



Developing Indigenous Resources India

February 2024



DEVELOPING INDIGENOUS RESOURCES INDIA

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<u>S.NO.</u>	<u>TITLE</u>
1	CEO REPORT
2	MEDICAL TRAINING
3	NUTRITION TRAINING
4	NUTRITIONAL DEMONSTRATION
5	NUTRITION IMPROVEMENT PRIORITY PROGRAM
6	STATISTICS OF CHILDREN UNDER THE NIPP PROGRAM
7	DEATH DETAILS
8	STATISTICS OF MEDICAL PROJECT
9	STATISTICS OF THE RED ZONE CHILDREN
10	STATISTICS OF PREGNANT MOTHERS AND NEWBORN
11	HOMOEOPATHIC CAMPS
12	INCOME GENERATION PROGRAM
13	EDUCATIONAL PROGRAMS
14	DIR-INDIA FEBRUARY HIGHLIGHTS
15	AGENDA POINTS
16	OUR TEAM AND CONTACT INFORMATION

CEO'S REPORT FOR FEBRUARY

The health of the underprivileged community is a major concern in urban slums. The residents have limited resources of earning, so the cost of living in big cities is much higher in comparison to small towns and villages.

The major project of DIR INDIA in urban slums is on Mother and Child Health, Pregnant Mothers, and Lactating mothers. In addition, we also cover, both seasonal and communicable diseases.

Our monthly reports have detailed information of all statistics on health including residents suffering chronic illnesses like Diabetes Mellitus, IHD, Hypertension and Thyroid diseases. Our monthly report has statistics of deaths and the cause of death.

It is mandatory for each Health Promoter to report the number of cases in her adopted area, who are suffering from chronic illnesses in the heart, kidney and lungs. Monitoring and guidance are constantly given to the patients. Our Health Promoters are respected and they are good advisers for the residents of these areas.

In the Medical Project, each member of the field staff has to hold one committee meeting in a week on seasonal diseases in her area of responsibilities. This helps greatly in generating awareness and educates the local resident how to prevent it. The audience are majority women. This helps the masses in spreading awareness across the slum. During COVID-19 Pandemic in Janta Colony

and Safeda Colony we did not have a single case of COVID in a population of 15,000 as DIR



started classes on CoronaVirus in January 2020 and committee meetings on prevention of the disease through charts and posters from February 20

In this month the agenda of the medical program was to collect data on the number of cases both male and female suffering from chronic diseases like IHD, Blood Pressure, Thyroid and Diabetes Mellitus. The Excel sheet below will explain the statistics of Chronic Diseases in our adopted area.

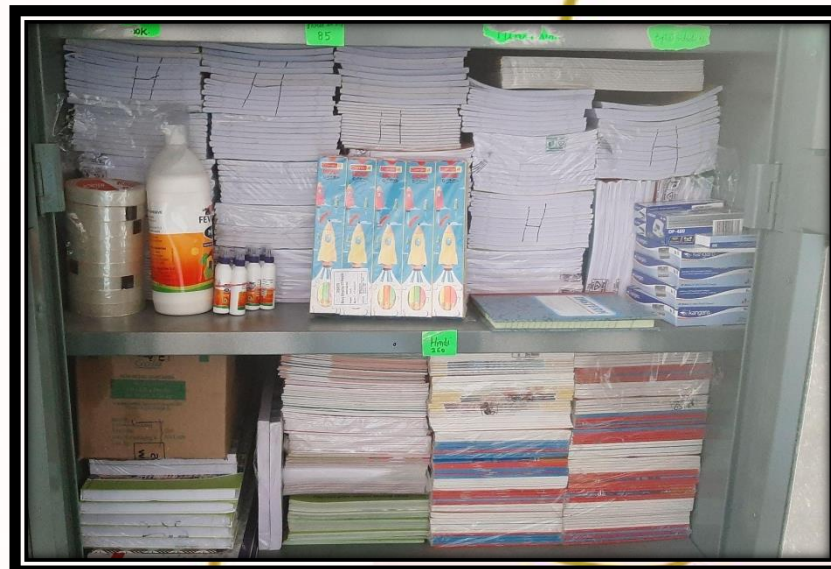
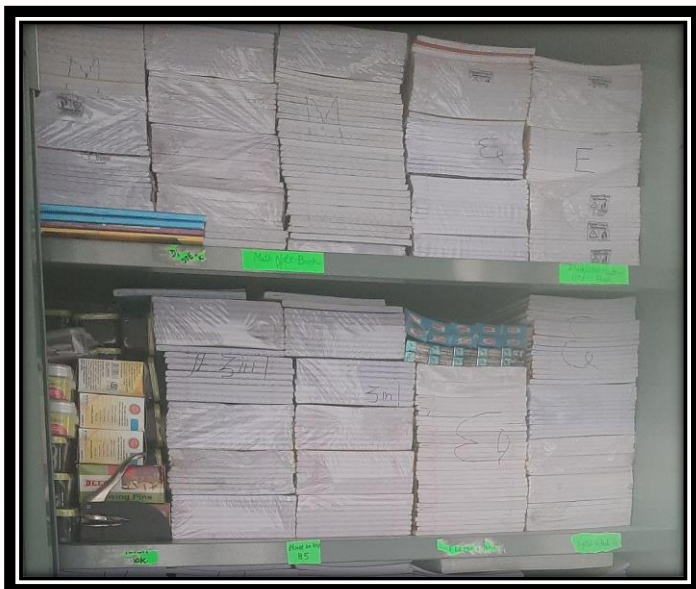
SURVEY OF CHRONIC DISEASES IN JANTA COLONY 2024

