



Developing Indigenous Resources India

NOVEMBER 2020



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CEO'S REPORT FOR NOVEMBER



It is heartening to see the team of Developing Indigenous Resources India working with full zeal and vigor during the Pandemic Era. This realization was given to us when a Ph.D. research scholar, Ms Saloni Jain, Assistant Professor from DAV College, Chandigarh came to seek help for her research paper on a study of “Micronutrient deficiency amongst adolescent girls“ living in the slum.

Ms.Saloni interviewed 65 girls in the age group of 17 years to 19 years. Hemoglobin levels were checked by Laboratory Technicians to assess the health and nutrient status of each participant.

Ms.Saloni will share her research paper on the above study with DIR-India on completion. Her impression about our organization was:

1. Slum girls were hygienic, and they credited this to DIR-India for the awareness program.
2. They all used sanitary napkins supplied by DIR on subsidized rate.
3. The girls were well aware of health and hygiene on hand washing and eating the right type of nutritious food to improve the immunity. They all were well versed with Covid precautions crediting the NGO for this awareness campaign in the beginning of the year.
4. Majority of them have left education but 80% understand basic English and are smart.

It was encouraging and satisfying to read Ms.Saloni opinion with a thank you note which is attached below.

“Working for a good cause for the society”

Great initiative! Developing Indigenous Resources (D.I.R. - NGO) is doing one of the greatest jobs of spreading smiles among the underprivileged parts of society. It is working for a good cause for the society; the thought of this organization is incredible!



My experience has been really good as they are very cooperative and friendly. The interview with adolescent girls was very well organized with their help for my research purpose. They provided me with all the equipment and assisted me whenever I needed. It was a great experience to work with them.

Saloni Jain

- Assistant Professor (D.A.V. College, Chandigarh)
- Research Scholar (Government Home Science College – 10, Chandigarh)
- Being competent humans we must not forget our responsibility towards underprivileged families who need our support and love. Therefore, in order to live up to the expectations of mankind, DIR-India is leaving no stone unturned, every month Covid-19 relief grocery stores were distributed amongst underprivileged families.

This month we have 100 kids in the red zone in total of 950 children.

22 kids of the red zone residing in basti do not come for weight check up due to Covid fear.

More than 50% of kids are being weighed regularly.

With best compliments to Team DIR-India.

GAYATRI

Gayatri is a 30-year-old widow who lives with her 2.5-year-old baby boy. Her parents are from U.P who migrated to Chandigarh 40 years ago with a hope for better future of the family. Gayatri at a tender age of 16 years fell in love with a 45 year old Shiv Kumar, an addict, father of three grown up children, living in the neighborhood. Gayatri eloped with Shiv Kumar. Gayatri's parents were disturbed and upset with her act that till date they have not accepted her in the family in spite of seeing her present condition they are not willing to support her. Her parents were not in favor of this wedding. After three years, Gayatri with 6 months pregnancy comes back to Janta Colony Nayagaon along with Shiv Kumar. Both Gayatri's parents and Shiv Kumar's parents refused to give them shelter. Poverty and pain clubbed with misery added to physical and mental health with a growing fetus in the womb. Shiv Kumar was an addict and irresponsible individual. He was on daily wages, he was an addict, and most of the time did not go to work.



Gayatri worked as a maid in one of the homes to earn her living. In February 2018 she delivered a baby boy in the government hospital of Sector 22, Chandigarh. It was a planned cesarean section as both mother and child were underweight. Her child weighed only 2.3 kg at birth. In October 2018, Shiv Kumar committed suicide, leaving behind a seven month old baby boy and a young wife Gayatri. The only ray of hope to live for Gayatri was this little infant, Rudransh. DIR-India adopted her in the Nutrition Improvement Priority Program (NIPP) where she is fed a high protein diet and supplied with basic amenities and supplements as a lactating mother so that the growth and health of the child is improved and maintained. During Covid-19 Pandemic lockdown she was given regular supplies of grocery stores on a monthly basis by DIR-India. We are extremely grateful to Ma Foundation who has collaborated with DIR-India in a joint mission of taking care of such families during this tough period of Unemployment.



MEDICAL TRAINING

Public Health Doctor, Dr. Sakshi took the medical classes of the health promoters on the topics of Stages of fetal development and high risk pregnancies so that they can do the counseling of the pregnant ladies in the community more efficiently.

