



# DEVELOPING INDIGENOUS RESOURCES INDIA

December 2023



# INFORMATION

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(I.P.S DGP PUNJAB)

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Developing Indigenous Resources India is qualified for Tax exemption under Income tax Act 1961 U/s 12AA, vide order no.AAATD9602KE20192, Dated- 20.02.2022 and for U/s 80 G vide order no. AAATD9602KF20224, Dated- 24.02.2022, certified from the office of the Commissioner of Income Tax-1, Sector 17 A, Chandigarh.

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# CEO'S REPORT FOR DECEMBER

December is the 12th month (last month) in our modern-day Julian and Gregorian Calendars. The important events are World's AIDS Day, World's Computer Literacy Day, Indian Navy Day, UNICEF Day and Christmas Day.

For DIR the excitement for our children is Christmas celebration. SWAD School kids know that Santa Claus will come and give gifts to them. Children dress up in their Sunday best. Dance performances and songs by children make the event entertaining.

Our compliments to Monica Bakery which has been donating a Christmas Cake to DIR for the last 14 years.



The new General Manager Of State Bank Of India Mr.Himanshu Garg along with staff visited DIR. The briefing was done by Teachers. They had a good interaction with children.They were fascinated with the performance and discipline of the children. The briefing of the medical program was done by the field coordinators and Health Promoters.



The staff, Ms Reeta and Ms Sujata along with 7 students from Oakridge International School Mohali visited the DIR Office. The students had a good interactive session with SWAD children. The visitors were amazed with the standard of their performance. They admired the discipline and were highly impressed by the confidence of each child. The school donated books, stationary and work books.



# MEDICAL TRAINING

## Topics Assigned

The medical education was mostly on lungs as in December the major issues were Pneumonia, Upper Respiratory Tract infection (URTI), Bronchitis, and all the topics covered in Medical Training were Tuberculosis as well as anatomy of lungs.

Despite being a preventable and curable disease, every year about 10 million (<https://www.who.int/health-topics/tuberculosis>) people fall ill with TB and 1.5 million people die from TB each year which makes it the world's top infectious killer disease. Moreover, it is the leading cause of death in HIV infected patients.

Our CEO, Dr. Asha Katoch took a class on TB in which the cause of TB, its types, symptoms, diagnostic methods and its treatment was elaborated very well. Tuberculosis cases are there in Janta Colony. Due to ignorance, Families keep this disease secretive as the fear and phobia still exists amongst ignorant families. The DIR medical team conducts committee meetings more often to educate the families that this disease is curable. The treatment is for six months and it is free of cost by the Indian Government.



# NUTRITION TRAINING

The Medical Project takes care of maternal and child health. In this program, nutrition plays an important role. In addition, we also guide the people on the type of diet for various other ailments like hypertension, tuberculosis, diabetes and Ischemic Heart Diseases. Four Committee meetings are held by each Health Promoter in a month, through which seasonal and chronic diseases are explained to Basti people in a simple and local language. Malnutrition is a major problem amongst most of the residents.

Keeping in mind the above facts the topics covered in academics in the month of December are:

- Clinical assessment of malnutrition
- Dietary management during Tuberculosis.
- Evaluation of malnutrition





# NUTRITIONAL DEMONSTRATION

Nutritional Demonstration on 12th Dec. 2023

Name of the Recipe - Nutritious chidwa namkeen

Flattened rice or chidwa or poha is easily digestible. It is a good source of calcium, iron, folate and energy. To make chaat more nutritious other ingredients added were peanut (dry roasted), chana dal (deep fried), bengal gram (roasted), kishmish and curry leaves. This namkeen is good in taste and flavour and low in cost.

Nutritional value per serving - 100g

Energy - 80 Kcal

Protein - 7.5g



# ATTENDANCE REPORT OF CHILDREN UNDER THE NIPP PROGRAM ADOPTED BY DONORS

TOTAL	RED ZONE	YELLOW ZONE	GREEN ZONE
16	6	6	2

- The progress report of the sponsored children is sent to each donor every month on the health status of the adopted child.
- 16 children of the project Alambana (children of rag pickers) are sponsored. They are also part of the NIPP program.

