

Developing Indigenous Resources India



July 2023
Report

INFORMATION

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REGISTERED IN CHANDIGARH AS CHARITABLE TRUST
NUMBER – 3541

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REGISTERED WITH MINISTRY OF CORPORATE AFFAIRS

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CEO'S REPORT FOR JULY

Saraswati is a goddess of knowledge. After one month's summer vacation in June, our little Angels came back to school with full excitement charged with energy. DIR INDIA premises were once again bubbling with life. Teachers performed Saraswati pooja and each child soaked their hands in soft colors of red or pink or green and put their hand print on white cloth with their respective names written in between the hands as a memory. These children, once they are adults they can come to visit Swad school to see how tiny they were when their journey started in life to grow physically and intellectually to the age they are in. Our future heroes of the Nation.



In today's life Mental stress followed by Depression is common amongst people in society. Introducing Heartfulness meditation of Sahaj Marg to the DIR Team. Ms. Neera Ji, perceptor, wife of Brigadier Kuljit Singh volunteered to initiate the entire team. This was a 3 day session, relaxation, cleaning and meditation.



On the first day Ms Neera introduced the team on how to relax one's body. On the second day of the class the training was on how to get rid of your negative thoughts. The third class was on meditation. Our President Shashi Prabha and her daughter, Aditi also attended the session on the third day.



In the third class , Perceptor Neera laid emphasis on how to build your will power by focusing towards one goal which is the cosmic energy within oneself. This programme was highly appreciated and enjoyed by the entire DIR INDIA team. HP's are practicing it daily and they are appreciating the difference in their attitude and personality. Our sincere thanks to Ms.Neera ji for all her efforts of sharing her experiences of life which transformed her into a personality that she is today. Neera attended to each staff member in person and guided them.



Vermicompost is extremely important to save the environment. Jyoti sent her staff for a demo to the Basti women, guiding them how kitchen waste can be processed into manure without any foul smell. It was a two hour workshop. Our thanks to Jyoti as she donated two sets of earthenware pots to DIR INDIA. Manure made can be used for plants or it is sold in the market for Rs 100 per KG. Jyoti agreed to give these earthenware pots at a nominal rate and payment can be made in installments.



MEDICAL TRAINING

As our NGO Project focuses primarily on Maternal and Child Health, our priority is more on Monitoring and Counseling of the pregnant, lactating mothers and their Children.

In July, the topics covered in academics and field work were focused on the topic of clinical examination of patients, particularly mothers, so that Health Promoters would understand how to examine mothers on the ground.

In Committee Meetings topic covered:

1. Eye Flu.
2. Personal hygiene
3. Education on Pregnancy, importance of diet and importance of Folic Acid in the first trimester .



July and July and August, is a wet climate due to monsoons. The humidity is very high. Eye flu is widespread in these months. Prevention of Eye flu was one of the important topics which was discussed in committee meetings. How does Eye Flu occur and what are the preventive measures.

Our main agenda of our medical program is on Mother and Child health. One of the important points that is always discussed is the importance of health and hygiene in Pregnancy. Role of good nutritious diet and supplements during pregnancy. Regular checkups in hospitals and immunization.

NUTRITION TRAINING

During the month of July, in field work cases of diarrhoea and fever were seen both in Janta Colony and Safeda colony slum. The academic classes included the topics mentioned below :-

1. Dietary management during diarrhoea
2. Basic nutrients required by our body
3. Importance of balanced diet to prevent diseases

In committee meetings, the field women are explained how to manage diarrhoea with the help of a balanced diet, medicine, dietary supplements and regular check ups by Professional doctors.



NUTRITIONAL DEMONSTRATION

Nutritional demonstration on 17th July 2023.

Name of the Recipe - Nutritious sprouted Moong dal chaat.

Sprouts are called wonder food due to its nutrient and variety of benefits both raw as well as cooked form. Moong dal chaat is a good source of fibre, B complex vitamins and other vitamins. Its nutritional value can be enhanced by the addition of vegetables like tomato, carrot, onion, capsicum, boiled potato, peanuts, coriander leaves etc. This chat can be a nutritious intervention for the school children as well as for pregnant and lactating mothers.

Nutritional value per serving - 60 gms approx.

Energy - 25 Kcal approx

Protein - 10 gm



STATISTICS OF CHILDREN UNDER THE NIPP PROGRAM ADOPTED BY DONORS

The progress report of the sponsored children is sent to each donor every month on the health status of the adopted child..

