



DEVELOPING INDIGENOUS RESOURCES INDIA

October 2023



INFORMATION

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(I.P.S DGP PUNJAB)

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Developing Indigenous Resources India is qualified for Tax exemption under Income tax Act 1961 U/s 12AA, vide order no.AAATD9602KE20192, Dated- 20.02.2022 and for U/s 80 G vide order no. AAATD9602KF20224, Dated- 24.02.2022, certified from the office of the Commissioner of Income Tax-1, Sector 17 A, Chandigarh.

PAN number of DIR: AAATD9602K
TAN number of DIR INDIA: PTLD13324D

REGISTERED IN CHANDIGARH AS CHARITABLE TRUST
NUMBER – 3541
REGISTERED WITH MINISTRY OF CORPORATE AFFAIRS -
CSR00023177

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CEO'S REPORT FOR OCTOBER



DIR INDIA has worked for 17 years in Janta Colony and Safeda Colony which has a population of 15000. In these areas the floating population is about 10% who are living in rental accommodation. The DIR Team's sincere efforts on health and Hygiene and awareness of preventive measures of all communicable diseases through weekly committee meetings has helped all residents to look after their own self as well as their families health in this area. The residents of this areas are aware of family planning, majority have one child, and few have two kids. Janta Colony and Safeda Colony residents now value the importance of education. 90% of the families are sending their children to school and colleges.





DIR INDIA started looking for an area where we could replicate our Medical Program. In 2019 , Dr. Arun Bansal of Panjab University suggested that Dhanas residents need your medical service. We visited Dhanas to check the need which was there. DIR INDIA Medical Team started the project with a survey. In January 2020 when COVID-19 Pandemic occurred, DIR started the classes on Coronavirus to all Health Promoters. We also started the committee meetings in the Basti on the preventive measures, explaining in detail through charts and Posters. There was not a single case of Covid-19 in Janta Colony and Safeda Colony.



In 2019 , DIR INDIA decided to replicate the medical program in Dhanas, Chandigarh. The brief history of Dhanas is, it was a slum in Chandigarh. In 2014 the Chandigarh Government constructed a one bedroom apartment for each family living in shakhs. They constructed many blocks , and each block has 64 flats. Infra structure is good. There are Anganwadis (playschool for children with feeding programs), and there is a Government dispensary with a Medical doctor, who sees OPD cases everyday. In addition there is a Police station to maintain law and order.

In spite of the above mentioned facilities, the residents are ignorant of the prevention of communicable diseases. There is a lack of knowledge on health and hygiene amongst the people residing there. The surroundings are dirty. The young youths with a history of drug addiction are also there.

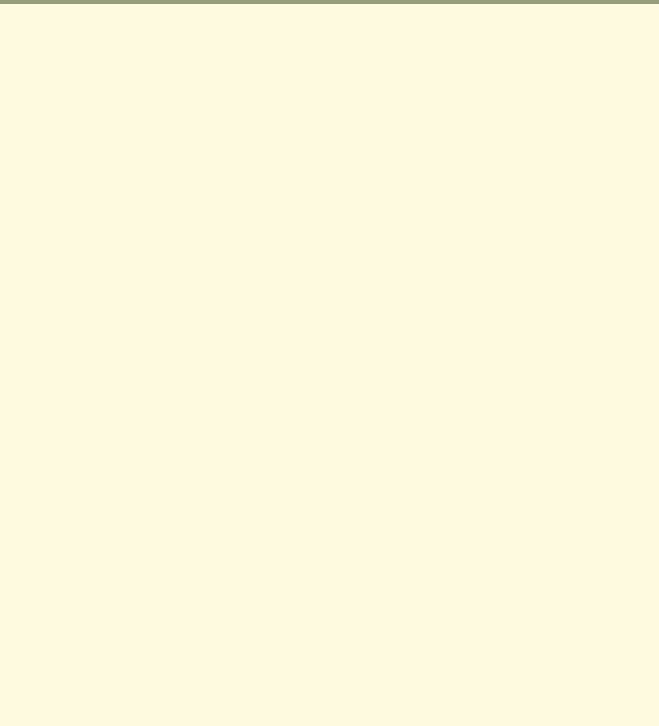
During the survey, the DIR Medical team found cases of Dengue, Chikungunya, Malaria, Koch's disease and Swine Flu. Health Promoters do committee meetings on a weekly basis to generate awareness on the above mentioned diseases.