## DETAILED PROGRESS REPORT OF NIPP:

- Total attendance for the month of December was 33
- In this, 14 were below 5 years of age, 1 Lactating mothers and 2 are malnourished needy women.

## PROGRESS REPORT:

- 4 children gained weight.
- 10 children showed no change in weight due to seasonal illness like cough and cold.



# DEATH DETAILS IN JANTA COLONY

NAME OF THE DECEASED	AGE OF DECEASED( YEARS)	GENDER	CAUSE OF DEATH	NAME OF THE HEALTH PROMOTER
SANJAY	52 YEARS	MALE	CHRONIC DIABETES WITH IHD	LATA CHAUHAN
KANTA DEVI	82 YEARS	FEMALE	OLD AGE	VEENA
ARUNA'S BABY	1 MONTH	MALE	MALNOURISHED TWIN (INCUBATOR)	SUSHMA
MOHD. SHEER	10 MONTH	MALE	DUE TO DEHYDRATION	POOJA

# DEATH DETAILS IN DHANAS

NAME OF THE DECEASED	AGE OF DECEASED (YEARS)	GENDER	CAUSE OF DEATH	NAME OF THE HEALTH PROMOTER
ASTHA	3 MONTHS	FEMALE	NOT KNOWN	SANJANA

# STATISTICS OF MEDICAL PROJECT

	JANTA COLONY SLUM	DHANAS VILLAGE	SINGHA DEVISLUM
Total Population	14956	4465	65
Total Males	7709	2527	30
Total Females	7247	2138	35
Total no. of children	992	300	8 (<5 yrs.)
Total Red zone children	100	24	-
Red zone children Weighed	96	21	-
Children not weighed(gone to the village)	4	3	-
Total Yellow zone children	385	133	-
Yellow zone children weighed	346	121	-
Children not weighed(gone to the village)	39	12	-
Total Green Zone children	507	143	-
Green zone children Weighed	469	121	-

	JANTA COLONY SLUM	DHANAS VILLAGE
Total No. of children last month	990	300
Children permanently left	13	7
Total Deliveries	8	1
Children reached 5 years of age	11	3
New families moved in area on rent with children under five	19	9





