



# DEVELOPING INDIGENOUS RESOURCES INDIA

*August 2023*



# INFORMATION

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(I.P.S DGP PUNJAB)

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# CEO'S MONTHLY REPORT FOR AUGUST

This August, India celebrated its 77th Independence Day. On this occasion, the Prime Minister's message to the nation was to empower the underprivileged community through skill development. To do so, the students of Swad School celebrated the 77th Independence Day by singing patriotic songs with full zeal and vigour. Some children showed their creative excellence by performing dances on the national song as well.



The INNER WHEEL CLUB (an NGO sponsored by WHO) visited DIR INDIA and distributed packed lunches cooked by Annapurna to 100 families on 16th August, 2023. The president and her colleagues were impressed by DIR's efforts, especially after witnessing English recitations of nursery rhymes and mental maths. The UKG children in the age group of 5 years to 6 years truly impressed the board and made DIR proud!



On 28th August 2023, Harshvardhan Jain and Meenakshi Jain sponsored a lavish lunch in honour of the 3rd birthday of their twin sons, Krishay and Kriday. The lunch was prepared by the DIR Team under the supervision of the nutritionists, for the school children, pregnant mothers, lactating mothers, malnourished children, and the entire DIR Team. Thanks to their utmost dedication and devotion to overseeing all projects and achieving near-perfect standards, the event was a success. The DIR Team conveys their sincere thanks to the parents and wishes a very happy birthday and a blissful life for their healthy, happy, safe children for years to come.



# MEDICAL TRAINING

In August, a lot of cases of eye flu were seen among the children. Many of our SWAD School children its victims.

In the medical education program, we conducted classes on eye flu and discussed its symptoms and preventive measures. In medical classes, we took a unique approach to inform teachers such as showing videos and involving photochromatic memory to help the staff remember the information permanently.

Various committee meetings were held in different parts of the neighbourhood to prevent its spread. Any SWAD School student who contracted eye flu was told not to come to school. The parents were given a prescription for treatment by Dr. Asha Katoch.

Dr. Asha also took classes on the menstrual cycle for our new staff, to make them understand the concept in a simple and comprehensible manner.

In committee meetings, dengue and chikungunya were also discussed due to the rise in reported cases besides eye flu.



## TOPICS IN AUGUST FOR COMMITTEE MEETINGS

Eye Flu  
Dengue  
Chikungunya

# NUTRITION TRAINING

In the month of August, academic classes included the following topics:

1. Dietary management during menstruation
2. Nutrition during pregnancy
3. Nutritional requirements for lactating mothers

## COMMITTEE MEETINGS

In committee meetings, Basti women were explained how to take care of their nutrition during menstruation, pregnancy, and lactation, with the help of a balanced diet, supplements, and regular monitoring of daily intake of nutrients.





# NUTRITIONAL DEMONSTRATION

Demonstration on 22nd August 2023.

Name of the Recipe - Nutritious Ragi Pakoda

2023 is celebrated as millets year. Millets are grains packed with protein, antioxidants, and numerous nutrients. They are also helpful in lowering blood pressure and cholesterol levels.

In August, the nutritional demonstration showed the preparation of ragi pakoda along with soya granules and green vegetables to enhance the nutritional value.

Nutritional value per serving - 100 gms approx.

- Energy - 65 Kcal approx
- Protein - 10 gm



# STATISTICS OF CHILDREN UNDER THE NIPP PROGRAM ADOPTED BY DONORS

The progress report of the sponsored children is sent to each donor every month to update them regarding the health status of the adopted child. 20 children of the project alambana (children of rag pickers) were sponsored. They are also part of the NIPP program.

TOTAL	RED ZONE	YELLOW ZONE	GREEN ZONE
50	13	09	13

## DETAILED PROGRESS REPORT OF NIPP

Total attendance for the month of August was 50, out of which 20 were underprivileged and malnourished children below 5 years of age, 4 were lactating mothers and 3 were malnourished needy women.

Out of 22 children, 8 children gained weight, 1 child lost weight due to polluted water supply in their respective area and 13 children showed no change in weight due to seasonal illness like cough and cold.



