



Developing Indigenous Resources India

OCTOBER 2022



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CEO'S REPORT FOR OCTOBER

DIR INDIA celebrated the Annual Day function on 20th October 2022 in honour of Doris and Susi.

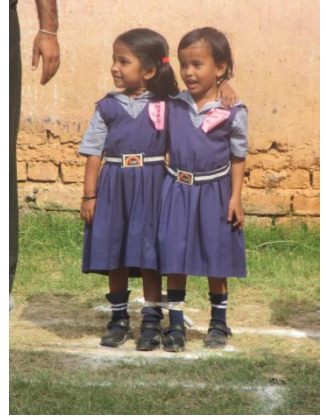
Doris and Susi, from Switzerland have been associated with this organization since 2010 when they were living in Patiala. Their respective husbands, both Scientist, were working in a research Laboratory of artificial insemination of Punjab Government.

It is heartening to see the deep involvement of Doris and Susi who have visited DIR INDIA three times since 2017 to see the progress and growth of the organization. Their encouraging words and appreciation to DIR Team is great motivation for the staff to keep up the good work

On Annual sports day there was a good gentry, Lt. Gen. Ranjan Shankar Gosh, Ex-Army Commander of Western Command, Major General Virender Kumar, Col.& Mrs IPS Brar, NCC Cadets with Adm. Commandant and many other dignitaries appreciated the March Past, PT Display, Races and cultural activities of dance and play .

Majority of the guests on sports day were donors. During the Lockdown period, many Donors amongst them donated extra funds to feed the underprivileged community as most of the labourers livelihood is dependent on daily wages.

On behalf of the DIR INDIA, I want to thank each guest with folded hands to grace the occasion and boosting the Moral of children and DIR Team.



MEDICAL TRAINING

October marks the end of the monsoon season in India and the return of warm, sunny days. Average daytime temperatures range from 20°C. October the weather in India varies depending on which region you visit, but most parts of the country are getting drier as the monsoon season comes to an end.

The most common fall illness is the seasonal flu. Immune system performance lowers during the autumn months due to temperature drops, increased rain and humidity, and lack of Vitamin D. This increases our susceptibility to the influenza virus, which causes the flu.

Fall is the peak time for many viral illnesses, as the cold weather can suppress your immune system and increase your vulnerability to infections. Viral infections are easily transmitted and can be dangerous for the elderly, young children, and those with poor immune systems. Prevention is the best way to protect yourself from any transmittable illnesses or infections during the autumn season.

- Common Cold. Common cold can affect anyone at any time, but fall is the peak time.
- Flu
- Sore Throat
- Corona virus
- Acute Ear Infections
- Acute Bronchitis
- Arthritis

The Medical Team of DIR INDIA holds committee meetings to generate awareness and demonstrate preventive methods on seasonal flu and other ailments



NUTRITION TRAINING

Autumn, also known as the fall season, is a remarkable climatic shift that we Indians welcome with open arms. The slight chill in the evening air and the warm heat during the days make this season more agreeable. This season marks the transition from summer to winter, and as a result, many changes in environmental conditions occur. And, what better way to observe the changing seasons than by eating seasonally Beans, Beetroot, Broccoli, Cabbage, Capsicum, Carrot, Cauliflower, Celery, Chilies, Corn, Cucumber, Eggplant, Kale, Leeks, Lettuce, Onions, Pak Choy, Parsley, Peas, Pumpkins, Spinach, Spring Onion, and Tomatoes. Brussels Sprouts, Parsnips, Potatoes, Silver beet, Sweet Potatoes, and Zucchini are also in season appropriate fruits in India

Nutritional training included these agendas in academic and committee meetings for public awareness. The academics included class on the importance of seasonal fruits and vegetables, importance of and breastfeeding. Breastfeeding is one of the most effective ways to ensure child health and survival. For a baby, breast milk is best. It has all the necessary vitamins and minerals. Infant formulas are available for babies whose mothers are not able to or decide not to breastfeed. Infants are usually ready to eat solid foods at about 6 months of age.



