

Developing Indigenous Resources - India

PRESIDENT

**SHASHI PRABHA DWIVEDI
(I.P.S. DGP PUNJAB)**

TRUSTEES

**Mr. Surinder Mohan
Sharma,
Dr. Madhu Khullar,
Ms. Shuchi Thakur**



CHIEF EXECUTIVE OFFICER

**Dr. ASHA KATOCH
(M.D)**

Mob: - 9478866412

E-mail:- ceo@dir.ngo

ANNUAL REPORT 2021-22

Developing Indigenous Resources India is qualified for Tax exemption under Income Tax Act 1961 U/s 12AA, vide order no. AAATD9602KE20192, Dated- 20.02.2022 and for U/s 80 G vide order no. AAATD9602KF20224, Dated- 24.02.2022, certified from the office of the Commissioner of Income Tax-1, Sector 17 A, Chandigarh.

PAN number of DIR: **AAATD9602K**

REGISTERED WITH THE MINISTRY OF CORPORATE AFFAIRS

REGISTERED IN CHANDIGARH AS CHARITABLE TRUST NUMBER – 3541

#705-C, ADARSH NAGAR, NAYAGAON, DISTT.SAS NAGAR
MOHALI, PUNJAB- 160103

Ph: - 0172-5034227 | Email:- admin@dir.ngo | Website - www.dir.ngo



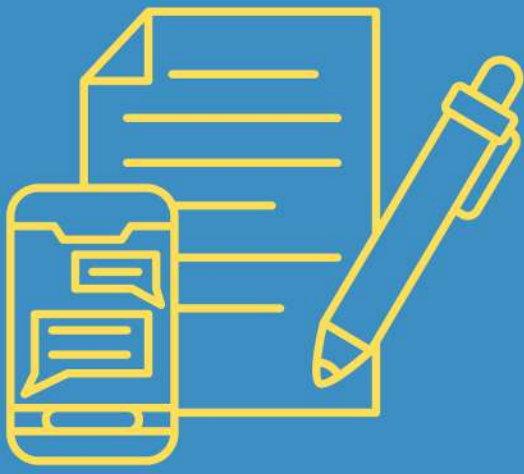


table of contents

S.NO.	TITLE
1.	CEO REPORT
2.	OUR GENEROUS DONORS
3.	GROCERY KITS DISTRIBUTION UNDER COVID RELIEF PROGRAM
4.	MONTH WISE EVENTS AND PROJECTS INTRODUCED IN COVID ERA
5.	ACADEMICS
6.	COMPUTER AND DATA ENTRY CLASSES
7.	INCOME GENERATION PROGRAM
8.	NIPP CHILD SPONSORSHIP PROGRAM
9.	STATISTICS
10.	DETAILED INFORMATION OF MEDICAL PROJECT
11.	CONTACT US
12.	OUR TEAM
13.	BANK DETAILS
14.	APPENDIX

ceo report



The Covishield and Covaxin vaccines started in India from 16th January, 2021. Priority was given to medical staff and medical workers who were working in hospitals and in high risk zones.

From 1st March 2021, immunization started for senior citizens. Brigadier DC Katoch and I took the first dose of Covieshield vaccine and came to work at the DIR office in Janta Colony. There was a rumour floating in the Janta Colony against the vacine. The doubt in the minds of HP's got lifted and motivated the residents of the Janta Colony to get vaccinated.This helped in resolving the false rumour floating around the slum.



We are grateful to Dr. Ravinder Kaur, CMO of Dispensary in Panjab University, Chandigarh who agreed to vaccinate the entire team of DIR. In the first week of April, the entire DIR team recieved the first dose of Covishield vaccine. This helped the medical team to work in the field freely and erased the fear of vaccination from the minds of all the residents of the Janta Colony and Safeda Colony. Due to the pandemic, the SWAD SCHOOL was shut, however, the teachers prepared worksheets which parents would collect from the DIR office, and submit once completed.





our generous donors

The DIR Medical Team underwent professional training regarding tailoring in the Department of Fashion and Textile designing in Panjab University under Professor Dr. Anu Gupta and Lecturer Annie. It was a three month course, which helped the team became professional in stitching and designing skills. Our Health Promoters were rewarded with Diploma Certificates in Tailoring by Professor Anu Gupta. The products made by Health Promoters were sold in University Campus.



The Enactus Team of Panjab University under Professor Seema Kapoor helped DIR enormously, as Prof. Seema introduced DIR to Versatile Textile Mills in Ludhiana. This textile Industry donated two high-technological Sewing Machines to DIR. The Versatile Textile Industry collaborated with DIR INDIA for their project Amodini. In this project, Ms. Gitanjali Bakshi, CSR Head of Versatile Textile Mills chose the DIR Team to make reusable sanitary napkins to save the environment under a



our generous donors



The Versatile Textile supplied fabric to DIR along with a sample of Reusable Sanitary Napkins. Health workers, under the supervision of Prof. Anu Gupta and Lecturer Annie stitched reusable sanitary napkins. These sanitary napkins were sent to a government approved lab in Baddi, Himachal Pradesh, for testing. The sanitary napkins stitched qualified the lab test and were certified for marketing and selling the product. The profits generated by selling of these items came to DIR-INDIA.

SIMA LABS
Sophisticated Industrial Materials Analytic Labs Pvt. Ltd.
Address: A-27, Mayapuri extension Area, Pk-6, New Delhi - 110028
Phone: +91-11-2614 6888/6889
Email: info@simalabs.com
CIN No: U74902DL1999PTC021793
Website: www.simalabs.in/ www.simalabs.com

Approval No: wstgnyhtslab Form 20 (Rule 155 E (5) Bio-Drugs & Cosmetics Act, 1984) TEF-01

TEST REPORT

PARTY CODE: VPS452
SUBMITTED BY: VERSATILE ENTERPRISES PVT. LTD
D-322, Fiscal Park, Phase-VIII, Ludhiana, Punjab

REPORT NO.: F2022030221
REF. NO.: NS
REF. DATE: 24/09/2021
OF REC'D: 21/09/2021
BATCH NO.: NS
BATCH SIZE: NS
SAMPLE QTY.: 1 NS
MFG. BY: NS
MFG. DT.: NS
SUPP. DT.: NS

SAMPLE NAME: SANITARY NAPKIN (YELLOW)