# DEATH DETAILS



NAME OF THE DECEASED	AGE OF DECEASED (YEARS)	GENDER	CAUSE OF DEATH	HEALTH PROMOTER
VIDHANTA	62	Female	CHRONIC DIABETES AND GALLBLADDER CANCER	BANITA
DARSHNA	80	Female	NATURAL DEATH	LATA GOSIAN
RAJKUMAR	56	Male	HEART ATTACK	LATA CHAUHAN
RAJESH	50	Male	LIVER DAMAGE	LATA CHAUHAN

# STATISTICS OF MEDICAL PROJECT

	JANTA COLONY SLUM	DHANAS VILLAGE
Total Number of Population	14877	4643
Total Males	7660	2518
Total Females	7217	2125
Total no. of children	997	294
Total Red zone children	125	36
Red zone children Weighed	113	29
Children not weighed(gone to the village)	12	7
Total Yellow zone children	385	138
Yellow zone children weighed	364	128
Children not weighed(gone to the village)	21	10
Total Green Zone children	487	120
Green zone children Weighed	456	109
Children not weighed(gone to the village)	31	11
Total No. of children last month	982	292
Children permanently left	14	28
Total Deliveries	11	2
Children reached 5 years of age		0
New families moved in area on rent with children under five	15	6

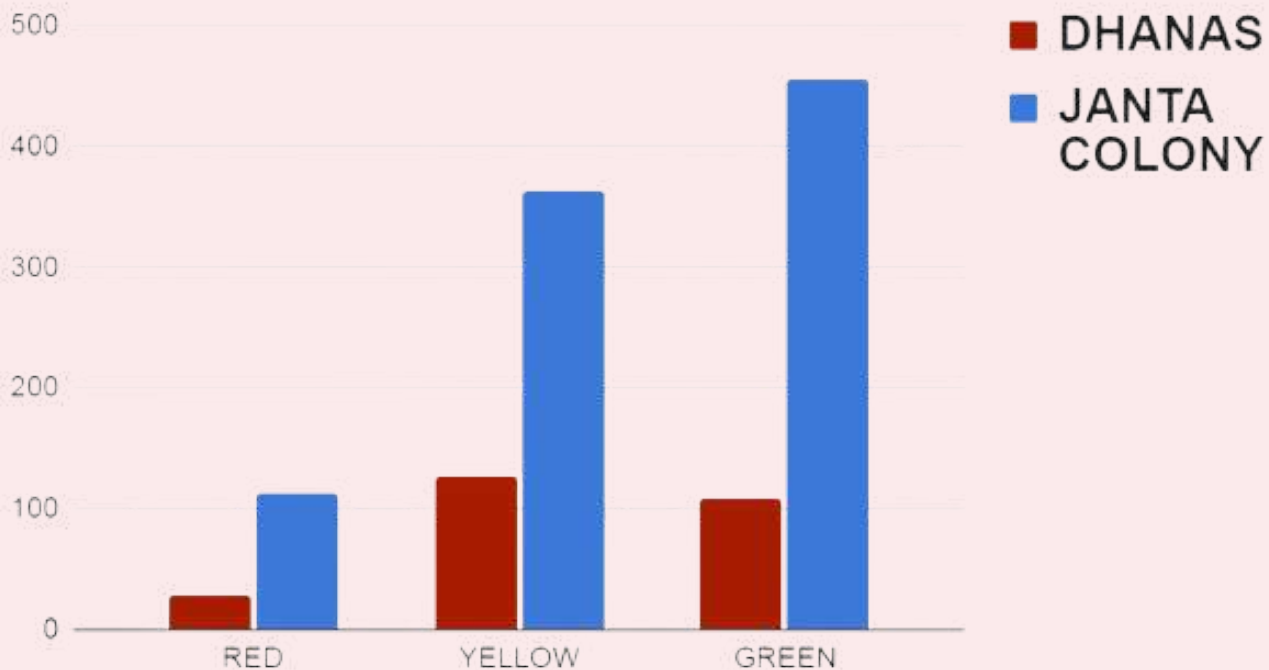


# IMAGES OF THE MEDICAL PROJECT

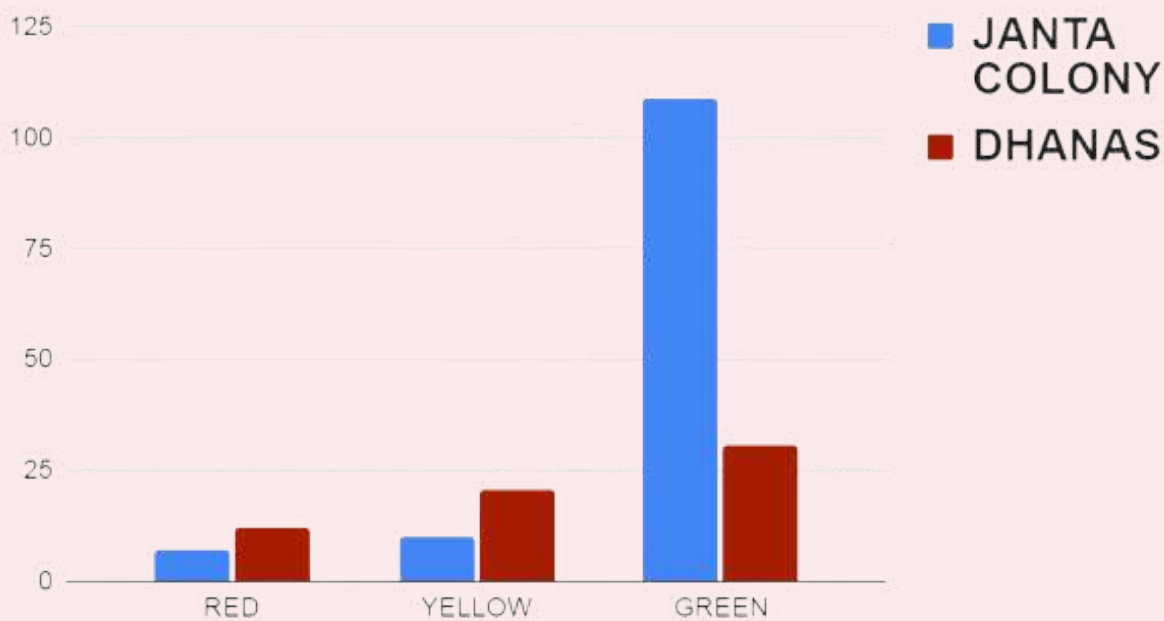
# STATISTICS OF RED ZONE CHILDREN IN JANTA COLONY AND DHANAS

	Janta Colony		Dhanas	
Age (Months)	Children	%Age	Children	%Age
0-12	14	1.4	7	2.4
13-24	20	2.0	3	1.0
25-35	20	2.0	3	1.0
36-48	25	2.5	9	3.0
49-60	34	3.4	7	2.4
Total Red Zone children	125	12.5	36	12.2
Red zone children (weighed)	113	11.3	29	9.8
Children not weighed (gone to the village)	12	1.2	7	2.4