In October I personally started the committee meetings in Dhanas every Wednesday on health and hygiene. Importance of diet during pregnancy. Importance of Antenatal and Postnatal check ups. Later gave consultation to few women. It was a nice and pleasant experience for me as one assessed ignorance of the masses on common issues. This convinced me as CEO that the need of the DIR INDIA Medical team, to serve the residents of Dhanas is much more. This will involve us setting up



An office in Dhanas to serve the people and also employ young girls and ladies for medical training programs. Dr Shailja sponsored grocery store distribution to 10 needy families in honour of her father in laws and her husband's birthday. DIR appreciates her noble nature to look after the underprivileged community in kind.



MEDICAL TRAINING

Topics Assigned

- 1.Oral Hygiene
- 2.Autism
3. Antenatal care
- 4.Role of Supplements
- 5.Chikungunya and Dengue

During the fieldwork majority of the cases amongst children were of dental caries.

Medical classes on oral dental hygiene were important. We repeat the academic topics to refresh the knowledge of Health Promoters so that the basic concept of oral dental hygiene improves. Importance of massage of gums and brushing of teeth especially at night before going to bed.



The mouth, or the oral cavity, contains teeth, the tongue, salivary glands, tonsils, and the epiglottis. The mouth cavity is also known as the buccal cavity so to maintain our buccal cavity healthy, we must be aware of plaque, a white film of bacteria that promotes gum disease and tooth damage as a result of poor oral hygiene.

We also go over how to maintain naturally good dental hygiene.

Brushing and flossing twice day

Water consumption: Adding fluoride to drinking water lowers childhood dental caries by 20%–40%.

Use toothpaste that has been fluoridated to reduce bacteria.

Intake of vitamins A, D, and A

Casein, calcium, and phosphorus found in cow's milk prevent dental cavities.

NUTRITION TRAINING

The main focus of our organisation is on maternal and child health and nutrition. Malnutrition is prevalent amongst children as well as in adult women. It causes various health related issues like obesity, anemia, weakness, loss of appetite etc. Malnutrition can cause over and underweight among children and adult, pregnant woman and lactating mother, so keeping in mind the above fact the topics covered in academics are

- Malnutrition, symptoms and causes
- Clinical history and nutritional assessment of malnutrition



NUTRITIONAL DEMONSTRATION

Nutritional demonstration on 17th October 2023

Name of the Recipe - Sprouted Nutritious chaat

Sprouts are very good for our health. It improves the digestion of carbohydrates and proteins. Sprouting stimulates the release of enzymes, which may help in gut health. Sprouts are packed with protein, calcium, fiber, vitamins and minerals, which are very important for complete development. Sprouts are also called superfoods. In the month of October Sprouted Nutritious chaat was prepared by using sprouted bengal gram and green gram, peanut, vegetables and spices.

Nutritional value per serving - 100g

Energy - 40 Kcal

Protein - 10g



ATTENDANCE REPORT OF CHILDREN UNDER THE NIPP PROGRAM ADOPTED BY DONORS

TOTAL	RED ZONE	YELLOW ZONE	GREEN ZONE
17	10	5	2

- The progress report of the sponsored children is sent to each donor every month on the health status of the adopted child..
- 23 children of the project Alambana (children of rag pickers) are sponsored. They are also part of the NIPP program.

DETAILED PROGRESS REPORT OF NIPP:

- Total attendance for the month of October was 46
- In this, 17 were below 5 years of age, 1 Pregnant women, 2 Lactating mothers and 3 are malnourished needy women.

PROGRESS REPORT:

- 7 children gained weight.
- 2 children lost weight due to polluted water supply in their respective area where they live.
- 8 children showed no change in weight due to seasonal illness like cough and cold.