NAME OF H.P	TOTAL CHILDREN	SCHOOL GOING CHILDREN (2.5 years of age and above)	CHILDREN NOT GOING TO SCHOOL (below the age of 2.5 years)	CASES OF HYPERTENSION	DIABETIC CASES	THYROID CASES	ISCHEMIC HEART DISEASE CASES	NON IMMUNIZED CASES
BANITA RAWAT	49	19	30	6	5	3	0	0
DIMPLE BARUA	51	20	31	9	7	10	2	0
LATA GOSAIN	42	25	17	4	5	8	0	1
MEENAKSHI NEGI	43	22	21	2	7	1	0	0
LATA CHAUHAN	55	30	25	6	13	8	3	0
POOJA VIDYARTHI	49	29	20	4	8	8	2	0
LATA CHANDEL	37	25	12	9	5	8	0	0
SUSHMA BISHT	45	25	20	9	13	5	0	0
SUNITA MUKHIA	60	16	44	10	12	9	1	1
VEENA RANI	48	10	38	3	4	2	0	0
SANJANA PRAJAPATI	42	25	17	12	12	9	3	0
MEENA	37	17	20	5	9	6	0	0
POONAM	29	10	19	7	10	5	0	0
TOTAL	587	273	314	86	110	82	11	2

Each year in the month of February there is a Rose festival. Panjab University Enactus Team shared a stall with DIR India where some of our products from Tailoring Unit got sold.



Mr Harshvardhan Jain donated stationery for SWAD School children. We are extremely grateful to Harshvardhan and his Parents who have helped the organization whenever any request is made.



MEDICAL TRAINING

February being the shortest month of the year with a fluctuation of days is an important period that observes many national and international days. Regarding the medical training in February, our C.E.O. Dr. Asha Katoch taught about the primary respiratory organ Lungs including its role in gas exchange together with different lung capacities.



In addition to this, a class was taken on pneumonia as it is counted as the prominent cause of suffering and death with great clinical impact across the globe. Globally, around 16% of under five children die due to pneumonia. It is the single largest cause of death in children. <https://www.isglobal.org/en/-/un-nino-muere-de-neumonia-cada-42-segundos-en-el-mundo> Childhood pneumonia, if identified early, is readily treatable through low cost antibiotics. Access to timely and appropriate care is a key action to control pneumonia.



NUTRITION TRAINING

Requirement of nutrition starts just after birth. The first food of a child is **colostrum**, which is very important for the rest of the life of the baby. So, nutritional management in newborn and infants is very important. Early nutritional deficits are also linked to long-term impairment in growth and health. Malnutrition during the first 2 years of life causes stunting, leading to the adult being several centimetres shorter than his or her potential height. There is a lot of evidence in Janta Cony that adults who were malnourished in early childhood have impaired intellectual performance. If women were malnourished as children, their reproductive capacity is affected, their infants may have lower birth weight, and they have more complicated deliveries. When many children in a population are malnourished, it has implications for national development. The overall functional consequences of malnutrition are thus immense.

The first two years of life provide a critical window of opportunity for ensuring children's appropriate growth and development through optimal feeding.

[https://www.ncbi.nlm.nih.gov/books/NBK148967/#:~:text=Early%20nutritional%20deficits%20are%20also,her%20potential%20height%20\(3\).](https://www.ncbi.nlm.nih.gov/books/NBK148967/#:~:text=Early%20nutritional%20deficits%20are%20also,her%20potential%20height%20(3).)