RESULTS OF ANALYSIS
Reference: IS 8485 & Party's Specification

Description: A sample of "SANITARY NAPKIN (YELLOW)" was received on 21/09/2021

Final length: 218 mm
Napkin width: 230 mm
Thickness: 0.74 mm
pH (deionised extract): 7.06
Absorbency & ability to withstand pressure after absorption: Passed the test

S. No.	Parameters	Result	Limit
1.	Total Bacterial Count	<10 cfu/gm	NMT 1000 cfu/gm
2.	Total Fungal Count	<10 cfu/gm	NMT 1000 cfu/gm
3.	Starch	Absent/gm	Absent/gm

Ms Geeta Gopalkrishnan, CEO of 'Ma Foundation' collaborated with DIR in the NIPP feeding Program. Geeta adopted 50 mothers who were neglected by their respective families, and funded the project for one year during the peak period of unemployment in 2021-2022. DIR is extremely grateful to Ms. Geeta Gopalakrishnan of Ma Foundation for her financial contribution in the feeding program. Thanks to her support DIR served cooked food for 90 to 100 families every day.





our generous donors

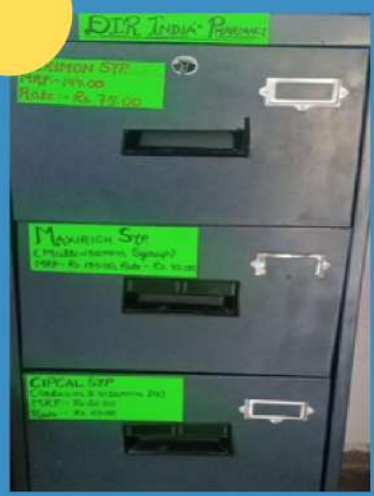
Professor (Mrs) Dr. Santosh Sharma, retired as HOD of Hindi Department of Panjab University, and donated 50 Steel Tiffin Careers to DIR. These tiffins were distributed to all the mothers who were fed cooked food by DIR to their families during Covid-19, to ensure the food is as hygienic as possible. Our compliments and thanks to Dr. Mrs Santosh Kumari who made it possible by donating utility items at the hour of need.



Our special thanks to Hindustan Unilever's who donated 10,260 Lifebuoy soap, 7500 Rin detergent Soap and 6,120 Pepsodent toothpaste tubes. Our compliments to Ms. Geeta who organised this donation for DIR INDIA. Soaps and detergents are necessary to prevent oneself from Coronavirus, and to maintain health and hygiene. DIR is extremely grateful to the Hindustan Unilever's Company for donating these items which were given every month to the families along with each grocery kit.



our generous donors



The DIR Health team did a research project with 22 NIPP children by giving Iron syrup to each child after the meals, and calcium syrup the day after. There was a remarkable increase in the weight of NIPP children. Our compliments to Dr. Shalini who funded this research project.



NGO Oorjaa donated various essentials like fruit juices, glucose, and snacks in large numbers. The Healthkart company donated Protein bars and Protein powder during this period.



grocery kits distributions UNDER covid relief program

Project Alamban (Ragpickers Children) was started in February 2022.

DIR INDIA has been serving the Janta Colony and Safeda Colony slum for the last 16 to 17 years. There is a visible transformation of residents towards education and awareness of health and hygiene.

DIR stretched out its hand to change the mindset of Ragpickers families. We named it Project Alamban. We adopted 11 shacks of the Ragpickers family near Singha Devi Temple. It was a challenging task to convince parents to support their children's education. Consistent motivation along with distribution of grocery stores every month to change their mindset, the DIR team achieved their goal. Today, they are the most obedient, dedicated and punctual students, and are good in studies.

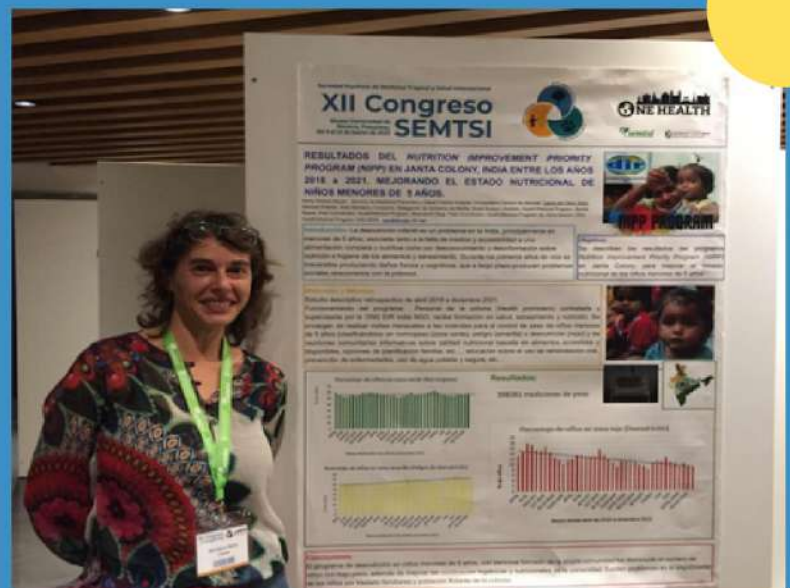


month-wise events projects introduced in covid era



RESEARCH STUDY ON NIPP PROGRAM IN SPAIN

A research study was done by two public health doctors of Spain, Dr. Laura Del Otero and Dr. Marta Mateos Mazon, with the consent of DIR-INDIA, on our NIPP (Nutrition Improvement Priority Program) program. We are extremely grateful to Dr. Laura Del Otero and Dr. Marta Mateos Mazon for selecting the data and statistics of our NIPP program of DIR-INDIA. This paper was presented in Papilona, Spain at the International Conference. The Co-writers were, Dietitian Swati Nurpuri and two Health Promoters Banita and Meenakshi.



**Dr.Laura Del Otero,
Doctor in Public Health**

month-wise events projects introduced in covid era



COMMITTEE MEETINGS

We have worked on the committee meetings held by the HPs in their assigned zones on the specific needs of the community each month. Some topics discussed were regarding teaching on avoiding water-borne illness during monsoon season, COVID 19 safety measures, hand hygiene, and teaching ORS preparation during seasons of extreme heat. We also identified deaths from common diseases such as asthma and diabetes, and ensured that the HP's taught their respective communities regarding early intervention and proper treatment of these illnesses. The HPs taught mothers on proper breastfeeding techniques in order to avoid further preventable deaths.



month-wise events projects introduced in covid era



NUTRITION CLASSES

In the month of April, we saw a huge surge in Covid-19 cases. In order to increase awareness related to covid-19. We conducted a session to impart knowledge regarding corona virus and diet in covid-19.

