



**Developing Indigenous Resources India**

**AUGUST 2022**



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## CEO'S REPORT FOR AUGUST

DIR-INDIA'S quality of work and the standards it has achieved on multiple projects are highly appreciated by every visitor on their visit.

Mr. Sanjay Bhatia donated the stationary to DIR for the complete year after his visit. We are extremely grateful to Mr. Sanjay, an Ex-President of Rotary club. In addition Mr. Sanjay donated umbrellas and torches to each and every DIR staff after watching the Medical staff going for field work during Monsoon season.



On Independence Day, 15th August 2022, Chandigarh Group of Colleges rewarded DIR-INDIA with **Karam Yodha Trophy**.



**SWAD** School celebrated the Independence Day with full zeal on dance performances and singing patriotic songs.

The event was concluded with sweet distribution.



**Monthly Grocery distribution** was done to a few selective families. The list of grocery distribution is reducing every month.

Dhanas Project survey was again done. The detailed statistics which was done in 2019 is changed after Covid-19 Pandemic. The new survey data was compiled to start the Medical Project of Mother and Child Health without hiring new staff and accommodation due to insufficient funds.



# MEDICAL TRAINING

India typically experiences its annual Monsoons between the months of July to September. The risk of being exposed to multiple viruses, bacteria, and other infections is two times higher during the monsoon than in any other season. The most common diseases during monsoons are transmitted through 4 major mediums: mosquitoes, water, air, and contaminated food.

Monsoons are the breeding season for mosquitoes and mosquito-borne diseases. Malaria, Dengue, and Chikungunya come with high fever, chills, body aches, and fatigue. Monsoon brings with it multiple air-borne infections that are transmitted by tiny pathogens (disease-causing viruses) through the air, resulting in the common flu, viral fever, cold, cough, and sore throat. Excessive moisture content in the air during monsoons may increase fungal and bacterial activity, resulting in a range of skin and hair issues. Pimples, rashes, allergies, hair fall, and dandruff are among the common issues you may face during this season.

Most of these diseases can be prevented with proper hygienic practices so this month's agenda topics under medical training and Committee Meetings included awareness related to mosquitoes, water and air borne diseases. Academic classes also covered the medical Lymphatic system and second trimester of Pregnancy.



# NUTRITION TRAINING

Eating with the seasons is a great way to eat fresh, especially during the monsoon season when everyone gets sick. One should ideally include plenty of fruits and vegetables in the diet, especially when the monsoon arrives. The monsoon season brings with it a slew of bacterial infections that can harm our body and overall health. The majority of it gets determined by the foods we consume during the rainy season.

One should consume seasonal fruits and vegetables to take advantage of their freshness and utilize their nutritional value. It is critical to boosting immunity during the monsoon season because we are more likely to become ill. Eating healthy vegetables will help boost the immune system and keep us healthy.

Nutritional training included these agendas in academic and committee meetings for public awareness. The academics included class on the importance of Immunity and foods for building of the immune system, diet in dehydration and fluid imbalance.



# NUTRITIONAL DEMONSTRATION

- Nutritional demonstration on 16th August 2022
- Name of the Demonstration - Arbi ( Colocasia )ke Patode
- Nutritional value per serving (100 gm.) :
  - Calories - 125
  - Protein - 5gm



## STATISTICS OF CHILDREN UNDER THE NIPP PROGRAM ADOPTED BY DONORS

<u>TOTAL</u>	<u>RED ZONE</u>	<u>YELLOW ZONE</u>	<u>GREEN ZONE</u>
<u>23</u>	<u>11</u>	<u>10</u>	<u>2</u>

- The weight of 23 children sponsored in our NIPP Program has been recorded to keep up the child's progress report to Donors.
- 19 children are of Rag Pickers in Alambana project to whom we are giving breakfast and meals in the afternoon under the NIPP program
- Out of 23 children, 8 children gained weight in the month of August
- 1 child lost weight due to diarrhea and fever ( Impact of monsoon weather)
- 14 children have the same weight (7 yellow, 6 red and 1 green zone) due to chest congestion and fever





## DEATH DETAILS

<b>NAME OF THE DECEASED</b>	<b>AGE OF DECEASED (YEARS)</b>	<b>GENDER</b>	<b>CAUSE OF DEATH</b>	<b>HEALTH PROMOTER</b>
PREM	60Y	MALE	KIDNEY FAILURE	LATA CHANDEL