STATISTICS OF CHILDREN UNDER THE NIPP PROGRAM ADOPTED BY DONORS

<u>TOTAL</u>	<u>RED ZONE</u>	<u>YELLOW ZONE</u>	<u>GREEN ZONE</u>
<u>22</u>	<u>8</u>	<u>13</u>	<u>1</u>

- 19 children of Alambana project (Rag Pickers children) are sponsored by donors for education and feeding. They are served breakfast and lunch.
- The progress report of 22 NIPP children, 8 children gained weight in the month of October. 3 children lost weight due to diarrhoea and fever (Impact of monsoon weather) and 11 children have the same weight due to chest congestion and fever



DEATH DETAILS

NAME OF THE DECEASED	AGE OF DECEASED (YEARS)	GENDER	CAUSE OF DEATH	HEALTH PROMOTER
OMPAL	65Y	MALE	CARDIAC ARREST	SANGEETA
TRIBHUVAN	56Y	MALE	CARDIAC ARREST WITH HISTORY OF HYPERTENSION AND ASTHMA	BANITA
JODHA RAM	80Y	MALE	CHRONIC DIABETES AND MULTIPLE ORGAN FAILURE	LATA GOSAIN
ALI	32Y	MALE	LIVER CIRRHOSIS	SUSHMA



STATISTICS OF MEDICAL PROJECT

Total Number of Population	14771
Total Males	7623
Total Females	7148
Total no. of children	984
<u>Total Red zone children</u>	113
Red zone children Weighed	108
Children not weighed (gone to the village)	5
<u>Total Yellow zone children</u>	348
Yellow zone children weighed	315
Children not weighed (gone to the village)	33
<u>Total Green Zone children</u>	523
Green zone children Weighed	476
Children not weighed (gone to the village)	47

Total number of children last month = 995

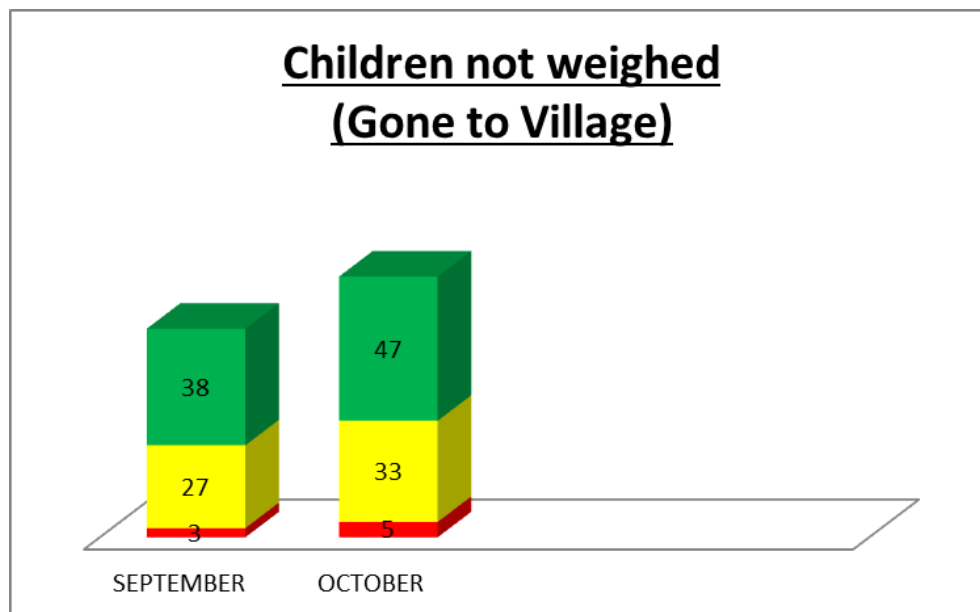
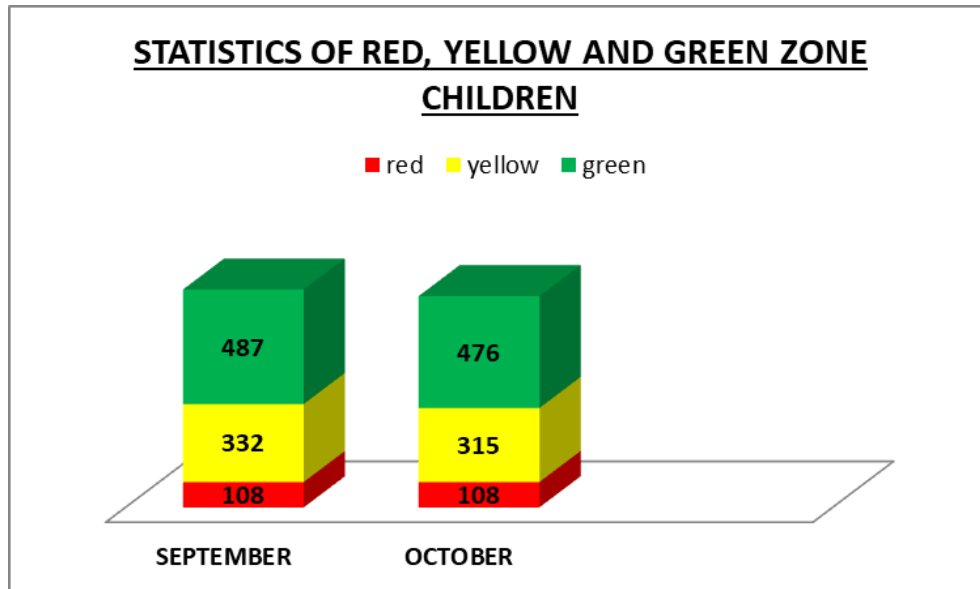
Children permanently left Janta colony slum = 17

