



Developing Indigenous Resources India

MARCH 2022



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CEO'S REPORT FOR MARCH



March is a pleasant but busy month with winter going and the financial year closing.

Mother's Day on 8th March 2022 was celebrated with pregnant women and their respective mother in laws who are living with the couple.

The video on pregnancy was shown to make the Basti women realize the importance of diet and regular health check up by a professional doctor during Pregnancy helps the healthy growth and development of both mother and child.

SWAD School finished with the final examination. In the third week of the month, we had a Parent teacher meeting, followed by the result announcement. Children, who stood first, second and third in position in their respective class were rewarded with prizes.

SWAD School has earned a good reputation which gave publicity and many Parents are coming for the Registration of their children who are living in and around Nayagaon.

This year most of the SWAD children who passed out from UKG got admitted in Government Model School Sector, Chandigarh.



Tailoring section is busy with production of reusable sanitary napkins.

Computer classes for young girls and boys of Janta Colony started in October 2021 with two students. The publicity of computer classes is spreading through word of mouth and today we have strength of nine students who are attending classes. Monthly fees for computer classes are Rs 500 only. We have a list of Basti girls who are keen to learn computer skills but due to financial constraints, keeps them restricted to grow in life.

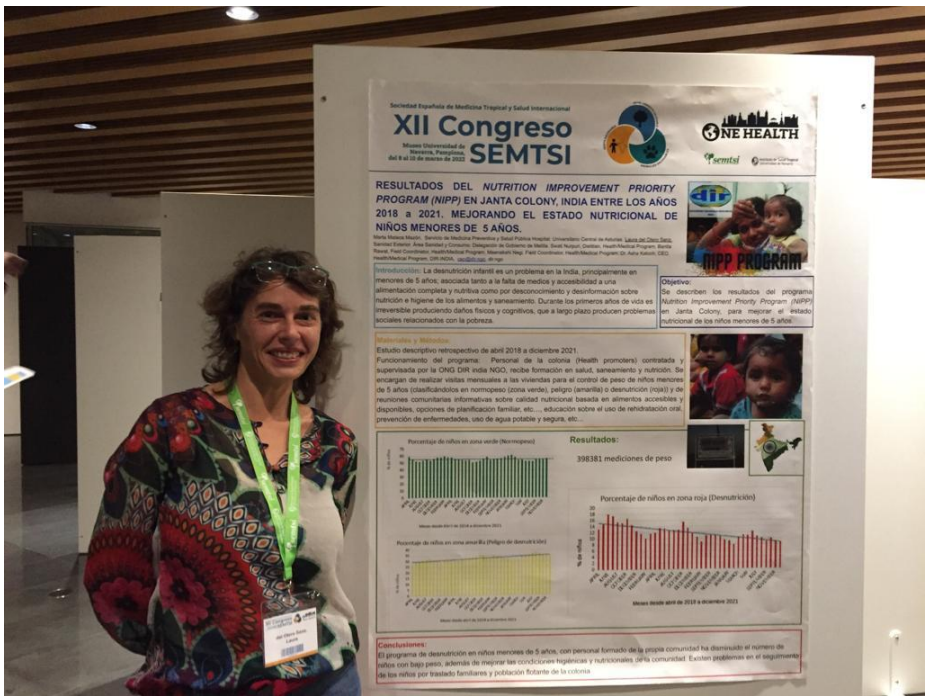


Our sincere request to all Board members and donors if they can help these underprivileged women and girls to consider sponsoring one girl to make a better future for herself. Sponsorship amount is only \$6 to \$7 or 6 to 7 Euro per month.

Enactus Team of Punjab University assists Tailoring section of DIR INDIA for sale of reusable Sanitary Napkins. Two Exhibitions were held in Chandigarh where the DIR INDIA team and Enactus Students got a stall for selling the products.



Research study was done by two Public Health doctors of Spain Dr. Laura Del Otero and Dr. Marta Mateos Mazon with the consent of DIR-INDIA, on our NIPP (Nutrition Improvement Priority Program) program. We are extremely grateful to Dr. Laura Del Otero and Dr. Marta Mateos Mazon for selecting the data of our NIPP program of DIR-INDIA and this paper was presented in Papilona, Spain at the International Conference .The Co-writers were, Dietitian Swati Nurpuri and two Health Promoters Banita and Meenakshi.



Ms Meghna Katoch Rana visited DIR -India on 22 March 2022, she went around and saw all the programs and also interacted with school children, staff and HPs who were known to her. Meghna met the mother and child whom she has adopted in the NIPP Program.



