



Developing Indigenous  
Resources India

**MAY 2023**



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**PAN number of the DEVELOPING INDIGENOUS RESOURCES INDIA: AAATD9602**

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# Ceo Report

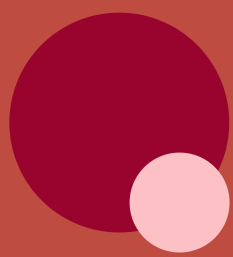


In today's day, the world is engulfed in the networking web. Earlier, letter writing had a personal and emotional connection that generated respect and feelings among relationships. With handwritten letters, there is mental growth and coordination between the hand and brains, helping you build your vocabulary as well. After mailing the letter in the letterbox, one eagerly waits for a reply to come. The excitement of receiving a letter from a postman is full of joy and bliss.

DIR launched a new program called Pen Friend, an exchange program on letter writing with C.P. Dolores Medio, C. Luna, 4, 33001, Oviedo, Asturias, a school in Spain. The introduction of this activity is good for the growth of SWAD School children. The students in the age group of 5 years to 6 years were selected; most of the kids were of LKG and UKG. We also included students from the Alamban Project (Rag Pickers) as well. The total strength of children who participated was 38 from each school.







# Ceo Report

The school of Spain, C.P. Dolores Medio, C. Luna, 4, 33001 Oviedo, Asturias, agreed to have an exchange program of letter writing with SWAD School of DIR INDIA. The children of the Oviedo school selected students from 1st Standard and second standard.

The two schools interacted on a video conference call. With this activity the children from both sides became familiar with each other. Students from both countries were reciting poems, sharing stories, etc. It was a new and exciting experience for everyone, and the little angels from both sides were enjoying themselves. The students from Swad School gave their introduction before reciting nursery rhymes. Similarly, students from the C.P Dolores School gave an introduction followed by a performance.

Both the schools later exchanged letters. Some of the Spanish students sent pictures and activities. In some of the letters, the Spanish children extended an invitation to Spain to their penpals!.





# Medical Training

In **Medical Training**, the topics covered in academic classes included:

- Hypertension
- Hypotension
- Diabetes mellitus
- Typhoid

This month the Medical team did a survey in Janta Colony and Safeda Colony which have a combined population of 15000 residents.

The survey was conducted to determine the number of cases of Hypertension and Diabetes Mellitus in the area. It was recorded that there are 298 cases of Hypertension and 218 cases of Diabetes Mellitus.

Typhoid is commonly seen in this area due to polluted supply of drinking water.

The topics discussed in the academic classes of Health Promoters are selected based on the medical issues people are suffering from in the area. Repeated classes on the above topics helped clear the concept and discuss preventive measures. The Health Promoters also check if the patient is taking proper, regular treatment from the professional physician in the government hospital.



# Nutrition Training



In the month of the May, academic classes were held to discuss the topics mentioned below :-

- Importance of micro and macro nutrients
- Dietary management of diabetes, Ischaemic Heart Disease and Hypertension.
- Need of dietary supplements

Nutrients play a very important role in our daily diet. Composed of protein, fats, carbohydrates, minerals and vitamins, imbalance of nutrients may lead to various health related problems due to imbalance of electrolytes in one's body, leading to diseases like diabetes mellitus, hypertension, and many heart and kidney related problems.

In committee meetings, the patients are explained how to manage these ailments with diet control, exercise, medicine, supplements and regular check ups by Professional doctors.

We guide them in committee meetings on diet management in cases related to Diabetes Mellitus, Hypertension and Ischaemic Heart Diseases.







# Nutrition demonstration

**Nutritional demonstration** on 16th May, 2023.

Name of the Recipe - Nutritious Dhokla

Bengal gram flour (besan) is most commonly used for various preparations in our adopted area. It is also used as a substitute of wheat flour for the patients suffering from gluten related issues. It is a good source of protein, iron and other nutrients.

