



Developing Indigenous Resources India

DECEMBER 2022

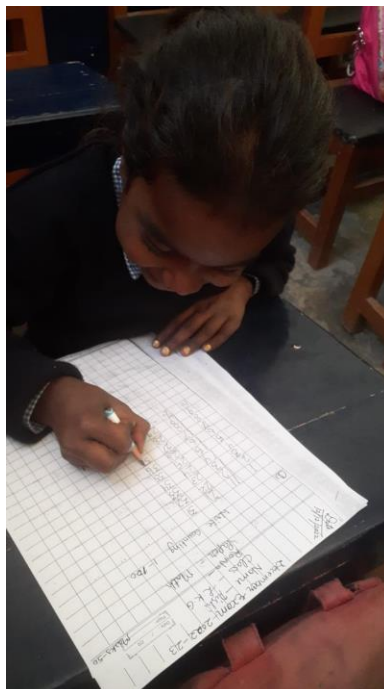


<u>S.NO.</u>	<u>TITLE</u>
1.	CEO REPORT
2.	MEDICAL TRAINING
3.	NUTRITION TRAINING
4.	NUTRITIONAL DEMONSTRATION
5.	NUTRITION IMPROVEMENT PRIORITY PROGRAM
6.	STATISTICS OF CHILDREN UNDER THE NIPP PROGRAM
7.	DEATH DETAILS
8.	STATISTICS OF MEDICAL PROJECT
9.	STATISTICS OF THE RED ZONE CHILDREN
10	STATISTICS OF PREGNANT MOTHERS AND NEWBORN
11.	INCOME GENERATION PROGRAM
12.	CHILD ACTIVIST PROGRAM
13.	HOMEOPATHIC CAMP
14.	EDUCATIONAL PROGRAMS
15.	DIR-INDIA DECEMBER HIGHLIGHTS
16.	AGENDA POINTS
17	OUR TEAM AND CONTACT INFORMATION

CEO'S REPORT FOR DECEMBER

December reminds us of the end of the year 2022. When one looks back, DIR has come a long way in introducing many new projects for underprivileged communities.

Amongst them Project Alambana is successful and gained popularity. Mothers of Rag Pickers children are happy and pleased to see the growth and confidence in their children. In Academics their performance is good.



Grazitti Interactive, a software company sponsored Christmas celebration. Santa Claus gave woolen Caps and woolen socks along with sweets to all children.



Nexus Elante company donated 250 blankets to needy families of Janta colony.



USA board member Mr. Rakesh Blokhra visited the organization along with his mother. Mr. Rakesh enjoyed the interaction with SWAD school children. Later he played the guitar and sang songs for the kids.



Dr.Arvind, Director of Jan Shiksha Sansthan, under the Ministry of Skill Development collaborated with DIR INDIA.

Computer classes and Beautician classes are being run by Jan Shiksha Sansthan for Basti Girls and Women of Janta Colony slum in DIR. It is a part of the Women Empowerment program which will help them for job opportunities and also give social security to earn livelihood.



MEDICAL TRAINING

DIR INDIA's prime project is to bring down the Infant Mortality rate and maternal mortality Rate.

Education of Reproductive systems is extremely important to understand human physiology and chemistry of hormones which helps in development of Fetus in womb.

In committee meetings Health Promoters explain about pregnancy in simple language to make the mothers, young girls and mother-in-laws understand the importance of Antenatal checkups by a Professional in Hospital followed by blood tests and ultrasound In last 16 years DIR has achieved 100% hospital deliveries amongst women who deliver in Chandigarh. Small %age of women go to their parents' house or village for delivery.

Academic classes on the Skeletal System were repeated for new Health Promoters.



NUTRITION TRAINING

In winter, generally most of the children have an appetite which helps them to gain weight. This is the season when green leafy vegetables are abundant and are reasonably priced in the market.

Topics covered in Academic are water soluble Vitamins and fat-soluble vitamins along with micronutrients and macronutrients.

Green leafy vegetables like spinach, mustard leaves, fenugreek, coriander leaves etc. are rich sources of vitamins and minerals.

In Pregnancy, these vegetables are essential for the proper growth and functioning of the body of the fetus.