DEATH DETAILS

NAME OF THE DECEASED	AGE OF DECEASED (YEARS)	GENDER	CAUSE OF DEATH	HEALTH PROMOTER
Gudiya	42 yrs	Female	Mouth cancer	Lata gosain
Raju	60 yrs	Male	Stroke	Dimple
Phool Chand	65 yrs	Male	Chronic Diabetes and Multiple organ failure	Banita



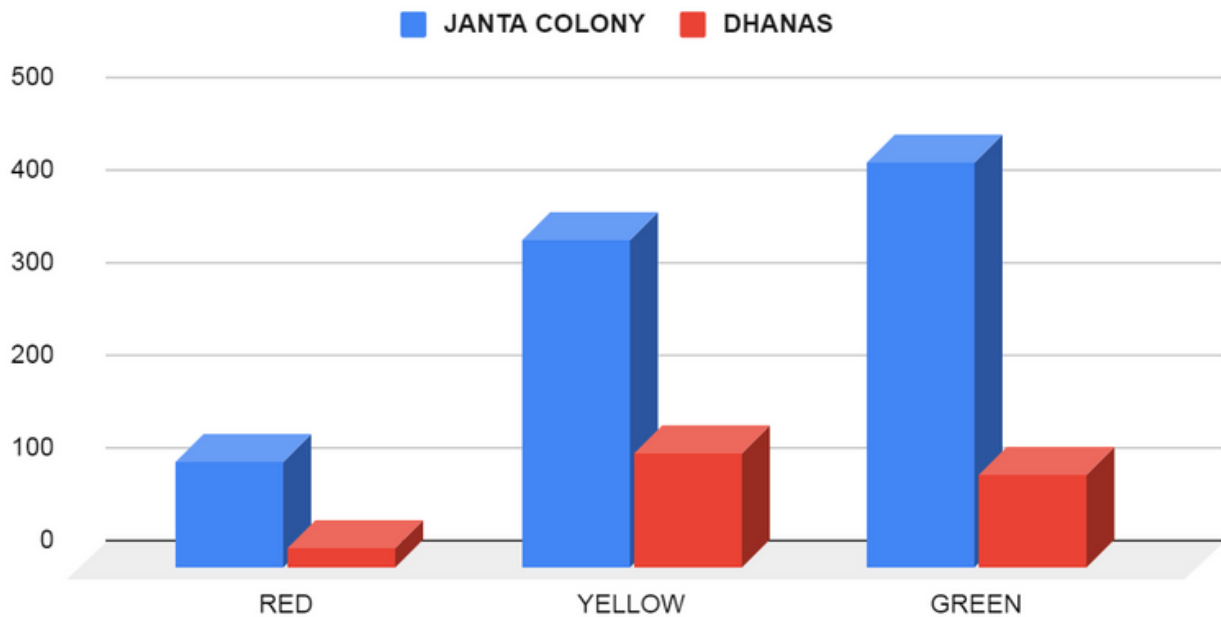
STATISTICS OF MEDICAL PROJECT

	JANTA COLONY SLUM	DHANAS VILLAGE	SINGHA DEVI SLUM
Total Number of Population	14909	4653	65
Total Males	7676	2525	30
Total Females	7233	2128	35
Total no. of children	992	302	08(<5 yrs.)
Total Red zone children	121	30	-
Red zone children Weighed	115	21	-
Children not weighed(gone to the village)	6	09	-
Total Yellow zone children	385	142	-
Yellow zone children weighed	354	124	-
Children not weighed(gone to the village)	31	18	-
Total Green Zone children	486	130	-
Green zone children Weighed	438	102	-
Children not weighed(gone to the village)	48	28	-