Nutritional value per serving (60 gm approx.):

Energy - 90 calories

Protein - 3.2 gm





# Statistics



## CHILDREN UNDER NIPP PROGRAM

TOTAL	RED ZONE	YELLOW ZONE	GREEN ZONE
19	08	09	2



The progress report of the sponsored children is sent to each donor every month on the health status of the adopted child.

20 children of the project Alambana (children of rag pickers) are sponsored. They are also part of the NIPP program.

### DETAILED PROGRESS REPORT OF NIPP:

Total attendance for the month of May was 43, out of which 20 are the children of rag pickers children as a part of the Alambana Project, 19 are underprivileged and malnourished children below 5 years of age, 2 lactating mothers and 2 malnourished needy women.

Out of 19 children, 8 children gained weight, 2 children lost weight due to polluted water supply in their respective area and 9 children showed no change in weight due to seasonal illness like cough and cold.



# Statistics



## DEATH DETAILS

NAME OF THE DECEASED	AGE OF DECEASED (YEARS)	GENDER	CAUSE OF DEATH	HEALTH PROMOTER
Jagdish	60 yrs	Male	Cause not known	Sunita
Kamlesh	60 yrs	Female	Uterus cancer	Lata Gosain
Surinder	55 yrs	Male	Cardiac arrest	Anita



# Statistics



## MEDICAL PROJECT

	JANTA COLONY SLUM	DHANAS VILLAGE	SINGHA DEVI SLUM
Total Number of Population	14819	4631	51
Total Males	7640	2514	24
Total Females	7179	2117	27
Total no. of children	975	235	5
Total Red zone children	119	35	-
Red zone children weighed	107	35	-
Children not weighed (gone to the village)	12	0	-
Total Yellow zone children	369	108	-
Yellow zone children weighed	324	108	-
Children not weighed (gone to the village)	45	0	-
Total Green Zone children	487	92	-
Green zone children weighed	410	92	-
Children not weighed (gone to the village)	77	0	-

Total number of children last month in Janta Colony slum: 988

Children permanently left Janta colony slum: 29

Deliveries in Janta Colony slum: 6

Children reached 5 years of age in Janta Colony slum: 8

New families moved into Janta Colony slum on rent with children under five: 18

# Statistics



## RED ZONE CHILDREN IN JANTA COLONY

Age (Months)	Children	%Age
0-12	17	1.7
13-24	13	1.3
25-35	26	2.7
36-48	20	2.1
49-60	31	3.2
Total Red Zone children	119	12.2%
Red zone children (weighed)	107	11.0%
Children not weighed (gone to the village)	12	1.2%





# Statistics



## DETAILED STATISTICS OF RED ZONE CHILDREN

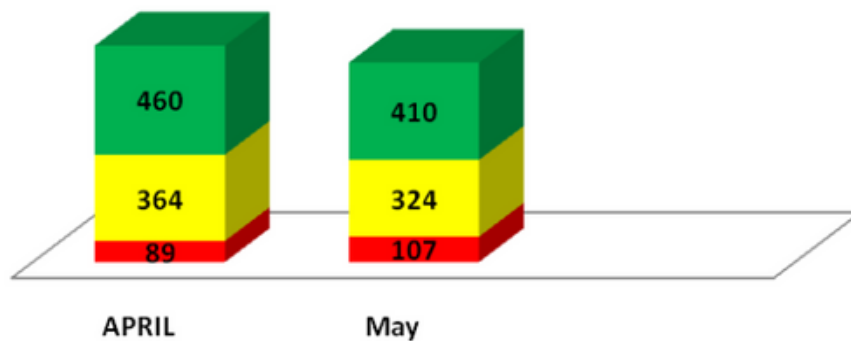
DETAILED STATISTICS OF RED ZONE CHILDREN											
H.P'S NAME	TOTAL CHILDREN	RED ZONE	WEIGHED	GONE TO VILLAGE	WEIGHT GAIN	WEIGHT LOSS	SAME WEIGHT	RIGID FAMILIES	WORKING MOTHERS	FLOATING POPULATION	UNDER 6 MONTH
BANITA	89	18	17	1	9	7	4	3	1	2	2
Anita	89	9	6	3	2	4	0	0	0	5	1
LATA	74	6	5	1	1	3	1	0	0	4	0
MEENAKSHI	99	11	8	3	1	3	3	2	0	2	1
LATA CHAUHAN	88	9	8	1	1	2	5	0	1	3	0
SANGEETA	80	13	13	0	3	3	7	1	3	2	1
LATA CHANDEL	91	17	15	2	8	5	2	0	4	0	0
SUSHMA	98	3	3	0	0	0	3	0	1	1	0
SUNITA	93	9	9	0	1	3	3	1	2	4	0
VEENA	95	14	14	0	1	5	7	1	1	5	2
SANJANA	79	10	9	1	6	2	1	0	0	4	2