# STATISTICS OF RED ZONE CHILDREN IN JANTA COLONY AND DHANAS

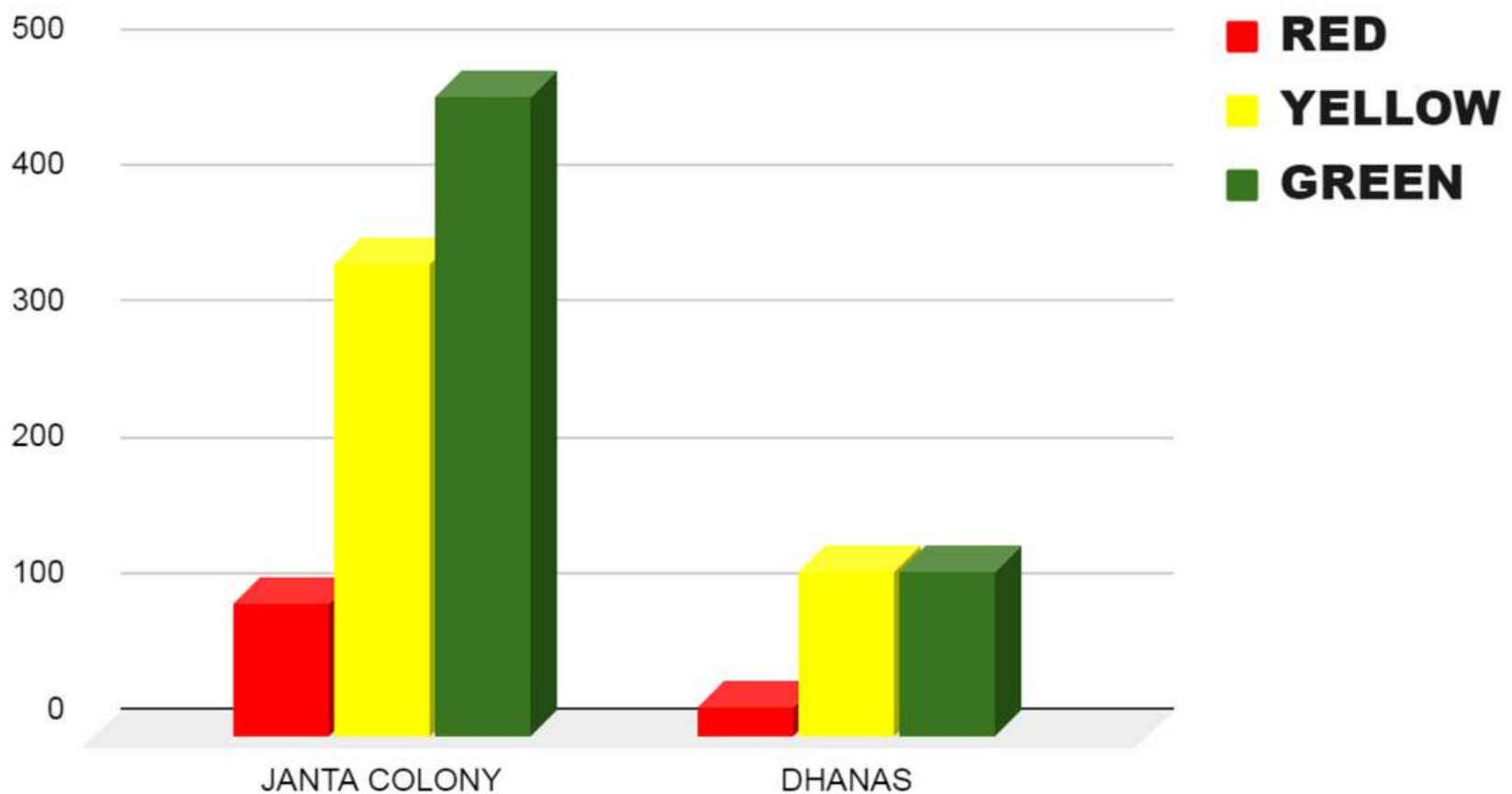
	Janta Colony		Dhanas	
Age (Months)	Children	%Age	Children	%Age
0-12	26	2.6	4	1.3
13-24	7	0.7	4	1.3
25-35	14	1.4	2	0.7
36-48	25	2.5	7	2.4
49-60	24	2.4	4	1.3
Total Red Zone children	100	10.0	24	8
Red zone children (weighed)	96	9.6	21	7
Children not weighed (gone to the village)	4	0.4	3	1



