

Developing Indigenous Resources India



November
2023
Report

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CEO'S REPORT FOR NOVEMBER

DIR India has been working in Janta Colony for the last 17 years. 90% residents are aware of health issues and family planning. Socioeconomic status of the majority of the families has improved.

Janta Colony and Safeda Colony in 2010 were included in District SAS Nagar and it is under the care of Mohali Municipality. It is heartening for DIR INDIA to see the growth of Janta Colony from slums to a partially developed area after its inclusion in the municipality of Mohali ,Punjab.

In this area ,10% of the floating population, who are living on rent, need DIR INDIA's Medical team's constant services. It is interesting to know that the Health Promoters have earned a good reputation as far as medical and nutrition knowledge is concerned. The trust and faith which the local residents have on our Health Promoters and the medical team, that DIR India is like medical consultants giving advice to residents as and when needed.

DIR decided to reduce the number of total population in Janta Colony & Safeda colony to 10,000, and adopt the population in Dhanas from 5000 to 10,000.



In October 2019 DIR India did a survey of 17 blocks of Dhanas, which comes under the administration of Chandigarh (Union Territory). The Medical Team adopted a population of 5000 approximately for the Medical Project, but due to COVID-19 the project had to be discontinued in March 2020.

In 2023, after two years the survey was done again in the 17 blocks to maintain the count of 5000 population to ensure the current statistics of children under 5 years of age, Pregnant mothers and lactating mothers in these blocks.



Initially we worked on 5000 population and from December 2023 we have plans to increase population to 10,000 so that the total population will remain 20,000.

In November ,Dr.Shalini visited DIR INDIA.. She accompanied the Health Promoters to Dhanas and confirmed to adopt 5000 more population in Dhanas itself instead of looking for a new area.

DIR INDIA will start the survey of new blocks from December 2023 in Dhanas to make the total strength of 10,000 population of MEDICAL PROJECT. In Dhanas, the awareness and medical knowledge on prevention of diseases is lacking in this area.

Tailoring department of DIR India earned some revenue by selling its products in two exhibitions hosted by DAV College and Tagore Theatre, Chandigarh.



Our compliments to Mr. Surjit Singh, who donates sweaters and caps during winter months to all SWAD School children and Maids working in our school.



Dr Padma and Col.Amrit donated Tiffins and Pencil boxes to all children during their visit to DIR India. Dr Padma from Manipur is my classmate from Medical school. She appreciated all the programs which are run by the organization.



Mr. Himanshu and Tanvi visited DIR. They brought Basketball kit children. It was the first visit of Himanshu. He was impressed by the organization. Children were thrilled as they brought fancy eatables which attracted the child.



MEDICAL TRAINING

Topics Assigned

1. Tuberculosis
2. Dental caries and hygiene
3. Autism

This Month we took Tuberculosis disease in medical class. There are still cases of tuberculosis, but due to the disease's stigma, many individuals do not disclose it if they are aware of it. As a result, we consider this a major issue because it is a communicable disease, so we started classes on Tuberculosis for our new team of health workers this month. We trained our health promoter on the symptoms, causes, and diagnosis of tuberculosis which they share with local people during the committee meetings in simple language.

Rest of the academic topics were repeated to refresh the knowledge of Health Promoters.



The preventive measures listed below were all put into place during committee meetings to spread awareness within the Nayagaon region.

- Malnutrition.
- TB.
- Dental caries and Hygiene
- Dengue and chikungunya.

NUTRITIONAL TRAINING

The main focus of our program is in maternal health and children's health due to malnutrition. We also take care of all health issues like diabetes, hypertension, tuberculosis (TB) etc. and guide the families what type of diet to be taken during this illness. TB is a serious illness that mainly affects the lungs due to a bacteria called Mycobacterium Tuberculosis.

Malnutrition leads to decreased immunity. Poor nutrition can encourage the persistence of active tuberculosis disease, which leads to severe malnutrition.



Keeping in mind the above facts the topics covered in academics are:

- **Assessment of malnutrition**
- **Dietary management during Tuberculosis.**
- **Conservation of nutrients.**

NUTRITIONAL DEMONSTRATION

Nutritional Demonstration on 21st Nov 2023

Name of the Recipe - Nutritious sabudana chaat

Sabudana is easily digestible and provides rapid energy. Sabudana is a good source of calcium, iron, folate and energy. To make chaat more nutritious other ingredients added were peanut (dry roasted), boiled potato (diced), carrot (steamed), boiled peas, beetroot (chopped), capsicum (steamed), pomegranate.