Keeping in mind the above facts, in the month of February the nutrition training was focused on the following topics:

- Nutritional management in newborn and infants.
- Nutritional assessment
- Basic components of nutrition



NUTRITIONAL DEMONSTRATION

Nutritional Demonstration on 20th February 2024

Name of the Recipe - Low cost *chana Chaat*

Nutritional value per serving - 100g

Energy - 56 Kcal

Protein - 6.5g

Low cost, high protein and energy rich *chaat* was prepared by using roasted black *chana*, carrot, beetroot, ground nut, boiled potato, finely chopped tomato, onion and coriander leaves. lemon juice was added to enhance the flavor as well as for the proper absorption of iron.



ATTENDANCE REPORT OF CHILDREN UNDER THE NIPP PROGRAM ADOPTED BY DONORS

<u>TOTAL</u>	<u>RED ZONE</u>	<u>YELLOW ZONE</u>	<u>GREEN ZONE</u>
<u>13</u>	<u>6</u>	<u>4</u>	<u>3</u>

- The progress report of the sponsored children is sent to each donor every month on the health status of the adopted child.
- **16 children of the project Alambana (children of rag pickers) are sponsored. They are also part of the NIPP program.**

DETAILED PROGRESS REPORT OF NIPP:

- Total attendance for the month of February was 33
- In this, 13 were below 5 years of age, 2 were needy Lactating mothers and 2 were malnourished needy women.

PROGRESS REPORT UNDER NIPP PROGRAM:

- 6 children gained weight.
- 7 children showed no change in weight due to seasonal illness like cough and cold.





DEATH DETAILS IN JANTA COLONY

NAME OF THE DECEASED	AGE OF DECEASED (YEARS)	GENDER	CAUSE OF DEATH	NAME OF THE HEALTH PROMOTER
KARTARI DEVI	85	FEMALE	NATURAL DEATH	DIMPLE

DETAILS IN DHANAS

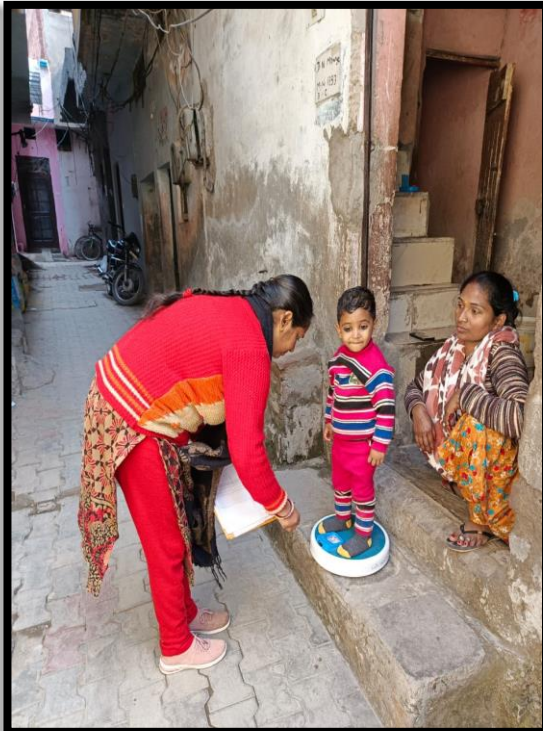
NAME OF THE DECEASED	AGE OF DECEASED (YEARS)	GENDER	CAUSE OF DEATH	NAME OF THE HEALTH PROMOTER
RAM DEV	62	MALE	CARDIAC ARREST	SUNITA
BABY	3	FEMALE	CONGENITAL ABNORMALITY OF THE HEART	LATA GOSAIN
MOHAN	70	MALE	ROAD ACCIDENT	BANITA
ANGURI	62	FEMALE	DIABETES WITH ASTHMATIC BRONCHITIS	BANITA

STATISTICS OF MEDICAL PROJECT

	<u>JANTA COLONY</u> <u>SLUM</u>	<u>DHANAS VILLAGE</u>	<u>SINGHA DEVI</u> <u>SLUM</u>
Total Population	9519	4668	65
Total Males	4891	2530	30
Total Females	4628	2138	35
Total no. of children	587	294	08(<5 yrs.)
<u>Total Red zone children</u>	72	24	-
Red zone children Weighed	66	21	-
Children not weighed (gone to the village)	6	3	-
<u>Total Yellow zone children</u>	226	122	-
Yellow zone children weighed	202	105	-
Children not weighed (gone to the village)	24	17	-
<u>Total Green Zone children</u>	289	148	-
Green zone children Weighed	267	121	-
Children not weighed (gone to the village)	22	27	-

	<u>IANTA COLONY SLUM</u>	<u>DHANAS VILLAGE</u>
Total No. of children last month	598	300
Children permanently left	86	6
Total Deliveries	5	3
Children reached 5 years of age	14	6
New families moved in area on rent with children under five	84	3