20 children of the project Alambana (children of rag pickers) are sponsored. They are also part of the NIPP program.

TOTAL	RED ZONE	YELLOW ZONE	GREEN ZONE
21	12	7	2

DETAILED PROGRESS REPORT OF NIPP:

Total attendance for the month of July was 48 out of which 21 underprivileged and malnourished children below 5 years of age, 4 Lactating mothers and 3 are malnourished needy women.

Out of 21 children, 8 children gained weight, 1 child lost weight due to polluted water supply in their respective area where they live and 12 children showed no change in weight due to seasonal illness like cough and cold.



DEATH DETAILS

NAME OF THE DECEASED	AGE OF DECEASED (YEARS)	GENDER	CAUSE OF DEATH	HEALTH PROMOTER
Gyan Bahadur	73 yrs	Male	Due to brain haemorrhage	Lata gosain
Suresh Kumar	69 yrs	Male	Natural death	Dimple



STATISTICS OF MEDICAL PROJECTS

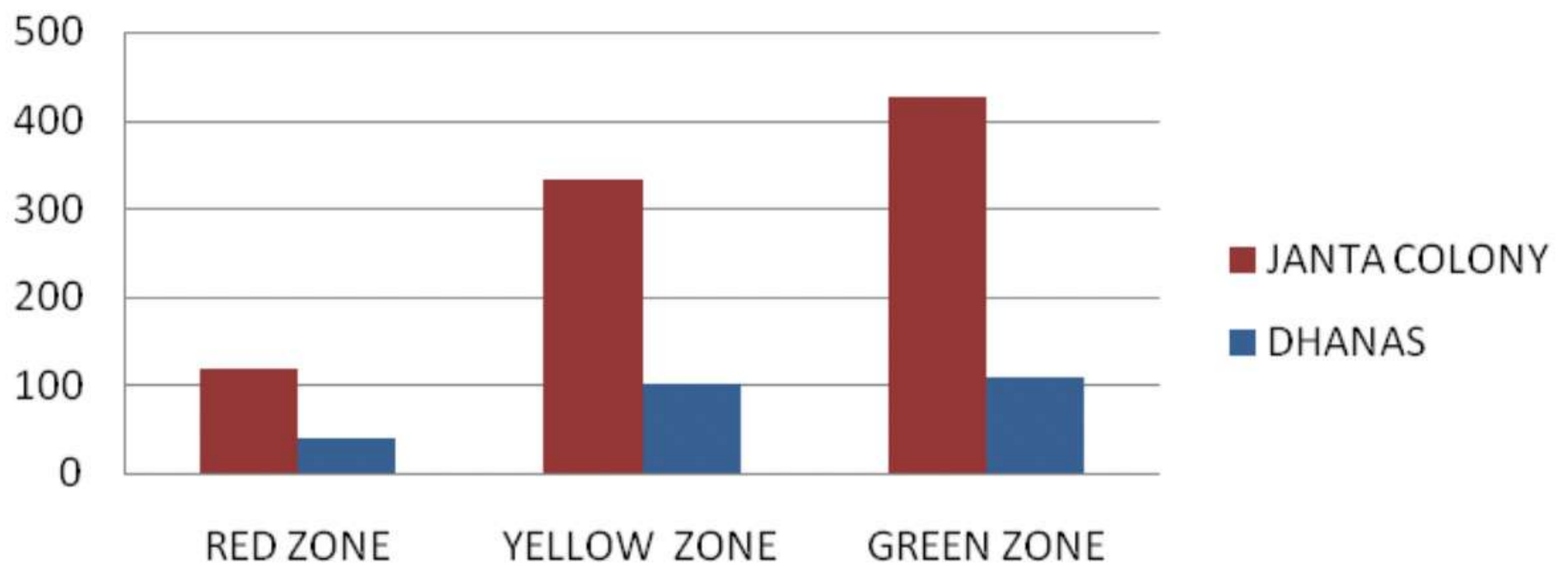
	JANTA COLONY SLUM	DHANAS VILLAGE
Total Number of Population	14854	4640
Total Males	7651	2517
Total Females	7203	2123
Total no. of children	982	292
Total Red zone children	129	47
Red zone children Weighed	118	40
Children not weighed(gone to the village)	11	07
Total Yellow zone children	375	114
Yellow zone children weighed	332	100
Children not weighed(gone to the village)	43	14

