

Developing Indigenous Resources India

OCTOBER 2020



CONTENTS

12.

13.

S.NO.	TITLE
1.	CEO REPORT
2.	102 NOT OUT
4.	MEDICAL TRAINING
5.	NUTRITION TRAINING
5.	STATISTICS OF RED ZONE CHILDREN
6.	STATISTICS OF MEDICAL PROJECT
8.	STATISTICS OF PREGNANT MOTHERS AND NEWBORN
9.	DEATH DETAILS
10.	INCOME GENERATION PROGRAM
11.	DIR-INDIA SEPTEMBER HIGHLIGHTS

ACADEMIC PERFORMANCE OF DIR-INDIA

OUR TEAM AND CONTACT INFORMATION

CEO'S REPORT FOR OCTOBER



In **India**, **COVID**-19 toll has gone up, it was certain as we all know India is the country of approx 138 **crore which** is a huge number if we consider geographical area, the only solace is that the recovery rate is good. In spite of the rise in the number of Coronavirus victims, hospitalization has reduced as patients **prefer** to home quarantine.

As per Indian statistics, in a population of every 10 lakhs (1 million) 5000 cases are infected with Coronavirus and the death rate is around 83.

It is commendable on the part of DIR-India's medical team that the residents in Janta **Colony**, **Nayagaon**, Punjab which is a crowded basti is free from COVID-19 suffering as of date.

Can & Will Foundation donated 950 packs of Milk and Glucose biscuits. We are indebted to all donors for their endowment which benefitted all kids and pregnant women who come to DIR-India for their health check up were given those packets of happiness as parting gifts.







Ma Foundation adopted five more underprivileged families with famished children in this month. They **sent funds** to the DIR account to support 12 families with undernourished children for one year. Our special thanks and compliments to Mrs. Geeta the founder and chairperson of Ma Foundation.







Swachh **Bharat Abhiyan** is the nationwide drive. DIR-India and Oorjaa organization doled out steel dustbin to 145 families of Janta Colony. It is a motivation incentive to change the outlook of the residents of the basti and guide them to keep the environment clean and healthy for the good living standard.







We are indebted to Dr. Madhu Khullar who has financed the cost of books for all four students who got admission in St. Stephens School this year. It is heartening to see the online results of all four students was 90% and above in the first unit test held in September 2020.

Mr. Ravinder Jain and Rani Jain, a business family, visited DIR-India's Basti office. They both were galvanized by the functioning of the organization. They donated money for feeding 130 children of Basti on 29th October 2020. A grand feast was cooked by a professional Cook along with assistance offered by the entire team of DIR-India. The food was delicious as it was cooked with great devotion by the dedicated volunteers.









102 Not Out

There is a measly 5.6% chance of a woman living till 100. To live beyond that, Almost unheard-of. Bimro Devi proved that can be on the cards. 102. Born and brought up in Himachal Pradesh, she had a fruitful life there. After her marriage, she shifted to Punjab with her husband. Unfortunately, her husband passed away in 1972, from a paralysis attack. She has been living for the past 48 years alone. They had 4 children, one daughter and 3 sons. Unfortunately, the daughter passed away due to some chronic illness.

Two of her sons live with their wives and children separately leaving behind her mother alone. When asked about their contribution to helping their mother, Bimro Devi got visibly upset and told us that they didn't help in any way in shape or form as they say that it isn't their duty. She was deeply disturbed by their actions towards her and wished not to reunite with them.



One of her sons, Naresh, 61, lives with her and takes care of her. He works as a sewage cleaner commonly known as "Jamadar" and has taken on full responsibility for his mother. He was married but is now separated. His wife and in-laws have been trying to force him to give all his savings and income to her and to just to leave the mother on her own. Having compassion and love for his mother, he refused and is currently living with his mother in a single room. His wife and in-laws are still hounding him for his money. Naresh knows that his mother is old, with no source of income or help. He refuses to abandon her as his brothers did.

Bimro Devi has very poor vision and even worse hearing capabilities. She cannot walk more than 5 steps without her body giving up. Naresh is the single source of income in the family, of which a significant percentage goes towards medical bills. The rest is used for upkeep and other uses.

DIR India, with the help of Ma foundation, has been taking care of Bimro Devi and her son during these tough times. We have been providing them with regular groceries and medical checkups.



MEDICAL TRAINING

Dr. Sakshi Sharma (BDS, MPH) joined DIR-INDIA on 12th October 2020 as a Public Health Doctor. Medical classes of the health promoters on the topics of Crimean Congo Hemorrhagic Fever and fetal development in each trimester of pregnancy were taught.

Revision classes on ectopic pregnancy, scabies and anemia were covered.