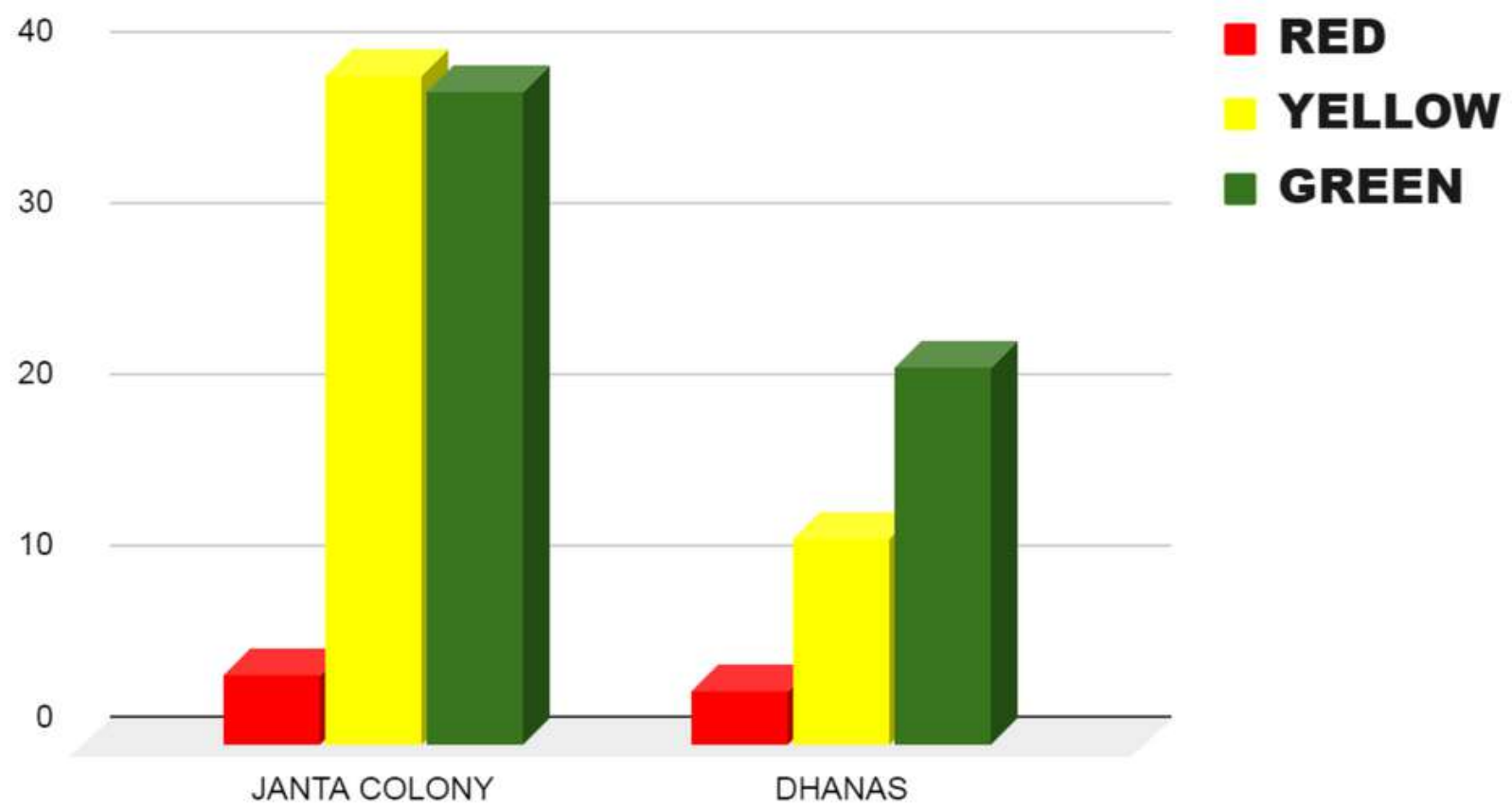
# DETAILED STATISTICS OF RED ZONE CHILDREN IN JANTA COLONY

H.P'S NAME	TOTAL CHILDREN	RED ZONE	WEIGHED	GONE TO VILLAGE	WEIGHT GAIN	WEIGHT LOSS	SAME WEIGHT	RIGID FAMILIES	WORKING MOTHERS	FLOATING POPULATION	UNDER 6 MONTH
BANITA	91	11	11	0	3	2	6	2	1	4	2
DIMPLE	105	9	9	0	4	1	3	1	1	1	4
LATA	76	5	5	0	1	1	3	0	0	3	1
MEENAKSHI	95	11	11	0	1	4	5	3	0	6	0
LATA CHAUHAN	85	6	6	0	1	0	5	0	0	4	1
POOJA	77	19	17	2	6	6	3	1	0	10	4
LATA CHANDEL	89	8	8	0	6	0	2	0	0	0	4
SUSHMA	93	6	6	0	5	0	1	0	1	1	2
SUNITA	85	6	6	0	1	1	4	0	0	3	0
VEENA	102	9	8	1	4	1	2	0	0	5	1
SANJANA	84	10	9	1	2	0	6	0	0	5	3