Academic classes in nutrition covered the topics mentioned below which were important:

- Diet in COVID 19
- food poisoning
- dehydration
- anthropometric measurements
- body mass index
- irritable bowel syndrome
- FODMAP
- carbohydrates
- nutritional management in liver diseases
- fats
- protein energy malnutrition
- functional foods
- microbiota
- methods of cooking
- low birth weight



month-wise events projects introduced in covid era



NUTRITION IMPROVEMENT PRIORITY PROGRAM **NIPPP**



The goal of our Nutritional Improvement Priority Program (NIPPP) is to improve the health status of those children who fall into the red-zone weight category (more than 3kg underweight) and underweight pregnant women. These children are fed low-cost, high-calorie, high-protein lunches in the DIR office under direct supervision every afternoon from Monday to Friday. A nutritionist writes menus consisting of items such as: milk, boiled eggs, rajma, lentils, bananas, rice and varieties of lentils, rice porridge, custard, sooji porridge, cracked wheat grains porridge etc. The menu is flexible and is completely dependent on the donations DIR-I receives.

month-wise events projects introduced in covid era



SOCIOLOGY CLASSES

The slums are considered as one of the most crucial and tenacious issues in urban livelihood. With it being a major source of crime and death from illnesses, the slums have been widely studied by sociologists.

There are two main reasons why slums develop: population growth and governance. Countries around the world are urbanising rapidly as more people migrate from rural areas to the cities and natural population growth continues to occur. Today, more than half the world's population resides in urban areas.

Sociologist Rohan took classes on sociology, impact of sociology on urban slums and the topics included:

- caste system
- dowry system
- child marriage
- education of rights and awareness as per Indian laws
- Government as Institution
- Politics and its human patter
- Type of Government
- Socialisation
- Social group
- Social stratification
- Social control and change
- Society and population
- Sanskritization
- Migration
- Overpopulation
- Kinship
- Urbanisation
- Culture



month-wise events projects introduced in covid era



NUTRITIONAL DEMONSTRATIONS

Every Tuesday on the third week of the month, DIR India's dietitians conducted demonstrations for Health promoters and the Slum community on Low-cost, High-Calorie and High Protein Diet.

DIR Nutritionists demonstrate a recipe to the HPs for a nutritious meal that can be made with ingredients available in the basti. In turn, HPs gave cooking classes in their assigned zones to teach the mothers. The program is very popular and parents recognize the link to healthier growth on their children's weight charts.

The demonstrations for this year consisted of following recipes:

- Paneer wheels
- soya potato cutlet
- vegetables stuffed steamed balls
- healthy chaat
- suji farra
- fruit and chana chaat
- moong dal sprouts chilla
- donuts
- gajar ka halwa
- pulse ladoo
- sago cutlets
- spinach and carrots chilla



month-wise events projects introduced in covid era



VISITORS, EVENTS AND NEW PROJECTS

In April, with flowers blooming in all the gardens of Chandigarh, the Rose Garden is most popular, where you can see the unique creation of nature generating peace and tranquillity in the hearts and minds of every visitor. It was a tragedy when we were instructed to be confined in our homes during the pandemic, and away from the beauty of the Rose garden.

The pandemic took away the liberty of Indian citizens to step out of their homes. India got entangled with the second phase of Covid-19 which spread like wildfire. The health care infrastructure collapsed in most parts of the country. Both Morbidity and Mortality increased day by day, thus generating a sense of insecurity and fear psychosis in the minds of people.

- The tailoring Program was enhanced; Health Promoters were given online classes by Ms. Annee, a lecturer from Department of Advance Fashion and Textile Designing of Punjab University. HPs are now skilled in making products like kitchen napkins, hand bags, hair bands etc. from used clothes.
- 'Ma Ka Ahar' and the NIPP program started in April. Sponsored by Ma Foundation and donors. High calorie, Protein rich menu is planned by the dietitians for the month. DIR is feeding 55 to 60 mothers and children daily.
- We are grateful to Prof. Dr. Santosh Sharma for her donation of 50 Steel Tiffin Carriers to DIR-INDIA for this purpose. Tiffin carriers ensure hygiene and equal quantity of food is distributed to each family.



month-wise events projects introduced in covid era



VISITORS, EVENTS AND NEW PROJECTS

OORJAA donated 690 tetra packs (180 ml) fruit juices, glucose (400 gm) 290 boxes, 48 packets sago (Sabu dana) papad and amaranth seeds laddoo, dabur red paste = 204 pieces for basti people



Health kart is a company which manufactures high protein and high calorie products and supplements which are popular amongst sports personnel. Oorjaa NGO, in collaboration with Health Kart Company delivered 150 kits of high protein products to DIR-INDIA. The team of Nutritionists from HealthKart Company held a zoom conference call with 150 women of Janta Colony. This was one-on-one interaction with each mother, who was rewarded with a kit containing boxes of energy bars made of oats, protein enriched cereals and protein powder to enhance the quality of food intake both in calories, proteins and nutrients which they cook by adding these supplements in their food.



month-wise events projects introduced in covid era



VISITORS, EVENTS AND NEW PROJECTS



On 1st JULY 2021 Col. Manoj celebrated his birthday with DIR-INDIA, which was his first visit. He was impressed by how DIR-INDIA is functioning. He rewarded each Health Promoter, Teacher and Maid with a cash reward for their dedication and devotion towards the underprivileged community, especially during the Pandemic.

The UIFT department of Panjab University gave professional training to the tailoring team of DIR-INDIA for two months in April and May. In July, Dr. Anu Gupta, a professor of UIFT organised a webinar with Health Promoters and the tailoring team in which the Professors from different parts of the country participated to interact with the DIR Team.

Director of Food Bank, Angela and her team visited DIR-INDIA. She appreciated the work and donated 100 packages of grocery products to needy families of Janta Colony.



month-wise events projects introduced in covid era



VISITORS, EVENTS AND NEW PROJECTS

On 2nd August, Dr Shalini, one of the Board members from DIR California, paid a visit to our organisation and accompanied health promoters in their field work.



On 11th August, the medical team and SWAD school of DIR India celebrated the Teej Festival.



On 13th August, DIR India medical team and SWAD School celebrated 75th Independence Day.

Mr. Sanjeev, along with Dr Arun Bansal from Panjab University paid a visit to our organisation and donated a Portable Air Purifier.