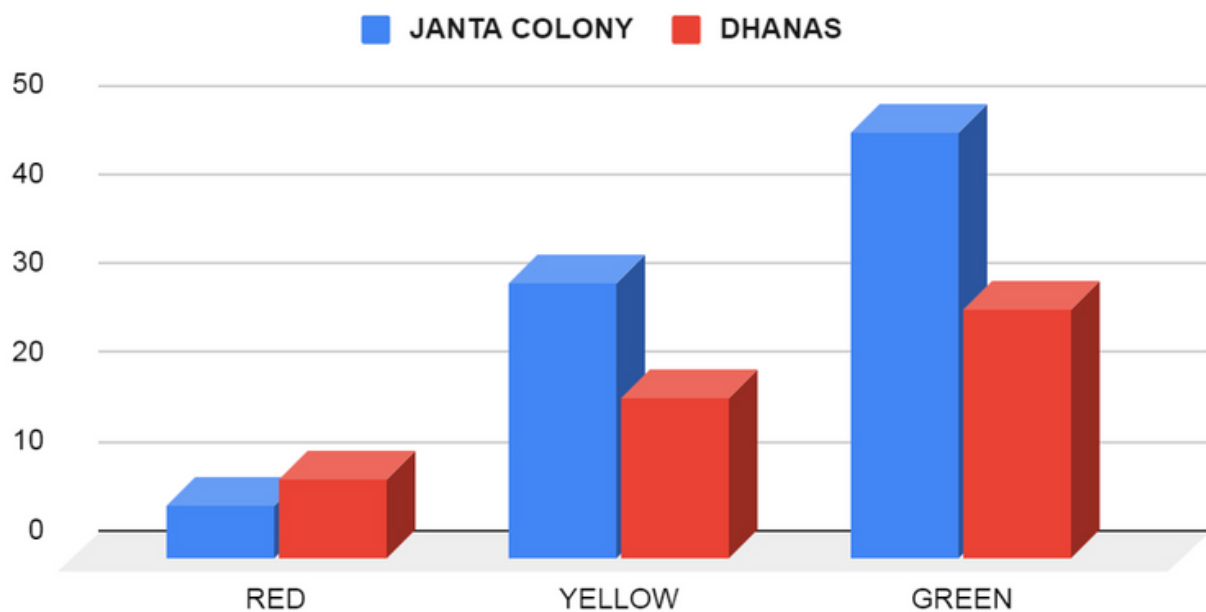
STATISTICS OF RED ZONE CHILDREN IN JANTA COLONY AND DHANAS

Age (Months)	Janta Colony		Dhanas	
	Children	%Age	Children	%Age
0-12	18	1.8	7	2.3
13-24	13	1.3	3	0.9
25-35	23	2.3	2	0.7
36-48	29	2.9	7	2.3
49-60	32	3.2	2	0.7
Total Red Zone children	121	12.1	30	9.9
Red zone children (weighed)	115	11.5	21	6.9
Children not weighed (gone to the village)	6	0.6	9	3.0

STATICS OF RED, YELLOW AND GREEN WEIGHED CHILDREN IN JANTA COLONY AND DHANAS



STATICS OF CHILDREN NOT WEIGHED IN JANTA COLONY AND DHANAS



DETAILED STATISTICS OF RED ZONE CHILDREN IN JANTA COLONY

H.P'S NAME	TOTAL CHILDREN	RED ZONE	WEIGHED	GONE TO VILLAGE	WEIGHT GAIN	WEIGHT LOSS	SAME WEIGHT	RIGID FAMILIES	WORKING MOTHERS	FLOATING POPULATION	UNDER 6 MONTH
BANITA	88	12	12	0	6	1	5	0	1	3	1
DIMPLE	106	11	10	1	5	3	2	1	0	5	3
LATA	77	8	8	0	3	2	1	0	1	4	1
MEENAKSHI	90	14	14	0	5	3	6	1	0	8	0
LATA CHAUHAN	86	9	9	0	3	1	4	0	0	6	1
POOJA	78	16	16	0	8	6	2	1	1	7	1
LATA CHANDEL	93	14	11	3	2	3	5	1	0	1	2
SUSHMA	91	6	6	0	3	0	2	0	1	1	1
SUNITA	96	8	7	1	2	0	4	0	1	4	0
VEENA	104	15	14	1	5	0	9	1	1	4	1
SANJANA	83	8	8	0	1	0	6	0	0	5	1

