

Developing Indigenous Resources India



MARCH 2023



• MONTHLY REPORT •



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# CEO'S REPORT FOR March

In India, the financial year ends on March 31st. All accounts are closed, and a new financial year begins on April 1st, 2023. It is a busy month for DIR as well. Besides accounts, many other activities are underway at SWAD School. Due to its popularity and fame, the school is attracting parents for registration and admission.

On Women's Day, we organized a special event, which saw the participation of UKG children from SWAD School of DIR in India and their counterparts from a school in Oviedo, Spain, despite the geographical distance between them. The event involved a virtual exchange of performances, where SWAD School children recited nursery rhymes and tables, while the Spanish children, although not very fluent in English, listened very patiently. This cultural exchange proved to be an enriching experience for the children on both sides, as they were able to learn about each other's cultures and traditions while celebrating the spirit of Women's Day.



SWAD School held the annual exams in the first week of March. Results were announced in the 3rd week of March.

All UKG students of SWAD School got admission in first standard in good schools of Chandigarh.

SWAD School is now busy with Registration and admission of new students. The total strength of children as of date is 80.



# CEO'S REPORT FOR March

Mr. Pritpal Singh visited DIR after a long time and interacted with the Health Promoters to get updates on the medical program. He was excited to see the school children performing the nursery rhyme with action, displaying full confidence and zeal. During his visit, he adopted a malnourished child and a lactating mother, showing his commitment to the welfare of the community.



Colonel VC Katoch and Mrs. Jyoti Katoch, an educationist, visited DIR India for the first time. During their visit, they sponsored the education, clothing, and food of Lakshmi, the daughter of a rag picker under Project Alambana. The couple was delighted to meet Lakshmi in person and were pleased with her academic performance. They expressed their satisfaction with the progress of Lakshmi and appreciated the efforts of the organization in providing education and support to underprivileged children.





# CEO'S REPORT FOR March

The three-month and fifteen-day Beautician course came to an end in March, and a team of two examiners, Mrs. Kavita Thakur and Mrs. Manju from Jan Shiksha Sansthan under the Ministry of Skill Development in Sector 38, Chandigarh, arrived to conduct the final exam. The results of the exam are currently awaited, and the students are eagerly anticipating their performance.



Vitamin A Angels conducted a podcast interview with DIR India, where they discussed the organization's history and its medical training program focused on mother and child health. As a part of their support, Vitamin A Angels provides us with Vitamin A capsules of one lakh units for infants and 2 lakh units for children above one year of age. Additionally, the organization also supplies Deworming medicine Albendazole 400 mg, which is given to children twice a year as worm infestation is common among children in Basti. Their contribution to our cause is invaluable, and we are grateful for their continued support.



# • MEDICAL TRAINING •

In Medical Training, the topics covered are:-

**PSORIASIS:** As in Janta Colony, we saw cases of skin infections, so in this month our medical team came to know of a case of psoriasis disease, so we took a class in the medical training programme for prevention and management of the above disease so to make the people aware of the disease and its preventions.

**MATERNAL HEALTH:** As our NGO focuses on maternal health, which means the health of women during pregnancy, childbirth, and the postnatal period, we took a class on maternal health, which included:

- Antenatal health
- Natal health
- Postnatal health.

**IN COMMITTEE MEETING** following topics were covered: -

- ORS
- TAPEWORM INFECTION
- ANEMIA
- ANTENATAL CHECKUP



The worm infestation is common amongst Basti children. Vitamin A Angels supplies DIR with Albendazole 400mg. Our Health Promoters team does deworming of Basti children every 6 months. Worm infestation is amongst Basti children due to the unhygienic environment in certain areas of Janta Colony.

Anemia and the importance of Antenatal check up of pregnant mothers are important. Classes on these topics are repeatedly done and also discussed in committee meetings. There were cases in the community where women were suffering from these therefore; we held meetings on the prevention of these topics. Along with this, the first trimester is a crucial phase of pregnancy, so we also held meetings on the importance of antenatal visits.