Revision classes on preeclampsia, malaria, typhoid and dengue were covered.

A class test was taken on the 26th November 2020.



NUTRITION TRAINING

Dietitian Pratiksha conducted a demonstration on 'Nutri-case' which indicates the presence of many nutrients in just one meal. In the presentation total three things were prepared:

1. Stuffed tortilla
2. Amla-jaggery dip
3. Hibiscus drink.

The main goal was to serve malnourished kids and individuals with packet full of essential macro and micro nutrients along with taste and uniqueness. Stuffed tortilla was made with makhana, rice flakes, Bengal gram, carrot, suji and wheat flour. Alone stuffed tortilla contained ample amount of nutrients from protein to calcium. Many important nutrients were present in the recipe.

Amla-jaggery dip made with two cooking techniques first is pasteurization, keeping in the mind that amla is rich in vitamin C and it will degrade beyond boiling point so we pasteurized amla, melted jaggery which is a rich source of iron and combined to two with the help of mixer and served with great taste and love.

Hibiscus drink was full of antioxidants and made with red hibiscus flowers. Flowers were added in the warm sugar syrup with flame on and kept in it until their color got transferred in the syrup. Then colored syrup was served in the glass and added with a few drops of lemon juice at the time of serving and noticed a complete color change after adding lemon juice which was from maroonish-brown to complete red.

Date of the nutritional demo: 18th NOVEMBER 2020

Name of the dish: NUTRI-CASE

Nutritional value per tortilla: Calories – 616 kcal, Protein: 5.8g, Calcium: 10.16mg

Nutritional value of Amla-jaggery dip: Energy: 93.8 kcal, Protein: 1g approx,
Vitamin C: 50.4mg



STATISTICS OF RED ZONE CHILDREN

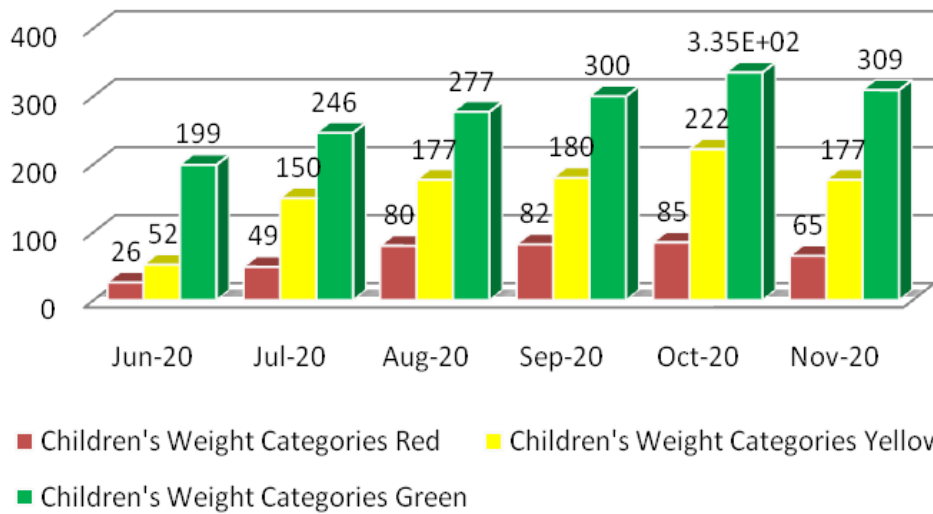
Age (Months)	# Children	%
0-12	10	1.0%
13-24	3	0.3%
25-36	15	1.6%
37-48	16	1.7%
49-60	21	2.2%
Total children in the area	950	100%
Total Red zone children	100	10.5%
Red zone children gone to village	13	1.3%
Not weighed due to COVID19 Pandemic	22	2.3%
Red Zone Children weighed	65	6.8%