On September 16th, Mr. Jatinder Sehgal, Marketing Manager of Versatile Textile Industry, visited the DIR office to inspect the stitching quality of reusable sanitary napkins. He brought a special fabric that enhanced absorption and improved the overall appearance of the product. Two napkins were given to Lab Testing in Baddi, Himachal Pradesh, and they received approval from the authorized government agency for their quality.



month-wise events projects introduced in covid era



VISITORS, EVENTS AND NEW PROJECTS



Mrs. Gagan Bhatia visited the school and distributed chocolates. She has adopted 11 malnourished and underprivileged children in the red zone category under NIPP feeding program.



On 13th September 2021, Prof. Anu Gupta, from the Fashion Designing department of Panjab University, visited the organisation and distributed tailoring certificates among health promoters who took training of new skills in tailoring and stitching from the department for 3 months.



Iron and Calcium supplementation started this month for 25 Red zone children in the feeding program. This is a three-month initiative taken on the advice of the Doctor.



DIR-INDIA initiated tuition classes, introduced Computer classes, and launched the Child Activist Program (CAP) for Basti children. CAP focuses on disease prevention and awareness, empowering children to express themselves and enhancing their ethics and moral understanding. The program includes engaging activities and games, fostering interaction between children and teachers outside the classroom. It has gained popularity among both students and educators.

month-wise events projects introduced in covid era



VISITORS, EVENTS AND NEW PROJECTS

Shreya Mittal from Bangalore organized weekly Martial Art classes for DIR-INDIA staff to promote self-defense skills. Health Promoters and Teachers greatly enjoyed these unique and beneficial classes.



We are grateful to Aryaman and his cousins who hosted a lunch for the Basti women and children. The food was personally distributed by the visitors on 1st October.



On 14th October, Mr. Avatar and Mr. Thakur paid a visit to our organisation and participated in the Dussehra festival. They distributed sweaters to all the teachers, health promoters and maids.



DIR India resumed Committee Meetings from this month onwards. The first meeting was held on Dengue as the cases of dengue were rising in the Tricity since last month.

The tailoring team produced 1200 reusable sanitary napkins. On November 2nd, 2021, DIR-INDIA organized a special event where 35 sets of these napkins were sold at a subsidized rate. The aim was to promote the use of reusable pads and discourage disposable ones to reduce environmental pollution. The napkins were stitched by Basti girls under the guidance of Versatile Industry and supervised by our Tailoring team to ensure high-quality standards.



month-wise events projects introduced in covid era



VISITORS, EVENTS AND NEW PROJECTS



Two senior army officers' wives, Mrs. Jatinder Sandhu and Mrs. Rama Dhodi visited DIR on 17th November 2021. Mrs. Jatinder Sandhu was so impressed by the work of the organisation that she adopted one child for the NIPP program.



Shahved Katoch, DIR-India's Chief Technical Officer, visited on December 6th and 7th, 2021. He assisted in laptop repairs and provided software guidance to senior staff, resolving their computer-related queries.



On December 8th, 2021, Mr. Ajit Singh celebrated his 60th birthday with SWAD School children and DIR-India. He generously donated a new printer and a trolley of sand from his farm for the children's park. The sand will provide a safer play environment, preventing injuries during activities like swinging and climbing.



On December 14th, 2021, Prof. Santosh Sharma from Punjab University visited DIR India with a friend and donated blankets to the labor community of Janta Colony. The blankets were greatly appreciated as the winter is expected to be harsh this year.

month-wise events projects introduced in covid era



VISITORS, EVENTS AND NEW PROJECTS

On December 24th, 2021, DIR India celebrated Christmas in a special way. Mrs. Maninder Singh and Dr. Shailja, accompanied by their children dressed as Santa Claus, joined the SWAD children and Team DIR for the festivities. They brought a Christmas cake and gifts, marking the first celebration in almost two years due to the pandemic. The SWAD children enjoyed dancing, singing carols, and everyone had a joyful time.



DIR India's website www.dir.ngo was launched on 14th December.

Enactus from Panjab University partnered with DIR India to organize a nutrition camp on January 4th, 2022. Dr. Seema, Dr. Ekta, and Miss Ibadat represented Enactus, with Dr. Ekta interacting with Janta Colony families for over an hour. Poha and bananas were provided as refreshments.



On 13 January 2022, Lohri, the annual festival of Punjab was celebrated in the playground with great enthusiasm; there were elaborate dances and singing sessions by DIR staff and SWAD children around the Lohri bonfire lit in the neighbouring playground.



month-wise events projects introduced in covid era



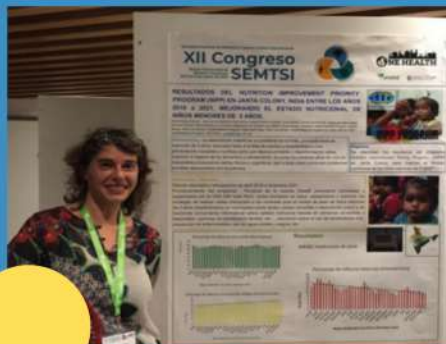
VISITORS, EVENTS AND NEW PROJECTS



Zomato India got in touch with us in advance and they distributed an excellent ration kit to 190 needy families of Janta Colony which added a boost to the festival.



In February 2022, the ALAMBANA project was launched to improve the lives of Rag Pickers, particularly girls, for a brighter future. We identified 15 shacks, spoke to the mothers, and encouraged them to send their children to SWAD School. To address their immediate needs, we started monthly grocery distributions in the area, on the condition that the children attend school daily. Thanks to generous sponsors, the sponsored children now attend regularly. Upon arrival, the children receive a bath, coconut oil massage, and Ascabiol lotion to address scabies issues. Donated clothes are provided, giving them a neat appearance. The children also receive breakfast and lunch at the DIR India Office.



A research study on DIR-INDIA's NIPP (Nutrition Improvement Priority Program) was conducted by Spanish Public Health doctors, Dr. Laura Del Otero and Dr. Marta Mateos Mazon, with the organization's consent. We express our gratitude to them for choosing our NIPP program data, which was presented at the International Conference in Papilona, Spain. The co-writers of the paper included Dietitian Swati Nulpuri and Health Promoters Banita and Meenakshi.

month-wise events projects introduced in covid era



VISITORS, EVENTS AND NEW PROJECTS

Ms Meghna Katoch Rana visited DIR-India on 22 March 2022. She went around and saw all the programs and also interacted with school children, staff and HPs who were known to her. Ms. Meghna has adopted the family and is funding the NIPP program for food and groceries.