NUTRITIONAL DEMONSTRATION

In the month of December Nutritional demonstration was done on the low-cost high calorie high protein diet. *Gajar ke chawal*, **carrots cooked in rice.**

Gajar ke chawal is made up of rice with grated carrot, sugar and ghee. Carrot is a rich source of vitamins and minerals. It is good for pregnant women, lactating mothers and children. It is good for anemic patients and pregnant women.

Nutritional value per serving (100g)

Energy - 105 Kcal

Protein - 2 gm



STATISTICS OF CHILDREN UNDER THE NIPP PROGRAM ADOPTED BY DONORS

<u>TOTAL</u>	<u>RED ZONE</u>	<u>YELLOW ZONE</u>	<u>GREEN ZONE</u>
<u>22</u>	<u>8</u>	<u>11</u>	<u>3</u>

- 19 children are of Rag Pickers in Alambana project to whom we are giving breakfast and lunch in the afternoon under the NIPP program.
- Out of 22 children, 9 children gained weight in the month of December.
- 4 children lost weight due to illness. Chest congestion and fever (Impact of Cold wave).
- 10 children have the same weight due to cold and fever.



DEATH DETAILS

NAME OF THE DECEASED	AGE OF DECEASED (YEARS)	GENDER	CAUSE OF DEATH	HEALTH PROMOTER
RAHUL	25	MALE	ROAD ACCIDENT	VEENA
MARTAVADAN	70	MALE	CARDIAC ARREST	MEENAKSHI
SHANTI	65	FEMALE	LIVER DAMAGE	SUNITA
GULAB	42	MALE	PNEUMONIA	SANGEETA
BALBIRI	80	FEMALE	DIABETES	LATA CHANDEL



STATISTICS OF MEDICAL PROJECT

Total Number of Population	14621
Total Males	7537
Total Females	7084
Total no. of children	975
<u>Total Red zone children</u>	99
Red zone children Weighed	95
Children not weighed (gone to the village)	4
<u>Total Yellow zone children</u>	363
Yellow zone children weighed	333
Children not weighed (gone to the village)	30
<u>Total Green Zone children</u>	513
Green zone children Weighed	462
Children not weighed (gone to the village)	51

Total number of children last month = 984

Children permanently left Janta colony slum = 16

Deliveries =14

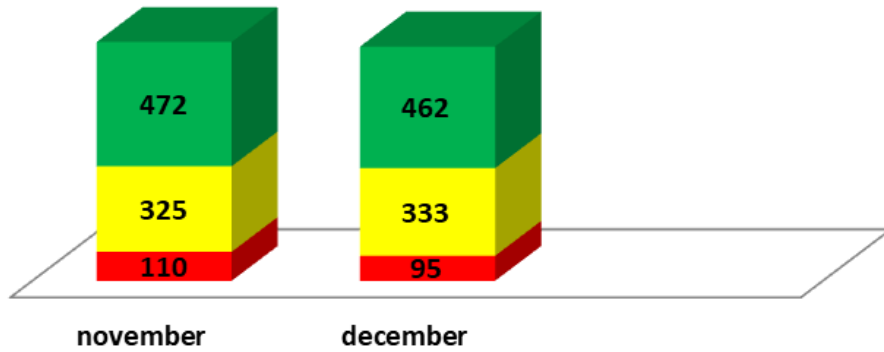
Children reached 5 years of age (out of NIPP programme of DIR) = 18

New families moved into Janta Colony on rent with children under five =11

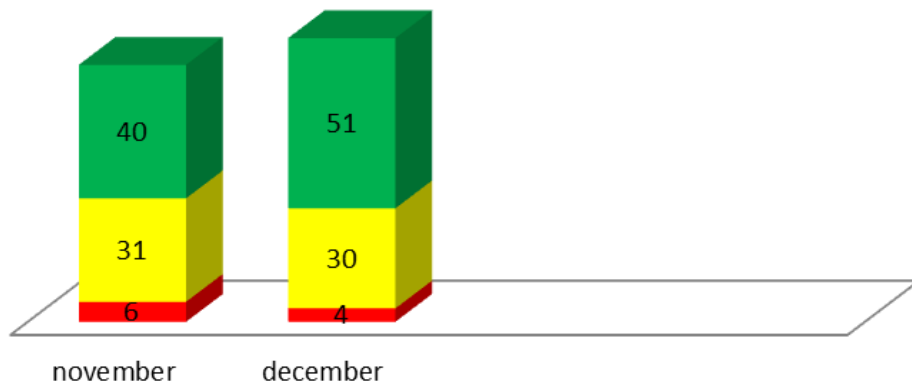
Total number of children this month = 975