# • NUTRITION TRAINING •

This year 2023 is being celebrated as Millets year. Millets have been traditionally grown in India since ages. Millets contain a good amount of vitamins and minerals. They are highly nutritious and known as super food. Millets are helpful for lowering various diseases viz. diabetes, cholesterol, heart diseases, blood pressure, obesity etc. In the month of March, academic classes included the importance of millets in our daily diet, iodine and dietary management during diabetes.

Dietitians took class on Millets and importance in daily life.

During the field visits, the medical team has observed the iron deficiency symptoms which may cause anemia in the underprivileged communities from Janta colony slum. Keeping in mind the above agenda, community meetings were held to lay emphasis on the incorporation of iron rich foods, in their daily diet.



- Nutritional demonstration on 21st March 2023
- Name of the Demonstration - Besan Ke laddoo.
- Besan or Bengal gram flour is a protein rich flour used for preparing various products like laddoo, burfi, pakoda etc. It contains a good amount of protein and carbohydrates. Besan Ke laddoo is prepared by using ghee, jaggery and dry fruits. So it is rich in energy and protein content.
- Nutritional value per serving (50 gm approx.):
- Energy - 307 calories
- Protein - 8 gm



# CHILDREN UNDER THE NIPP PROGRAM ADOPTED BY DONORS

TOTAL	RED ZONE	YELLOW ZONE	GREEN ZONE
19	9	8	2

- The progress report of the sponsored children regarding the weight and health of the child is sent to each donor every month.
- 17 children of the project Alambana (children of rag pickers) are sponsored. They are part of the NIPP program.
- DETAILED PROGRESS REPORT OF NIPP:
- Total attendance for the month of March was 44, out of which 17 were Rag pickers children under Alambana Project, 19 underprivileged and malnourished children below 5 years of age, 5 Lactating and 3 needy women.
- Out of 19 children, 6 children gained weight, 4 children lost their weight (due to illness) and 9 children showed no change in weight (due to cough and cold).





# • DEATH DETAILS •

NAME OF THE DECEASED	AGE OF THE DECEASED	GENDER	CAUSE OF DEATH	HEALTH PROMOTER
Priya	14 yrs	Female	Lung cancer	Meenakshi
Suraj	38 yrs	Male	liver Cirrhosis	Lata Chandel
Ramsha Devi	62 yrs	Female	H/O Diabetes, Sudden death	Sunita
Subhash	64 yrs	Male	Sudden Death	Sushma

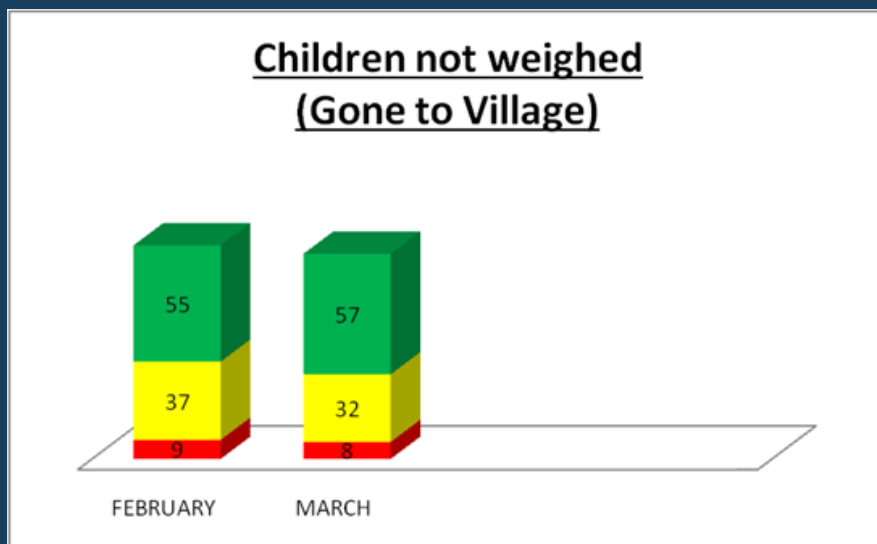
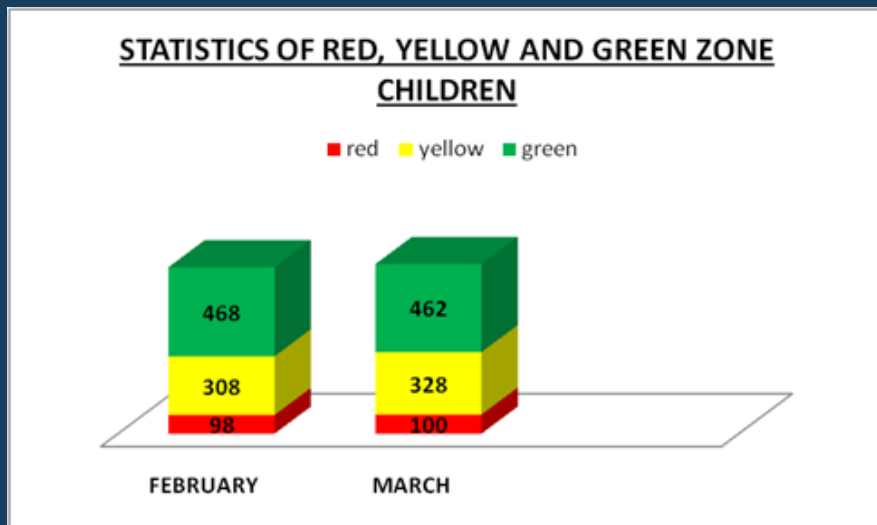