## STATISTICS OF RED, YELLOW AND GREEN CHILDREN IN JANTA COLONY AND DHANAS



## Children Not weighed in Dhanas and Janta colony



# DETAILED STATISTICS OF RED ZONE CHILDREN IN JANTA COLONY

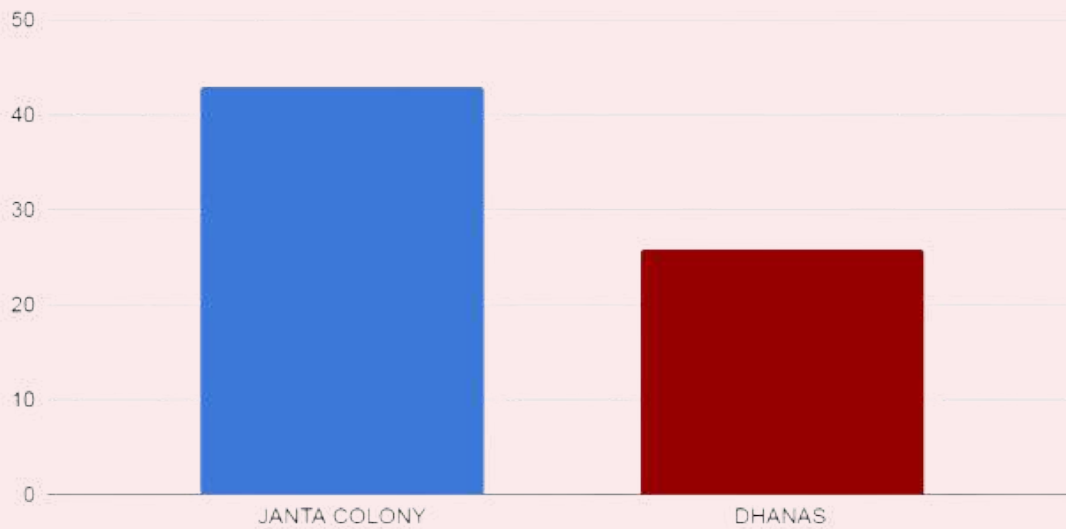
H.P'S NAME	TOTAL CHILDREN	RED ZONE	WEIGHED	GONE TO VILLAGE	WEIGHT GAIN	WEIGHT LOSS	SAME WEIGHT	RIGID FAMILIES	WORKING MOTHERS	FLOATING POPULATION	UNDER 6 MONTH
BANITA	98	17	16	1	2	3	10	3	1	4	1
DIMPLE	99	11	10	1	3	4	1	0	0	6	2
LATA	77	14	12	2	3	1	6	0	0	6	3
MEE NAKSHI	95	12	10	2	5	2	2	1	0	7	0
LATA CHAUHAN	89	7	6	1	1	0	4	0	1	5	0
SANGEETA	79	18	17	1	4	1	9	1	3	7	3
LATA CHANDEL	87	9	7	2	1	2	4	1	0	1	0
SUSHMA	97	5	5	0	2	0	3	0	1	2	0
SUNITA	92	7	7	0	1	2	4	0	1	4	0
VEENA	102	15	14	1	4	3	7	1	1	6	1
SANJANA	82	10	9	1	2	3	2	1	1	4	1



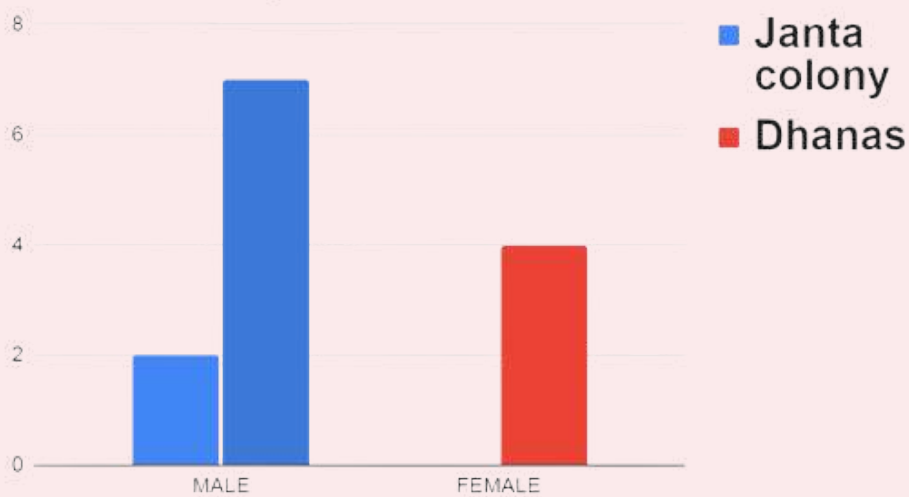
# STATISTICS OF PREGNANT MOTHERS AND NEWBORNS

	<i>JANTA COLONY</i>	<i>DHANAS VILLAGE</i>
<i>Number of women pregnant last month</i>	40	27
<i>Number of deliveries</i>	11	2
<i>Births</i>	Male: 7 Female: 4	Male-2 Female-0
<i>Mothers who left Colony</i>	1	1
<i>Infant death</i>	0	0
<i>Miscarriages</i>	0	0
<i>Abortions</i>	0	0
<i>Newly Pregnant</i>	15	2
<i>Trimester</i>	1st trimester: 3 2nd trimester: 21 3rd trimester: 19	1st trimester: 0 2nd trimester: 8 3rd trimester: 18
<i>Number of Pregnant women this month</i>	43	26