On 23rd March our President Mrs. Shashi Prabha ,ADG Police Punjab and Mr. SN Sharma , Ex-President of DIR and a Trustee of Indian Board visited our organisation. Their visit was a great motivation and rewarding for the entire team. We are extremely grateful to them for their visit and appreciating the work of the DIR team.



On 29th March 2022, Dr. Madhu Khullar resumed storytelling classes for SWAD School children after a long gap of two years due to the Covid-19 Pandemic. All children love her and they know that she will reward them all with a Banana each at the end of the story for which they anxiously wait.



MEDICAL TRAINING

In the month of March, public health doctors took a class on Scabies and Pneumonia. Human scabies is caused by an infestation of the skin by the human itch mite. The most common symptoms of scabies are intense itching and a pimple-like skin rash. It is common in urban slums and in villages due to poor hygiene. In India, the incidence ranges from 13% to 59% in rural and urban areas.

Pneumonia is **an infection that inflames the air sacs in one or both lungs**. The air sacs may fill with fluid or pus (purulent material), causing cough with phlegm or pus, fever, chills, and difficulty breathing. A variety of organisms, including bacteria, viruses and fungi, can cause pneumonia



NUTRITION TRAINING

Dietitians and Nutritionists plan lectures on topics which improve the weight of the malnourished children.

The incidence of low birth weight amongst neonates and infants varies between 25-30 per cent in India.

In a study by ICMR, wherein the criterion for low birth weight was taken to be < 2000 Gms, the incidence was reported to be 5.5 per cent.

The current infant mortality rate for India in 2022 is **27.695 deaths per 1000 live births**, as 3.74% decline from the year 2021.

In Janta Colony and Safeda Colony, slums under the care of the Medical Program of DIR INDIA which has a population of 15000 populations, there was no infant death reported in the year 2021-2022.



NUTRITIONAL DEMONSTRATION

- Date of the Nutritional demonstration: - 15th march 2022
- Name of the dish: **SPINACH AND CARROT CHILLA**
- Nutritional value per serving (Medium-size approx.):
- Calories - 230
- Protein - 8 gm.



NUTRITION IMPROVEMENT PRIORITY **AND MA KA AHAR PROGRAM**

- MA KA AHAR is sponsored by the MA foundation and the NIPP program funded by Donors is running together.
- This month we had a total strength of 85 (children and mothers included)
- NIPP is based on feeding malnourished pregnant, lactating women and children under 5 years of age who are more than 3 Kg underweight than the expected weight
- MA KA AAHAR Program is sponsored by MA Foundation for 50 mothers for one year.
- In MA KA AAHAR mothers who are needy or neglected or tortured by their family are fed with cooked food which is rich in a high calorie and high protein diet.

STATISTICS OF CHILDREN UNDER THE NIPP PROGRAM **ADOPTED BY DONORS**

<u>TOTAL</u>	<u>RED ZONE</u>	<u>YELLOW ZONE</u>	<u>GREEN ZONE</u>
<u>26</u>	<u>16</u>	<u>10</u>	<u>0</u>

- The weight of 26 children in our NIPP Program is recorded to keep up the child's progress report which is sent to each Donor at the end of every month.
- Out of 26 children, 9 children gained weight in this Month.
- 2 children have lost weight due to diarrhea and fever
- 15 children have the same weight due to cold and fever (red zone = 11, yellow zone = 4)