	JANTA COLONY SLUM	DHANAS VILLAGE
Total green zone children	478	131
Green zone children weighed	427	109
Children not weighed (gone to the village)	51	22
Total No. of children last month	976	271
Children permanently left	14	9
Total Deliveries	11	4
Children reached 5 years of age	15	0
New families moved in area on rent with children under five	24	26

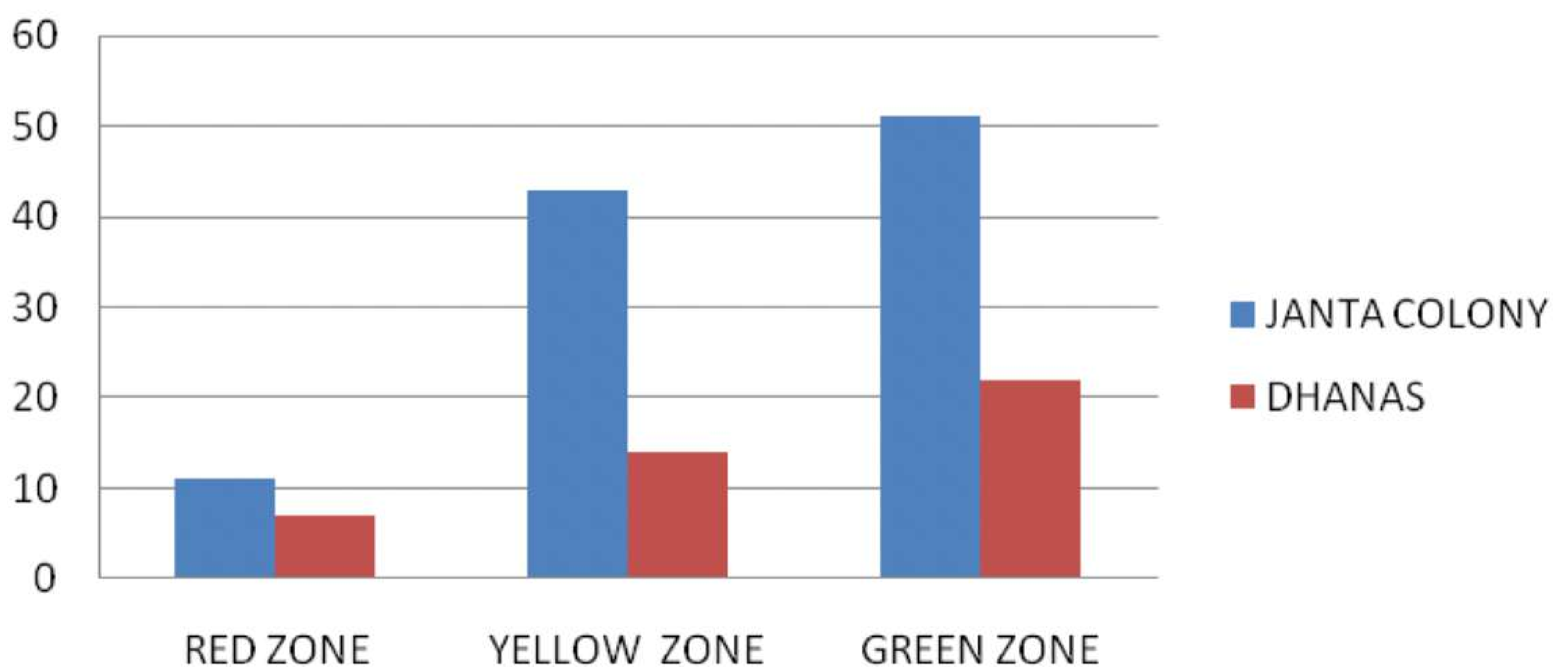
STATISTICS OF RED ZONE CHILDREN

	Janta Colony		Dhanas	
Age (Months)	Children	%Age	Children	%Age
0-12	17	1.7	11	3.8
13-24	15	1.5	5	1.7
25-35	25	2.5	3	1.0
36-48	28	2.9	13	4.5
49-60	33	3.4	8	2.7
Total Red Zone children	129	13.1	47	16.1
Red zone children (weighed)	118	12.0	40	13.7
Children not weighed (gone to the village)	11	1.1	7	2.40