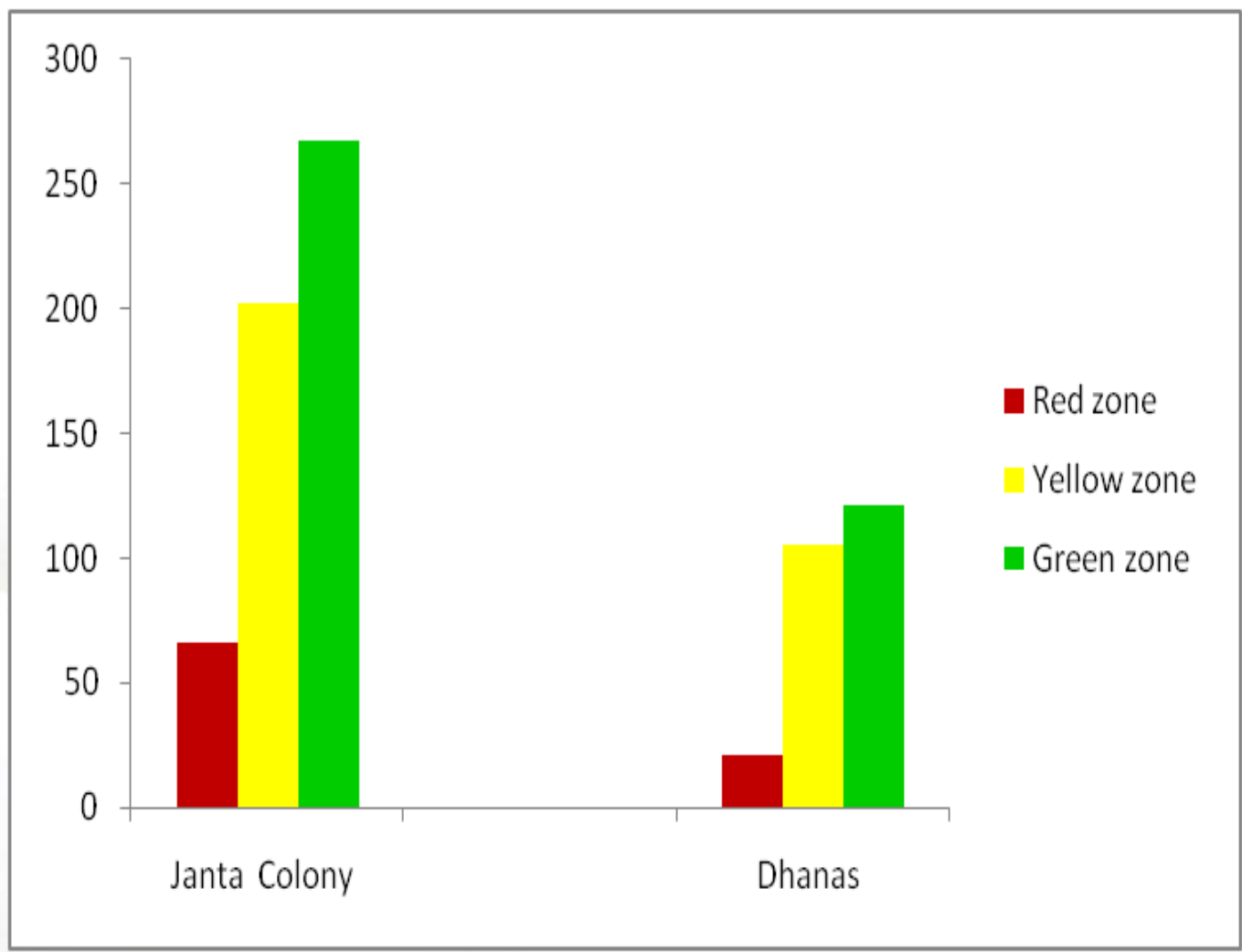
STATISTICS OF RED ZONE CHILDREN IN JANTA COLONY AND DHANAS

	Janta Colony		Dhanas	
Age (Months)	Children	%Age	Children	%Age
0-12	17	2.8	5	1.7
13-24	7	1.2	2	0.7
25-35	8	1.4	4	1.4
36-48	18	3.1	6	2.0
49-60	16	2.7	4	1.4
Total Red Zone children	72	12.2	24	8.2
Red zone children (weighed)	66	11.2	21	7.2
Children not weighed (gone to the village)	6	1.0	3	1.0