# Statistics

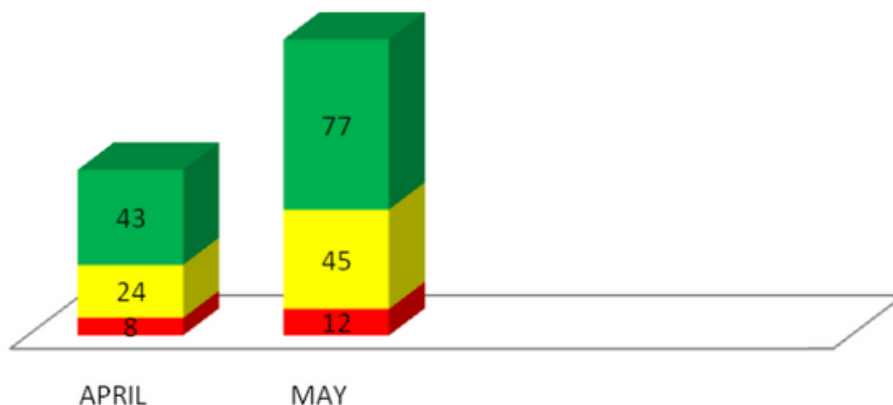


## STATISTICS OF RED, YELLOW AND GREEN ZONE CHILDREN

■ red ■ yellow ■ green



## Children not weighed (Gone to Village)

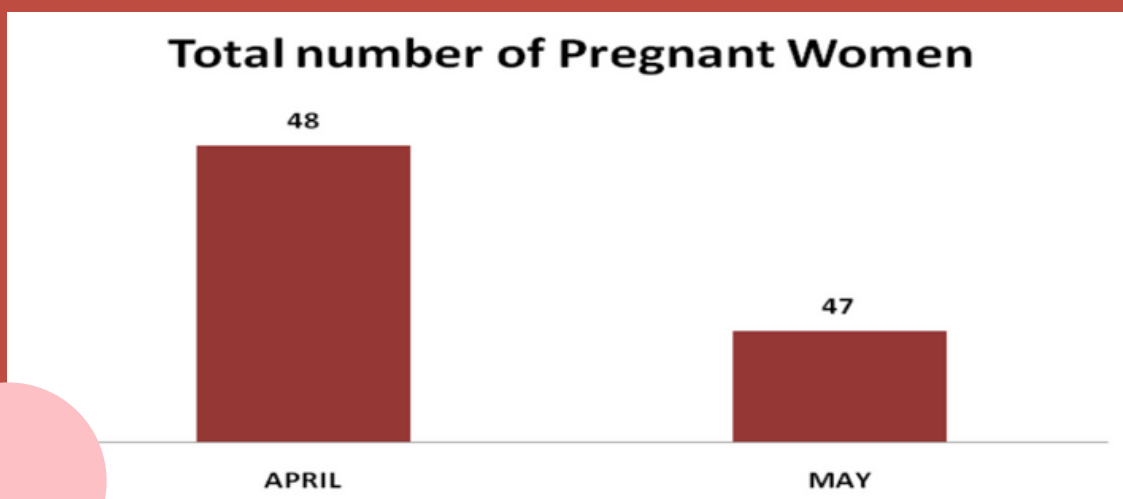


# Statistics



## PREGNANT MOTHERS AND NEWBORNS

	JANTA COLONY	DHANAS VILLAGE	SINGHA DEVI SLUM
Number of women pregnant last month	48	-	-
Number of deliveries	6	-	-
Births	Male: 5 Female: 1	-	-
Mothers who left Colony	4	-	-
Infant death	0	-	-
Miscarriages	0	-	-
Abortions	0	-	-
Newly Pregnant	7	-	-
Trimester	1st trimester: 3 2nd trimester: 20 3rd trimester: 24	1st trimester: 2 2nd trimester: 15 3rd trimester: 9	-
Number of Pregnant women this month	47	26	5



# Statistics



## HOMEOPATHIC CAMP

A Homoeopathy camp organised was organised by the Homoeopathic Medical College and Hospital of Sector 26, Chandigarh. A team of 2 doctors and paramedical staff visit twice a month to serve the community with free consultation and free medication.



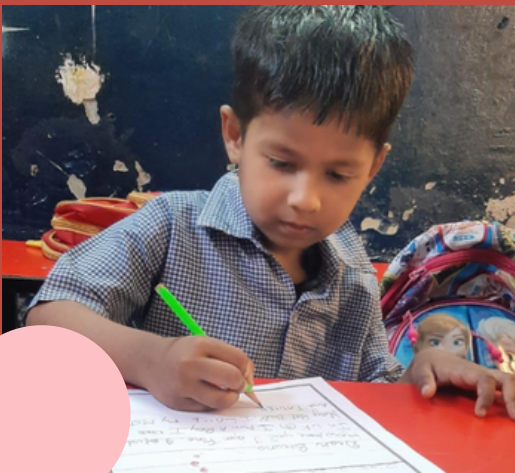


# Academics



## SWAD SCHOOL

- This month, the total strength of students was 90.
- Children participated in various activities like painting with vegetables using potatoes, ladyfinger, etc.
- Children actively participated in letter writing for their pen-pals of C.P Dolores Medio, Asturias, Spain.





# Academics

	BEST DRESSED	PUNCTUAL	DISCIPLINE	BEST STUDENT
PRE-NURSERY	SEHAJPREET 	HARSHIT 	DIVYANSHU 	VIHAAN 
NURSERY	PIYUSH 	MISHTI 	HIMANSHI 	UDAY 
L.K.G	JITISHA 	PRIYANSHU 	CHAND 	VEERPARTAP 
U.K.G	ISHANI 	SOMYA 	SNEHA 	SWASTIK 