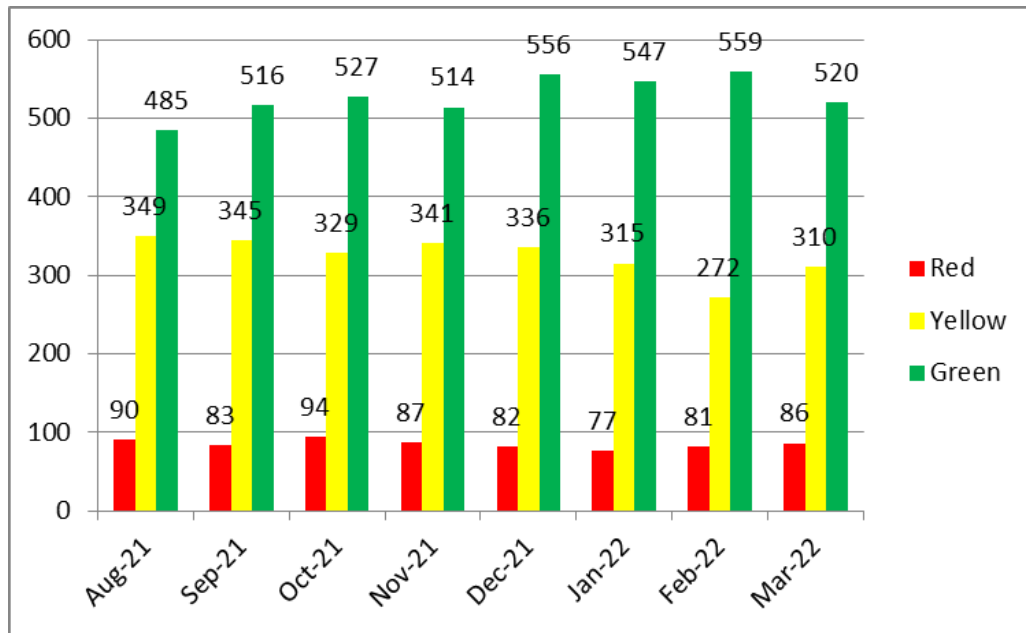


DEATH DETAILS

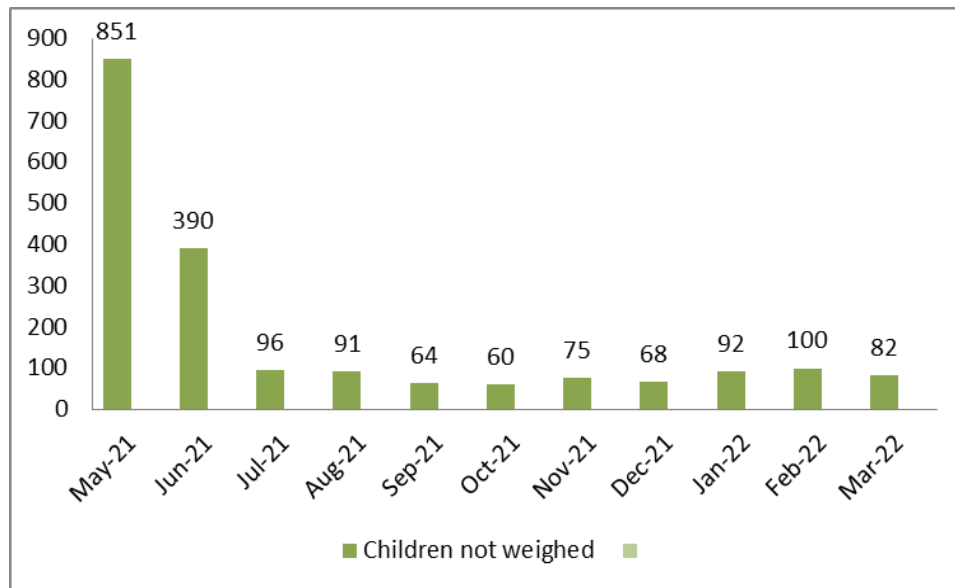
NAME OF THE DECEASED	AGE OF DECEASED (YEARS)	GENDER	CAUSE OF DEATH	HEALTH PROMOTER
NIZAMUDDIN	52 YEARS	MALE	DUE TO CHRONIC LIVER DISEASE	LATA GOSAIN
MONU	28 YEARS	MALE	ROAD ACCIDENT	LATA GOSAIN
BABY OF JYOTI	2 MONTHS	MALE	CONGENITAL HEART DISEASE	BANITA
LAKSMIKANT	55 YEARS	MALE	ROAD ACCIDENT	LATA CHAUHAN
BEER SINGH	55 YEARS	MALE	HEART ATTACK	LATA CHAUHAN
PHERU RAM	60 YEARS	MALE	STROKE WITH CARDIAC ARREST	SUNITA
KHUSHBOO	16 YEARS	FEMALE	BRAIN FEVER	SUNITA