### STATISTIC OF RED, GREEN AND YELLOW ZONE WEIGHED CHILDREN IN DHANAS AND JANTA COLONY



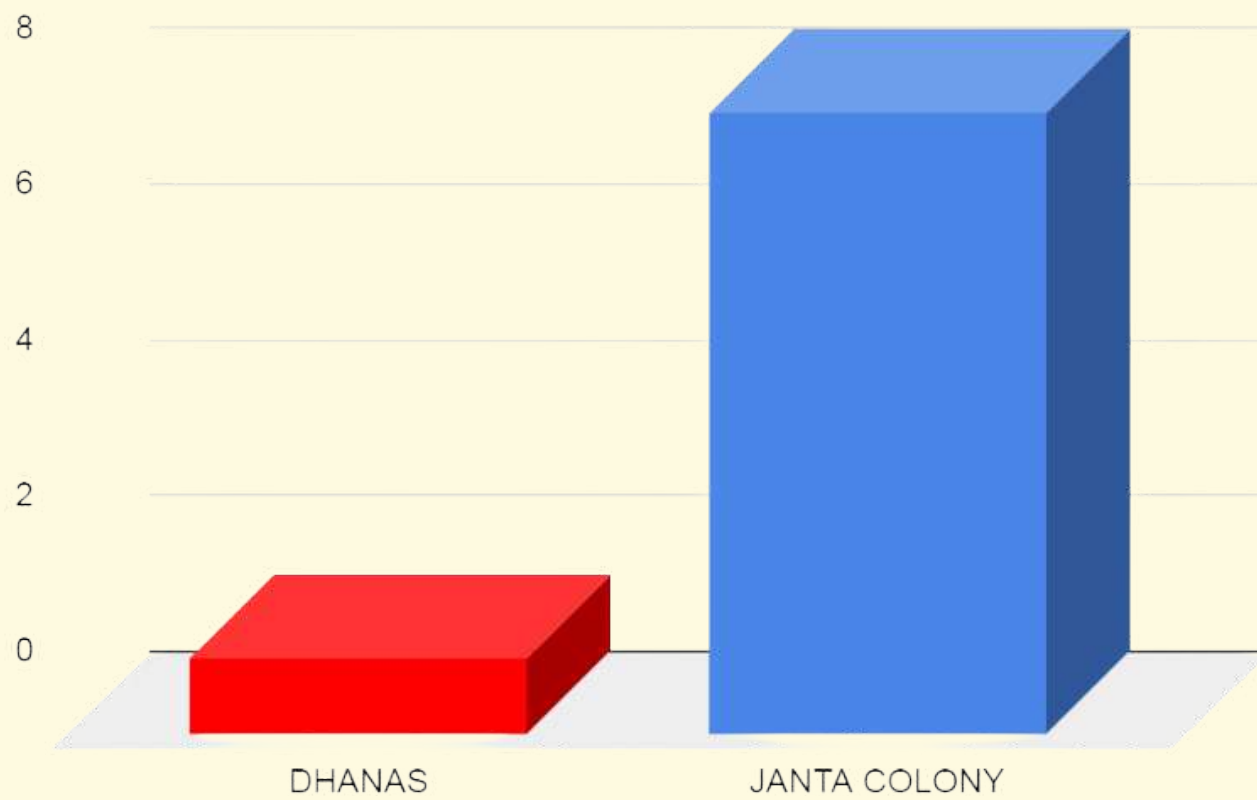
### STATISTIC OF RED, GREEN AND YELLOW ZONE NOT WEIGHED CHILDREN IN DHANAS AND JANTA COLONY



