



## Developing Indigenous Resources India

MAY 2022



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## **CEO'S REPORT FOR MAY 2022**

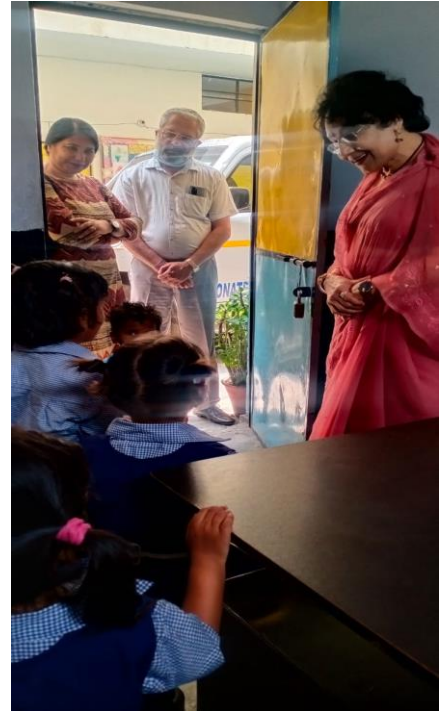
DIR INDIA's computer classes and tuition classes gained popularity. Publicity gained momentum through word of mouth. The standard of teaching and training is excellent, as each child gets individual attention.



The tuition fee is nominal and we are looking for donors who can help the underprivileged girls for this training program so that the job opportunity for them becomes easy in shopping stores in and around Chandigarh.



Two administrative staff Mr. Rajender Kumar and Ms. Kamal Behl from the Public Health Department of PGIMER visited DIR INDIA. Their visit was to assess and evaluate the functioning of the Medical Project of the organization.



We are grateful to Dr. Shipra Dentist from Dental Hospital of PGIMER to visit DIR INDIA. She took a class on oral hygiene and dental care. Dr. Shipra assured that any adult or child suffering from dental issues in Janta Colony, she will personally help them.



# MEDICAL TRAINING

The onset of summer begins and lasts until June and July followed by monsoons and humidity. This is when India experiences its peak-summer with unbearable temperatures followed by humidity and wet climate. The humidity and temperatures are around 40-42 degrees Celsius. With heavy rainfall, the drainage in Janta Colony slums overflows and the water seeps into the homes of Basti people.

In academics, water borne diseases like Malaria, Dengue, and Typhoid etc. are covered both in academic classes as well as committee meetings. Due to humidity, menstrual hygiene is extremely important.

The sultry weather and heat both generate skin diseases if not educated through committee meetings and CAP programs. Humidity causes rash and itching in the groin area and armpits.



# NUTRITION TRAINING

In Monsoon the seasonal vegetables are bitter gourd, **bottle gourd**, **ash gourd**, **ridge gourd**, **snake gourd**, and many other vegetables like cucumbers, tomatoes, beans, okra and radish. All these vegetables are added in different gravies so that they are not visible to the child. The children do not enjoy eating vegetables. Different recipes are created to ensure the child enjoys a regular diet plan which aids to foster good health and immune activity.

This month's academic classes and committee meetings emphasized on diets related to the monsoon season and how it plays an important role in beating heat and building immunity.

Deficiency diseases kwashiorkor and marasmus were also covered.



# NUTRITIONAL DEMONSTRATION

- Date of the Nutritional demonstration: - 17th May 2022
- Name of the dish: **mix lentil and fruit chat**
- **Chana chaat** is simply a dish made with kala **chana**, luscious chutneys, veggies, fruits, coriander leaves and **chaat masala**.
- Nutritional value per serving :
  - Calories - 150
  - Protein - 5 gm.