Nutritional value per serving - 100g

Energy - 250 Kcal

Protein - 9g



ATTENDANCE REPORT OF CHILDREN UNDER THE NIPP PROGRAM ADOPTED BY DONORS

The progress report of the sponsored children is sent to each donor every month on the health status of the adopted child..

17 children of the project Alambana (children of rag pickers) are sponsored. They are also part of the NIPP program.

DETAILED PROGRESS REPORT OF NIPP:

Total attendance for the month of November was 38

In this, 16 were below 5 years of age, 1 Pregnant women, 1 Lactating mothers and 3 are malnourished needy women.

PROGRESS REPORT:

9 children gained weight.

7 children showed no change in weight due to seasonal illness like cough and cold.

TOTAL	RED ZONE	YELLOW ZONE	GREEN ZONE
16	7	7	2



DEATH DETAILS

NAME OF THE DECEASED	AGE OF DECEASED (YEARS)	GENDER	CAUSE OF DEATH	HEALTH PROMOTER
Asha	50 yrs	Female	Dengue	Veena



STATISTICS OF MEDICAL PROJECTS

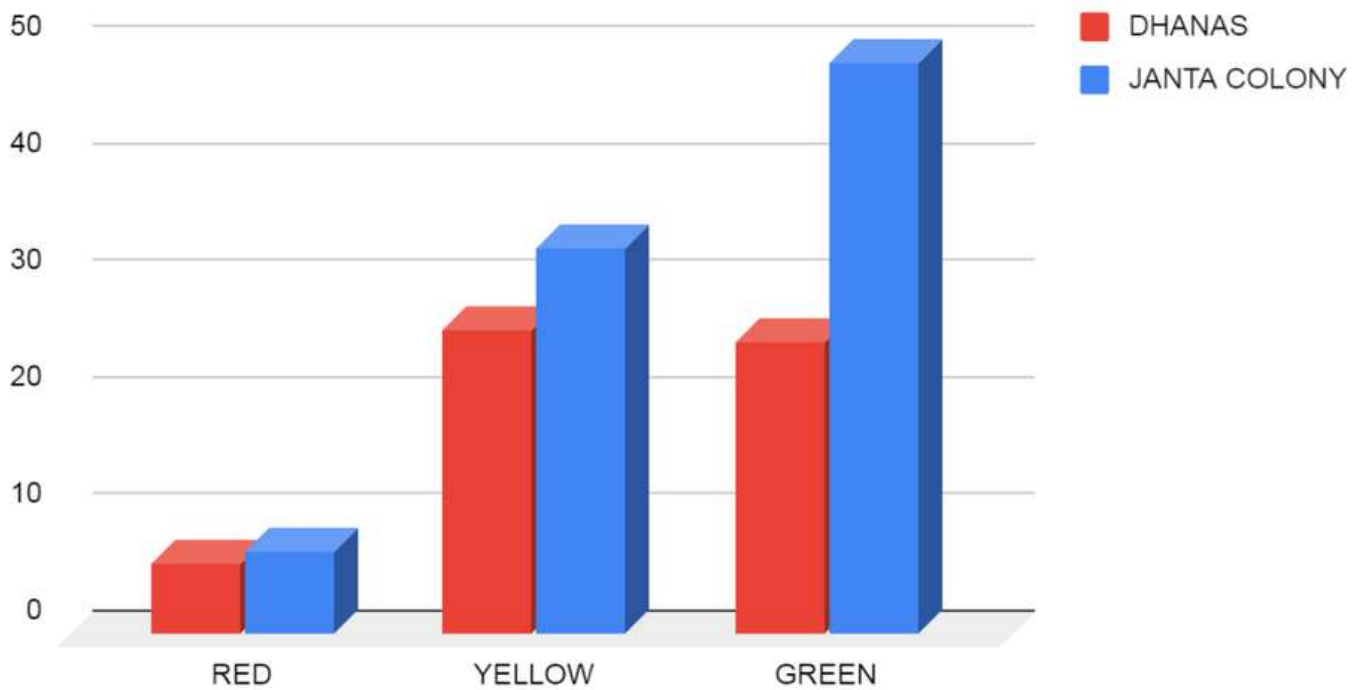
	JANTA COLONY SLUM	DHANAS VILLAGE	SINGHA DEVI SLUM
Total Number of Population	14939	4659	65
Total Males	7698	2526	30
Total Females	7241	2133	35
Total no. of children	990	300	08(<5 years)
Total Red zone children	106	30	-
Red zone children Weighed	99	24	-
Children not weighed(gone to the village)	07	06	-
Total Yellow zone children	402	125	-
Yellow zone children weighed	369	99	-
Children not weighed(gone to the village)	33	26	-

