid-19 came

around. A malnourished lactating mother and a malnourished child were in serious danger. The stress level was high for the small family. Neha was introduced to DIR-India's NIPP (Nutrition Improvement Priority Program). DIR-India is doing everything in its power to help Neha and her family. We are also providing the family with monthly groceries and classes in making healthy food. With the 2nd wave of the pandemic ending, Neha's husband can now finally go back to his job. Their child is on their way to making a full recovery and being in healthy weight category. Her fearlessness and strength has made all the difference in her story. Her positive outlook of her life has inspired many around her.



MEDICAL TRAINING

In the month of May, medical classes of the health promoters were taken on the following topics:

Pneumonia,
Hepatitis A,
Hepatitis B
Hepatitis C.

A class test was taken on the above topics. In addition two more topics were added: Food poisoning and Dehydration,



NUTRITION TRAINING

As we all know, chances of food contamination rises in summer months as warmth and moisture attracts microorganisms and provides favorable conditions for them to grow faster. In order to make our health promoters understand the concept of Food poisoning and Preservation, Dietitian Pratiksha took a nutrition class and conducted a test of the same.



The dietitians took nutritional demonstrations on 'SOYA-POTATO CUTLET' which is a high protein and high calorie dish consisting of ample amounts of micronutrients, namely; vitamin A, E and K along with various phytochemicals.

The dish was made using Nutri keema and Potato as a main ingredient. Carrot and coriander leaves were added to make it more nutritious. Coriander enhanced the taste as well as made it rich in antioxidants and vitamins.

Date of the Nutritional demo: 18 MAY, 2021

Name of the dish: SOYA POTATO CUTLET

Nutritional value per serving: Calories - 812 kcal

Protein - 8.6g

Vitamin A - 12µg



NUTRITION IMPROVEMENT PRIORITY PROGRAM AND MA KA AHAR PROGRAM

- MA KA AHAR sponsored by MA foundation and NIPP program funded by Donors are running together.
 - We have a total strength of 85 to 90 children and mothers together.
 - NIPP is based on feeding malnourished pregnant, lactating women and children less than 5 years of age.
 - MA KA AAHAR focuses on feeding all women who are malnourished and needy. MA Foundation has sponsored this program for 50 hungry mothers for one year.



STATISTICS OF CHILDREN UNDER NIPP PROGRAM

<u>TOTAL</u>	<u>RED ZONE</u>	<u>YELLOW ZONE</u>	<u>GREEN ZONE</u>
<u>21</u>	<u>16</u>	<u>4</u>	<u>1</u>

● In this month, weighing data of children residing in basti has not been taken due to the 2nd wave of Covid 19 pandemic which is more aggressive as it is airborne. Restrictions and lockdowns imposed by the government compelled DIR to shut down the weighing activity.

● Weight of 21 children who are sponsored in our NIPP Program has been recorded to keep up the progress report of the child to Donors.



- Out of 21 children, 9 kids had ½ kg gain in weight. 4 kids had weight loss due to fever and upper respiratory tract infection.

- 8 children had the same weight.

STATISTICS OF MEDICAL PROJECT

Total Number of Population	14468
Total Males	7496
Total Females	6972
Total no. of children	872
<u>Total Red zone children</u>	95
Red zone children Weighed	16
Currently gone to the village	NA
Not weighed due to COVID19 Pandemic	79
<u>Total Yellow zone children</u>	301 as per April records
Yellow zone children weighed	04
Currently gone to the village	NA
Not weighed due to COVID19 Pandemic	297
<u>Total Green Zone children</u>	476
Green zone children Weighed	01
Currently gone to the village	NA
Not weighed due to COVID19 Pandemic	475

- Total number of children last month = 880
- Children permanently left Janta colony slum = NA
- No deliveries
- Children reached 5 years of age (out of DIR medical program) = 8
- Total number of children this month = 872 (880-8)

DEATH DETAILS

HEALTH PROMOTER	AGE OF DECEASED (YEARS)	GENDER	CAUSE OF DEATH
Meenakshi	51Y	Male	Due to COVID-19
Sunita	60Y	Male	Peptic Ulcer
Muskan	70Y	Female	Due to COVID-19
Muskan	82Y	Male	Due to COVID-19
Muskan	75Y	Male	Gastroenteritis
Muskan	56Y	Female	Spinal Surgery

STATISTICS OF PREGNANT MOTHERS AND NEWBORN

<u>Number of women pregnant last month</u>	<u>19</u>
<u>Number of deliveries</u>	<u>No Deliveries</u>
<u>Births</u>	<u>Male: 00; Female: 00</u>
<u>Mothers who left Janta Colony</u>	<u>Nil</u>
<u>Infant death</u>	<u>Nil</u>
<u>Miscarriages</u>	<u>Nil</u>
<u>Abortions</u>	<u>Nil</u>
<u>Newly Pregnant</u>	<u>Nil</u>
<u>Trimester</u>	1 st trimester: 0 2 nd trimester: 07 3 rd trimester: 12
<u>Number of women pregnant this month</u>	<u>19</u>

INCOME GENERATION PROGRAM

- Our tailoring program took the lead this month with online classes conducted by Department Of Fashion and Textile Designing, PANJAB UNIVERSITY. Professor Anu Gupta and Annie build the Tailoring skills of our health Promoters to generate revenue for DIR.

Our Tailoring team of HPs stitched:

- laptop bag = 1
- sling bags = 1
- scrunches = 20
- masks = 7
- kitchen towel = 50
- diary cover = 28
- coin pouch = 47
- potli = 37
- bookmarks = 20



DIR-INDIA MAY HIGHLIGHTS

- Distribution of grocery stores amongst underprivileged families on 7TH MAY to 41 families



- We are grateful to Prof. Dr. Santosh Sharma for her liberal donation of 50 Steel Tiffin Carriers to DIR-INDIA. This kind gesture has helped the mothers to carry the food in a hygienic way.



- OORJAA donated 690 tetra packs (180 ml) fruit juices, glucose (400 gm) 290 boxes , 48 packets sago (sabudana) papad and amaranth seeds ladoo, dabur red paste = 204 pieces for basti people



OUR TEAM



CONTACT INFORMATION

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DIR INDIA BANK DETAILS

IN FAVOUR OF	DEVELOPING INDIGENOUS RESOURCES INDIA
BANK	STATE BANK OF INDIA
BRANCH	SECTOR-9, MADHYA MARG, CHANDIGARH-160009
ACCOUNT NO.	37375923235
RTGS/NEFT/IFSC CODE	SBIN0018249
MICR CODE	160002091
INSTAMOJO LINK:	instamojo.com/@dir

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GIVE INDIA	https://fundraisers.giveindia.org/nonprofits/developing-indigenous-resources-india