On 23rd March our President Mrs. Shashi Prabha, ADG Police Punjab and Mr. SM Sharma, Ex-President of DIR and a Trustee of Indian Board visited our organisation. Their visit was a great motivation and rewarding for the entire team.



month-wise events projects introduced in covid era



SUPPLEMENT RESEARCH IN NIPP PROGRAM (SEP 2021 - MAR 2022)

NUMBER OF MALNOURISHED CHILDREN WITH PATHOLOGY: 5

- 2 fall in High priority zone (where wt. is more than 4 kg underweight)
- The children in the high priority zone are special cases with previous medical issues, but are showing improvement in weight gain with DIR India's feeding program along with Iron - Calcium supplements.
- 3 fall under the red zone category (where wt. is more than 3 kg underweight)
- These children are special cases with medical history in the red zone but are showing improvement in weight gain with DIR India's feeding program along with Iron - Calcium supplements.

NUMBER OF NORMAL MALNOURISHED CHILDREN (NOT WITH MEDICAL ISSUES): 13

- These kids are malnourished along with poor socio-economic conditions.
- They are 3 kg underweight in comparison to their ideal body weight but are showing progress with DIR India's feeding program along with Iron - Calcium supplements.

NUMBER OF MALNOURISHED CHILDREN IN FLOATING POPULATION: 4

- Kids show progress in weight gain when associated with DIR India's feeding program along with Iron- Calcium supplements and dietary counselling. It is neglected when the child goes back to the village and comes back or moves out of the adopted area.

month-wise events projects introduced in covid era



SCHOOL WITH A DIFFERENCE

DIR's School with a Difference (SWAD) prepares basti children of kindergarten age (3-5 years) to pass an annual exam that will qualify them to attend an English medium school in Chandigarh. The education program covers written and oral Hindi and English, mathematics, and creative activities. Our teaching staff are trained to incorporate creative and playful teaching methods to generate the children's interest in learning. The whole ground floor of DIR's headquarters in Janta Colony is dedicated to the school, with four classrooms, a library, a smart classroom, and a play area. All books and toys are donated by various donors and partners. DIR assists with transportation by bringing the children to school by a van, charging small fees to only cover the costs of fuel. DIR pays for all of the students stationary, uniforms, and rewards. Enrollment in SWAD climbed dramatically from 27 students when the school was first founded in 2008 to a current enrollment of 94 students in 2020. All SWAD children graduate to be bold, smart, skilled and confident to face any interview in the top schools of Chandigarh.

month-wise events projects introduced in covid era



EVENTS AND ACTIVITIES

- Covid situation in Janta Colony improves, leading to the resumption of field work for the medical program and reopening of SWAD School.
- 75th Independence Day celebrated with performances by SWAD School students.
- SWAD students participate in a Rakhi making competition for Raksha Bandhan.
- Mrs. Gagan Bhatia visits the school and distributes chocolates.
- Dussehra celebrated with the burning of Demon Ravana's effigy, sweaters distributed by Mr. Avatar and Mr. Thakur.
- Diwali celebrated with Rangoli making and Diya decoration activities.
- Mr. Ajit Singh celebrates his 60th birthday with SWAD School children and DIR-India.
- Christmas celebrated with Mrs. Maninder Singh and Dr. Shailja dressing up as Santa Claus, bringing cake and gifts for SWAD children.
- Launch of ALAMBANA project to improve the lives of rag pickers, particularly girls.
- SWAD School concludes with final examinations, followed by a parent-teacher meeting and result announcement with prizes for top-performing students.
- Holi celebrated with SWAD children, painting each other's faces with gulaal and embracing the arrival of spring.

month-wise events projects introduced in covid era



CHILD ACTIVIST PROGRAM

The Child Activist Program (CAP) began in 2009 and is led by the Health Promoters. It is for children of the community between the ages of 7 and 13. CAP is held every afternoon and its goals are: to educate, develop their social skills and leadership skills, and to promote sportsmanship and team spirit. Some activities that are done in CAP are: teaching the children to make oral rehydration solution, demonstrating proper oral hygiene practises, explaining what foods make up a balanced diet, explaining the sources and importance of iron, vitamin A, iodine, and vitamin C through interactive games, and explaining the cause of and prevention for diseases like dengue and chikungunya, and typhoid through fun and interactive games.

Through CAP, activity awareness and prevention of diseases are taught in an easy method to enable children to exercise their voices and increase their general awareness on ethics and morals. These activities are often followed by games to continue the extra-curriculars. This program is popular amongst children and teachers alike who get to interact with one another beyond the four-walls of the classrooms.



month-wise events projects introduced in covid era



CHILD ACTIVIST PROGRAM

Our compliments to Shreya Mittal from Bangalore who organised weekly Martial Art classes for the staff members of DIR-INDIA, to promote the development of the skill of self-defence. These classes were thoroughly enjoyed by the Health Promoters and the teachers as this was something they had not experienced before and found incredibly helpful.



The martial art is mandatory in today's time as the crime rate is growing day by day. We are



grateful to Shreya Mittal, who hails from Bangalore, who holds an online training program of Martial Art for Health Promoters twice a week. Thereafter Shreya took martial art classes for the Basti children as well.



Our HP Sangeeta Rawat was the best in martial art skills and she was selected as an instructor to coordinate and supervise the martial art classes for Basti children.

academics



MEDICAL CLASSES

The pandemic took away the liberty of Indian citizens to step out of their homes. India got entangled with the second phase of Covid-19 which spread like wildfire across the country. The health care infrastructure collapsed in most parts of the country. Both Morbidity and Mortality increased day by day, thus generating a sense of insecurity and fear psychosis in the minds of people. With a heavy heart, we had to close the following programs:

- Weighing children under five and Health checkup of Pregnant Mothers.