	JANTA COLONY SLUM	DHANAS VILLAGE	SINGHA DEVI SLUM
Total green zone children	482	145	-
Green zone children weighed	433	120	-
Children not weighed (gone to the village)	49	25	-
Total No. of children last month	992	302	-
Children permanently left	15	9	-
Total Deliveries	10	6	-
Children reached 5 years of age	19	3	-
New families moved in area on rent with children under five	21	4	-

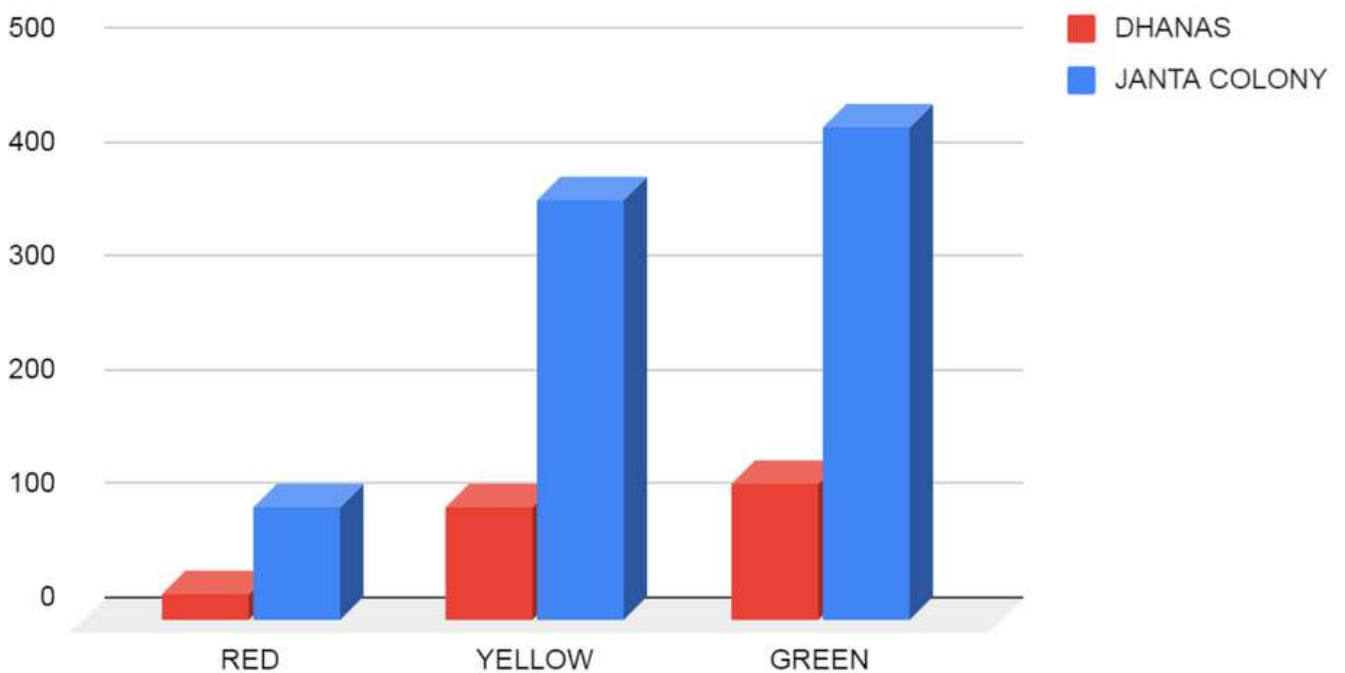
STATISTICS OF RED ZONE CHILDREN

	Janta Colony		Dhanas	
Age (Months)	Children	%Age	Children	%Age
0-12	21	2.1	8	2.7
13-24	12	1.2	4	1.3
25-35	11	1.1	1	0.3
36-48	27	2.7	7	2.3
49-60	28	2.9	4	1.4
Total Red Zone children	106	10.7	30	10.0
Red zone children (weighed)	99	10	24	8.0
Children not weighed (gone to the village)	7	0.7	6	2.0