# STATISTICS OF CHILDREN UNDER THE NIPP PROGRAM ADOPTED BY DONORS

<u>TOTAL</u>	<u>RED ZONE</u>	<u>YELLOW ZONE</u>	<u>GREEN ZONE</u>
<u>24 + 19</u>	<u>10</u>	<u>14</u>	<u>0</u>

- The weight of 24 children sponsored in our NIPP Program has been recorded to keep up the child's progress report to Donors.
- 19 children are of Rag Pickers in Alambana project to which we are giving breakfast and meals in the afternoon under the NIPP program.
- Out of 24 children, 9 children gained weight in the month of MAY
- 2 children have lost weight due to diarrhea and fever
- 13 children have the same weight due to chest congestion and fever





## **DEATH DETAILS**

<b>NAME OF THE DECEASED</b>	<b>AGE OF DECEASED (YEARS)</b>	<b>GENDER</b>	<b>CAUSE OF DEATH</b>	<b>HEALTH PROMOTER</b>
MANISHA	30 YEARS	FEMALE	CA OF PANCREAS	MEENAKSHI
SATBIR	64 YEARS	MALE	MULTIPLE ORGAN FAILURE	SUNITA
SURAJMAL	74 YEARS	MALE	CARDIAC ARREST	SUNITA
KAMMO	70 YEARS	MALE	CARDIAC ARREST	BANITA
SEETA DEVI	60 YEARS	FEMALE	CHRONIC DIABETES	LATA GOSAIN
CHOTTU	22 YEARS	MALE	SEIZURES	LAKSHI

## **STATISTICS OF MEDICAL PROJECT**

Total Number of Population	14745
Total Males	7600
Total Females	7145
Total no. of children	997
<u>Total Red zone children</u>	109
Red zone children Weighed	100
Children not weighed (gone to the village)	9
<u>Total Yellow zone children</u>	349
Yellow zone children weighed	311
Children not weighed (gone to the village)	38
<u>Total Green Zone children</u>	539
Green zone children Weighed	478
Children not weighed (gone to the village)	61
New Household ( male + female )	0

Total number of children last month = 1000

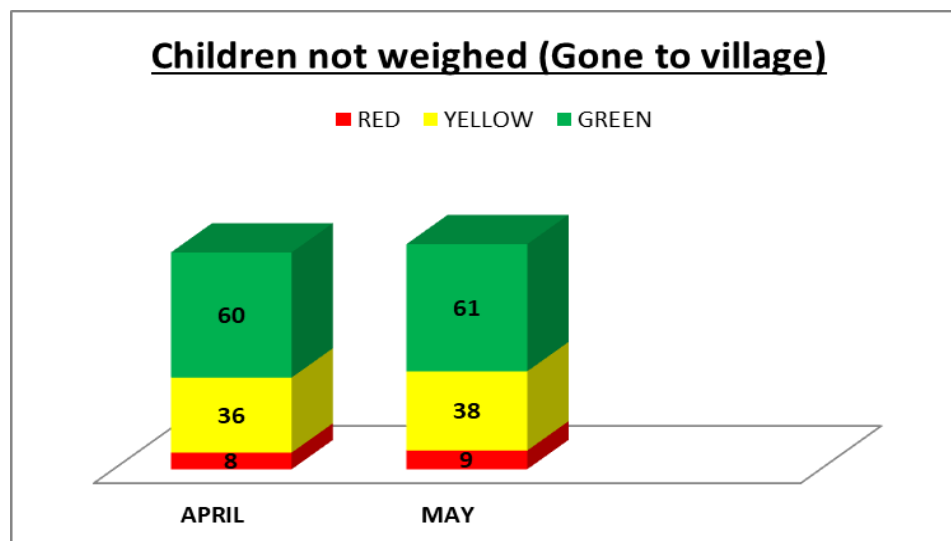
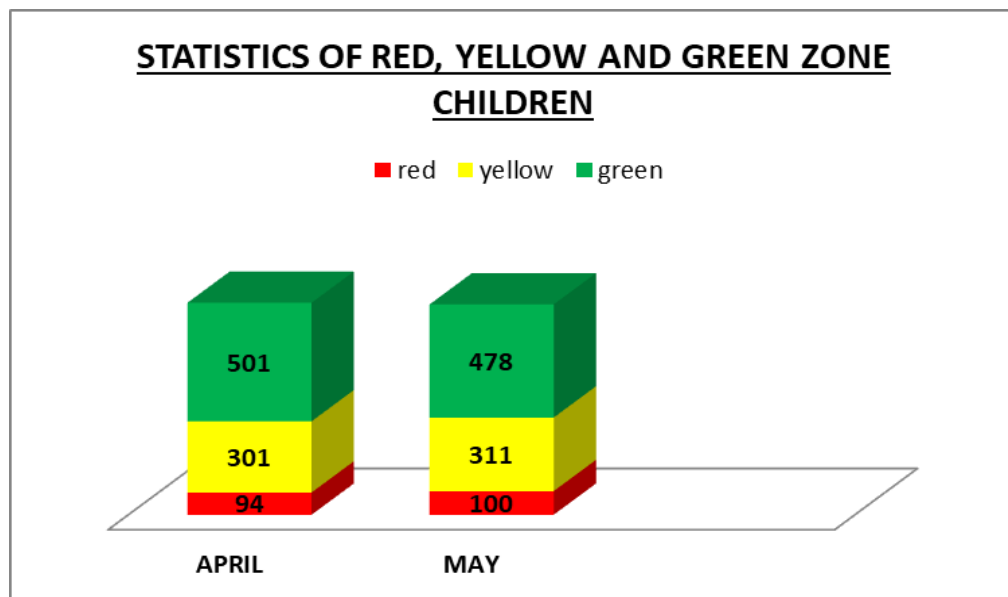
Children permanently left Janta colony slum = 17

