



FEBRUARY 2023



• MONTHLY REPORT •



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• CEO'S REPORT FOR FEBRUARY •

Chandigarh, known for its bubbling colors and blooming flowers, was graced by the presence of Dr. Shalini, her brother Mr. Vaibhav Sahai and sister-in-law Mrs. Krista Lochinsky who visited the organization.



The Swad School saw the implementation of a new system to encourage the development of every child's character. The students are rewarded on the following characteristics:

1. Best Dressed
2. Most Punctual
3. Most Disciplined
4. Best Student of the class

The awardees received their prizes during the Parent-Teachers meeting to motivate the parents and students.



• MEDICAL TRAINING •

Some of the topics covered in Medical Training include:

- Endocrine system: Our body is controlled and regulated by hormones. It is important in to be familiar with the endocrine glands which produce selective hormones for the specific function.
- Menstrual cycle: Menstrual cycle is controlled by hormones which are produced by glands. The medical team is taught to understand the Physiology and function of the ovaries which controls the menstrual cycle.
- Practical tips for examining the pregnant mother.
- Contraception methods for birth control.

In the committee meetings, the following topics were covered:

- ORS
- Diarrhea
- Hypertension in Pregnancy (Pre eclamptic Toxemia)
- Anemia

The above issues are common amongst children of Janta colony due to weather changes and pregnancy related issues. There were patients in the community who were suffering from these problems, due to which we held meeting on prevention and remedies for these issues



• NUTRITION TRAINING •

Minerals play an important role in our body. They are important for building strong bones and teeth, controlling the body fluid inside and outside of cells and converting food into energy. In the month of February, academic classes included the importance of micronutrients like iron and calcium in our daily life.

Minerals are classified as two types: Macro minerals like calcium, phosphorus, magnesium and Trace minerals like iron, iodine and zinc



During the field visits, the medical team has observed deficiency of micronutrients in underprivileged communities from Janta colony slum leading to hypothyroidism, fatigue, vitamin deficiency diseases like anemia, skin ailments, low bone density, osteoporosis, etc.

Keeping these agendas in mind, academic classes and community meetings were held to lay emphasis on the importance of micronutrients in a balanced diet

NUTRITION DEMONSTRATION

- The Nutritional demonstration occurred on 17th February, 2023
- Name of the Demonstration- 'Sabu dana (Sago) chaat'
- Sabu dana, also known as tapioca pearl or sago, is a starch extracted from the roots of tapioca and processed into pearl-like spears. It contains a high amount of carbohydrates, making it a fast energy booster.
- Nutritional value per serving (60 gm approx.):
 - Energy - 200 calories
 - Protein - 3.5 gm



CHILDREN UNDER THE NIPP PROGRAM ADOPTED BY DONORS

TOTAL	RED ZONE	YELLOW ZONE	GREEN ZONE
24	9	13	3

- The progress report of the sponsored children regarding the weight and health of the child is sent to each donor every month.
- 17 children of the project Alambana (children of rag pickers) are sponsored. They are part of the NIPP program.

DETAILED PROGRESS REPORT OF NIPP:

- Out of 24 children, 14 children gained weight, 3 children lost their weight (due to illness) and 12 children showed no change in weight (due to cough and cold)