STATISTICS OF RED, YELLOW AND GREEN ZONE CHILDREN

■ red ■ yellow ■ green



Children not weighed (Gone to Village)

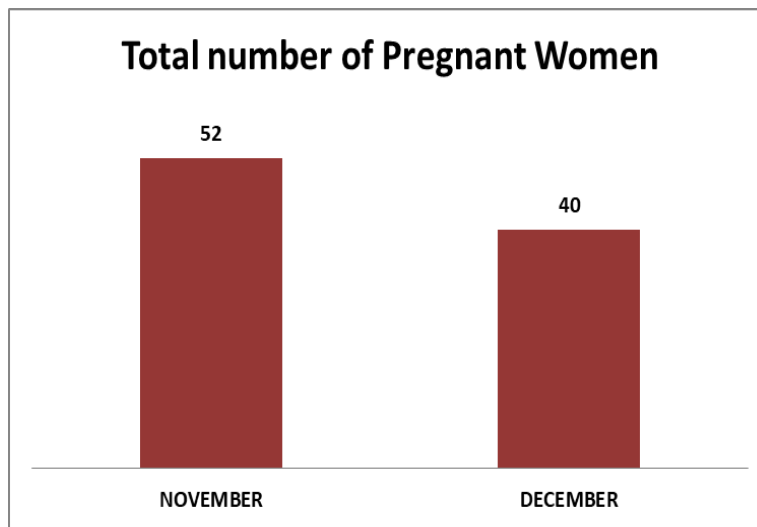


STATISTICS OF RED ZONE CHILDREN

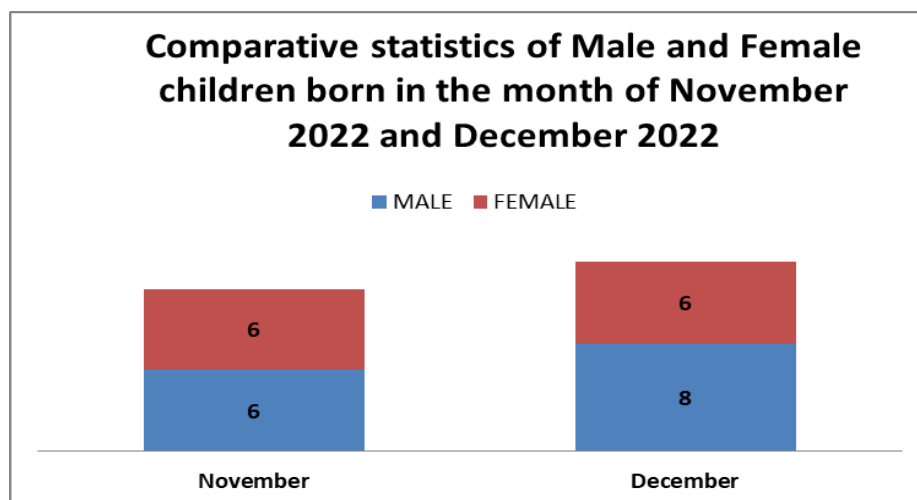
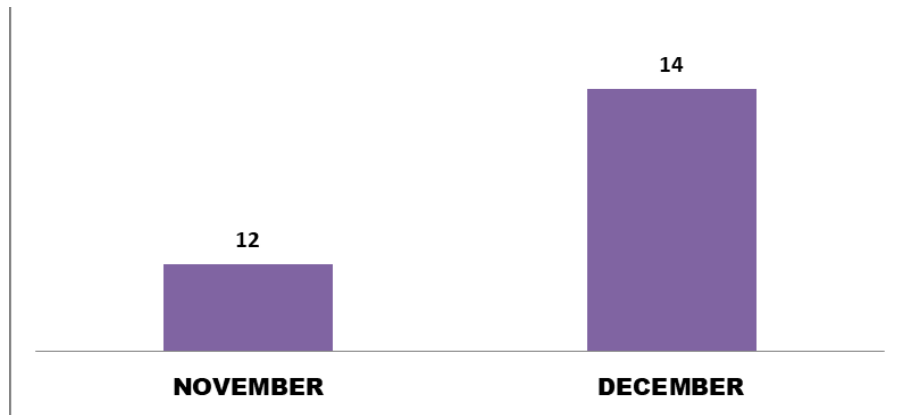
Age (Months)	Children	%Age
0-12	19	2.0
13-24	8	0.8
25-36	18	1.8
37-48	24	2.5
49-60	26	2.7
Total children	975	
Red zone children (weighed)	95	9.8%
Children not weighed (gone to the village)	04	0.4%