Deliveries = 6

Children reached 5 years of age (out of DIR medical program) = 13

New children migrated to the Janta colony = 21

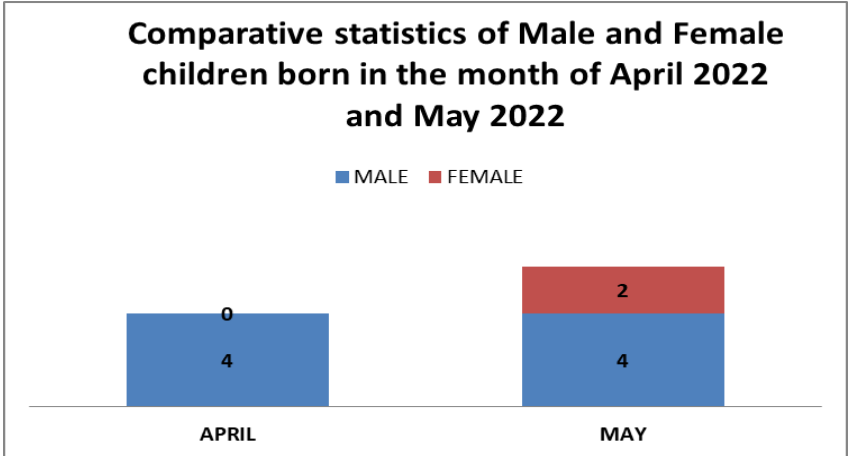
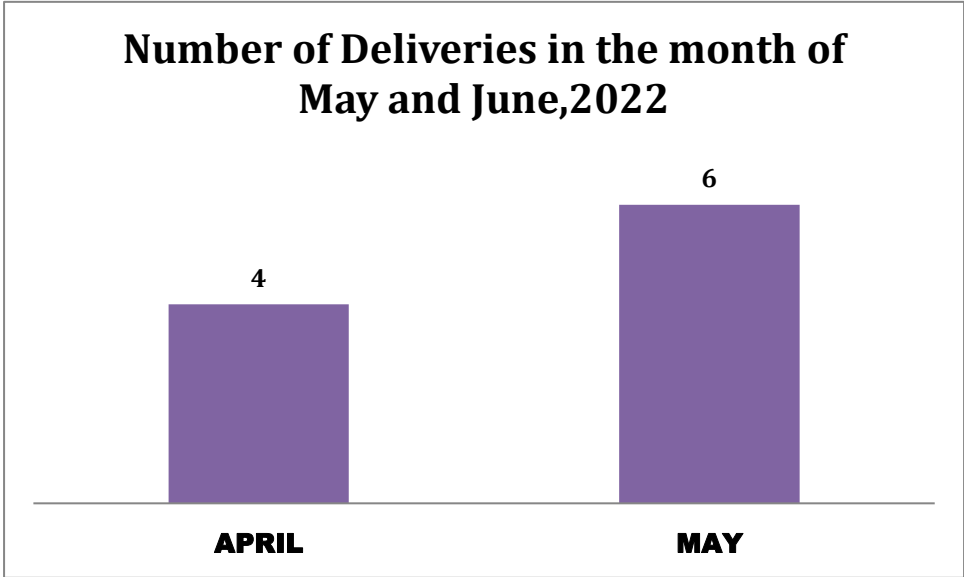
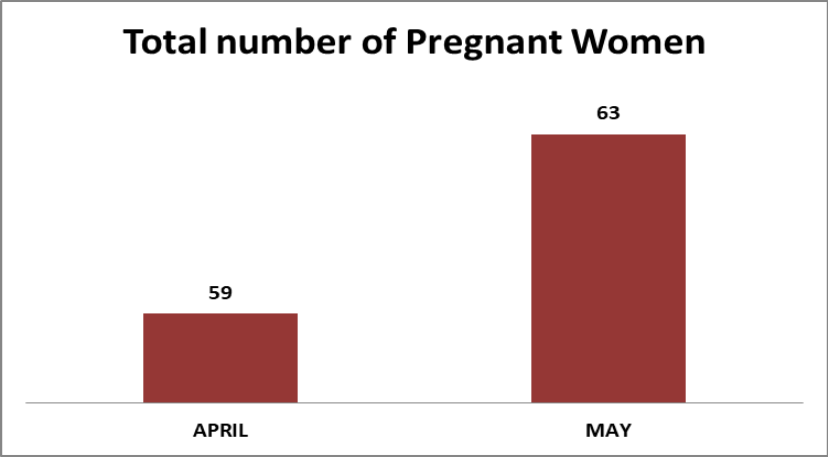
Total number of children this month = 997