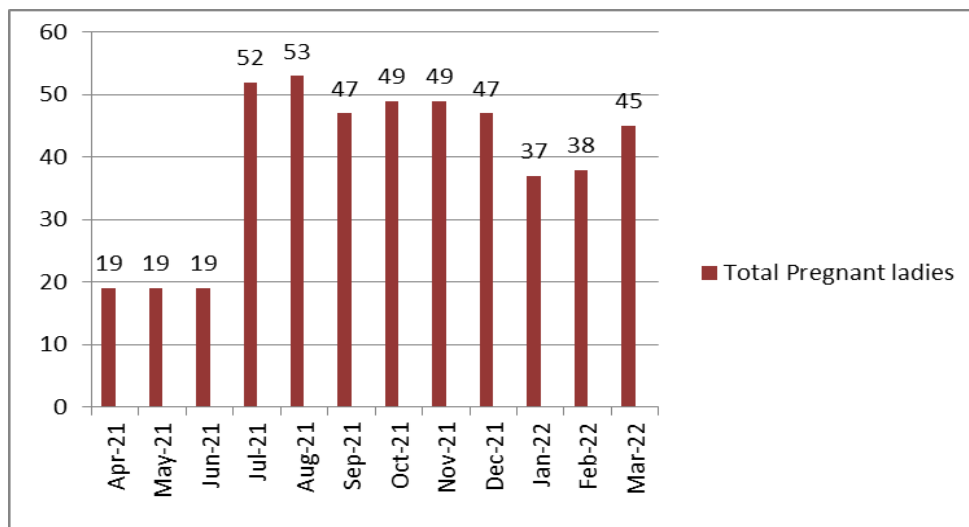
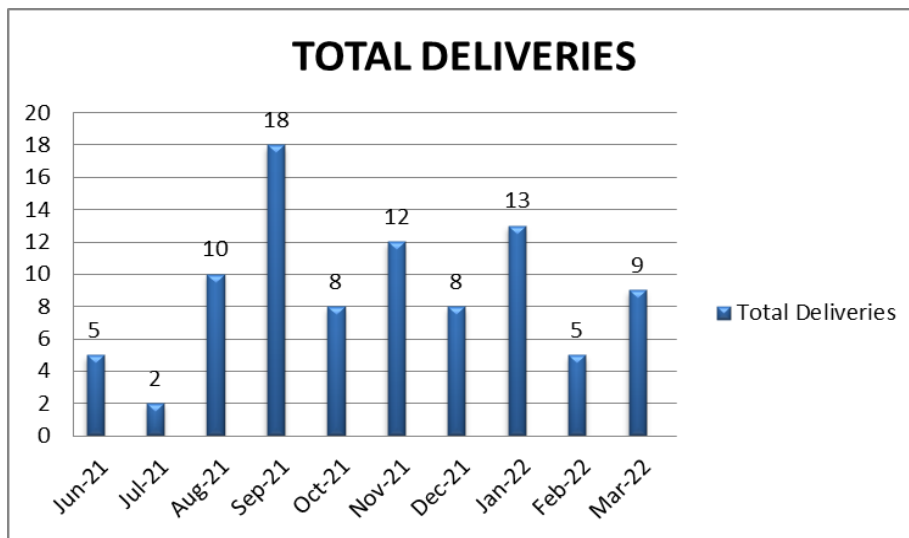
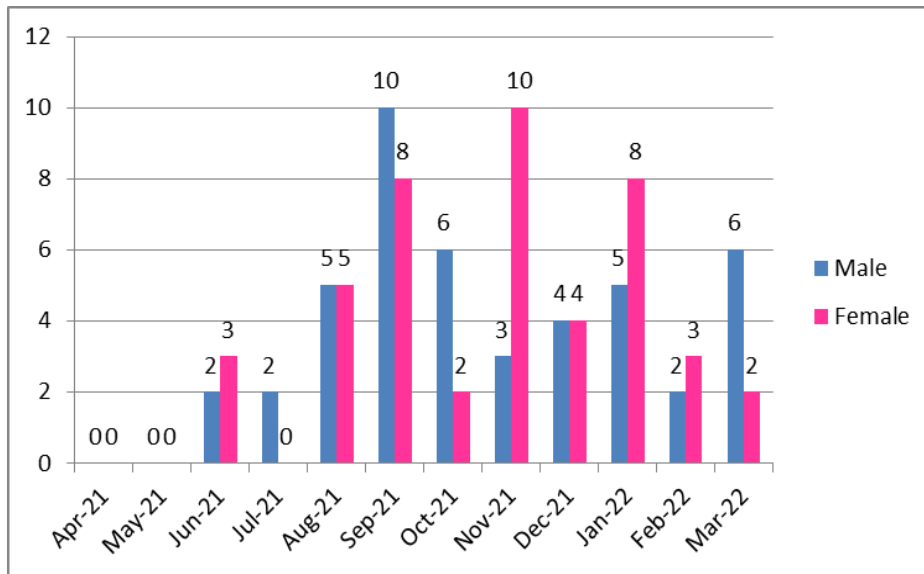
STATISTICS OF MEDICAL PROJECT

Total Number of Population	14727
Total Males	7590
Total Females	7137
Total no. of children	998
<u>Total Red zone children</u>	90
Red zone children Weighed	86
Currently gone to the village	04
<u>Total Yellow zone children</u>	338
Yellow zone children weighed	310
Currently gone to the village	28
<u>Total Green Zone children</u>	570
Green zone children Weighed	520
Currently gone to the village	50
New Household (male + female)	34 (18+16)