DETAILED STATISTICS OF RED ZONE CHILDREN

H.P'S NAME	TOTAL CHILDREN	RED ZONE	WEIGHED	GONE TO VILLAGE	WEIGHT GAIN	WEIGHT LOSS	SAME WEIGHT	RIGID FAMILIES	WORKING MOTHERS	FLOATING POPULATION	UNDER 6 MONTH	
BANITA	97	12	12	0	5	3	4	3	0	2	1	
MANSI	74	9	9	0	4	4	0	1	0	4	2	
LATA	79	7	7	0	2	3	2	0	1	3	2	
MEENAKSHI	98	10	9	1	3	1	4	3	1	3	1	
LATA CHAUHAN	84	9	9	0	2	1	6	1	0	5	1	
SANGEETA	74	12	12	0	6	2	3	2	1	4	1	
LATA CHANDEL	93	12	11	1	5	1	5	1	3	0	4	
SUSHMA	96	7	6	1	1	1	3	0	1	3	2	
SUNITA	91	6	6	0	0	4	2	1	0	3	0	
VEENA	103	7	7	0	2	3	2	1	1	4	0	
SANJANA	86	8	7	1	1	4	2	0	0	4	0	



- Number of Deliveries in the month of November and December 2022



STATISTICS OF PREGNANT MOTHERS AND NEWBORN

<u>Number of women pregnant last month</u>	<u>52</u>
<u>Number of deliveries</u>	<u>14</u>
<u>Births</u>	<u>Male: 8; Female: 6</u>
<u>Mothers who left Janta Colony</u>	<u>0</u>
<u>Infant death</u>	<u>0</u>
<u>Miscarriages</u>	<u>0</u>
<u>Abortions</u>	<u>0</u>
<u>Newly Pregnant</u>	<u>3</u>
<u>Trimester</u>	1 st trimester: 1 2 nd trimester: 8 3 rd trimester: 31
<u>Number of women pregnant this month</u>	<u>40</u>

INCOME GENERATION PROGRAM

❖ Our Tailoring team of HPs stitched:

- masks = 10
- pouch = 170
- scrunchies = 220
- hair band = 38
- kitchen napkin = 30
- wall hangings = 20
- carry bags = 23

DIR India tailoring team participated in Three day Chandigarh Urban Festival (CUF) exhibition, which was organized from 16th to 18th December at Capitol Complex, sector 1.

Sale of DIR Tailoring items were good.



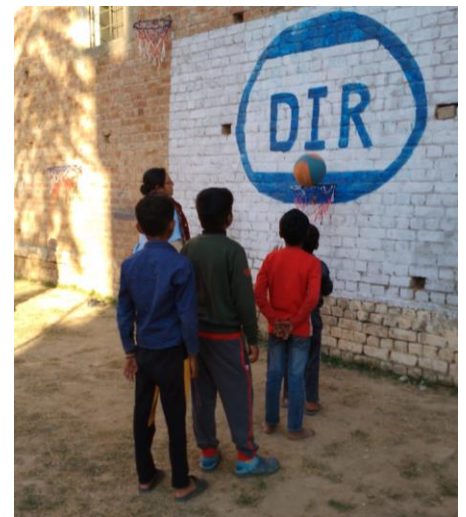
CAP PROGRAMME:

In the Child Activist Program, the total number of 30 children participated in all activities.