Total number of children last month = 987

Children permanently left Janta colony slum = 13

Deliveries =10

Children reached 5 years of age (out of NIPP program of DIR) = 12

New families moved into Janta Colony on rent with children under five = 19

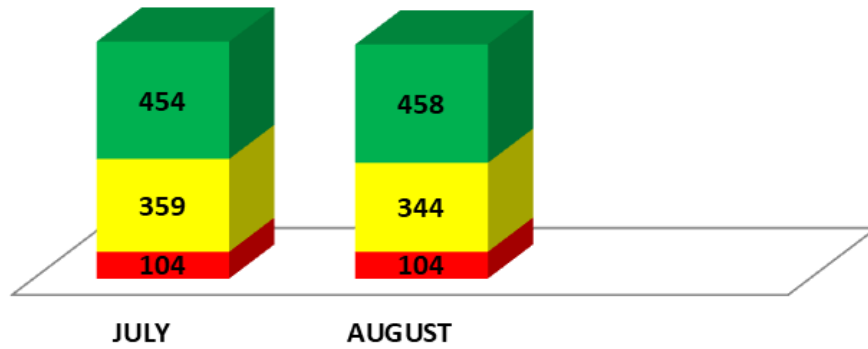
Total number of children this month = 991

## **STATISTICS OF MEDICAL PROJECT**

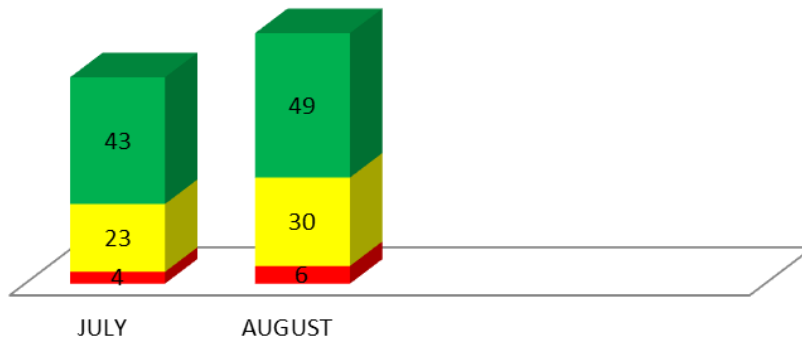
Total Number of Population	14748
Total Males	7609
Total Females	7139
Total no. of children	991
<u>Total Red zone children</u>	110
Red zone children Weighed	104
Children not weighed (gone to the village)	6
<u>Total Yellow zone children</u>	374
Yellow zone children weighed	344
Children not weighed (gone to the village)	30
<u>Total Green Zone children</u>	507
Green zone children Weighed	458
Children not weighed (gone to the village)	49

**STATISTICS OF RED, YELLOW AND GREEN ZONE CHILDREN**

■ red ■ yellow ■ green



**Children not weighed (Gone to Village)**

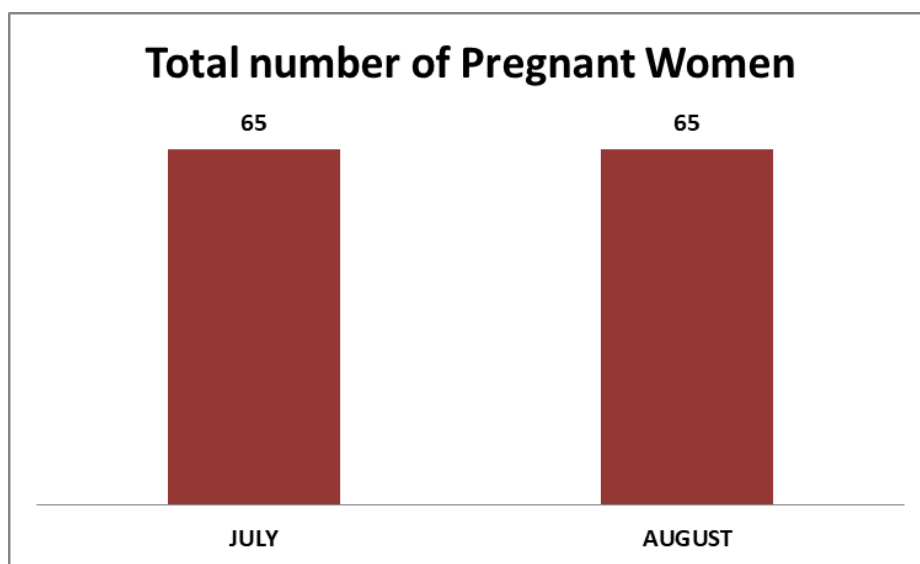


## **STATISTICS OF RED ZONE CHILDREN**

<b><u>Age (Months)</u></b>	<b><u># Children</u></b>	<b><u>%Age</u></b>
0-12	17	1.7
13-24	17	1.7
25-36	17	10.7
37-48	24	2.4
49-60	29	2.9
Total children	991	
Red zone children (weighed)	104	10.4%
Children not weighed (gone to the village)	6	0.6%