A class test was taken on the 28th October 2020







NUTRITION TRAINING

Dietitian Swati took a demonstration on COLORFUL Rava idlis made with seasonal vegetables keeping nutrition in mind. The main objective was to serve the combination of taste with nutrition. Veg Rava idlis is an idli variant that is made with an interesting combination of roasted semolina, spices, and fresh vegetables. This South Indian recipe can be given in a kid's lunch box, served during breakfast, or as an after-school snack in the evening. The steam-cooked traditional dish has a sufficient amount of flavor, soft texture, and packed with essential nutrients that make it a complete meal. Usually served with sambar, chutney, or even plain dal. The delicious vegetable Rava idlis can be made instantly at home. It is one of the most popular meals amongst children as they are excited from the shape, color and presentation.

Date of the nutritional demo: 20th OCTOBER 2020 Name of the dish: COLORFUL INSTANT RAVA IDLIS

Nutritional value per idli: Calories - 140, Protein: 5 gms approximately







STATISTICS OF RED ZONE CHILDREN

Age (Months)	# Children	%
0-12	15	1.5%
13-24	6	0.6%
25-36	14	1.3%
37-48	20	2.0%
49-60	30	3.0%
Total children in the area	1012	100%
Total Red zone children	110	10.8%
Red zone children went to the village	11	1.1%
Not weighed due to COVID19 Pandemic	14	1.3%
Red Zone Children weighed	85	8.4%



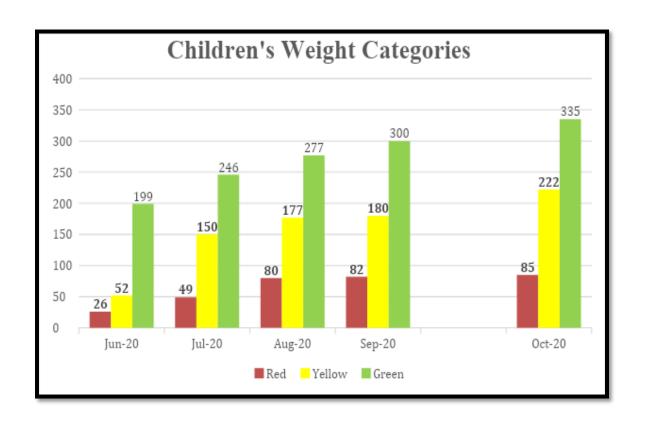


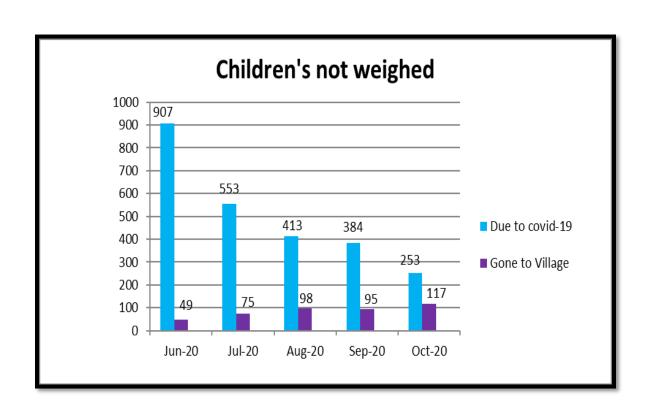




STATISTICS OF MEDICAL PROJECT

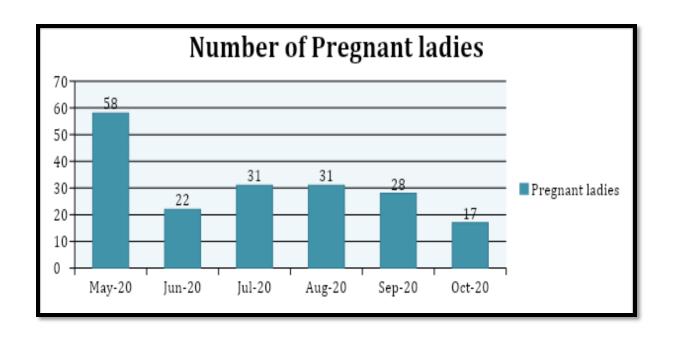
Total Number of Population	14433
Total Males	7474
Total Females	6959
Total no. of children	1012
Total Red zone children	110
Red zone children Weighed	85
Currently gone to village	11
Not weighed due to COVID19 Pandemic	14
Total Yellow zone children	337
Yellow zone children weighed	222
Currently gone to village	40
Not weighed due to COVID19 Pandemic	75
Total Green Zone children	565
Green zone children Weighed	335
Currently gone to village	66
Not weighed due to COVID19 Pandemic	164

