

# Developing Indigenous Resources

# INDIA JANUARY 2023



## • MONTHLY REPORT •



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# • CEO'S REPORT FOR JANUARY •

Chandigarh faced a cold wave in the month of January. The severity of this winter hit the physical health of most of the people of Janta Colony, particularly the children.

The most common was Pneumonia, Upper Respiratory infection, and Chilblain due to inadequate clothing. Amongst the adults viral fever with or without running nose and joint pains. Chikungunya was also in the air.

Three of our DIR staff were victims of Chikungunya.

DIR INDIA distributed the donated clothes amongst the needy who had inadequate clothing.

It is commonly seen that the mother makes the child wear a woolen cap, layers of sweaters but no socks. Child plays around bare feet and that make the child unwell.



From this new year, January 2023 SWAD SCHOOL Teachers started identifying the children on the following characters:-

- Best Student
- Punctuality
- Discipline
- Best Dressed



Reward the child and become an example to motivate the other children and Parents on the Parent teachers meet in March.



# MEDICAL TRAINING

In Medical Training the topics covered were

## Reproductive System

1. Menstrual Cycle

2. Pregnancy

Antenatal Care

Postnatal Care

3. Family Planning



In the journey of DIR INDIA from 2006 in a population of 15000 approximately Medical team's achievements after a recent survey discovered that there only two families in hope of male child produced 5 children and a second family produced 6 children. Out of frustration the parents named the sixth daughter Nirasha. This child is now in our NIPP program and we have named her GEETA.

In Committee meetings following topics were covered:-

**Covid-19:** The new variant of Covid -19 puts emphasis on the preventive measures so we held a committee meeting in all the areas of Janta Colony, generating awareness of Covid 19 and fever.

**PERSONAL HYGIENE:** Being a slum, repeated committee meetings on Personal Hygiene amongst the residents is mandatory because all infections are due to poor hygiene both personal affects a person's health, so we conduct meetings on hygiene so that we prevent various diseases.

**ANEMIA:** Our programme is on Maternal and Child health. Importance of a healthy nutritious diet rich in iron and minerals is important. What type of foods to be consumed which are reasonable and affordable and also rich in Nutrition to maintain the health of both mother and child.

**CHILBLAINS:** Chilblains are common due to severe winters. January was extremely cold. There were a lot of cases in Janta colony particularly amongst the children who were suffering from this ailment. Painful swelling in the extremities and itching. How to prevent and remedies are given to the mothers.

# • NUTRITION TRAINING •

In the month of January, academic classes included the revision of topics - vitamins and minerals.

Vitamins and minerals are classified under the category of micronutrients. They play a crucial role in providing good health and are immunity boosters. Vitamins are necessary for energy production, immune function, blood clotting and other functions.



Meanwhile, minerals play an important role in growth, bone health, fluid balance and several other processes. During the field visits, the medical team has observed deficiency of micronutrients in underprivileged communities from Janta colony slum leading to hypothyroidism, fatigue, vitamin deficiency diseases like anemia, skin ailments, low bone density, osteoporosis, etc. Keeping these agendas in mind, academic classes and community meetings were held to lay emphasis on the importance of micronutrients in a balanced diet.

## • NUTRITIONAL DEMONSTRATION •

- Nutritional demonstration on 17th Jan 2023
- Name of the Demonstration - Til ke ladoo (sesame seeds sweet balls)
- Traditional Indian sweet balls made with sesame seeds, Jaggery and cardamom powder. These sweet balls not only taste delicious with a nutty aroma but are also rich in good fat, dietary fiber, iron and calcium.
- Nutritional value per serving (60 gm approx)
  - Energy - 65 calories
  - Protein - 2.5 gm





# STATISTICS OF CHILDREN UNDER THE NIPP PROGRAM

## CHILDREN ADOPTED BY DONORS

TOTAL	RED ZONE	YELLOW ZONE	GREEN ZONE
24	9	13	2

- The progress report of the sponsored children regarding the weight and health of the child is sent to each donor every month.
- 19 children of the project Alambana (children of rag pickers) are sponsored. They are part of the NIPP program.