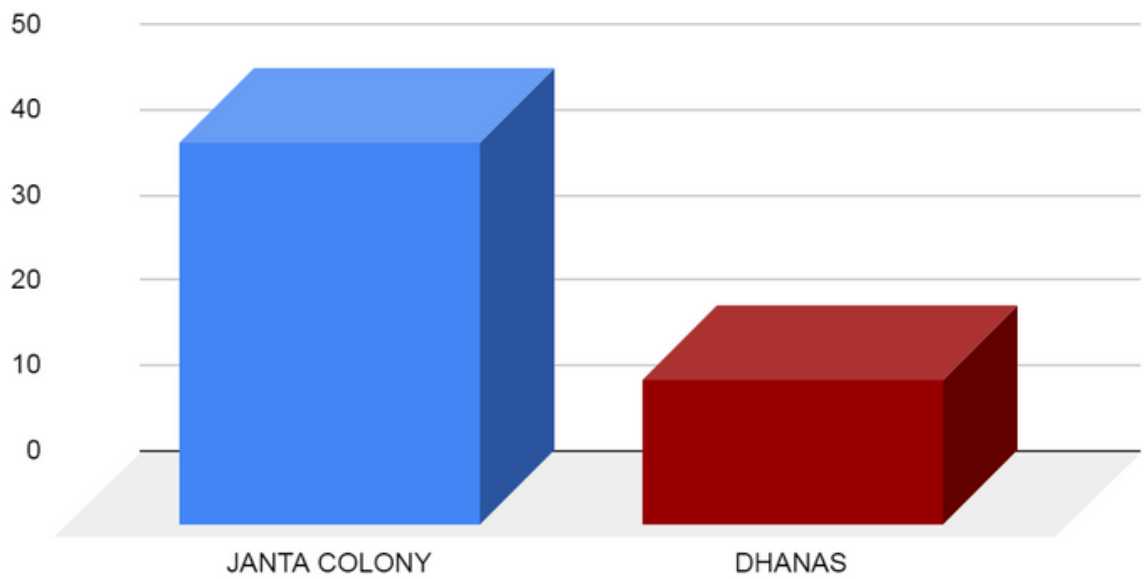
DETAILED STATISTICS OF RED ZONE CHILDREN IN JANTA DHANAS

H.P'S NAME	TOTAL CHILDREN	RED ZONE	WEIGHED	GONE TO VILLAGE	WEIGHT GAIN	WEIGHT LOSS	SAME WEIGHT	RIGID FAMILIES	WORKING MOTHERS	FLOATING POPULATION	UNDER 6 MONTH
BANITA	28	2	2	0	1	0	0	0	0	0	0
DIMPLE	26	7	5	2	3	0	0	0	1	2	2
LATA	32	1	1	0	1	0	0	0	0	0	1
MEENAKSHI	28	3	2	1	0	0	2	0	0	3	0
LATA CHAUHAN	24	2	0	2	0	0	0	0		0	0
POOJA	21	3	1	2	1	0	0	0	0	0	0
LATA CHANDEL	27	2	1	1	0	0	0	0	0	0	0
SUSHMA	32	1	1	0	1	0	0	0	0	0	0
SUNITA	31	4	4	0	3	0	1	0	1	0	1
VEENA	31	2	2	0	1	0	1	0	0	2	0
SANJANA	22	3	2	1	0	0	1	1	0	0	1

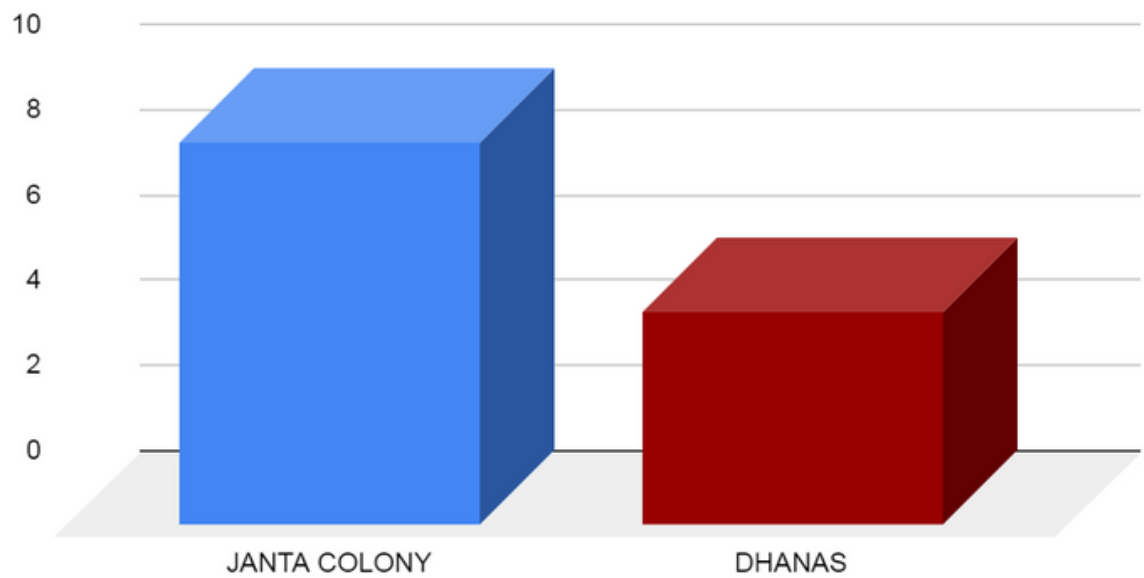
STATISTICS OF PREGNANT MOTHERS AND NEWBORN

	JANTA COLONY	DHANAS VILLAGE
Number of women pregnant last month	44	24
Number of deliveries	9	5
Births	Male: 3 Female: 6	Male-2 Female-3
Mothers who left Colony	0	2
Infant death	0	0
Miscarriages	0	0
Abortions	0	0
Newly Pregnant	6	
Trimester	1st trimester: 2 2nd trimester: 20 3rd trimester: 23	1st trimester: 0 2nd trimester: 6 3rd trimester: 11
Number of Pregnant women this month	45	17