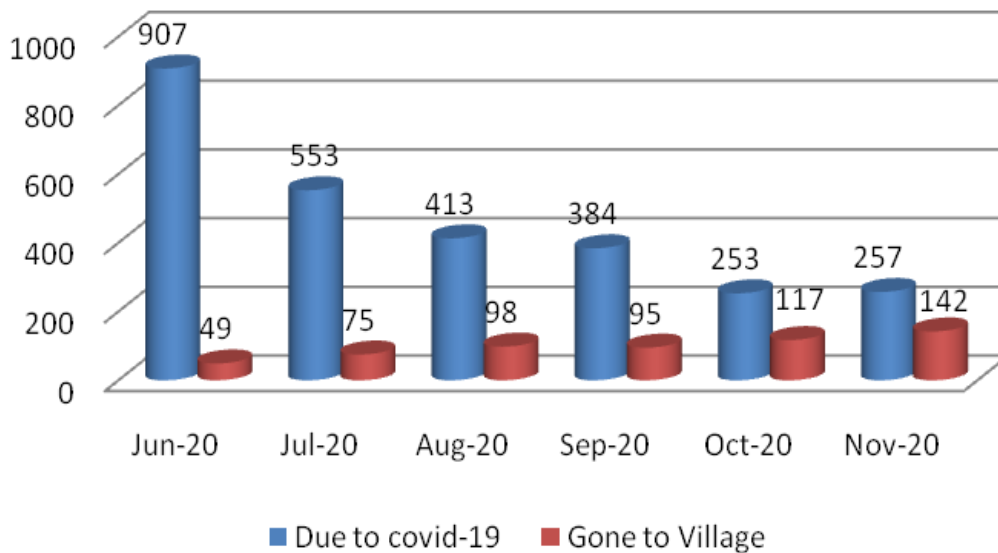
STATISTICS OF MEDICAL PROJECT

Total Number of Population	14,433
Total Males	7475
Total Females	6958
Total no. of children	950
<u>Total Red zone children</u>	100
Red zone children Weighed	65
Currently gone to village	13
Not weighed due to COVID19 Pandemic	22
<u>Total Yellow zone children</u>	310
Yellow zone children weighed	177
Currently gone to village	45
Not weighed due to COVID19 Pandemic	88
<u>Total Green Zone children</u>	540
Green zone children Weighed	309
Currently gone to village	84
Not weighed due to COVID19 Pandemic	147