• DEATH DETAILS •

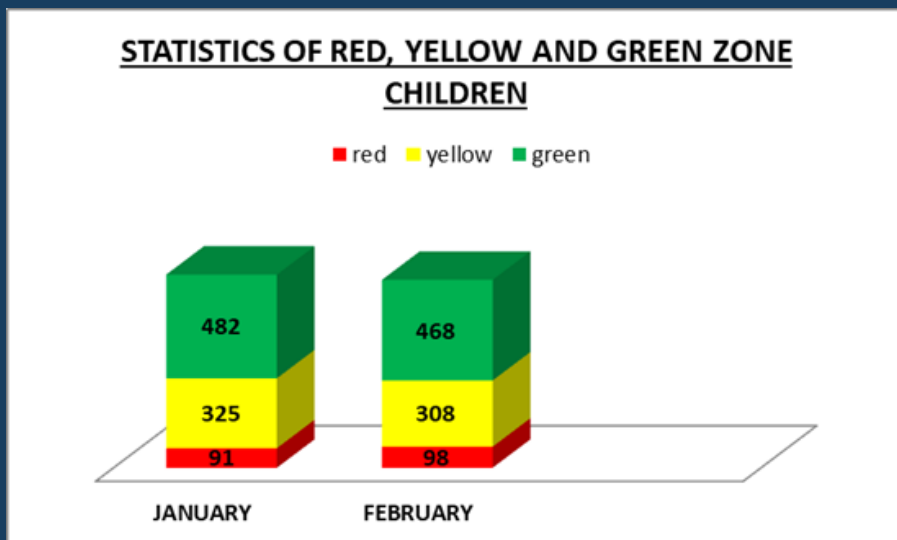
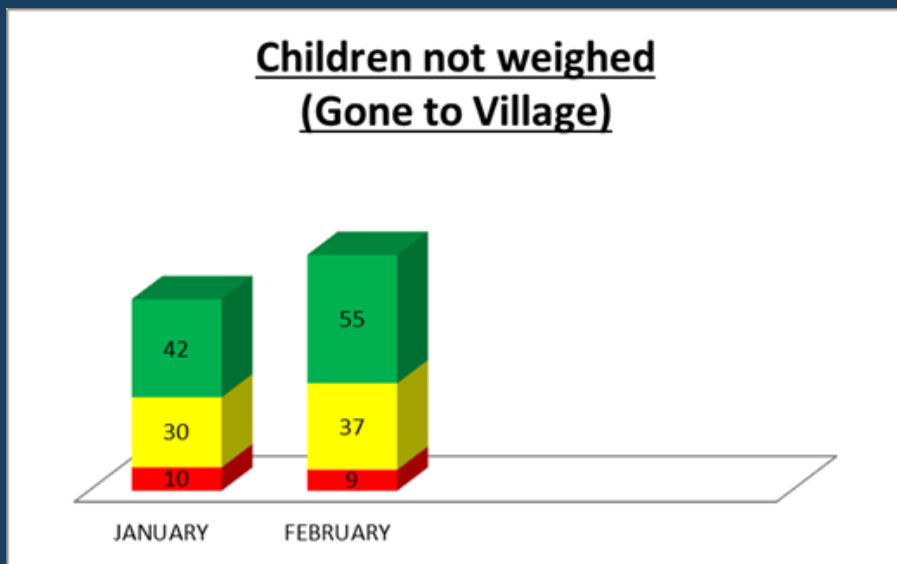
NAME OF THE DECEASED	AGE OF THE DECEASED	GENDER	CAUSE OF DEATH	HEALTH PROMOTER
RAMSWAROOP	70 years	MALE	CARDIAC ARREST	MEENAKSHI
MONU	28 years	MALE	CHRONIC ALCOHOLISM LEADING TO LIVER CIRRHOSIS	LATA CAHDEL



STATISTICS OF MEDICAL PROJECT

Total Number of Population	14631
Total Males	7549
Total Females	7082
Total no. of children	975
Total Red zone children	107
Red zone children Weighed	98
Children not weighed (gone to the village)	9
Total Yellow zone children	345
Yellow zone children weighed	308
Children not weighed (gone to the village)	37
Total Green Zone children	523
Green zone children Weighed	468
Children not weighed (gone to the village)	55

- Total number of children last month: 980
- Children permanently left Janta colony slum: 14
- Deliveries: 8
- Children reached 5 years of age (out of NIPP program of DIR): 16
- New families moved into Janta Colony on rent with children under five: 17
- Total number of children this month: 97