Deliveries = 12

Children reached 5 years of age (out of NIPP program of DIR) = 20

New families moved into Janta Colony on rent with children under five = 14

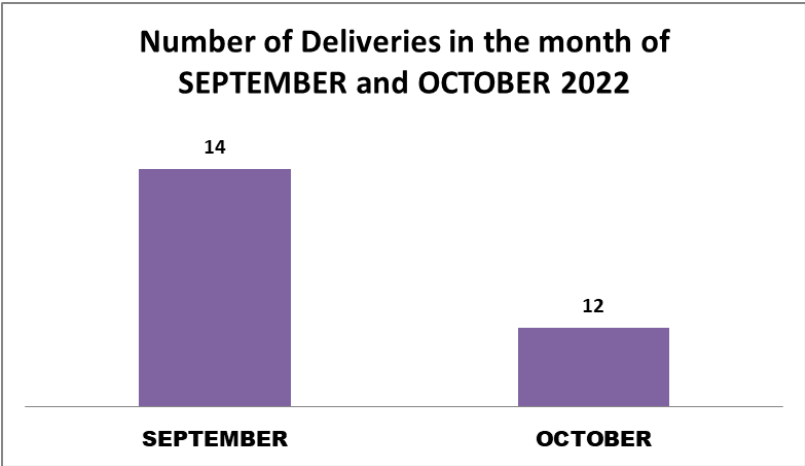
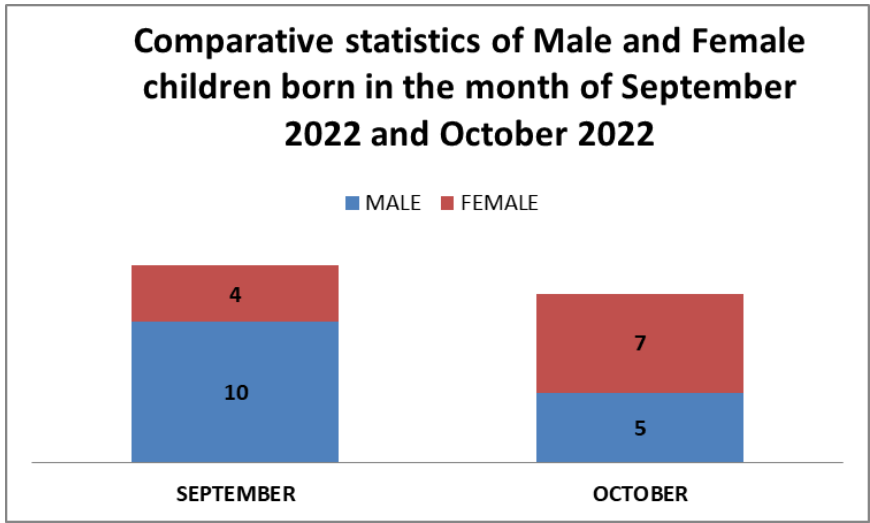
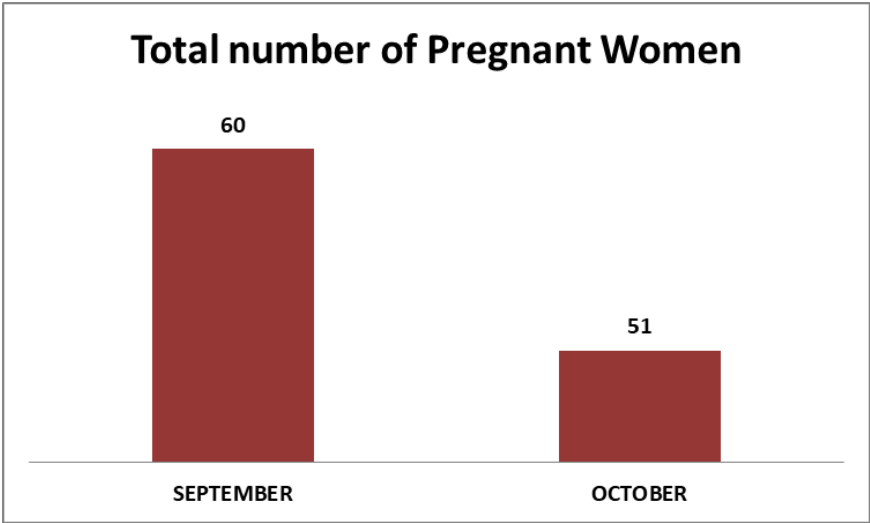
Total number of children this month = 984