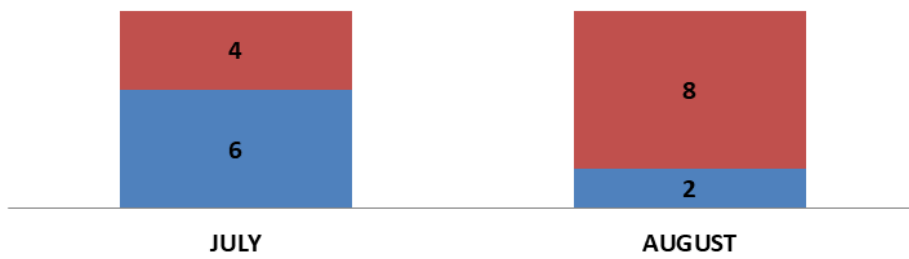
## DETAILED STATISTICS OF RED ZONE CHILDREN

H.P'S NAME	TOTAL CHILDREN	RED ZONE	WEIGHED	GONE TO VILLAGE	WEIGHT GAIN	WEIGHT LOSS	SAME WEIGHT	RIGID FAMILIES	WORKING MOTHERS	FLOATING POPULATION	UNDER 6 MONTH
BANITA	103	14	14	0	3	2	9	2	0	5	0
DIMPLE	91	9	8	1	6	1	0	1	1	4	0
LATA	80	11	10	1	3	3	3	0	1	7	0
MEENAKS HI	103	11	10	1	3	3	4	1	1	2	1
LATA CHAUHAN	87	12	11	1	4	2	4	2	3	0	5
SANGEETA	77	12	12	0	5	1	6	4	2	1	0
LATA CHANDEL	72	9	9	0	1	4	4	1	1	5	1
SUSHMA	93	8	8	0	0	3	5	0	1	2	0
SUNITA	88	5	5	0	2	1	2	0	0	2	0
VEENA	110	10	9	1	3	2	4	1	0	4	1
LAKSHMI	87	9	8	1	2	2	4	0	1	2	1

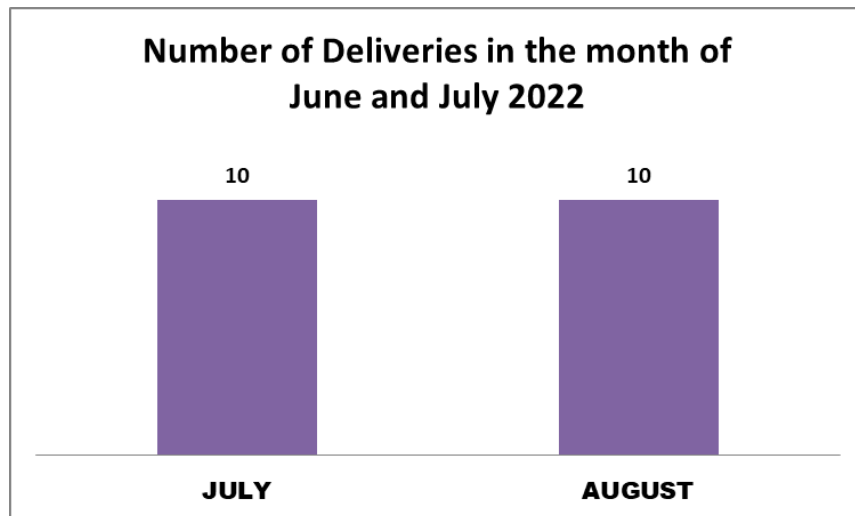


### Comparative statistics of Male and Female children born in the month of May 2022 and June 2022

■ MALE ■ FEMALE



### Number of Deliveries in the month of June and July 2022



## STATISTICS OF PREGNANT MOTHERS AND NEWBORN

<u>Number of women pregnant last month</u>	<u>65</u>
<u>Number of deliveries</u>	<u>10</u>
<u>Births</u>	<u>Male: 2; Female: 8</u>
<u>Mothers who left Janta Colony</u>	<u>3</u>
<u>Infant death</u>	<u>0</u>
<u>Miscarriages</u>	<u>0</u>
<u>Abortions</u>	<u>0</u>
<u>Newly Pregnant</u>	<u>13</u>
<u>Trimester</u>	1 <sup>st</sup> trimester: 2 2 <sup>nd</sup> trimester: 25 3 <sup>rd</sup> trimester: 38
<u>Number of women pregnant this month</u>	<u>65</u>