# STATISTICS OF MEDICAL PROJECT

Total Number of Population	14652
Total Males	7558
Total Females	7094
Total no. of children	987
Total Red zone children	108
Red zone children Weighed	100
Children not weighed (gone to the village)	8
Total Yellow zone children	360
Yellow zone children weighed	328
Children not weighed (gone to the village)	32
Total Green Zone children	519
Green zone children Weighed	462
Children not weighed (gone to the village)	57



- Total number of children last month = 975
- Children permanently left Janta colony slum = 10
- Deliveries = 9
- Children reached 5 years of age (out of NIPP program of DIR) = 12
- New families moved into Janta Colony on rent with children under five = 25
- Total number of children this month = 987



# STATISTICS OF RED ZONE CHILDREN

AGE (MONTHS)	CHILDREN	%AGE
0-12	17	1.7
13-24	12	1.2
25-36	21	2.1
37-48	21	2.1
49-60	29	2.9
<b>Total children</b>	<b>987</b>	
<b>Red zone children (weighed)</b>	<b>100</b>	<b>10.1 %</b>
<b>Children not weighed (gone to village)</b>	<b>8</b>	<b>0.8 %</b>



# STATISTICS OF RED ZONE CHILDREN

## DETAILED STATISTICS OF RED ZONE CHILDREN

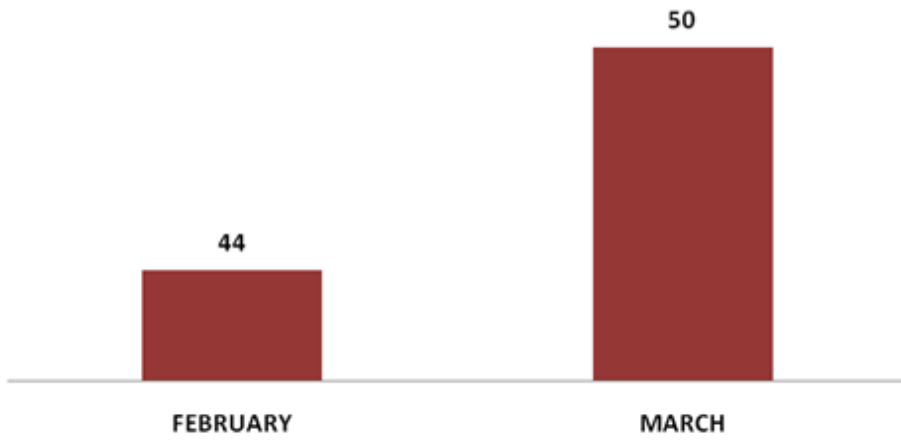
H.P'S NAME	TOTAL CHILDREN	RED ZONE	WEIGHED	GONE TO VILLAGE	WEIGHT GAIN	WEIGHT LOSS	SAME WEIGHT	RIGID FAMILIES	WORKING MOTHERS	FLOATING POPULATION	UNDER 6 MONTH
BANITA	88	12	11	1	3	4	4	3	0	1	1
DIMPLE	76	7	5	2	2	0	3	0	0	5	1
LATA	82	9	9	0	1	2	5	0	1	6	2
MEENAKSHI	100	10	10	0	4	1	5	2	1	1	0
LATA CHAUHAN	85	7	6	1	1	0	5	1	1	2	0
SANGEETA	77	16	16	0	3	9	2	2	2	5	2
LATA CHANDEL	100	11	8	3	0	2	6	0	4	0	0
SUSHMA	94	7	7	0	1	0	4	1	0	2	3
SUNITA	91	6	6	0	3	0	3	0	0	3	0
VEENA	100	11	11	0	7	0	4	1	4	4	1
SANJANA	94	12	11	1	3	4	3	1	0	2	3