STATISTICS OF RED, YELLOW AND GREEN ZONE CHILDREN IN DHANAS AND JANTA COLONY



CHILDREN NOT WEIGHED IN DHANAS AND JANTA COLONY



DETAILED STATISTICS OF RED ZONE CHILDREN IN JANTA COLONY

H.P'S NAME	TOTAL CHILDREN	RED ZONE	WEIGHED	GONE TO VILLAGE	WEIGHT GAIN	WEIGHT LOSS	SAME WEIGHT	RIGID FAMILIES	WORKING MOTHERS	FLOATING POPULATION	UNDER 6 MONTH
BANITA	96	23	23	0	3	7	11	3	2	5	3
Anita	92	6	5	1	2	1	0	1	0	2	2
LATA	70	17	16	1	3	7	3	0	1	9	3
MEENAKSHI	94	13	12	1	5	1	5	1	0	6	1
LATA CHAUHAN	91	9	8	1	1	1	6	0	1	5	0
SANGEE TA	81	17	15	2	6	2	5	2	3	6	1
LATA CHANDEL	88	13	11	2	3	2	6	1	0	2	0
SUSHMA	97	4	4	0	0	0	4	0	1	2	0
SUNITA	94	8	8	0	5	0	3	0	1	5	0
VEENA	100	12	11	1	6	2	3	0	1	5	1
SANJANA	79	7	5	2	0	2	2	0	0	6	0