STATISTIC OF RED, YELLOW AND GREEN NOT WEIGHED CHILDREN IN JANTA COLONY AND DHANAS



STATISTIC OF RED, YELLOW AND GREEN WEIGHED CHILDREN IN JANTA COLONY AND DHANAS



DETAILED STATISTICS OF RED ZONE CHILDREN IN JANTA COLONY

H.P'S NAME	TOTAL CHILDR EN	RED ZONE	WEIGHE D	GONE TO VILLAGE	WEIGHT GAIN	WEIGHT LOSS	SAME WEIGHT	RIGID FAMILIE S	WORKIN G MOTHE RS	FLOATI NG POPULA TION	UNDER 6 MONTH
BANITA	91	10	9	1	5	3	1	0	1	4	1
DIMPLE	107	9	7	2	2	2	2	1	1	4	3
LATA	78	10	10	0	4	2	3	0	1	5	3
MEENAK SHI	92	10	9	1	4	1	3	1	0	4	1
LATA CHAUHA N	85	6	6	0	1	0	5	0	0	4	0
POOJA	76	15	15	0	6	0	9	1	1	7	1
LATA CHANDE L	88	11	11	0	4	3	3	1	1	0	6
SUSHMA	90	7	7	0	4	0	1	0	1	1	3
SUNITA	94	6	6	0	4	0	2	0	1	2	1
VEENA	105	13	11	2	7	1	3	1	1	5	0
SANJANA	84	9	8	1	1	4	3	1	0	4	1

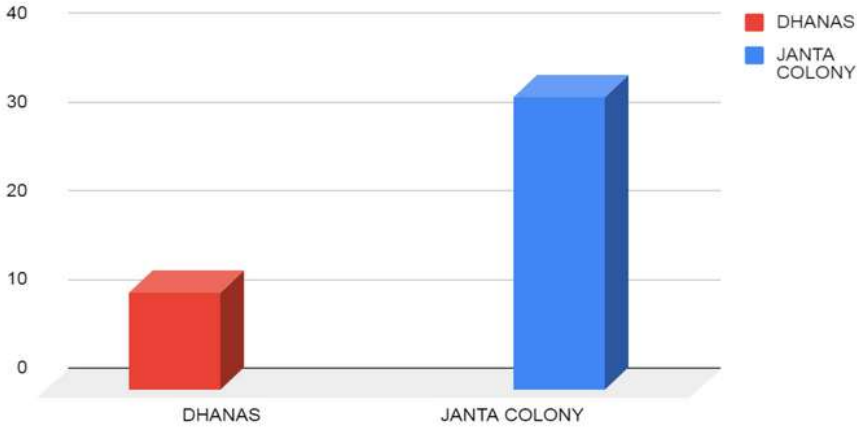
DETAILED STATISTICS OF RED ZONE CHILDREN IN DHANAS

H.P'S NAME	TOTAL CHILDREN	RED ZONE	WEIGHED	GONE TO VILLAGE	WEIGHT GAIN	WEIGHT LOSS	SAME WEIGHT	RIGID FAMILIES	WORKING MOTHERS	FLOATING POPULATION	UNDER 6 MONTH
BANITA	30	2	1	0	0	0	1	0	0	0	0
DIMPLE	27	6	5	1	3	0	1	0	1	0	3
LATA	32	1	1	0	0	0	0	0	0	0	1
MEENAKSHI	28	4	4	0	0	1	3	0	0	1	1
LATA CHAUHAN	24	3	2	1	1	1	0	0	0	0	0
POOJA	23	2	1	1	1	0	0	0	0	0	0
LATA CHANDEL	24	2	1	1	0	0	1	0	0	0	0
SUSHMA	33	2	2	0	0	0	2	0	0	0	0
SUNITA	29	2	2	0	1	0	1	0	0	0	0
VEENA	29	2	2	0	0	0	2	0	0	0	0
SANJANA	24	3	2	1	1	0	0	0	0	0	2