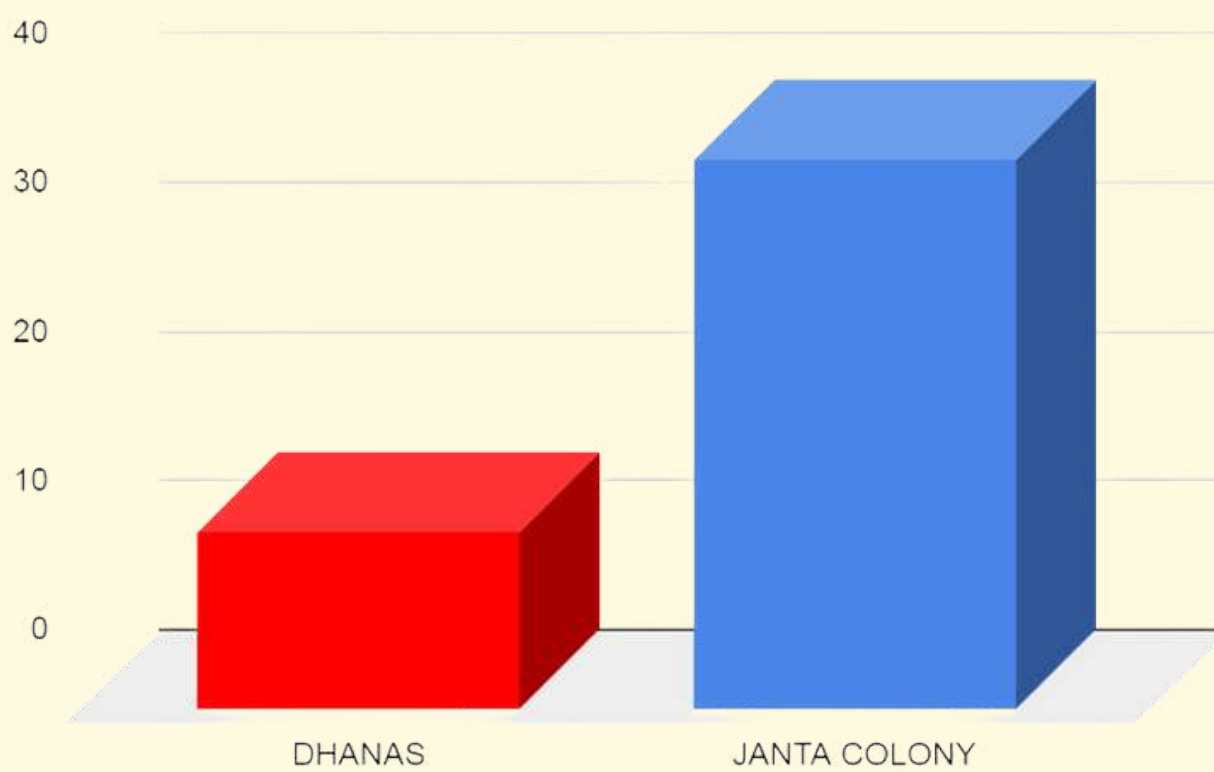
# STATISTICS OF PREGNANT MOTHERS AND NEWBORNS

	JANTA COLONY	DHANAS VILLAGE
Number of women pregnant last month	42	11
Number of deliveries	8	1
Births	Male: 5 Female: 3	Male: 1 Female: 0
Mothers who left Colony	2	0
Infant death	1	0
Miscarriages	0	0
Abortions	0	0
Newly Pregnant	5	2
Trimester	1st trimester: 1 2nd trimester: 13 3rd trimester: 23	1st trimester: 1 2nd trimester: 2 3rd trimester: 9
Number of Pregnant women this month	37	12