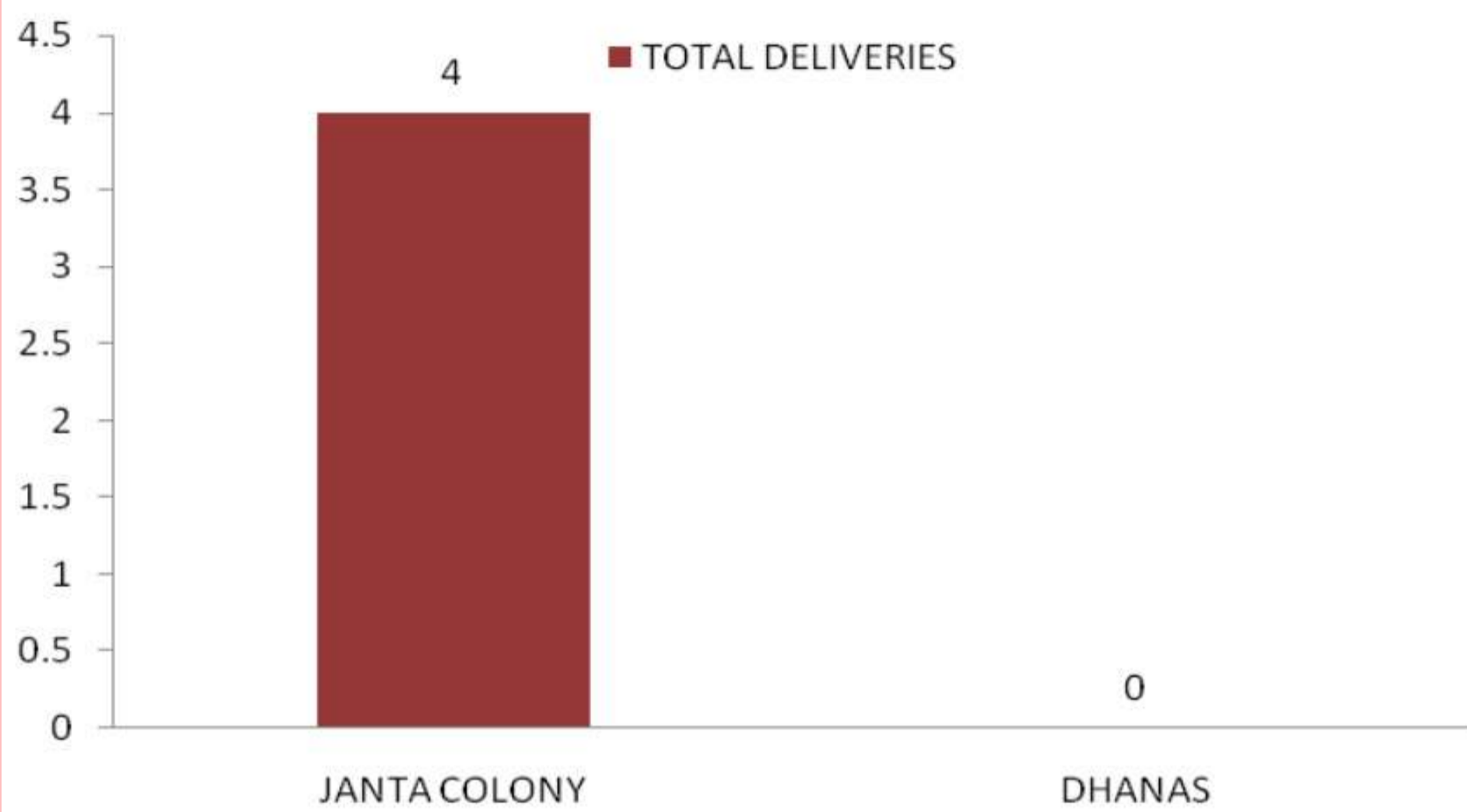
DETAILED STATISTICS OF RED ZONE CHILDREN IN DHANAS

H.P'S NAME	TOTAL CHILDREN	RED ZONE	WEIGH ED	GONE TO VILLAGE	WEIGH T GAIN	WEIGHT LOSS	SAME WEIGH T	RIGID FAMILI ES	WORKI NG MOTH ERS	FLOATI NG POPULA TION	UNDER 6 MONTH
BANIT A	30	2	2	0	1	0	1	0	0	0	1
DIMPL E	22	4	4	0	2	1	1	1	0	2	0
LATA	27	4	4	0	2	1	1	0	0	0	0
MEEN AKSHI	26	6	6	0	1	3	1	0	0	0	1
LATA CHAU HAN	26	6	2	4	0	1	1	0	0	0	0
SANGE ETA	23	4	3	1	2	0	1	0	0	0	1
LATA CHAN DEL	23	4	3	1	1	1	0	0	0	0	0
SUSHM A	32	2	2	0	2	0	0	0	0	0	0
SUNIT A	31	6	6	0	1	2	2	0	1	0	2
VEENA	30	4	4	0	0	3	1	0	0	0	1
SANJA NA	22	5	4	1	1	2	1	1	1	0	1