A few medical topics discussed by the public health doctors during this session were:

- COVID 19 awareness and prevention
- Pneumonia
- Hepatitis A, B, C
- HIV and AIDS
- Human Papillomavirus
- Syphilis
- PCOS
- Water borne diseases (typhoid, diarrhoea, cholera)
- Antenatal care
- Cell structure
- stages of pregnancy
- dengue
- chilblains
- ors
- menstrual hygiene
- hormones
- liver functions and diseases
- scabies

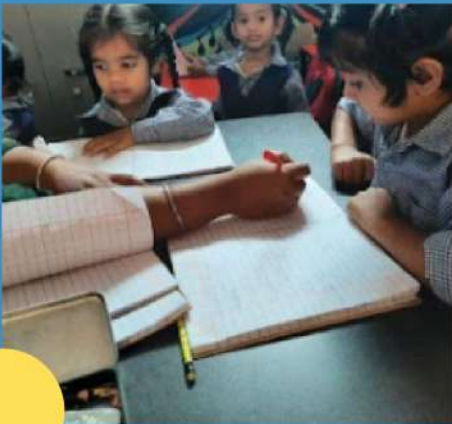


academics



TUITION CLASSES

DIR INDIA's tuition classes gained popularity. The standard of teaching and training is excellent, as each child gets individual attention to answer all their doubts. Evening tuition classes are held every day for Basti children as students need extra guidance with regards to their examinations. The tuition fee is nominal and we are looking for donors who can help the underprivileged girls. The monthly fees for tuition classes is Rs 400 only.



computer & data entry classes



Our health promoters are also skilled in operating computers and storing growth data in soft copies for record and research purposes. As of date, all records of children under five years of age, pregnant mothers and NIPP kids are maintained in their respective folders. The data entry operator took regular computer classes and monitored the work of each HP. This data is stored on USB drives and also uploaded on Google drive by senior staff at the end of the day. Computer classes have also been established for women looking to adopt a skill and resume work. Today in the world of technology, we are providing training to underprivileged teenagers with basic and advanced computer skills at a minimal price, helping them develop their resume.

Computer classes for young girls and boys of Janta Colony started in October 2021 with two students. We have created an infrastructure for Computer classes for Basti children but we are looking for sponsorship for children as they come from underprivileged communities with Monthly fees of Rs 500 per child per month. The publicity of computer classes is spreading through word of mouth. We have a list of Basti girls who are keen to learn computer skills but due to financial constraints, keeps them restricted to pursue their interest. The fee is nominal and we are looking for donors who can help the underprivileged girls for this training program so that the job opportunity for them becomes easy in shopping stores in and around Chandigarh.



income generation program



India got entangled with the second phase of Covid-19 which spread like wildfire. The health care infrastructure collapsed in most parts of the country. Both Morbidity and Mortality increased day by day, thus generating a sense of insecurity and fear psychosis in the minds of people.

To combat this, the tailoring Program was enhanced; Health Promoters were given online classes by Ms. Annee, a lecturer from Department of Advance Fashion and Textile Designing of Punjab University. HPs are now skilled in making products like kitchen napkins, hand bags, hair bands etc. from used clothes.

Some of the items which were made during this session included:

- cloth mask
- head bands
- kitchen towels
- hand bags
- laptop bags
- sling bags
- scrunchies
- dairy covers
- coin pouches
- potlis
- book markers
- wall hangings
- coasters
- cloth sanitary pads



income generation program



- Online classes were conducted by the Department of Fashion and Textile Designing, PANJAB UNIVERSITY. Professor Anu Gupta and Annie helped build the Tailoring skills of our health Promoters to generate revenue for DIR.
- The UIFT department of Panjab University gave professional training to the tailoring team of DIR-INDIA for two months in April and May. In July, Dr. Anu Gupta, a professor of UIFT organised a webinar with Health Promoters and the tailoring team in which the Professors from different parts of the country participated to interact with the DIR Team. Professor Anu Gupta appreciated the DIR team for their discipline, sincerity and devotion towards learning and improving their tailoring skills. All the products made by DIR-INDIA were displayed in the exhibition of Panjab University building. Their creative work was highly appreciated, and the funds raised by sale of these products will be given to DIR-INDIA once the goods are completely sold.
- In September, Mr. Jatinder Sehgal, Marketing Manager of Versatile Textile Industry visited the DIR office to check the quality of stitching and finishing of reusable sanitary napkins. To provide a better finish, Mr. Sehgal brought a special fabric that not only has more absorbing power but also gives a finer look to the product. Mr. Sehgal was given two sanitary napkins for Lab Testing, which was located at Baddi, Himachal Pradesh. The napkins were approved by the authorised government which checked for its quality. We are grateful to Mrs. Geetanjali, CSR Head of Versatile Textile Mills, who visited the DIR-India office. Mrs. Geetanjali liked all the projects at DIR-India, especially the tailoring project which has been upgraded by her industry which also kindly donated a high-tech fully automatic Industrial Machine.
- DIR India began its Women Empowerment Tailoring Programme. The products made are sold at nominal rates to the women of the basti region, thereby, also aiding their ease of procuring goods without travelling a great distance.
- The tailoring team has made 1200 reusable sanitary napkins. In November, a special function was organised in DIR-INDIA; sanitary pads (35 sets) were sold at a subsidised rate. The main agenda behind this is to promote reusable sanitary napkins and discourage the use of disposable napkins to avoid environmental pollution. These sanitary napkins are stitched by Basti girls under the guidance and expert advice of Versatile Industry to conform to very high-quality standards and supervised by our Tailoring team.



NIPP child sponsorship program

You can sponsor a 'Red-Zone' child through our NIPP program so that they can get the nutrients they require to grow up healthy and happy. We currently have the funds to feed only 55 out of the 100 Red-Zone children in the Janta Colony.

Cost of Sponsorship: 1000 rupees per month per child.

Sponsorship includes: -

- Daily feeding of your sponsorship child at DIR office
- Personalised monthly health reports
- Family consultations
- Weekly low-cost, high calorie and protein recipes for your child's family