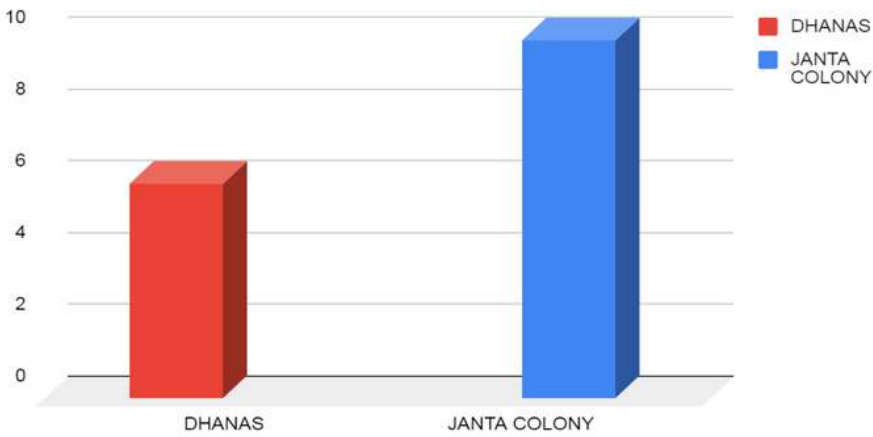
STATISTICS OF PREGNANT MOTHERS AND NEWBORNS

	JANTA COLONY	DHANAS VILLAGE
Number of women pregnant last month	45	17
Number of deliveries	10	6
Births	Male: 6 Female: 5	Male-0 Female-6
Mothers who left Colony	2	4
Infant death	0	0
Miscarriages	1	0
Abortions	1	0
Newly Pregnant	11	4
Trimester	1st trimester: 2 2nd trimester: 17 3rd trimester: 23	1st trimester: 0 2nd trimester: 5 3rd trimester: 6
Number of Pregnant women this month	42	11

STATISTIC OF TOTAL PREGNANT IN JANTA COLONY AND DHANAS



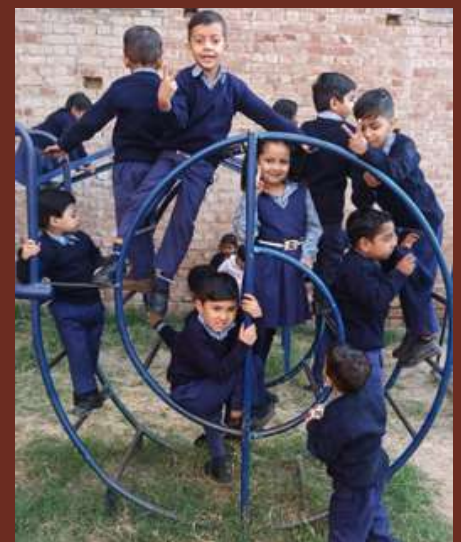
STATISTIC OF TOTAL DELIVERIES IN JANTA COLONY AND DHANAS



EDUCATIONAL PROGRAMS

SWAD SCHOOL

- This month, the total strength of the students was 93.
- Saturday activities were based on making different shapes with thumb painting.



CLASS	BEST DRESSED	PUNCTUAL	BEST STUDENT	DISCIPLINE
PRE-NURSERY	NOSHIKA 	DAKSH 	SATNAM 	SAHEJPREET 
NURSERY	NITYA 	VANSHIKA 	HIMANSHI 	LUCKY 
L.K.G	VANSH 	SHIVANGI 	RIDHIYANSHI 	AYAAN 
U.K.G	SAANVI 	SWASTIK 	ISHANI 	VANSH 
ALAMBANA	RUHI 	PRIYANSHI 	VIRAJ 	RISHI 

HOMEOPATHIC CAMP

Homoeopathy camp organised by Homoeopathic Medical College and Hospital of Sector 26, Chandigarh. Team of 2 Doctors and Paramedical staff comes twice a month to serve the community with free consultation and free medication.



TUITION CLASSES

Tuition classes are held from 3PM to 5PM every day for Basti children who are studying in Public School in Chandigarh. DIR ensures every child is given extra coaching to cope up with the standard of education of Public Schools in which they are studying.

In tuition classes, frequent Tests are taken to ensure the child understands and performs outstandingly well in their respective class.

DIR INDIA HIGHLIGHTS OF THE MONTH

- Mr. N.P Singh and Mr. Subhash Salgotra visited the SWAD school, distributed laddoos and donated the Woolen sweaters and caps to the school children.
- Tailoring items exhibition was held on 6th of November in DAV college and 10th of November in Tagore theatre
- Dr. Padma maam along with her husband Col. Amrit visited the organization and interacted with school children, teachers and medical staff. They donated Pencil boxes and Tiffins amongst school children
- Mrs. Tanvi and Mr. Himanshu Arora visited the organization and participated in Pre Diwali celebrations. They donated a basketball kit and its pole. They also distributed fruit juice and gulab jamun amongst school children.
- DIR USA's board member, Dr. Shalini Sahai visited the organization and adopted the field of Dhanas along with Health Promoters.



OUR TEAM



CONTACT INFORMATION

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DIR INDIA BANK DETAILS

IN FAVOUR OF	DEVELOPING INDIGENOUS RESOURCES INDIA
BANK	STATE BANK OF INDIA
BRANCH	SECTOR-9, MADHYA MARG, CHANDIGARH- 160009
ACCOUNT NO.	37375923235
RTGS/NEFT/IFSC CODE	SBIN0018249
MICR CODE	160002091
INSTAMOJO LINK:	<i>instamojo.com/@dir</i>

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