STATISTICS OF RED ZONE CHILDREN

Age (Months)	Children	%Age
0-12	17	1.7
13-24	15	1.5
25-36	22	2.2
37-48	27	2.7
49-60	27	2.7
Total children	984	
Red zone children (weighed)	108	11%
Children not weighed (gone to the village)	5	0.5%





STATISTICS OF PREGNANT MOTHERS AND NEWBORN

<u>Number of women pregnant last month</u>	<u>60</u>
<u>Number of deliveries</u>	<u>12</u>
<u>Births</u>	<u>Male: 5; Female: 7</u>
<u>Mothers who left Janta Colony</u>	<u>0</u>
<u>Infant death</u>	<u>0</u>
<u>Miscarriages</u>	<u>1</u>
<u>Abortions</u>	<u>1</u>
<u>Newly Pregnant</u>	<u>5</u>
<u>Trimester</u>	1 st trimester: 1 2 nd trimester: 19 3 rd trimester: 31
<u>Number of women pregnant this month</u>	<u>51</u>

INCOME GENERATION PROGRAM

❖ Our Tailoring team of HPs stitched:

- bag = 10
- pad = 70

❖ Items sold:

- Pads = 4
- scrunchies = 5
- bag = 2
- pencil pouch = 1



HOMEOPATHIC CAMP:

On every Wednesday of the month, Homeopathy team of 2 Doctors and Paramedical staff from Homeopathic Medical College and Hospital of sector 26, Chandigarh held 1 camp.

- Total patients = 5
- Male = 1
- Female = 4
- Ailments =
 - acne
 - gastritis
 - gastroenteritis
 - amenorrhea
 - skin allergy



EDUCATIONAL PROGRAMS:

● SWAD SCHOOL

Total strength of students in this month is 91

- Two important events in October
- Dussehra festival celebration
- Annual sports day and cultural activities held on 20th of October



● TUITION CLASSES:

DIR runs evening Tuition classes for Basti children from 3PM to 5PM. All alumni of SWAD School children who study in Public Schools of Chandigarh are given extra coaching to keep abreast with the syllabus and education standard of Public Schools. The standard of teaching is excellent, as each child gets individual attention.



DIR INDIA HIGHLIGHTS OF THE MONTH

- 4th October - SWAD School celebrated Dussehra festival along with the medical team by burning Ravan's effigy and distributing sweets.



- 20th October - Sports day and cultural event celebrated by DIR-INDIA



AGENDA POINTS FOR THE MONTH OF OCTOBER:

- Close monitoring of red-zone children by each HP to bring down the percentage of red zone children.
- Identifying new migrant underprivileged families if any to work on their health status.
- Identifying children under five years of age, who are financially weak to include them in our Nipp program and improve the health of both mother and child.

OUR TEAM



CONTACT INFORMATION

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DIR INDIA BANK DETAILS

IN FAVOR OF	DEVELOPING INDIGENOUS RESOURCES INDIA
BANK	STATE BANK OF INDIA
BRANCH	SECTOR-9, MADHYA MARG, CHANDIGARH-160009
ACCOUNT NO.	37375923235
RTGS/NEFT/ FSC CODE	SBIN0018249
MICR CODE	160002091
INSTAMOJO LINK:	instamojo.com/@dir

❖ Please follow us on our Social Media Accounts

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FACEBOOK	https://www.facebook.com/dir
TWITTER	twitter.com/@dirdotngo
YOUTUBE	https://www.youtube.com/channel/UCyjksGNLMLNLR6ji-7_kQPg
GIVE INDIA	https://fundraisers.giveindia.org/nonprofits/developing-indigenous-resources-india