STATICS OF PREGNANT WOMEN IN JANTA COLONY AND DHANAS



STATICS OF DELIVERIES IN JANTA COLONY AND DHANAS





EDUCATIONAL PROGRAMS:

SWAD SCHOOL

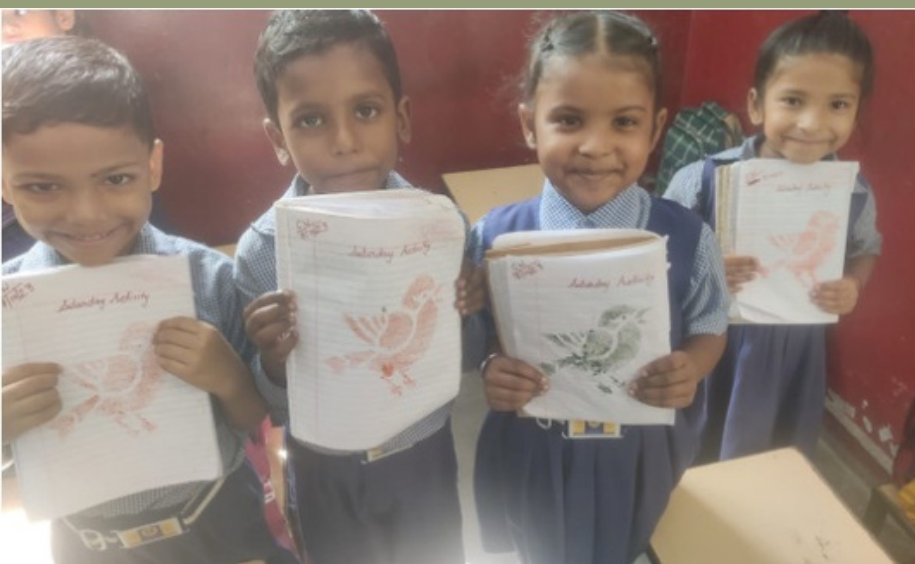
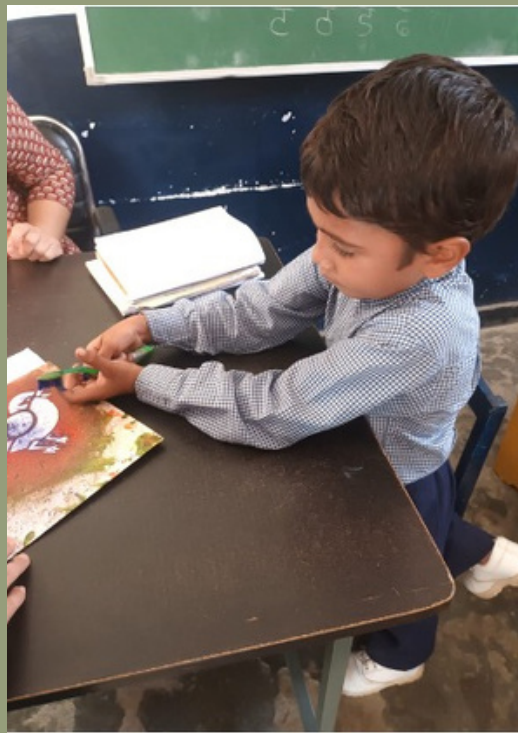
- This month, the total strength of the students was 93.





- This month's activities were spray painting on different shapes and objects.





BEST DRESSED

PRE-NURSERY



SHIVANSH

U.K.G

NURSERY



UDAY

ALAMBANA

L.K.G



VANSH



SOMYA



SAKEENA

PUNCTUAL

PRE-NURSERY



SATNAM

U.K.G

NURSERY



MISHTI

ALAMBANA

L.K.G



SIDRA



SWASTIK



DEEPIKA

BEST DRESSED

PRE-NURSERY



HARSHIT
U.K.G

NURSERY



SOURAV
ALAMBANA

L.K.G



KUNAL



AARDHYA YADAV



RISHI

PUNCTUAL

PRE-NURSERY



NAKSH
U.K.G

NURSERY



UMANG
ALAMBANA

L.K.G



ASHISH



ISHANI



ROOHI

HOMEOPATHIC CAMP

Homoeopathy camp organised by Homoeopathic Medical College and Hospital of Sector 26, Chandigarh. Team of 2 Doctors and Paramedical staff comes twice a month to serve the community with free consultation and free medication.