### STATISTC OF TOTAL DELIVERIES IN JANTA COLONY AND DHANAS



### STATISTC OF TOTAL PREGNANT IN JANTA COLONY AND DHANAS

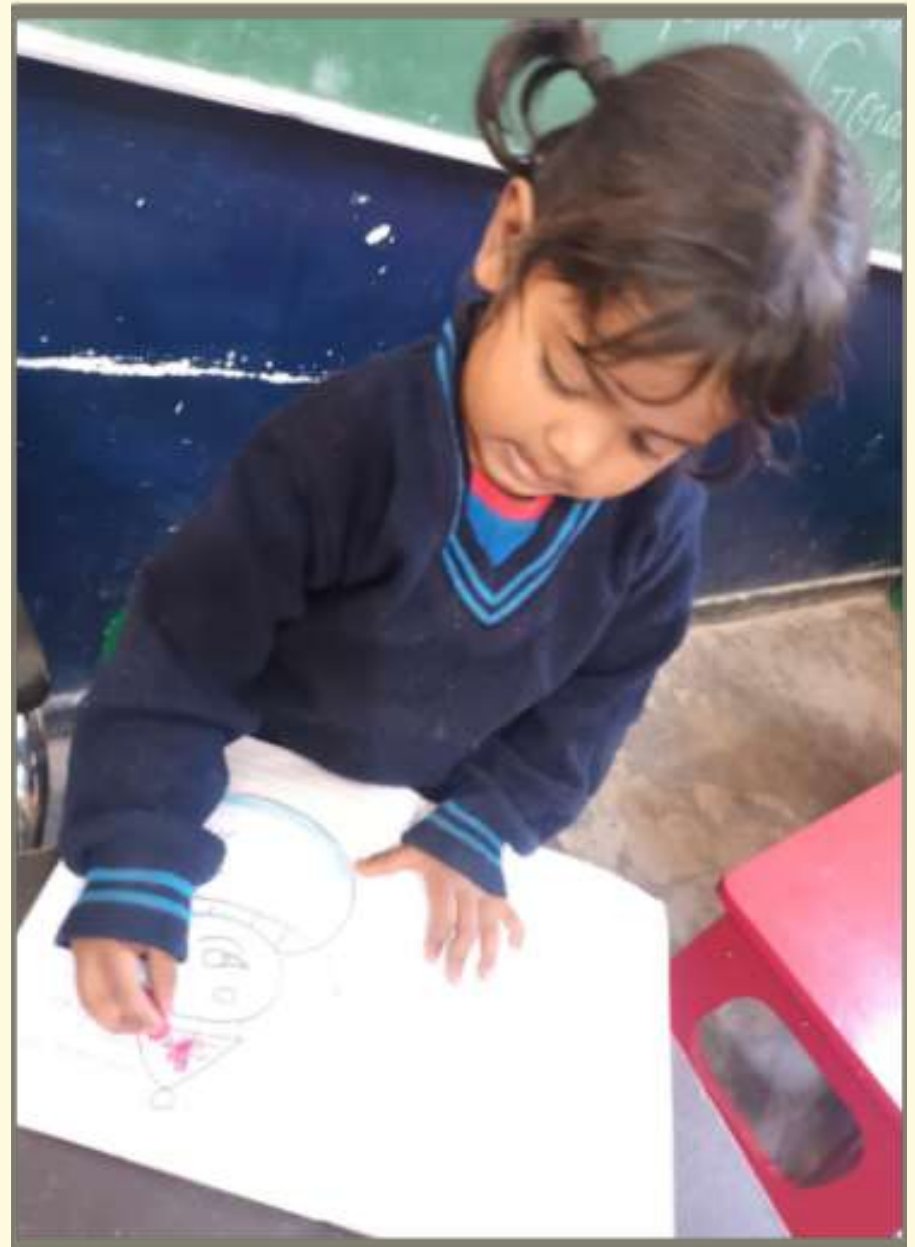
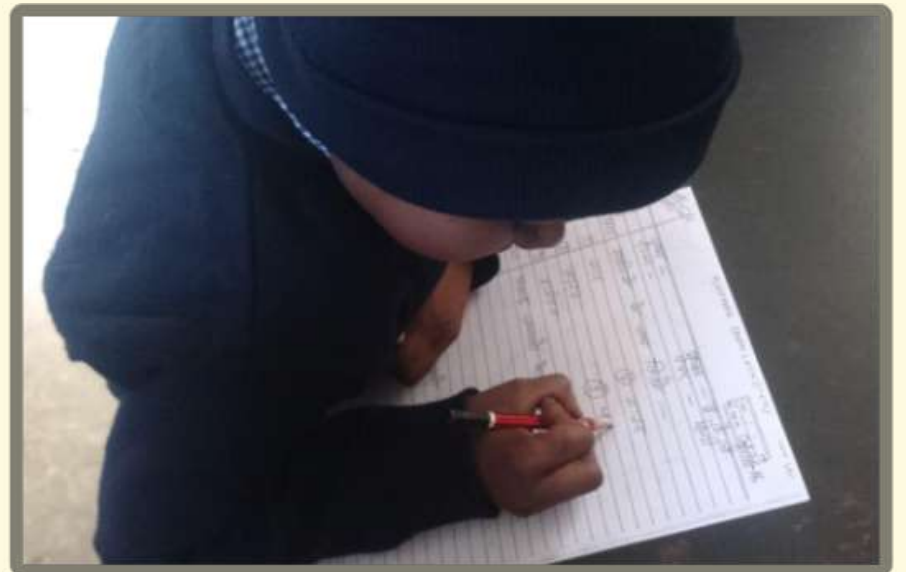