## DETAILED PROGRESS REPORT OF NIPP:



- Out of 24 children, 12 children gained weight, 3 children lost their weight (due to illness) and 9 children showed no change in weight (due to cough and cold)

# • DEATH DETAILS •

NAME OF THE DECEASED	AGE OF THE DECEASED	GENDER	CAUSE OF DEATH	HEALTH PROMOTION
AMIT	30	MALE	BRAINSTROKE	SUNITA
DEEPAK	35	MALE	ALCOHOLISM	VEENA
KHAYAT SINGH	61	MALE	PNEUMONIA	SANJANA

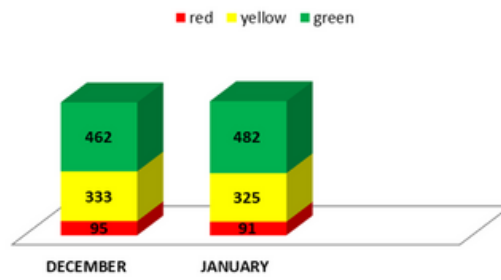


# STATISTICS OF MEDICAL PROJECT

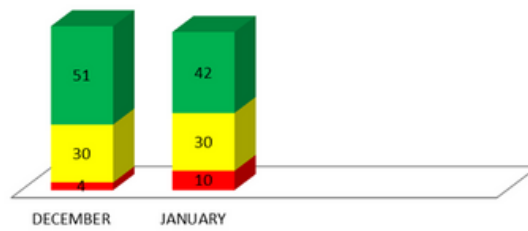
Total Number of Population	14621
Total Males	7550
Total Females	7071
Total no. of children	980
Total Red zone children	101
Red zone children Weighed	91
Children not weighed (gone to the village)	10
Total Yellow zone children	355
Yellow zone children weighed	325
Children not weighed (gone to the village)	30
Total Green Zone children	524
Green zone children Weighed	482
Children not weighed (gone to the village)	42
Total number of children last month	975
Children permanently left Janta colony slum	18
Deliveries	10
Children reached 5 years of age (out of NIPP program of DIR)	20
New families moved into Janta Colony on rent with children under five	33
Total number of children this month	980



**STATISTICS OF RED, YELLOW AND GREEN ZONE CHILDREN**



**Children not weighed (Gone to Village)**

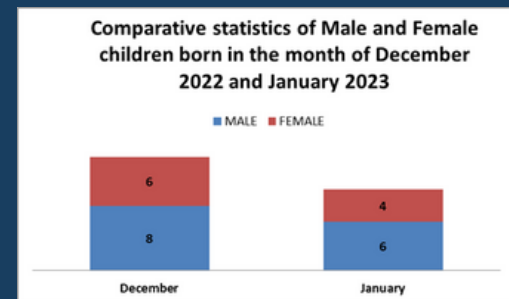
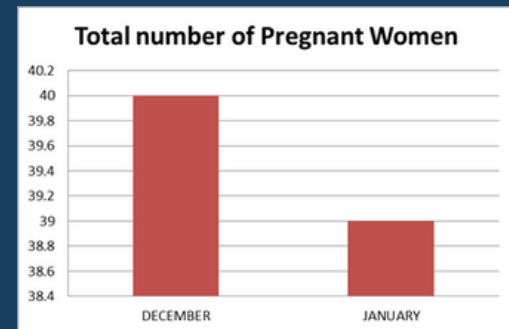


# STATISTICS OF RED ZONE CHILDREN

<u>AGE (MONTHS)</u>	<u>CHILDREN</u>	<u>%AGE</u>
0-12	17	1.7
13-24	8	0.8
25-36	16	1.6
37-48	20	2.1
49-60	30	3.1
<b>Total children</b>	<b>980</b>	
<b>Red zone children (weighed)</b>	<b>91</b>	<b>9.3</b>
<b>Children not weighed (gone to village)</b>	<b>10</b>	<b>1.0</b>