STATISTICS OF RED ZONE CHILDREN

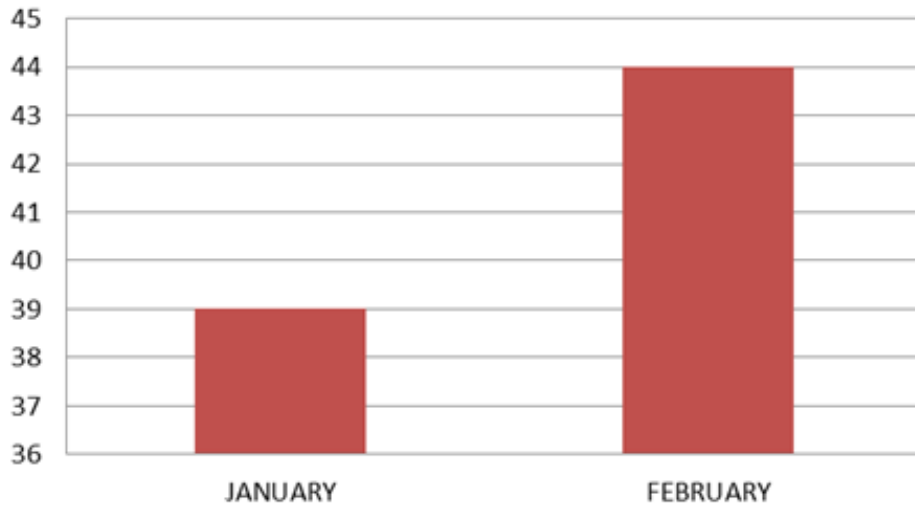
AGE (MONTHS)	CHILDREN	%AGE
0-12	16	1.6
13-24	11	1.1
25-36	22	2.3
37-48	20	2.0
49-60	29	3.0
Total children	975	
Red zone children (weighed)	98	10.0
Children not weighed (gone to village)	9	0.9



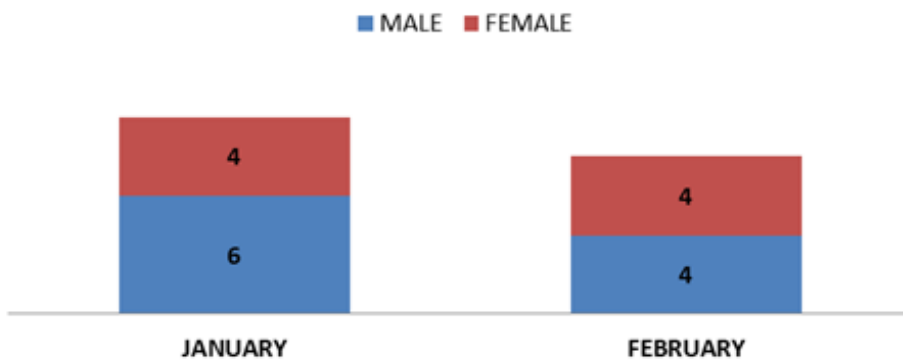
STATISTICS OF PREGNANT MOTHERS AND NEWBORNS

Number of women pregnant last month	39
Number of deliveries	8
Births	Male: 4; Female: 4
Mothers who left Janta Colony	1
Infant death	0
Miscarriages	0
Abortions	0
Newly Pregnant	14
Trimester	1st trimester: 2 2nd trimester: 21 3rd trimester: 21
Number of women present this moth	44

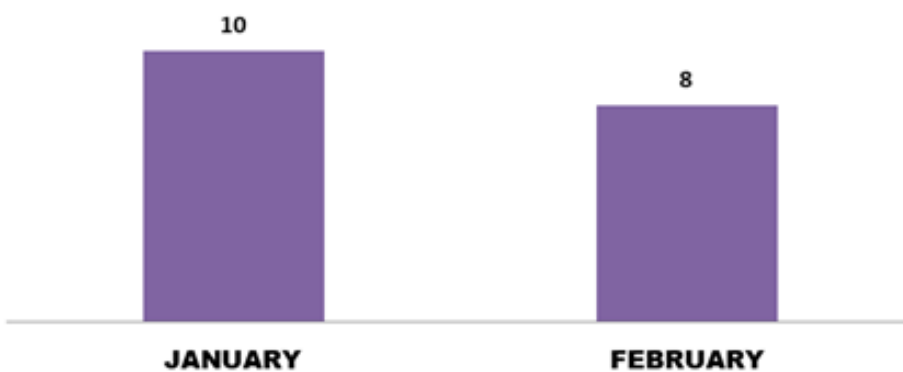
Total number of Pregnant Women



Comparative statistics of Male and Female children born in the month of January and February 2023