TUITION CLASSES

Tuition classes are held from 3PM to 5PM every day for Basti children who are studying in Public School in Chandigarh. DIR ensures every child is given extra coaching to cope up with the standard of education of Public Schools in which they are studying.

In tuition classes, frequent Tests are taken to ensure the child understands and performs outstandingly well in their respective class.

DIR INDIA HIGHLIGHTS OF THE MONTH

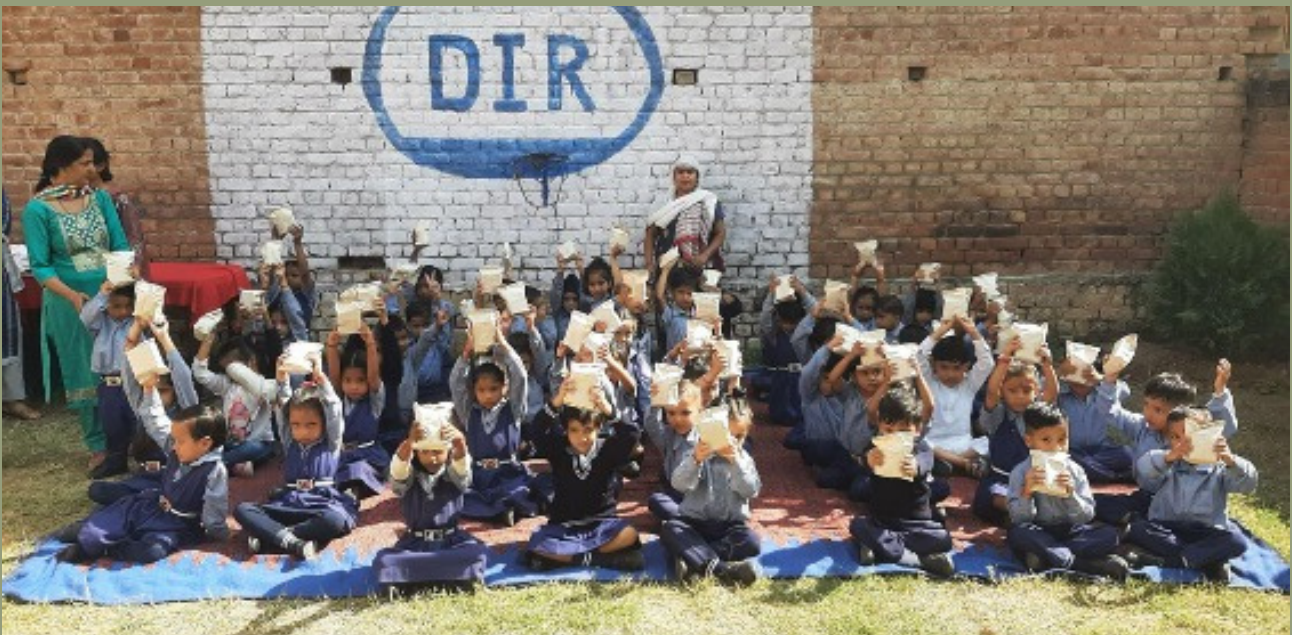
- Grocery sponsored by Dr. Shailja, was distributed amongst 10 underprivileged families worth Rupees 500 each.



- 6 new children from Rag pickers families were identified and added in Project Alambana.



- SWAD school teachers, students and medical team celebrated Dussehra by burning Effigy of Ravana and distributing sweets amongst students.



OUR TEAM



CONTACT INFORMATION

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DIR INDIA BANK DETAILS	
IN FAVOUR OF	DEVELOPING INDIGENOUS RESOURCES INDIA
BANK	STATE BANK OF INDIA
BRANCH	SECTOR-9, MADHYA MARG, CHANDIGARH-160009
ACCOUNT NO.	37375923235
RTGS/NEFT/IFS C CODE	SBIN0018249
MICR CODE	160002091
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