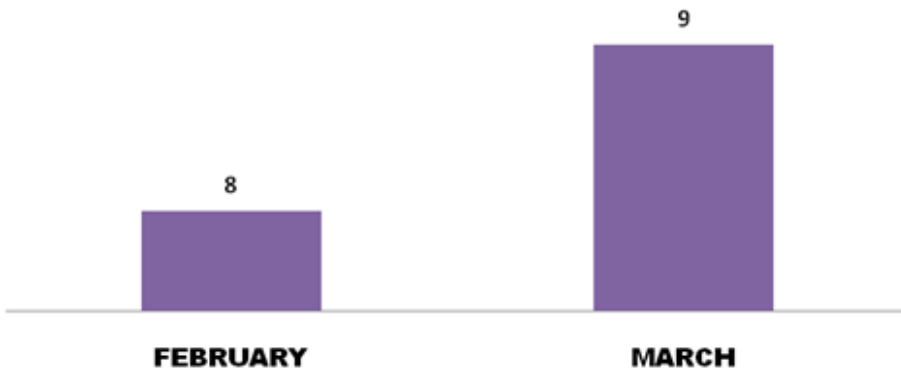
# STATISTICS OF PREGNANT MOTHERS AND NEWBORNS

<b>Number of women pregnant last month</b>	<b>44</b>
<b>Number of deliveries</b>	<b>9</b>
<b>Births</b>	<b>Male: 5; Female: 4</b>
<b>Mothers who left Janta Colony</b>	<b>3</b>
<b>Infant death</b>	<b>0</b>
<b>Miscarriages</b>	<b>0</b>
<b>Abortions</b>	<b>0</b>
<b>Newly Pregnant</b>	<b>18</b>
<b>Trimester</b>	<b>1st trimester: 4 2nd trimester: 32 3rd trimester: 14</b>
<b>Number of women present this moth</b>	<b>50</b>

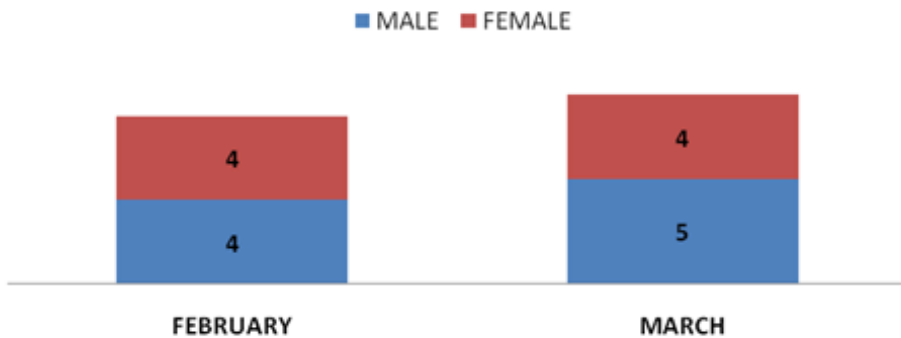
### Total number of Pregnant Women



### Number of Deliveries in the month of February and March 2023



### Comparative statistics of Male and Female children born in the month of February AND March 2023



# INCOME GENERATION PROGRAM

Following products  
were sold

- small carry bag = 1
- reusable sanitary pads = 8



## EDUCATIONAL PROGRAMS

### SWAD SCHOOL

- This month, total strength of the students were 82
- SWAD students participated in Holi festival activities by drawing hand impressions on chart paper along with teachers.
- Annual examinations were held and results were also announced.