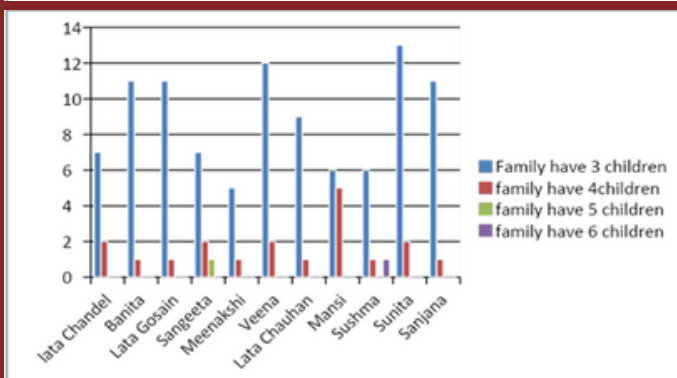
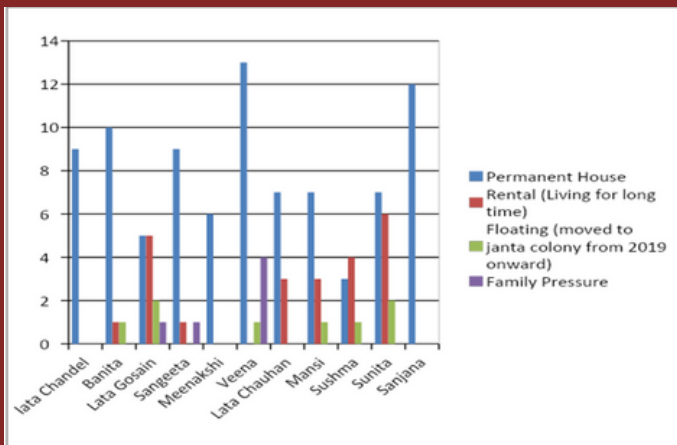
# STATISTICS OF PREGNANT MOTHERS AND THEIR NEWBORNS

<u>Number of women pregnant last moth</u>	40
<u>Number of deliveries</u>	10
<u>Births</u>	Male: 6; Female: 4
<u>Mothers who left Janta Colony</u>	2
<u>Infant death</u>	0
<u>Miscarriages</u>	0
<u>Abortions</u>	0
<u>Newly Pregnant</u>	11
<u>Trimester</u>	1st trimester: 1 2nd trimester: 15 3rd trimester: 23
<u>Number of women present this moth</u>	39



HP NAME	4 CHILDREN			5 CHILDREN			6 CHILDREN		
	P	PR	F	P	PR	F	P	PR	F
LATA CHANDEL	2	0	0	0	0	0	0	0	0
BANITA	1	0	0	0	0	0	0	0	0
LATA GOSAIN	0	1	0	0	0	0	0	0	0
SANGEETA	2	0	0	0	1	0	0	0	0
MEENAKSHI	1	0	0	0	0	0	0	0	0
VEENA	2	0	0	0	0	0	0	0	0
LATA CHAUHAN	1	0	0	0	0	0	0	0	0
DIMPLE	3	2	0	0	0	0	0	0	0
SUSHMA	1	0	0	0	0	0	0	0	1
SUNITA	0	2	0	0	0	0	0	0	0
LAKSHMI	1	0	0	0	0	0	0	0	0
<b>TOTAL</b>	<b>14</b>	<b>5</b>	<b>0</b>	<b>0</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>1</b>

- ‘P’ (Permanent families) living in Janta Colony
- ‘PR’ (Permanent Rented) PR living for long time
- ‘F’ (Floating families) moved to Janta Colony 2019 Onwards.
- Dir Medical team’s survey of December 2022 in a population of 15,000 approximately in Janta Colony and Safeda Colony.
- 19 Families have 4 children
- One family having 5 children.
- One family has 6 children, all are girls. Desire of grandparents to produce a male child is still there.