**For just a small monthly payment
You can drastically change a child's future and get them up to a healthy weight.**



statistics



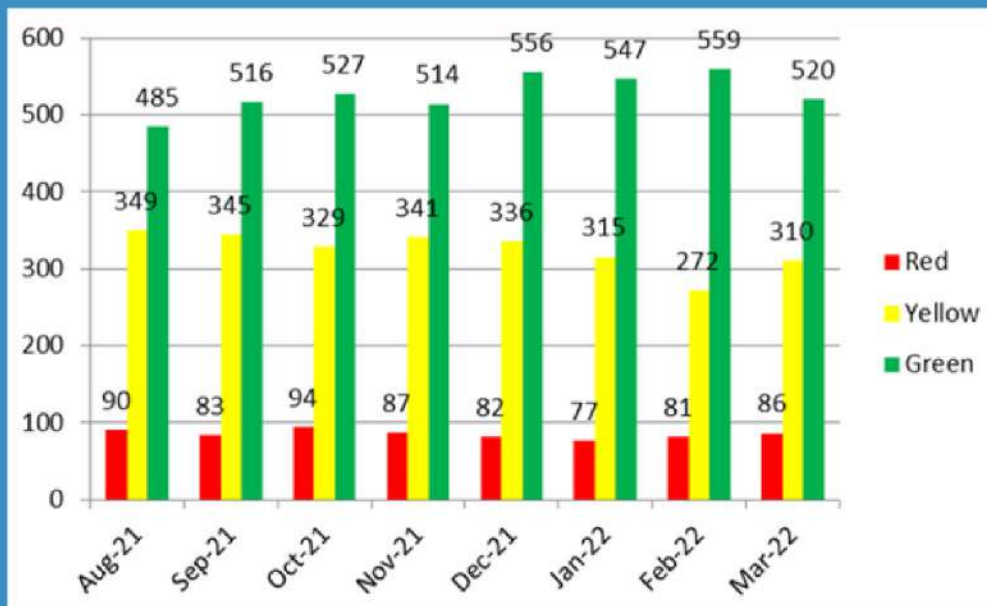
DETAILED INFORMATION OF MEDICAL PROJECT

MONTH	TOTAL POPULATION	MALE	FEMALE	TOTAL KIDS
APRIL	14474	7500	6974	880
MAY	14468	7496	6972	872
JUNE	14474	7516	6958	871
JULY	14731	7650	7081	996
AUGUST	14504	7488	7016	1015
SEPTEMBER	14530	7499	7031	1008
OCTOBER	14578	7510	7068	1010
NOVEMBER	14629	7548	7081	1017
DECEMBER	14749	7596	7153	1046
JANUARY	14728	7584	7144	1031
FEBRUARY	14703	7578	7125	1012
MARCH	14727	7590	7135	998

statistics



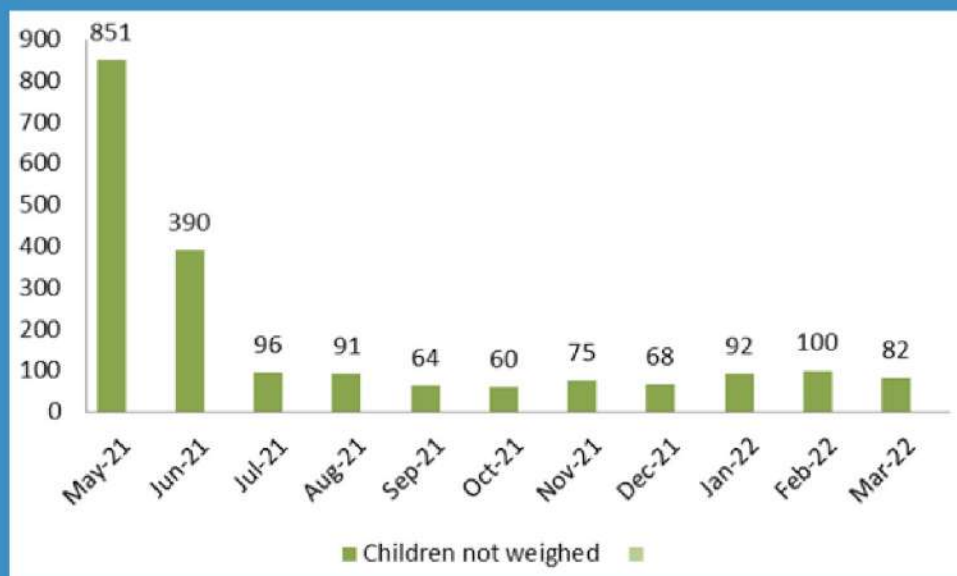
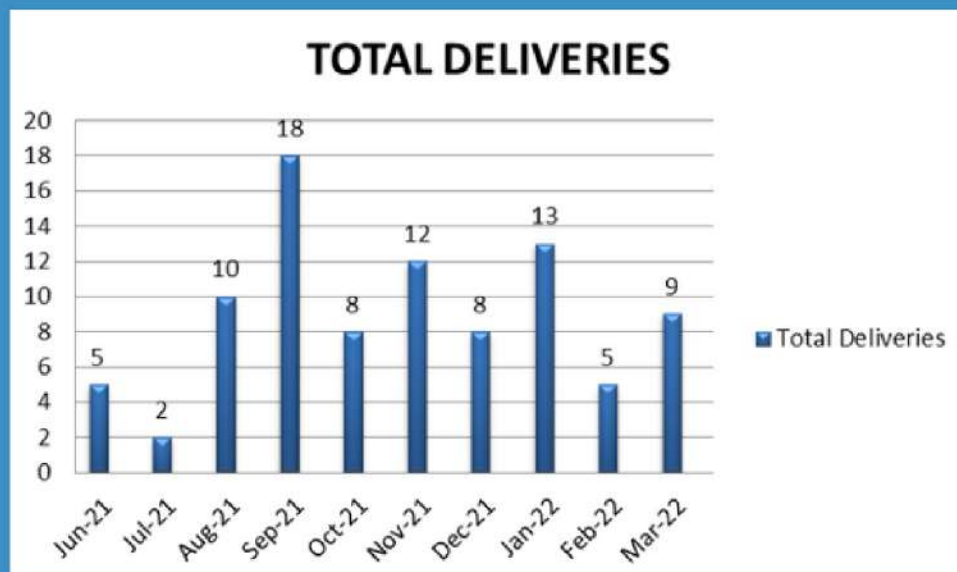
DETAILED INFORMATION OF MEDICAL PROJECT



statistics



DETAILED INFORMATION OF MEDICAL PROJECT



statistics



DEATH DETAILS

Months	Health promoter	Gender	Age	Cause of death
April 21	Banita mam	Male	25	Due to kidney failure
April 21	Uma	Male	47	Due to liver cancer
May 21	Meenakshi	Male	51	Due to covid
May 21	sunita	Male	60	Due to stomach cancer
May 21	Muskan	Female	70	Due to covid
May 21	muskan	Male	75	Fever,diarrhea,dehydration
May21	muskan	Female	56	After spinal surgery due to weakness death occur
May 21	Muskan	Male	82	Due to covid
June21	Uma	Female	28	Due to kidney failure
June21	Uma	Female	22	Due to TB
July 21	Sunita	Female	55	Heart attack
August21	Aparna	Female	32 Month	Unknown Cause
August 21	Banita	Male	66	Chronic Alcoholism
Sept 21	Dimple	Male	57	Chronic Diabetes
sept21	Sunita	Female	35	Kidney failure
sept21	sunita	Male	50	Heart attack
Sept 21	Meenakshi	Male	25	Road Accident