Number of Deliveries in the month of January AND February 2023



INCOME GENERATION PROGRAM



The Rose Fest exhibition and Fair took place in Chandigarh. The Enactus Team of Panjab University gave a stall to Tailoring unit of Developing Indigenous Resources India for selling their products. Following products were sold.

- Pouch = 5
- Wall hanging = 1
- Wine bags = 4
- Scrunchies = 28
- Kitchen napkin = 3
- Carry bags = 2
- Laptop bags = 1
- Coin pouch = 1
- Hair band = 2



• HOMEOPATHIC CAMP •

A Homeopathy team of 2 Doctors and Paramedical staff from the Homeopathic Medical College and Hospital of Sector 26, Chandigarh visit twice a week to serve the community with free consultation and medicine.




• EDUCATIONAL PROGRAMS •

SWAD SCHOOL

- Total strength of children in this month is 82.
- This month SWAD students participated in a tree drawing activity with lady fingers and a paper folding activity to make carrots.



	BEST DRESSED	MOST PUNCTUAL	BEST STUDENT	MOST DISCIPLINED
PRE-NURSERY	<p>NITYA</p> 	<p>AYAN</p> 	<p>AKSHITA</p> 	<p>LUCKY</p> 
NURSERY	<p>SHANVI</p> 	<p>ROUNAK</p> 	<p>MANAN</p> 	<p>ARAV</p> 
L.K.G	<p>SAANVI</p> 	<p>KAVNEET</p> 	<p>SOMYA</p> 	<p>ARADHYA</p> 
U.K.G	<p>ANANYA</p> 	<p>NIDHI</p> 	<p>EKTA</p> 	<p>NIHAL</p> 
ALAMBANA	<p>SHIVANI</p> 	<p>KUSUM</p> 	<p>RISHI</p> 	<p>BHUPINDER</p> 

TUITION CLASSES:

Tuition classes are held from 3PM to 5PM every day for Basti children who are studying in Public School in Chandigarh. DIR ensures that every child is given extra coaching to cope up with the standard of education of Public Schools in which they are studying.

In tuition classes, frequent tests are conducted to ensure the child understands and performs outstandingly well in their respective classes.



COMPUTER CLASSES:

Jan Shiksha Sansthan, under the Ministry of skill Development collaborated with DIR India to run computer courses for underprivileged communities, in which women, girls and boys joined the course. The computer course is for 5 months. Currently, two batches are operating of 20 students each. The Morning batch from 10 AM till 1 PM and the Evening Batch operates from 2 PM till 5 PM.

DIR INDIA FEBRUARY HIGHLIGHTS

Dr. Shalini Sahai visited the organization along with her brother Mr. Vaibhav Sahai and sister-in-law Mrs. Krista Lochinsky.



• OUR TEAM •



• OUR CONTACT INFORMATION •

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<u>Mobile No.</u>	+91-9478866412

DIR INDIA BANK DETAILS

IN FAVOR OF	DEVELOPING INDIGENOUS RESOURCES INDIA
BANK	STATE BANK OF INDIA
BRANCH	SECTOR-9, MADHYA MARG, CHANDIGARH-160009
ACCOUNT NO.	37375923235
RTGS/NEFT/IFSC CODE	SBIN0018249
MICR CODE	160002091
INSTAMOJO LINK:	instamojo.com/@dir

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GIVE INDIA	https://fundraisers.giveindia.org/nonprofits/developing-indigenous-resources-india