CHILDREN'S WEIGHT CATEGORIES



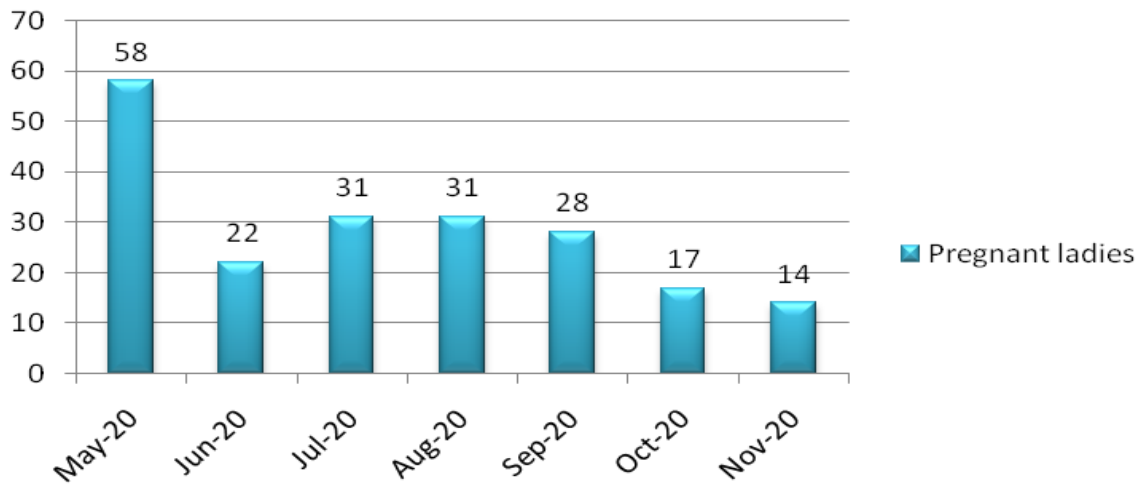
CHILDREN NOT WEIGHED



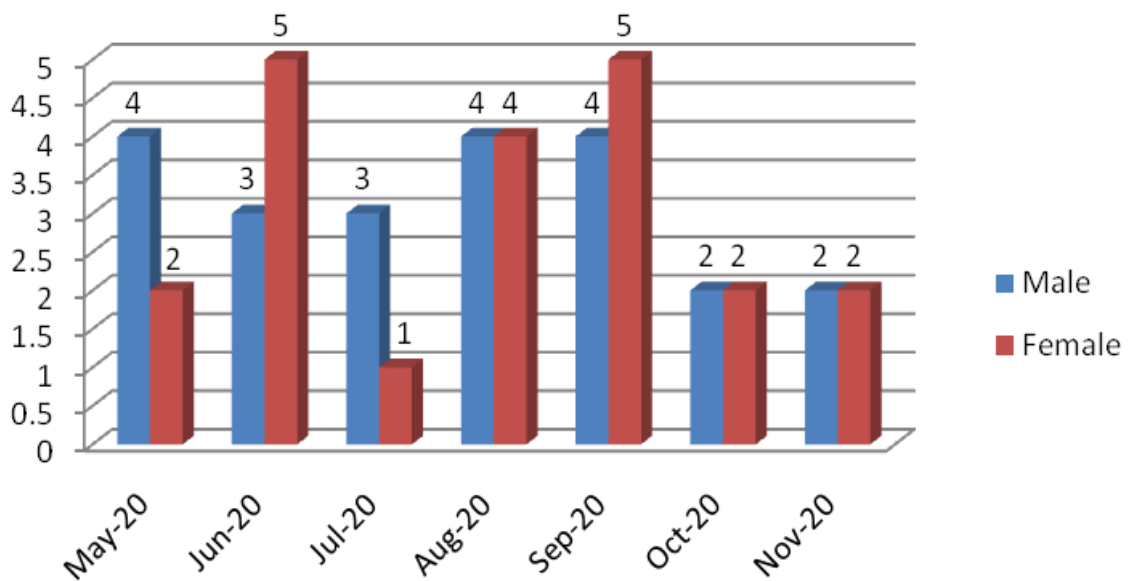
STATISTICS OF PREGNANT MOTHERS AND NEWBORN

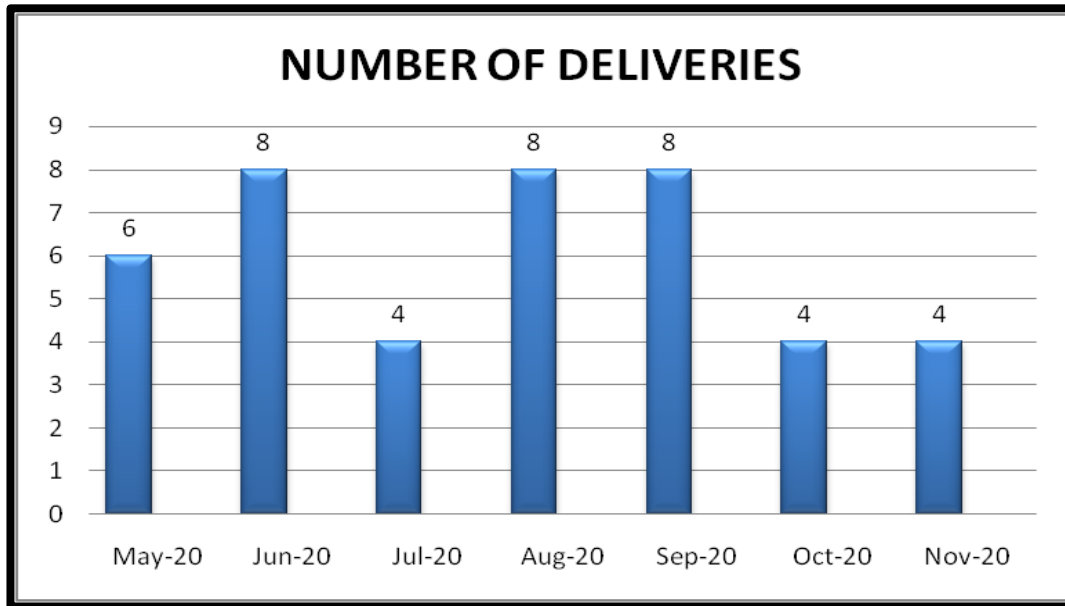
<u>Number of women pregnant last month</u>	<u>17</u>
<u>Number of deliveries</u>	<u>04</u>
<u>Births</u>	<u>Male: 02; Female: 02</u>
<u>Mothers who left Janta Colony</u>	<u>1</u>
<u>Infant death</u>	<u>0</u>
<u>Miscarriages</u>	<u>0</u>
<u>Abortions</u>	<u>0</u>
<u>Newly Pregnant</u>	<u>2</u>
<u>Trimester</u>	1 st trimester: 0 2 nd trimester: 03 3 rd trimester: 11
<u>Number of women pregnant this month</u>	<u>14</u>