	BEST DRESSED	MOST PUNCTUAL	BEST STUDENT	MOST DISCIPLINED
PRE-NURSERY	MISHTI 	MANVI 	AKSHITA 	UDAY 
NURSERY	VIRAJ 	PRIYANSHU 	MANAN 	ANSHIKA 
L.K.G	SRISHTI 	ARADHYA 	SWASTIK 	SHANVI 
U.K.G	SIDHANT 	SONU 	NIHAL 	ANAYNA 
ALAMBANA	SUBHASH 	LAXMI 	RISHI 	SHIVANI 

## TUITION CLASSES:

Tuition classes are held from 3PM to 5PM every day for Basti children who are studying in Public School in Chandigarh. DIR ensures every child is given extra coaching to cope up with the standard of education of Public Schools in which they are studying.

In tuition classes, frequent Tests are taken to ensure the child understands and performs outstandingly well in their respective class.



## COMPUTER CLASSES:

Jan Shiksha Sansthan, under the Ministry of skill Development collaborated with DIR India to run computer courses for underprivileged communities, in which women, girls and boys joined the course. The computer course is for 5 months. Currently two batches are running of 20 students each. Morning batch from 10 AM to 1 PM and evening Batch from 2 PM to 5 PM.

# DIR INDIA MARCH HIGHLIGHTS

Women's day was celebrated by SWAD school children along with Spanish children of kindergarten school through video call. This was organized by Mr. Shahved sir and Dr. Asha Katoch ma'am.



Grocery stores worth rupees 500 were distributed amongst 10 underprivileged mothers from Janta Colony and to Rag Pickers mothers. It was sponsored by Dr. Shailja ma'am on the occasion of her son's, Samanyu birthday.

Col. V C Katoch along with his wife Mrs. Jyoti Katoch paid a visit to the organization and interacted with school children. Col.V C Katoch is sponsoring the education of Rag Picker's daughter Lakshmi. The guests interacted with the medical team to understand the mother and child health education program.





Mr. Pritpal Shergill visited the organization and interacted with school children and the medical team. He sponsored the feeding of 2 NIPP children



Dr. Asha Katoch ma'am had Podcast recording with Vitamin Angels on contribution and impact of Asha ma'am on nutritional improvement of mothers and children under age group of 5 in Janta colony

Jan Shiksha Sansthan affiliated with DIR INDIA to run a Beautician Assistant course for the Basti women. This beautician course does not require any qualification. This is a three and a half months course which finished in the month of March. The two photographs below are of the day of final exam.



Annual Parents Teacher meet was held in SWAD School. Dr. Asha Katoch, CEO. addressed the parents and awarded the outstanding students and Mothers who gave home cooked nutritious food in tiffin.

# • OUR TEAM •



# • OUR CONTACT INFORMATION •

<b><u>DIR- India Center:</u></b>	705-C Adarsh Nagar, Nayagaon, SAS Nagar, Mohali
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<b><u>Mobile No.</u></b>	+91-9478866412

## DIR INDIA BANK DETAILS

IN FAVOR OF	DEVELOPING INDIGENOUS RESOURCES INDIA
BANK	STATE BANK OF INDIA
BRANCH	SECTOR-9, MADHYA MARG, CHANDIGARH-160009
ACCOUNT NO.	37375923235
RTGS/NEFT/IFSC CODE	SBIN0018249
MICR CODE	160002091
INSTAMOJO LINK:	<a href="https://www.instamojo.com/@dir">instamojo.com/@dir</a>

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 TWITTER	<a href="https://twitter.com/@dirdotngo">twitter.com/@dirdotngo</a>
 YOUTUBE	<a href="https://www.youtube.com/channel/UCvjksGNLMLNLR6ji-7_kQPg">https://www.youtube.com/channel/UCvjksGNLMLNLR6ji-7_kQPg</a>
GIVE INDIA	<a href="https://fundraisers.giveindia.org/nonprofits/developing-indigenous-resources-india">https://fundraisers.giveindia.org/nonprofits/developing-indigenous-resources-india</a>