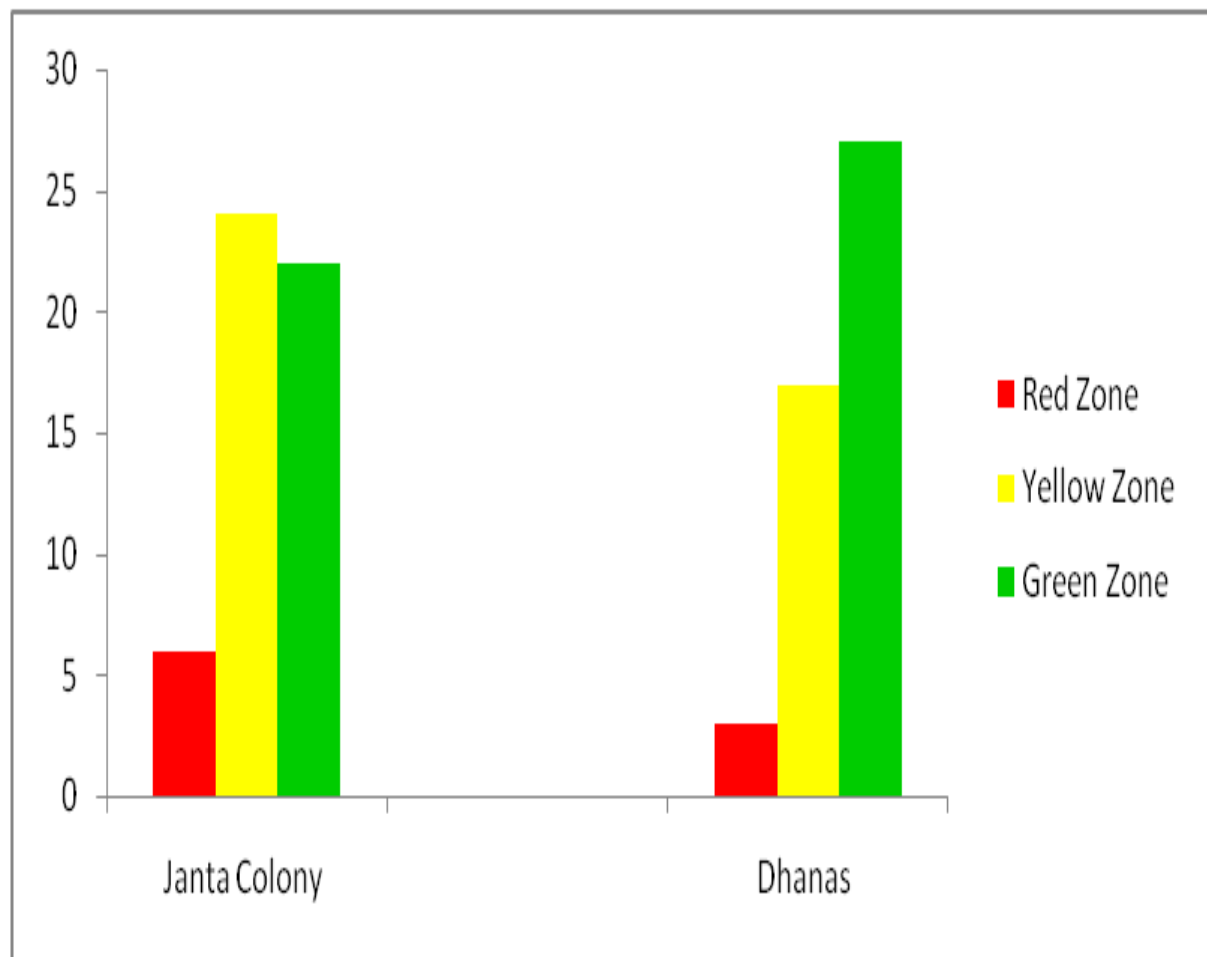
DETAILED STATISTICS OF RED ZONE CHILDREN IN JANTA COLONY

H.P'S NAME	TOTAL CHILDREN	RED ZONE	WEIGHED	GONE TO VILLAGE	WEIGHT GAIN	WEIGHT LOSS	SAME WEIGHT	RIGID FAMILIES	WORKING MOTHERS	FLOATING POPULATION	UNDER 6 MONTH
BANITA	49	11	10	1	6	3	1	0	0	7	0
DIMPLE	51	8	7	1	1	1	4	1	0	0	2
LATA	42	5	5	0	1	1	2	0	0	1	3
MEENAKSHI	43	4	3	1	1	1	1	1	0	2	1
LATA CHAUHAN	55	7	7	0	2	1	3	0	0	7	0
POOJA	49	7	7	0	5	0	2	0	0	4	0
LATA CHANDEL	37	1	1	0	0	0	1	0	0	0	0
SUSHMA	45	6	6	0	3	0	3		1	2	0
SUNITA	60	2	1	1	0	1	0	0	0	1	0
VEENA	48	5	5	0	1	2	1	0	0	1	2
SANJANA	42	3	1	2	1	0	0	0	0	1	1
MEENA	37	7	7	0	0	0	0	0	0	3	0
POONAM	29	6	6	0	0	0	0	0	1	1	1