NUMBER OF PREGNANT LADIES



TOTAL DELIVERIES





DEATH DETAILS

HEALTH PROMOTER	AGE OF DECEASED (YEARS)	GENDER	CAUSE OF DEATH
Sunita	65Y	Female	Cardiac arrest
Sunita	60Y	Female	Cardiac arrest

INCOME GENERATION PROGRAM

- Our Tailoring team of HPs stitched :
- Masks =26
- Keyboard cover = 6
- Fancy bags = 4
- Computer covers = 6

Our team produced a variety of masks which served as an income generating asset, a way to empower a woman and be able to get independent financially for some extent which will add to the future earnings and also to contribute our efforts in order to combat this merciless pandemic.



DIR-INDIA NOVEMBER HIGHLIGHTS

- On 5TH November, Asst. Prof. Saloni Jain did a survey on menstrual hygiene and completed the survey on female age group of 17 to 19 in Janta colony slum, total 60 girls.
- A blood test camp was organized in DIR-India office premises to check the Hemoglobin levels where a total of 49 blood samples were collected for health checkup.



- On 13th November, Diwali was celebrated in the DIR India office by making Rangoli decoration, distributing sweets and snacks amongst staff members.



- On 19th and 20th November, students from basti who are interested in training classes for Medical Attendants and House Keeping service were oriented and counseled by our CEO, Dr. Asha Katoch.



- On 27th November, Ration stores were distributed amongst 15 needy families from Janta colony slum. These kits were sponsored by Ma Foundation.



ACADEMIC PERFORMANCE OF DIR-INDIA

Medical Test



FIRST POSITION - HP MUSKAN

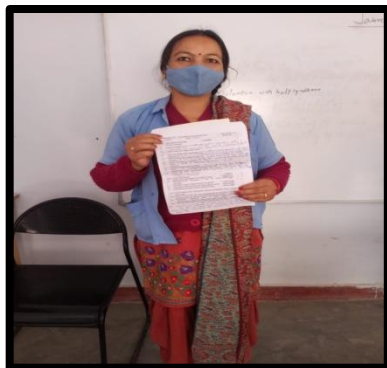


SECOND POSITION - SHP VEENA

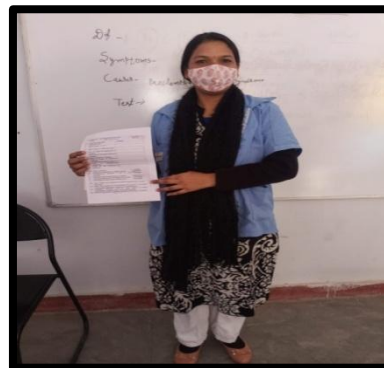


SECOND POSITION - SHP BANITA

Nutrition Test



FIRST POSITION - HP SUSHMA



SECOND POSITION - SHP VEENA

OUR TEAM



CONTACT INFORMATION

DIR-India
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DIR INDIA BANK DETAILS

IN FAVOUR OF	DEVELOPING INDIGENOUS RESOURCES INDIA
BANK	STATE BANK OF INDIA
BRANCH	SECTOR-9, MADHYA MARG, CHANDIGARH-160009
ACCOUNT NO.	37375923235
RTGS/NEFT/IFSC CODE	SBIN0018249
MICR CODE	160002091
INSTAMOJO LINK:	instamojo.com/@dir

❖ Please follow us on our Social Media Accounts

INSTAGRAM	https://www.instagram.com/DIR
FACEBOOK	https://www.facebook.com/dir
TWITTER	twitter.com/@dirdotngo
YOUTUBE	https://www.youtube.com/channel/UCvjksGNLMLNLR6ji-7_kQPg
GIVE INDIA	https://fundraisers.giveindia.org/nonprofits/developing-indigenous-resources-india