- Total number of children last month = 1012
- Children permanently left Janta colony slum = 26
- Deliveries = 9
- Children reached 5 years of age (out of DIR medical program) = 18
- New children migrated to the Janta colony = 22
- Total number of children this month = 998





STATISTICS OF RED ZONE CHILDREN

Age (Months)	# Children	%
0-12	13	1.3
13-24	10	1.0
25-36	17	1.7
37-48	23	2.3
49-60	23	2.3
Total children in area	998	
Red zone children	86	8.6%
Red zone children gone to the village	4	0.4%

STATISTICS OF PREGNANT MOTHERS AND NEWBORN

<u>Number of women pregnant last month</u>	<u>38</u>
<u>Number of deliveries</u>	<u>9</u>
<u>Births</u>	<u>Male: 6; Female: 2</u> <u>(one stillborn)</u>
<u>Mothers who left Janta Colony</u>	<u>2</u>
<u>Infant death</u>	<u>0</u>
<u>Miscarriages</u>	<u>0</u>
<u>Abortions</u>	<u>0</u>
<u>Newly Pregnant</u>	<u>18</u>
<u>Trimester</u>	<u>1st trimester: 6</u> <u>2nd trimester: 24</u> <u>3rd trimester: 15</u>
<u>Number of women pregnant this month</u>	<u>45</u>

INCOME GENERATION PROGRAM

Our Tailoring team of HPs stitched:

- Pouch = 1
- Coin pouch stitched = 2
- Masks = 16
- Bags = 7
- Reusable pads = 75
- scrunchies = 5
- coasters made = 4
- new pads stitched = 38



CHILD ACTIVIST PROGRAM

We are extremely grateful to Shreya from Bangalore who volunteered to hold online Martial Art classes for Health Promoters and Basti children who attend our CAP Program. CAP activities are done on Wednesday and Thursday, SHP Sangeeta was chosen as instructor in Martial Art amongst the Health Promoters who guided and monitored the classes along with Shreya from Bangalore between 3 PM and 4 PM. A total strength of 10 students per batch was registered. Students are taught about the importance of Self-defense in today's time.



SCHOOL WITH A DIFFERENCE REPORT

- OORJAA distributed bananas and apples amongst students of SWAD school



- Final examination for the session of 2021-21 was conducted from 7th March to 11th March



- The colors of festival, Holi was celebrated amongst students and teachers



- Final examination's result was declared on 25th March, students who stood first second and third were rewarded with gifts. The fruit juices and bananas were distributed amongst all students.



GROCERY STORE DISTRIBUTION

- Distribution of grocery stores amongst 44 underprivileged families of daily wagers



- On 22nd march, Meghna Katoch Rana paid visit to the organization and interacted with school children. She also interacted with health promoters, observed feeding program and met the child Tanmay adopted by her in feeding program. She interacted with his mother and motivated her on different approaches to improve the health status of Tanmay



- On 23rd March, DIR India's Board member and President Additional DG Police Shashi Prabha and Ex DG Police SM Sharma paid a visit to the organization. They also interacted with the school children, teachers and medical team



- On the 2nd March, Dr. Madhu Khullar paid a visit to the organization and resumed her story telling classes for students of SWAD School every Tuesday.



- Exhibition and sale by DIR India's tailoring team in collaboration with Enactus team on 7th March



AGENDA POINTS FOR THE MONTH OF APRIL:

- Close Supervision and monitoring by each HP and senior staff of respective teams on Red Zone children for study and analysis to improve the health of the child by each team and bring a change.
- Promotion of Education Project Alambana.
- survey of Nayagaon for starting a new Project - MAA KI ROTI

OUR TEAM



CONTACT INFORMATION

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DIR INDIA BANK DETAILS

IN FAVOR OF	DEVELOPING INDIGENOUS RESOURCES INDIA
BANK	STATE BANK OF INDIA
BRANCH	SECTOR-9, MADHYA MARG, CHANDIGARH-160009
ACCOUNT NO.	37375923235
RTGS/NEFT/I FSC CODE	SBIN0018249
MICR CODE	160002091
INSTAMOJO LINK:	instamojo.com/@dir

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FACEBOOK	https://www.facebook.com/dir
TWITTER	twitter.com/@dirdotngo
YOUTUBE	https://www.youtube.com/channel/UCvjksGNLMLNLR6ji-7_kQPg
GIVE INDIA	https://fundraisers.giveindia.org/nonprofits/developing-indigenous-resources-india