Total Number of children weighed in Red, Yellow and Green Zone in Janta Colony and Dhanas



Total number of children not weighed in Red, Yellow and Green zone in Janta colony and Dhanas



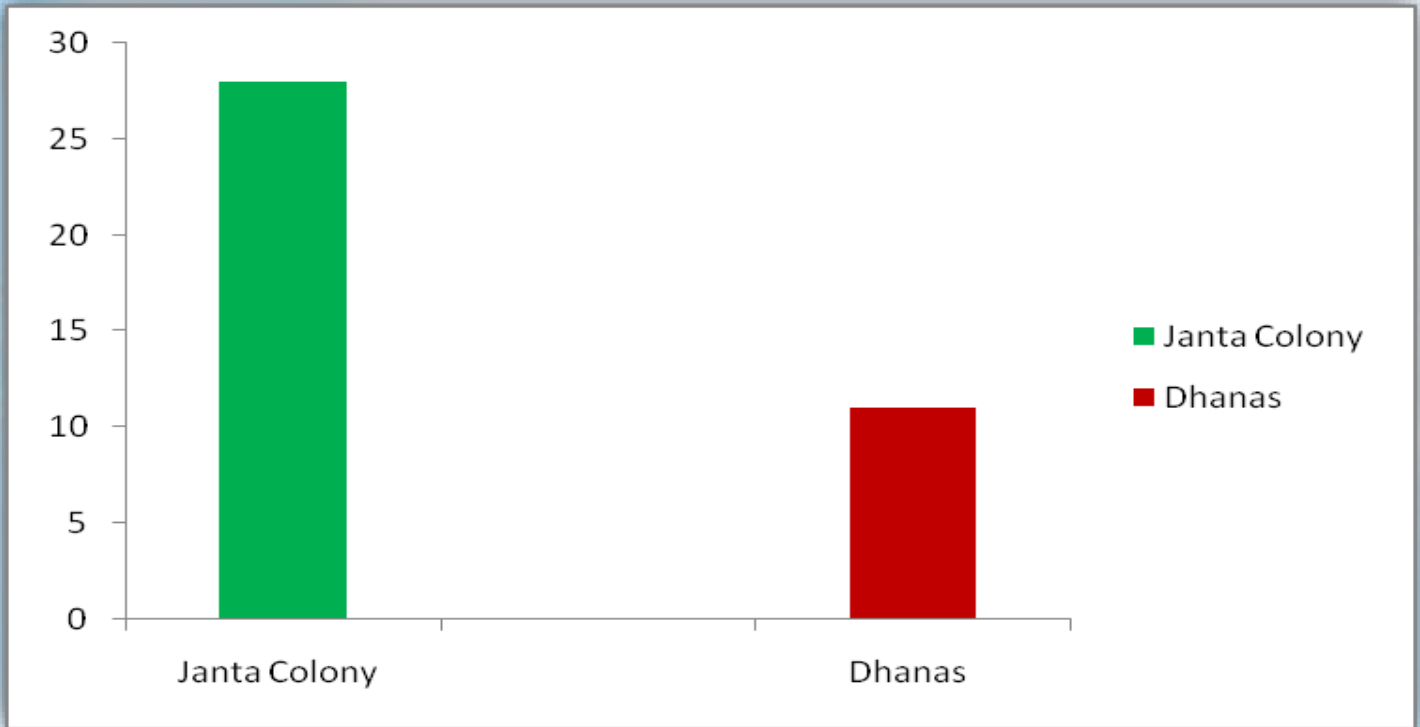
DETAILED STATISTICS OF RED ZONE CHILDREN IN DHANAS

H.P'S NAME	TOTAL CHILDREN	RED ZONE	WEIGHED	GONE TO VILLAGE	WEIGHT GAIN	WEIGHT LOSS	SAME WEIGHT	RIGID FAMILIES	WORKING MOTHERS	FLOATING POPULATION	UNDER 6 MONTH
BANITA	32	1	1	0	0	0	1	0	0	0	0
DIMPLE	30	5	4	1	2	0	2	0	0	0	2
LATA	30	1	1	0	0	0	1	0	0	0	1
MEENAKSHI	27	3	1	2	0	0	1	0	0	0	0
LATA CHAUHAN	24	4	4	0	0	1	3	0	0	0	0
POOJA	20	2	2	0	2	0	0	0	0	0	0
LATA CHANDEL	24	4	1	0	0	0	1	0	0	0	0
SUSHMA	33	2	2	0	2	0	0	0	0	0	0
SUNITA	26	2	2	0	1	0	1	0	0	0	0
VEENA	28	1	1	0	0	0	1	0	0	0	0
SANJANA	20	2	2	0	0	0	2	0	0	0	0