## **STATISTICS OF RED ZONE CHILDREN**

<b><u>Age (Months)</u></b>	<b><u># Children</u></b>	<b><u>%age</u></b>
0-12	17	1.7
13-24	21	2.1
25-36	13	1.3
37-48	24	2.4
49-60	25	2.5
Total children	997	
Red zone children (weighed)	100	10%
Children not weighed (gone to the village)	9	0.9%





## STATISTICS OF PREGNANT MOTHERS AND NEWBORN

<u>Number of pregnant women last month</u>	<u>59</u>
<u>Number of deliveries</u>	<u>6</u>
<u>Births</u>	<u>Male: 4; Female: 2</u>
<u>Mothers who left Janta Colony</u>	2
<u>Infant death</u>	<u>0</u>
<u>Miscarriages</u>	<u>0</u>
<u>Abortions</u>	<u>0</u>
<u>Newly Pregnant</u>	12
<u>Trimester</u>	1 <sup>st</sup> trimester: 3 2 <sup>nd</sup> trimester: 33 3 <sup>rd</sup> trimester: 27
<u>Number of women pregnant this month</u>	<u>63</u>

# INCOME GENERATION PROGRAM

## ❖ Our Tailoring team of HPs stitched:

- New masks = 7
- Small pouch = 4
- Pencil pouch = 5
- Small bag = 1
- Scrunchies = 10
- cloth pads = 100

## ❖ ITEMS SOLD:

- pads = 97
- scrunchies = 4
- hair bands = 3
- small pouch = 1
- bag = 1
- pencil pouch = 1





# CHILD ACTIVIST PROGRAM

This month 15 students participated in the Child Activist Programme (CAP) where a team of health promoters taught them about the importance of a balanced diet, safety and preventive measures in COVID19, and importance of vitamin A including its food sources. Different games and activities were also included in the programme like musical chair, kabaddi, kho-kho and Rubik cube puzzle.