Topics covered were:-

1. **ORS:** How to make ORS at Home in case of Dehydration.
2. **Protein:** Importance of protein enriched diet.
3. **Hand washing:** Took classes on six main steps of hand washing technique. Extremely important
4. **Vitamin A:** Took classes on the importance of Vitamin A .

All the above medical topics were covered, and then children were made to play games in which these topics were added to assess the knowledge. CAP training clarified the concept amongst children.



EDUCATIONAL PROGRAMS:

● SWAD SCHOOL

This month's activities were paper folding crafts to make Christmas caps and Christmas trees with craft paper.



CLASS	BEST DRESSED	PUNCTUAL	BEST BEHAVIOUR	ACADEMIC GROWTH
PRE-NURSERY	<p>UDAY</p> 	<p>MANVI</p> 	<p>KIAAN</p> 	<p>ASHISH</p> 
NURSERY	<p>VANIYA</p> 	<p>PRIYANSHU</p> 	<p>ANKITA</p> 	<p>NAVYA</p> 
L.K.G	<p>SRISHTI</p> 	<p>ASTHA</p> 	<p>VANYA</p> 	<p>SNEHA</p> 
U.K.G	<p>NIDHI</p> 	<p>NIHAL</p> 	<p>MEHAK</p> 	<p>SIDHANT</p> 
ALAMBANA	<p>SANDEEP</p> 	<p>SHIVANI</p> 	<p>RISHI</p> 	<p>SAKEENA</p> 

● TUITION CLASSES:

Tuition classes are held from 3PM to 5PM every day for Basti children who are studying in Public School in Chandigarh. DIR ensures every child is given extra coaching to cope up with the standard of education of Public Schools in which they are studying.

In tuition classes, frequent Tests are taken to ensure the child understands and performs outstandingly well in their respective class.



● COMPUTER CLASSES:

Ministry of skill development, Jan Shiksha Sansthan collaborated with DIR India to run computer classes for underprivileged basti girls and boys. This computer course is of 5 months. Currently we have two batches of 20 students each. Morning batch from 10 AM to 1 PM and evening Batch from 2 PM to 5 PM.



DIR INDIA HIGHLIGHTS OF THE MONTH

- Ministry of skill development, Jan Shiksha Sansthan collaborated with DIR India to run Beautician classes for underprivileged basti girls. The Beautician course is for 45 days. Anyone is eligible for this course as there is no qualification required to do this course. Mastering this skill will give more job opportunities to a woman.



- Grazitti Interactive, a software company sponsored the Christmas celebrations. Santa Claus gave woolen caps and socks to all school children along with sweets.



- Team from Nexus Elante donated - blankets amongst the underprivileged community of Janta colony slum.



- USA board member Mr. Rakesh Blokhra visited the organization along with his mother. Mr. Rakesh enjoyed the interaction with SWAD school children. Later he played a guitar and sang songs for the children.



AGENDA POINTS FOR THE MONTH OF JANUARY:

- Close monitoring of red-zone children by each HP.
- Identifying underprivileged families where both the parents are working and their eldest daughter is babysitting the younger siblings thus depriving the girl child from education.

OUR TEAM



CONTACT INFORMATION

DIR-India
CENTER:

705-C Adarsh Nagar, Nayagaon,
SAS Nagar, Mohali

EMAIL:

admin@dir.ngo,
ceo@dir.ngo

Phone No.

0172-5034227

Mobile No.

+91-9478866412

DIR INDIA BANK DETAILS

IN FAVOR OF	DEVELOPING INDIGENOUS RESOURCES INDIA
BANK	STATE BANK OF INDIA
BRANCH	SECTOR-9, MADHYA MARG, CHANDIGARH-160009
ACCOUNT NO.	37375923235
RTGS/NEFT /IFSC CODE	SBIN0018249
MICR CODE	160002091
INSTAMOJO LINK:	instamojo.com/@dir

❖ Please follow us on our Social Media Accounts

INSTAGRAM	https://www.instagram.com/DIR
FACEBOOK	https://www.facebook.com/dir
TWITTER	twitter.com/@dirdotngo
YOUTUBE	https://www.youtube.com/channel/UCvjksGNLMLNLR6ji-7_kQPg
GIVE INDIA	https://fundraisers.giveindia.org/nonprofits/developing-indigenous-resources-india