## STATISTICS OF MORE THAN 3 CHILDREN WITH PERMANENT HOUSE UNDER 15,000 POPULATION

## STATISTICS OF FAMILIES WHO HAVE 3, 4, 5 AND 6 CHILDREN



# INCOME GENERATION PROGRAM

## ❖ Our Tailoring team stitched:

- New masks = 2
- Reusable cloth pads = 110
- Pouch = 5
- Hair band = 3
- Scrunchies = 2
- Coaster = 4
- Carry bags = 2



## CHILD ACTIVIST PROGRAMME



### This month's agenda for CAP programme were:

- COVID 19 preventive measures
- hand wash,
- chilblains
- hand hygiene
- Physical changes in adolescence.

Total number of children who participated in this programme was 30.

Outdoor games like badminton, kho-kho, football, basketball etc were also included in the CAP programme to build up team spirit, physical fitness, immunity, mental strength and confidence.

# EDUCATIONAL PROGRAMS

## SWAD SCHOOL

- Total strength this month was 82
- This month's school activity included importance of traffic lights
- On the occasion of Republic day, SWAD students did the activity of coloring the national flags. teachers taught them the significance of the colors in the Indian flag.



	BEST DRESSED	MOST PUNCTUAL	BEST STUDENT	MOST DISCIPLINED
PRE-NURSERY	AKSHITA 	MISHTI 	AYANSH 	UDAY 
NURSERY	VANSH 	MANAN 	KUNAL 	AKSHITA YADAV 
L.K.G	KANIKA 	VANSH 	VANYA 	ARDHAYA 
U.K.G	ANANYA 	SONU 	NIHAL 	NIDHI 
ALAMBANA	RISHI 	SUBASH 	LAKSMI 	KUSUM 



## TUITION CLASSES:

Tuition classes are held from 3PM to 5PM every day for Basti children who are studying in Public School in Chandigarh. DIR ensures every child is given extra coaching to cope up with the standard of education of Public Schools in which they are studying.

In tuition classes, frequent Tests are taken to ensure the child understands and performs outstandingly well in their respective class.



## COMPUTER CLASSES:

Ministry of skill development, Jan Shiksha Sansthan collaborated with DIR India to run computer courses for underprivileged basti girls and boys. This course is for 5 months. Currently two batches are running of 20 students each. Morning batch from 10 AM to 1 PM and evening Batch from 2 PM to 5 PM.

# DIR INDIA JANUARY HIGHLIGHTS



Dr. JB Dilawari, a renowned Gastroenterologist and Hepatologist visited the organization accompanied with his brother-in-law Mr. Adesh Verma and his daughter Ms. Rohini Verma.



# • AGENDA POINTS •



- December month's red zone statistics was 95 which were brought down to 91 in this month. DIR India's aim is to bring down red zone category to its minimum range.
- Our agenda is to work on close monitoring and changing the mindset of a family with 6 children (all female). This family is under a floating population. The woman has been producing children in hope of a son because she is being pressured by her mother-in-law.



# • OUR TEAM •



# • OUR CONTACT INFORMATION •

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<b><u>Phone No.</u></b>	0172-5034227
<b><u>Mobile No.</u></b>	+91-9478866412

## DIR INDIA BANK DETAILS

IN FAVOR OF	DEVELOPING INDIGENOUS RESOURCES INDIA
BANK	STATE BANK OF INDIA
BRANCH	SECTOR-9, MADHYA MARG, CHANDIGARH-160009
ACCOUNT NO.	37375923235
RTGS/NEFT/IFSC CODE	SBIN0018249
MICR CODE	160002091
INSTAMOJO LINK:	<a href="https://www.instamojo.com/@dir">instamojo.com/@dir</a>

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TWITTER	<a href="https://twitter.com/@dirdotngo">twitter.com/@dirdotngo</a>
YOUTUBE	<a href="https://www.youtube.com/channel/UCvjksGNLMLNLR6ji-7_kQPg">https://www.youtube.com/channel/UCvjksGNLMLNLR6ji-7_kQPg</a>
GIVE INDIA	<a href="https://fundraisers.giveindia.org/nonprofits/developing-indigenous-resources-india">https://fundraisers.giveindia.org/nonprofits/developing-indigenous-resources-india</a>