statistics



DEATH DETAILS

Sept.21	Meenakshi	Male	64	Food pipe cancer
Oct21	Uma	Male	85	Natural death
Oct 21	Uma	Female	65	Lung Cancer
Oct 21	Sushma	Male	85	Natural death
Oct.21	Banita	Female	55	Heart attack
Nov.21	Muskan	Male	7	Kidney problem
Nov.21	Sunita	Female	90	Natural death
Nov.21	Sunita	Male	60	Heart attack
Nov.21	Meenakshi	Male	27	Murder
Nov.21	Banita	Male	22	Road accident
Nov.21	Banita	Male	65	Paralysis
Nov.21	lata	Male	50	Heart Attack
Nov.21	veena	Male	14	Mysterious Death
Dec.21	veena	Male	65	Natural death
Dec.21	dimple	Male	62	Chronic Paralysis
Dec.21	sushma	Male	40	Liver Disease
Dec.21	banita	Female	13	Blood cancer
Dec.21	banita	Male	80	Diabetes
Dec.21	lata	Male	35	Heart attack
Dec.21	meenakshi	Female	16	Fall from roof
Dec.21	meenakshi	Female	45	Multiple Disease
Jan 22	veena	Female	85	Stomach cancer
Jan 22	Sunita	Male	26	Brain stroke
Jan22	sushma	Female	63	Kidney problem
Jan 22	Banita	male	48	Heart attack
Feb.22	Veena	Male	70	Throat Cancer

statistics



DEATH DETAILS

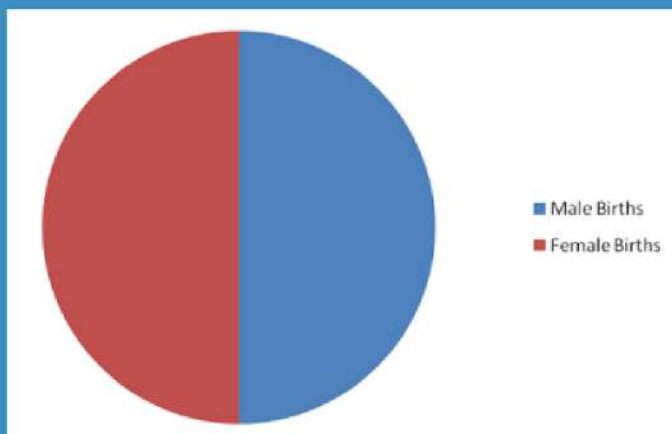
Feb 22	Sushma	Male	80	Respiratory problem
Feb 22	Sunita	Male	45	Liver failure
Feb 22	Sunita	Female	70	Natural death
March 22	Lata Gosain	Male	52	Liver infection
March22	Lata Gosain	Male	29	Road accident
March 22	Banita	Male	2 month	Hole in heart
March 22	Lata Chauhan	Male	55	Accident
March 22	Lata Chauhan	Male	55	Heart attack
March 22	Sunita	Male	60	Natural death
March22	Sunita	Female	16	Brain fever

statistics



STATISTICS OF NEWBORNS

Total Deliveries	88
Male Births	45
Female Births	45
Infant Deaths	1
Miscarriage	1
MMR	0
Still born	1



statistics



STATISTICS OF NEWBORNS

MONTH	TOTAL DELIVERIES	MALE BIRTH	FEMALE BIRTH	INFANT DEATH	MISCARRIAGE	MMR	Still Born
APRIL-2021	0	0	0	0	0	0	0
MAY-2021	0	0	0	0	0	0	0
JUNE-2021	5	2	3	0	0	0	0
JULY-2021	2	2	0	0	0	0	0
AUGUST-2021	10	5	5	0	0	0	0
SEPTEMBER-2021	18	10	8	0	0	0	0
OCTOBER-2021	8	6	2	0	0	0	0
NOVEMBER-2021	11	3	10	0	0	0	0
DECEMBER-2021	8	4	4	0	0	0	0
JANUARY-2021	13	5	8	0	0	0	0
FEBRUARY-2021	5	2	3	0	1	0	0
MARCH-2022	8	6	2	1	0	0	1

contact details



DIR-India CENTRE: 705-C Adarsh Nagar, Nayagaon
Office Mailing Address: House Number 1535, Sector 11-D,
Chandigarh, 160011

Email: admin@dir.ngo, ceo@dir.ngo

Telephone Number: +91-9478866412

Website: www.dir.ngo

Facebook: www.facebook.com/dir.india

Instagram: [dir.ngo](https://www.instagram.com/dir.ngo)



follow us on social media!



<https://www.dir.ngo/>



<https://www.facebook.com/dir.india/>



<https://www.instagram.com/dir.ngo/>



https://www.youtube.com/channel/ucvjksqnlmlnlr6ji-7_kqpg



donate

We are a registered charitable trust under 12A and 80G and run solely by the donations of kind people like you, who have seen the dramatic results of our organisation and want to contribute to our trusted organisation. We are 100% transparent with our finances and you will receive a tax-deductible receipt for your generous contribution.

BANK DETAILS

IN FAVOUR OF	DEVELOPING INDIGENOUS RESOURCES INDIA
BANK	STATE BANK OF INDIA
BRANCH	SECTOR-9, MADHYA MARG, CHANDIGARH-160009
ACCOUNT NO.	37375923235
RTGS/NEFT/IFSCCODE	SBIN0018249
MICR CODE	160002091



donate

FCRA ACCOUNT DETAILS FOR FOREIGN FUNDS ONLY

IN FAVOUR OF	DEVELOPING INDIGENOUS RESOURCES INDIA
BANK	STATE BANK OF INDIA
ACCOUNT NO.	40127210462
ACCOUNT TYPE	FCRA CURRENT ACCOUNT
BRANCH CODE	00691
IFSC CODE	SBIN0000691
SWIFT CODE	SBININBB104
BRANCH ADDRESS	11, SANSAD MARG, NEW DELHI-110001

**YOU CAN DONATE TO US
THROUGH PAYTM OR UPI
USING THE FOLLOWING QR
CODES:**



appendix

MAP OF PROJECT AREA: JANTA COLONY & ADARSH NAGAR