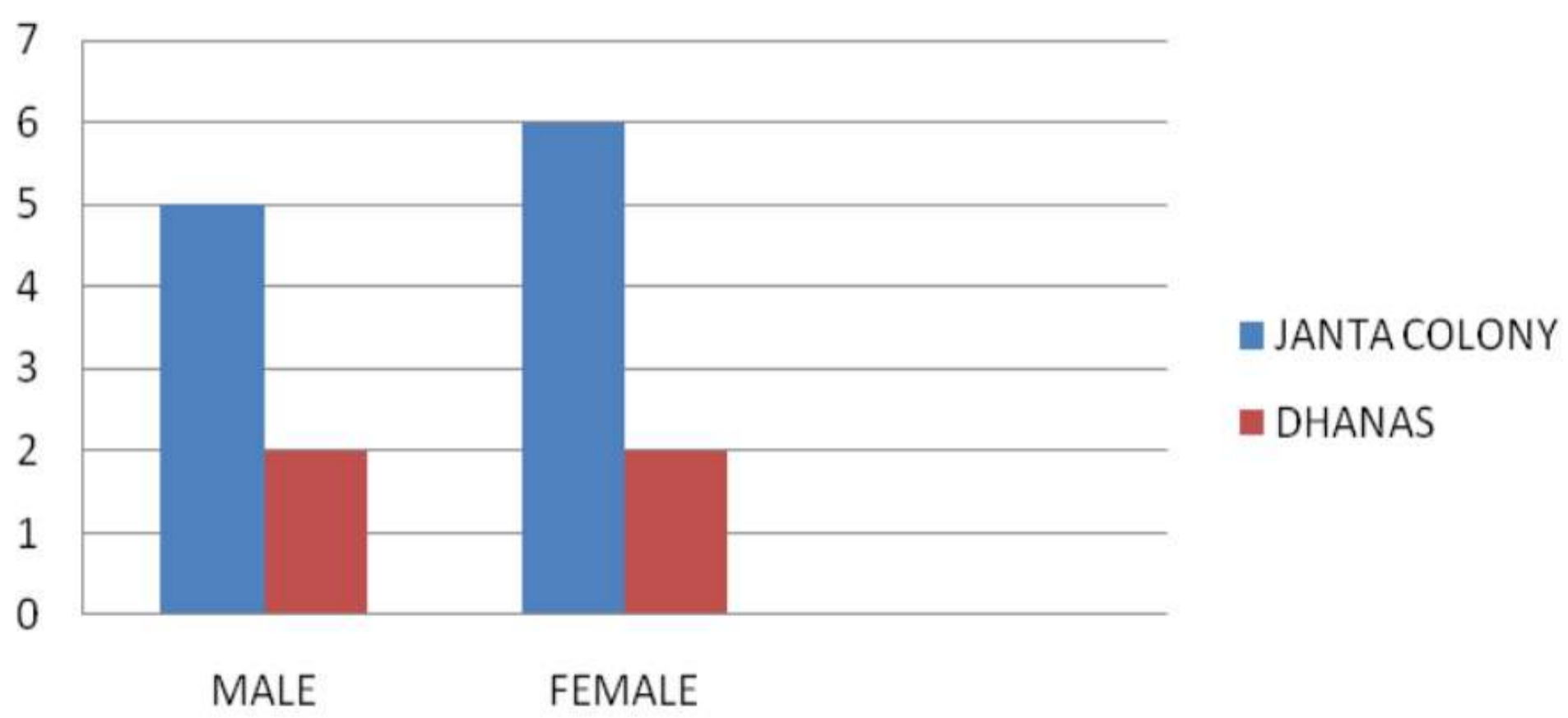
STATISTICS OF PREGNANT MOTHERS AND NEWBORNS

	JANTA COLONY	DHANAS VILLAGE
Number of women pregnant last month	46	29
Number of deliveries	11	4
Births	Male: 5 Female: 6	Male-2 Female-2
Mothers who left Colony	1	7
Infant death	0	0
Miscarriages	0	0
Abortions	0	0
Newly Pregnant	6	
Trimester	1st trimester: 0 2nd trimester: 14 3rd trimester: 26	1st trimester: 2 2nd trimester: 13 3rd trimester: 12
Number of Pregnant women this month	40	27

TOTAL DELIVERIES IN DHANAS AND JANTA COLONY



MALE AND FEMALE CHILDREN IN DHANAS AND JANTA COLONY



EDUCATIONAL PROGRAMS

SWAD SCHOOL:



- This month the total strength of students was 97.
- SWAD students participated in Hand print activities, Monsoon activities on drawing and coloring umbrellas etc





CLASS	BEST DRESSED	PUNCTUAL	BEST STUDENT	DISCIPLINE
PRE-NURSERY	ROOHI 	RITIK 	VIHAN SEHGAL 	ATHRAV 
NURSERY	UMANG 	UDAY 	MANVI 	NITYA 
L.K.G	SHIVANGI 	VEER PRATAP 	RIDHIYANSHI 	AKSHITA 
U.K.G	SOMYA 	ARADHYA 	SWASTIK 	KAVNEET KAUR 
ALAMBANA	KUSUM 	SANDEEP 	LAKSHMI 	SHIVANI 

HOMEOPATHIC CAMP



Homoeopathy camp organised by Homoeopathic Medical College and Hospital of Sector 26, Chandigarh. Team of 2 Doctors and Paramedical staff comes twice a month to serve the community with free consultation and free medication.



TUITION CLASSES

Tuition classes are held from 3PM to 5PM every day for Basti children who are studying in Public School in Chandigarh. DIR ensures every child is given extra coaching to cope up with the standard of education of Public Schools in which they are studying.

In tuition classes, frequent Tests are taken to ensure the child understands and performs outstandingly well in their respective class.



DIR INDIA HIGHLIGHTS OF THE MONTH

SWAD school reopened after one month of summer vacation, and children were welcomed with Sawaswati Puja (Goddess of Knowledge) and their hand impressions were made on chart papers as a mark of blessings and memories which they will cherish when they grow up and visit DIR India in future.



Perceptor Neera sister from Heartfulness meditation Sahaj Marg paid a visit to the DIR office and held 3 days of meditation classes for the entire staff.



Live demo was held for basti women on how to utilize kitchen waste for making of vermicompost to make organic manure and maximum utilization of kitchen waste in compost making.



OUR TEAM



CONTACT INFORMATION

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DIR INDIA BANK DETAILS	
IN FAVOUR OF	DEVELOPING INDIGENOUS RESOURCES INDIA
BANK	STATE BANK OF INDIA
BRANCH	SECTOR-9, MADHYA MARG, CHANDIGARH- 160009
ACCOUNT NO.	37375923235
RTGS/NEFT/I FSC CODE	SBIN0018249
MICR CODE	160002091
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