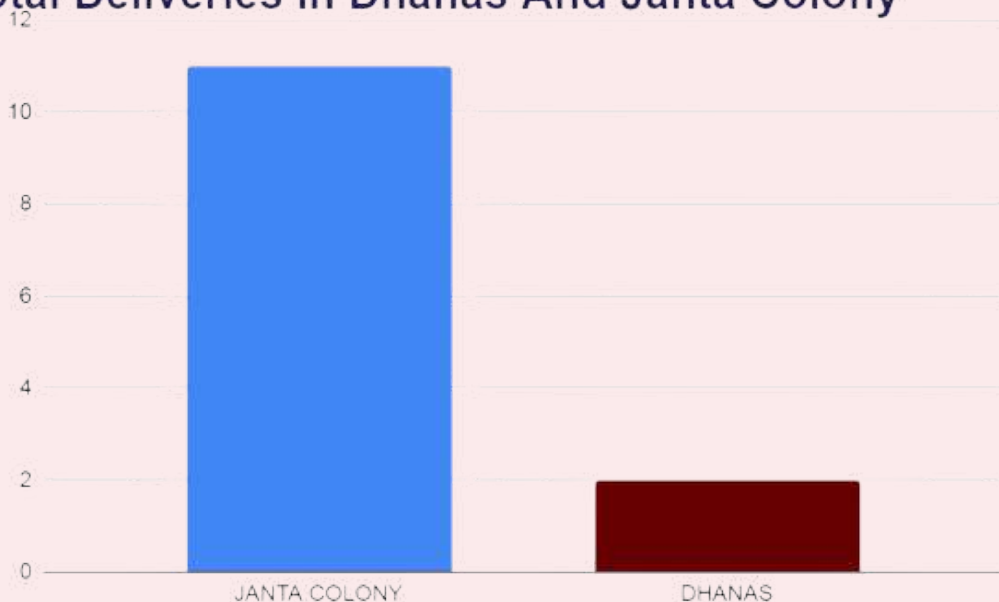
## Total Pregnant women in Dhanas and Janta Colony



## Male And Female Children in Dhanas And Janta Colony



## Total Deliveries In Dhanas And Janta Colony





# EDUCATIONAL PROGRAMS

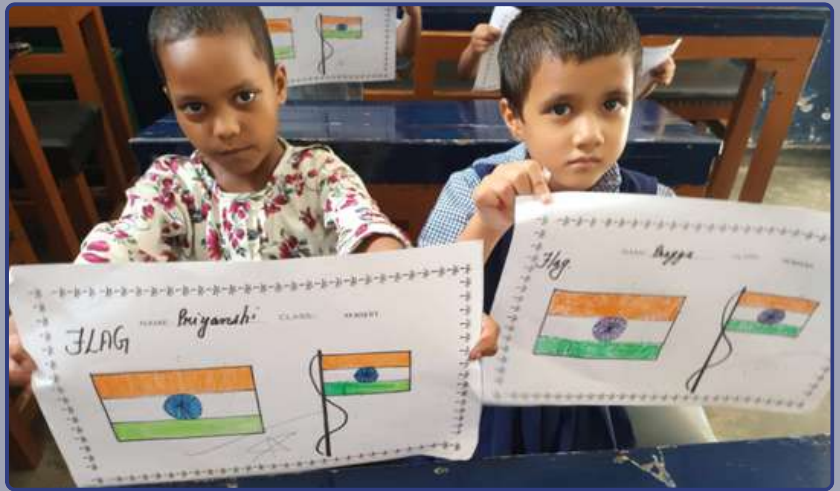
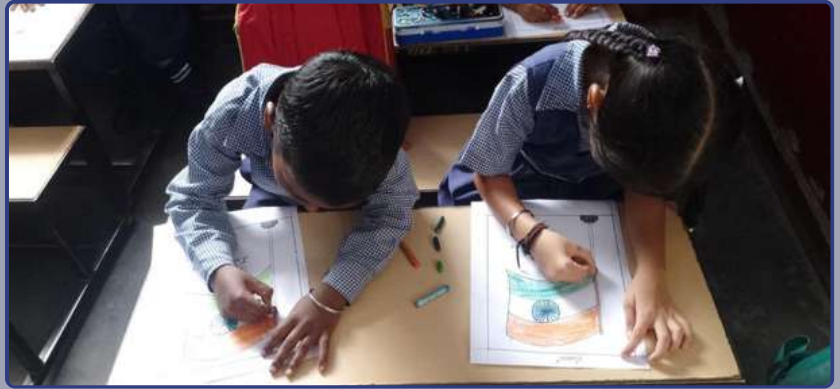
## SWAD SCHOOL