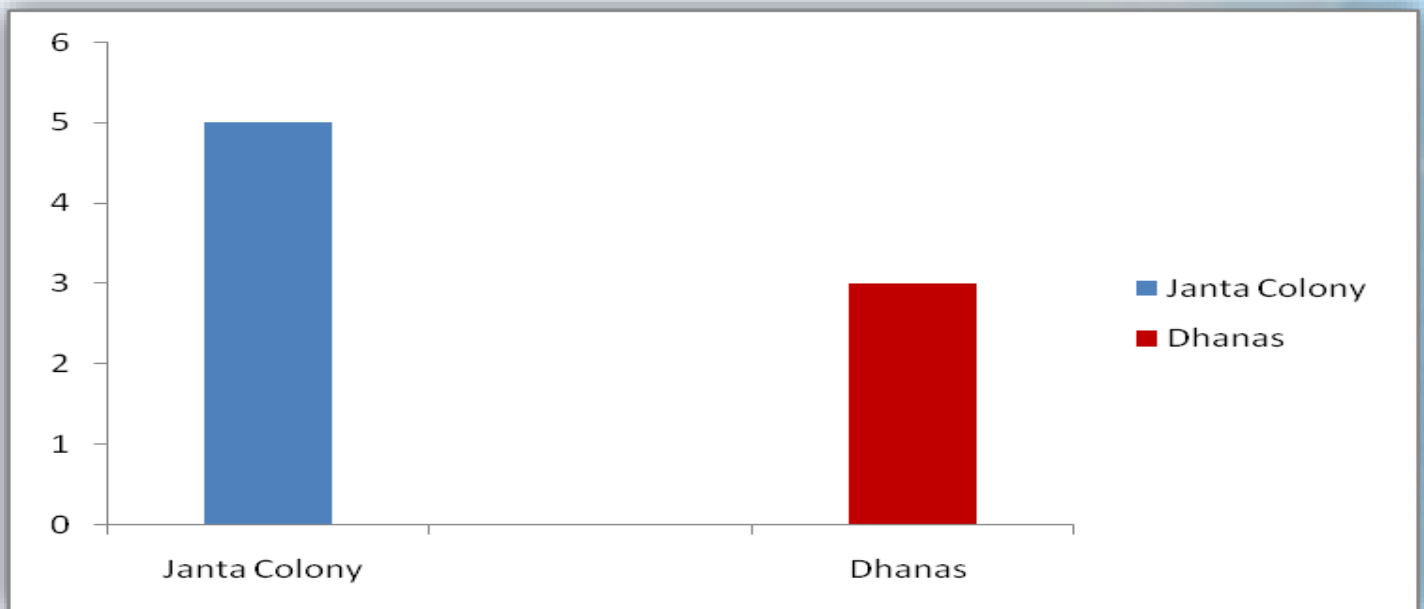
STATISTICS OF PREGNANT MOTHERS AND NEWBORN

	<u>JANTA COLONY</u>	<u>DHANAS VILLAGE</u>
Number of women pregnant last month	24	11
Number of deliveries	5	3
Births	Male:1 Female:4	Male:1 Female:2
Mothers who left Colony	0	1
Infant death	0	0
Miscarriages	0	0
Abortions	0	0
Newly Pregnant	9	4
Trimester	1 st trimester:1 2 nd trimester: 9 3 rd trimester: 18	1 st trimester:1 2 nd trimester: 4 3 rd trimester: 6
Number of Pregnant women this month	28	11

Total number of pregnant women in Janta Colony and Dhanas



Total number of Deliveries in Janta Colony and Dhanas





EDUCATIONAL PROGRAMS:

SWAD SCHOOL PROGRESS REPORT:

- Pre Nursery class - Class Teacher Mrs. Preeti

★ **Kartik** was a mischievous child in the beginning and never paid attention in the class. It is due to the efforts of the class teacher that he showed improvement and became attentive with the course of time.



- Nursery class - Class Teacher Mrs. Geeta

★ **Abhiraj** from class Nursery was weak in studies and never used to sit properly in the class but because of sincere efforts by class teacher and regular monitoring of his class work and homework, he has improved a lot and behaves like a good student. His morale has improved to such an extent that he now recites poems and rhymes in Assembly.