ALAMBANA	DEEPIKA 	LAKSHMI 	RISHI 	SHIVANI 

# Academics



## TUITION CLASSES

Tuition classes are held from 3PM to 5PM every day for Basti children who are studying in the Public School in Chandigarh. DIR ensures that every child is given extra coaching to cope up with the standard of education of Public Schools in which they are studying.

In tuition classes, frequent tests are taken to ensure the child understands and performs outstandingly well in their respective classes.







# DIR highlights of the month



- Letter writing activity by SWAD school children for their pen friends in Spain studying in the Public School C.P Dolores Medio in Oviedo , Asturias, Spain.



- Mr. Shahved Katoch visited the organisation and distributed the letters written by the Spanish students to their pen-pals of SWAD school.



- Oakridge International School, Mohali invited Dr. Asha Katoch (CEO) as a chief guest for the investiture ceremony.



- C.P Dolores Medio in Oviedo, Asturias, Spain, received the letters from SWAD school of DIR India and the children were extremely happy to connect with their pen pals through handwritten letters. This was something new for the children of both schools, and was an experience they cherished and enjoyed.





# Our team



## BANK DETAILS

IN FAVOUR OF	DEVELOPING INDIGENOUS RESOURCES INDIA
BANK	STATE BANK OF INDIA
BRANCH	SECTOR-9, MADHYA MARG, CHANDIGARH-160009
ACCOUNT NO.	37375923235
RTGS/NEFT/IFSCCODE	SBIN0018249
MICR CODE	160002091

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