## HOMEOPATHIC CAMP

The Homeopathic Medical College and Hospital, Sector 26 Chandigarh, held 4 camps on every Wednesday in May 2022.

Team of 3 doctors and paramedical staff including Dispensary run an OPD. There is free consultation and free medication.

85 patients from Basti out of which,

- 7 were male and
- 69 were female and
- 9 were children

The ailments reported were:

- Arthritis
- Amenorrhea
- Skin ailments
- Ovarian cysts
- Gastric issues etc.



## EDUCATIONAL PROGRAMS:

### ● SCHOOL WITH A DIFFERENCE REPORT:

- ★ Total strength this month was 79 including 9 new admissions.
- ★ Enactus team distributed Colgate toothpaste amongst the children
- ★ Students of SWAD School participated in making Mother's day cards to show their love for their mothers.



## ● **COMPUTER CLASSES:**

Computer classes for young girls and boys of Janta Colony started in October 2021 with two students. The publicity of computer classes is spreading through word of mouth and today we have strength of nine students who are attending classes. Monthly fees for computer classes is Rs 500 per student per month. We have a list of Basti girls who are keen to learn computer skills but due to financial constraints, keeps them restricted to grow in life.

In the month of May, the total strength of basti students was 5.

Following topics were covered:

- Introduction of computers
- Understanding word processing
- Introduction to internet and web browsers
- Introduction to PPTs and spread sheets



## ● **TUITION CLASSES:**

Evening Tuition classes are held every day for Basti children as students need extra coaching and guidance with regards to cope up with the Public school standards. In the month of May, total strength of basti students for tuition classes were 5.



## **DIR-INDIA HIGHLIGHTS:**

- Distribution of grocery stores amongst underprivileged families of daily wagers



- Two officials from Public Health Department of Postgraduate Institute of Medical Education and Research (PGIMER) visited DIR India office on 3rd May, 2022 to access and evaluate medical Program of DIR India.



- Vitamin Angels gives regular supply of Deworming tablets, Vitamin A Capsules of strength 1 Lac unit for Infants and 2 Lac units above one year of age to DIR INDIA.



- State Bank Of India staff Mr. Surjit lohani and Mr. Rajinder visited the organization on 12th May 2022



- Enactus team visited and distributed Colgate on 17th May 2022, held a awareness camp on oral hygiene for Basti women



- Dr. Shipra, Dentist from Dental Hospital of PGIMER visited the organization and talked about oral health and hygiene



- Radio talk show in collaboration with Panjab University on Oral health & hygiene



## **AGENDA POINTS FOR THE MONTH OF JUNE:**

- Special and close Supervision of red-zone children by each team.
- Identifying more underprivileged families to provide grocery stores
- Identifying and adding more underweight and underprivileged mothers and children in our NIPP Feeding Program
- Identifying Women and children who are neglected and need special attention to improve their health and education.

## **OUR TEAM**





## CONTACT INFORMATION

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### DIR INDIA BANK DETAILS

<b>IN FAVOR OF</b>	DEVELOPING INDIGENOUS RESOURCES INDIA
<b>BANK</b>	STATE BANK OF INDIA
<b>BRANCH</b>	SECTOR-9, MADHYA MARG, CHANDIGARH-160009
<b>ACCOUNT NO.</b>	37375923235
<b>RTGS/NEFT/I FSC CODE</b>	SBIN0018249
<b>MICR CODE</b>	160002091
<b>INSTAMOJO LINK:</b>	<a href="https://instamojo.com/@dir">instamojo.com/@dir</a>

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TWITTER	<a href="https://twitter.com/@dirdotngo">twitter.com/@dirdotngo</a>
YOUTUBE	<a href="https://www.youtube.com/channel/UCvjksGNLMLNLR6ji-7_kQPg">https://www.youtube.com/channel/UCvjksGNLMLNLR6ji-7_kQPg</a>
GIVE INDIA	<a href="https://fundraisers.giveindia.org/nonprofits/developing-indigenous-resources-india">https://fundraisers.giveindia.org/nonprofits/developing-indigenous-resources-india</a>