# EDUCATIONAL PROGRAMS

## SWAD SCHOOL:

- This month, the total strength of the students was 88.
- Activities , children learnt paper craft, they made paper flowers and they made flowers and stars and with pencil waste.





# BEST DRESSED

**PRE-NURSERY**



**ARNAV**

**U.K.G**

**NURSERY**



**NATEIK**

**ALAMBANA**

**L.K.G**



**VEER PRATAP**



**AARSHYA RAWAT**



**RISHI**

# PUNCTUAL

**PRE-NURSERY**



**ERIKA**

**U.K.G**

**NURSERY**



**NITYA**

**ALAMBANA**

**L.K.G**



**SIDRA**



**SWASTIK**



**RUHI**



# BEST STUDENT

**PRE-NURSERY**



**HARSHIT**

**NURSERY**



**MANVI**

**L.K.G**



**VANIYA**

**U.K.G**

**ALAMBANA**



**SOMYA**



**PRIYANSHI**

# DISCIPLINED

**PRE-NURSERY**



**SHIVA**

**NURSERY**



**MISHTI**

**L.K.G**



**RIDHIYANSHI**

**U.K.G**

**ALAMBANA**



**AARADHYA**



**VIRAJ**

# HOMOEOPATHIC CAMP



Homoeopathy camp organised by Homoeopathic Medical College and Hospital of Sector 26, Chandigarh. Team of 2 Doctors and Paramedical staff comes twice a month to serve the community with free consultation and free medication.

## TUITION CLASSES

Tuition classes are held from 3PM to 5PM every day for Basti children who are studying in Public School in Chandigarh. DIR ensures every child is given extra coaching to cope up with the standard of education of Public Schools in which they are studying. In tuition classes, frequent Tests are taken to ensure the child understands and performs outstandingly well in their respective class.

# DIR INDIA HIGHLIGHTS OF THE MONTH

Chief Manager of SBI,PEC branch Mr. Himanshu Garg visited the organization



Staff and students of Oakridge International school visited the organization and donated stationary and books to the SWAD school



DIR India medical team celebrated Christmas Day along with students and staff of school.



# OUR TEAM



# CONTACT INFORMATION

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Mobile No.	+91-9478866412

## DIR INDIA BANK DETAILS

IN FAVOUR OF	DEVELOPING INDIGENOUS RESOURCES INDIA
BANK	STATE BANK OF INDIA
BRANCH	SECTOR-9, MADHYA MARG, CHANDIGARH-160009
ACCOUNT NO.	37375923235
RTGS/NEFT/IFSC CODE	SBIN0018249
MICR CODE	160002091
INSTAMOJO LINK:	instamojo.com/@dir

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FACEBOOK	<a href="https://www.facebook.com/dir">https://www.facebook.com/dir</a>
TWITTER	<a href="https://twitter.com/@dirdotngo">twitter.com/@dirdotngo</a>
YOUTUBE	<a href="https://www.youtube.com/channel/UCvjksGNLMLNLR6ji-7_kQPg">https://www.youtube.com/channel/UCvjksGNLMLNLR6ji-7_kQPg</a>