# INCOME GENERATION PROGRAM

- ❖ Our Tailoring team of HPs stitched:
  - New masks stitched = 3
  - scrunchies made = 8
  - cloth pads stitched = 108
- ❖ Items sold:
  - Pads = 18
  - pencil pouch = 2
  - scrunchies = 10
  - masks = 1





# CHILD ACTIVIST PROGRAM

This month 20 students participated in the Child Activist Programme (CAP) where a team of health promoters taught them about the importance of Oral Rehydration Solution, how to make homemade ORS, balanced diet and vitamin A.

Different games and activities were also included in the programme like Antakshri, Dumb charades and musical chair.

Aim of the CAP is to generate leadership qualities, build team spirit and friendship amongst the children.

Education through games and activities helps in physical and mental development. It also helps in making them interested in generating awareness in their neighborhood.



# HOMEOPATHIC CAMP:

This month Homeopathy team of 2 Doctors and Paramedical staff from Homeopathic Medical College and Hospital of sector 26, Chandigarh held 5 camps.

The team monitored:

74 patients from Basti out of which,

- 04 were male and
- 63 were female and
- 07 were children

The ailments reported were:

- Cough
- Headache
- Skin Allergy
- Sciatica
- Rheumatism
- Gastritis
- Melasma
- Thyroid
- Colic



# EDUCATIONAL PROGRAMS:

## ● SWAD SCHOOL

- ★ Total strength this month was 53
- ★ This month, SWAD school teachers held the activities of Rakhi Making and coloring along with Independence Day celebration where students were given refreshments of bananas and Frootie.



## ● TUITION CLASSES :

Evening Tuition classes are held every day for Basti children as students need extra guidance with regards to their examinations. The standard of teaching is excellent, as each child gets individual attention. The tuition fee is nominal and we are looking for donors who can help the underprivileged girls. Monthly fees for computer classes are Rs 400 only. In the month of August, total strength of basti students for tuition classes was 6.



## ● COMPUTER CLASSES:

The standard of teaching and training is excellent, as each child gets individual attention. We have a list of Basti girls who are keen to learn computer skills but due to financial constraints, keeps them restricted to grow in life. Monthly fees for computer classes are Rs 500 only. The fee is nominal and we are looking for donors who can help the underprivileged girls for this training program so that the job opportunity for them becomes easy in shopping stores in and around Chandigarh. In the month of August, the total strength of basti students was 9.



# DIR INDIA HIGHLIGHTS OF THE MONTH

- On 10th August, DIR India medical team along with SWAD school celebrated Independence day



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- DIR India was felicitated with Karma Yodha award by NID foundation under “Har Ghar Tirangaa” campaign as India is celebrating 75th Independence Day



- On 8th August, Mr. [Sanjay Bhatia](#) donated stationary worth rupees 23450 along with 30 units of rechargeable torches and 25 units of Tata steelium umbrellas.



## **AGENDA POINTS FOR THE MONTH OF SEPTEMBER :**

- Special Supervision of two red-zone children by each HP.
- Identifying more underprivileged families to provide grocery stores
- Identifying and adding more underweight and underprivileged mothers and children to our NIPP Feeding Program
- Identifying children under five who are financially weak to include them in our nipp program.

## **OUR TEAM**



## CONTACT INFORMATION

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### **DIR INDIA BANK DETAILS**

<b>IN FAVOR OF</b>	DEVELOPING INDIGENOUS RESOURCES INDIA
<b>BANK</b>	STATE BANK OF INDIA
<b>BRANCH</b>	SECTOR-9, MADHYA MARG, CHANDIGARH-160009
<b>ACCOUNT NO.</b>	37375923235
<b>RTGS/NEFT/I FSC CODE</b>	SBIN0018249
<b>MICR CODE</b>	160002091
<b>INSTAMOJO LINK:</b>	<a href="http://instamojo.com/@dir">instamojo.com/@dir</a>



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