- L.K.G class - Class Teacher Mrs. Lata

★ **Jitisha** from L.K.G class was not so sincere in submitting her homeworks on time and her homework used to be incomplete most of the time. She has now improved a lot in overall performance. She finishes and submits her homework on time and her confidence has also increased in the class. She has improved her handwriting and oral work also.



- **U.K.G class** - Class Teacher Mrs. Saroj

- ★ The best performer of this class was **Somya**. She is a very dynamic and charming student. She has a zeal of learning new things and is very passionate towards her academics. Only weakness was her homework which was always incomplete and untidy. She required regular counselling and motivation to improve her writing skills. It was due to the continuous efforts and monitoring of the class teacher that her writing skills improved and now she has started submitting her homework on time.



- **Project Alambana** - Class Teacher Ms. Antima

In this Project, children are from humble families. Parents are labourers on daily wages. This time a large number of kids are from Janta Colony and Safeda Colony. We enroll children who are poor as parents cannot afford two square meals.

The SWAD School provides

- Education,
- School Uniform
- Stationary
- Meals.

These children need extra care and close monitoring to ensure that the child is enjoying studies.

These kids pick up fast and one can see the overall development and growth in their skills which builds up their self confidence.

All the teachers in rotation take Alambana class for 45 minutes everyday.

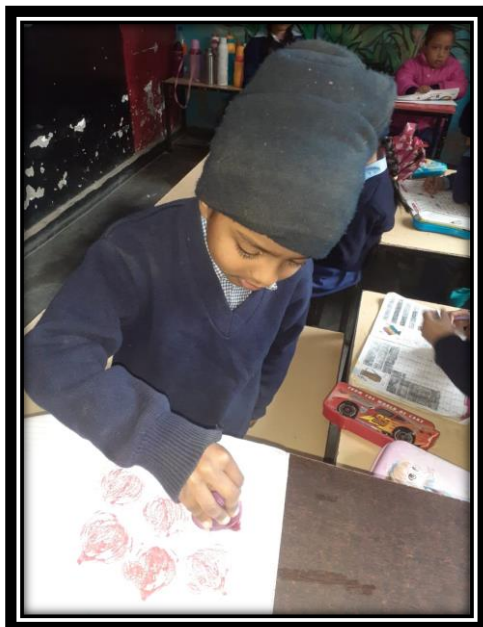
- ★ **A brief history of Priyanshi** - Her parents are on daily wages as labourers. In the beginning the school ambience was strange for Priyanshi, she was a slow learner and shy by nature. She required encouragement and frequent counselling.
- ★ Today she is an active child and confident to perform in the morning assembly.



HIGHLIGHTS OF SWAD SCHOOL FOR THIS MONTH:



- This month's activities were thumb painting on kites on the occasion of Basant Panchami and colouring of different pictures.



CLASS	BEST DRESSED	PUNCTUAL	BEST STUDENT	DISCIPLINE
PRE-NUR ERY	SATNAM 	ERIKA 	HARSHIT 	NAKSH 
NURSERY	NITYA 	MISHTHI 	LUCKY 	SOURAB 
L.K.G	VANSH 	PRIYANSHU 	KUNAL 	AKSHITA 
U.K.G	ISHANI 	ARADHYA RAWAT 	SAANVI 	KAVANEET KAUR 
ALAMBANA	RAGHAV 	PRIYANSHI 	VIRAJ 	RUHI 

HOMOEOPATHIC CAMP:

Homoeopathy camp organised by Homoeopathic Medical College and Hospital of Sector 26, Chandigarh. Team of 2 Doctors and Paramedical staff comes twice a month to serve the community with free consultation and free medication.



TUITION CLASSES:

Tuition classes are held from 3PM to 5PM every day for Basti children who are studying in Public School in Chandigarh. DIR ensures every child is given extra coaching to cope up with the standard of education of Public Schools in which they are studying. In tuition classes, frequent Tests are taken to ensure the child understands and performs outstandingly well in their respective class.



DIR INDIA HIGHLIGHTS OF THE MONTH

- DIR India in collaboration with Enactus, Punjab University held an exhibition sale of tailoring goods in Rose Fest held in PU.



Mr. Harshvardhan Jain donated stationary for SWAD school and medical team.



- DIR India held surveys on Chronic diseases in Janta colony and Safeda colony, Adarsh Nagar.

OUR TEAM





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DIR INDIA BANK DETAILS	
IN FAVOUR OF	DEVELOPING INDIGENOUS RESOURCES INDIA
BANK	STATE BANK OF INDIA
BRANCH	SECTOR-9, MADHYA MARG, CHANDIGARH-160009
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RTGS/NEFT /IFSC CODE	SBIN0018249
MICR CODE	160002091
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Thank You