*This month, the total strength of the students was 89.*

*Activities held in the month of August were paper crafting and rakhi making.*

*Students also coloured illustrations of the national flag, vegetables and fruits.*





# BEST DRESSED

**PRE-NURSERY**



**ERIKA**

**NURSERY**



**HIMANSHI**

**L.K.G**



**SIDRA**

**U.K.G**



**ROSHNI DEEP KAUR**

**ALAMBANA**



**ROOHI**

# PUNCTUAL

**PRE-NURSERY**



**BIYAAN**

**NURSERY**



**HARSHITA**

**L.K.G**



**RAUNAK**

**U.K.G**



**SOMYA**

**ALAMBANA**



**VIRAJ**

# BEST STUDENT

**PRE-NURSERY**



**SEHAJPREET**

**U.K.G**

**NURSERY**



**MISHTI**

**ALAMBANA**

**L.K.G**



**VANYA**



**SANVI**



**SAKEENA**

# DISCIPLINED

**PRE-NURSERY**



**ARNAV**

**U.K.G**

**NURSERY**



**SHIVAY**

**ALAMBANA**

**L.K.G**



**PRIYANSHU**



**VANSH**



**KIYARA**

# HOMEOPATHIC CAMP

A homoeopathy camp was organised by Homeopathic Medical College and Hospital of Sector 26, Chandigarh.

A team of 2 doctors and paramedical staff visit twice a month, on alternate Wednesdays to serve the community with free consultation and free medication.



## TUITION CLASSES

Tuition classes are held from 3 PM to 5 PM every day for the Basti children who are studying in a public school in Chandigarh. DIR ensures that every child is given extra coaching to cope with the standard of education of the public schools they are attending.

In tuition classes, frequent tests are conducted to ensure that the child understands and performs well in their respective classes.



# DIR INDIA HIGHLIGHTS OF THE MONTH

The 77th Independence day was celebrated by the DIR team and SWAD school with distribution of bananas and sweets amongst children.

The children sang patriotic songs and some kids danced on a few songs related to India to enjoy the day of freedom.





Inner Wheel Club of Chandigarh Harmony sponsored lunch for 100 underprivileged people



Mr. Harsh Jain and Mrs. Meenakshi Jain sponsored a lavish lunch of Kasturi Methi Puri with Jeera rice, White chana with Paneer, and Rice kheer with dry fruits and nuts for 130 underprivileged families, malnourished children, school children, and the entire staff on the occasion of their twin's Krishey and Kridey's 3rd birthday on 28th August 2023.



# OUR TEAM



# CONTACT INFORMATION

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DIR INDIA BANK DETAILS	
IN FAVOUR OF	DEVELOPING INDIGENOUS RESOURCES INDIA
BANK	STATE BANK OF INDIA
BRANCH	SECTOR-9, MADHYA MARG, CHANDIGARH-160009
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RTGS/NEFT/I FSC CODE	SBIN0018249
MICR CODE	160002091
INSTAMOJO LINK:	instamojo.com/@dir

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