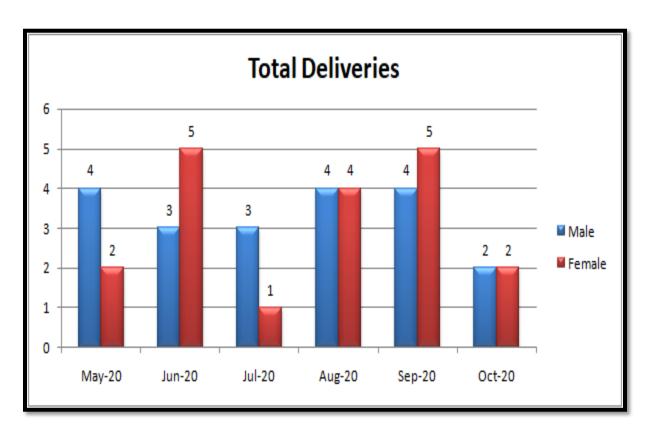


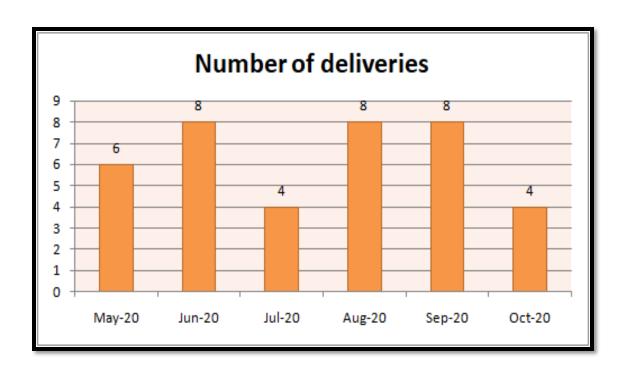


STATISTICS OF PREGNANT MOTHERS AND NEWBORN

Number of women pregnant last month	<u>19</u>
Number of deliveries	<u>04</u>
<u>Births</u>	Male: 02; Female: 02
Mothers who left Janta Colony	<u>3</u>
Infant death	<u>0</u>
<u>Miscarriages</u>	<u>0</u>
<u>Abortions</u>	<u>0</u>
Newly Pregnant	2
<u>Trimester</u>	1 st trimester: 01 2 nd trimester: 06 3 rd trimester: 10
Number of women pregnant in September	<u>17</u>







DEATH DETAILS

HEALTH PROMOTER	AGE OF DECEASED (YEARS)	GENDER	CAUSE OF DEATH
SUNITA	54YRS	FEMALE	BRAIN HEMORRHA GE
MEENAKSHI	62YRS	MALE	CARDIAC ARREST

INCOME GENERATION PROGRAM

- Our Tailoring team of HPs.
- Total Masks stitched 73.

SHP Veena stitched one lunch bag on request order.







Our team produced variety of masks which served as an income generating asset, a way to empower a women and be able to get independent financially for some extent which will add to the future earnings and also to contribute our efforts in order to combat this merciless pandemic.

DIR-INDIA OCTOBER HIGHLIGHTS

◆ Covid-19 Pandemic Relief Program

On 8th October, CAN and WILL foundation donated 950 packets of VERKA MILK and 950 packets of Glucose Cream biscuits to DIR-India which were distributed amongst underprivileged children, Pregnant and lactating Mothers of Janta Colony slum.













• On 18th October, DIR-India in collaboration with MA Foundation distributed the grocery stores to 26 underprivileged and needy Mothers of Janta Colony slum.

• On 20th October DIR India from COVID-19 Pandemic Relief funds distributed monthly ration stores to 93 underprivileged families of Janta Colony.









• OORJAA foundation donated 145 Steel Dustbin to DIR-India. On 27th October 2020 A Swachh Bharat Abhiyan campaign was started. The two organization distributed these dustbin to 145 women residing in Janta Colony with a message to keep your environments clean











 On 29th and 30th October, Mr. Harshvardhan and Mrs. Meenakshi Jain sponsored a meal for 130 underprivileged families from the slum.







ACADEMIC PERFORMANCE OF DIR-INDIA

Medical Test



FIRST POSITION



SECOND POSITION

Nutrition Test



FIRST POSITION









SECOND POSITION

OUR TEAM



CONTACT INFORMATION

<u>DIR-India</u> <u>705-C Adarsh Nagar</u>,

CENTRE: Nayagaon, SAS Nagar, Mohali

EMAIL: admin@dir.ngo,

ceo@dir.ngo

Phone No. 0172-5034227

Mobile No. +91-9478866412

DIR INDIA BANK DETAILS		
IN FAVOUR OF	DEVELOPING INDIGENOUS RESOURCES INDIA	
BANK	STATE BANK OF INDIA	
BRANCH	SECTOR-9, MADHYA MARG, CHANDIGARH-160009	
ACCOUNT NO.	37375923235	
RTGS/NEFT/IFSC CODE	SBIN0018249	
MICR CODE	160002091	
INSTAMOJO LINK:	instamojo.com/@dir	

* Please follow us on our Social Media Accounts

INSTAGRAM	https://www.instagram.com/DIR
FACEBOOK	https://www.facebook.com/dir
TWITTER	twitter.com/@dirdotngo
YOUTUBE	https://www.youtube.com/channel/UCvjksGNLMLNLR6ji-7_kQPg
GIVE INDIA	https://fundraisers.giveindia.org/nonprofits/devel oping-indigenous- resources-India