



Developing Indigenous Resources India

DECEMBER 2024



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DEVELOPING INDIGENOUS RESOURCES INDIA

PRESIDENT

SHASHI PRABHA DWIVEDI
(I.P.S, DGP, PUNJAB)

TRUSTEES

**Mr. SURINDER MOHAN
SHARMA,
Dr. MADHU KHULLAR
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Developing Indigenous Resources India is qualified for Tax exemption under Income Tax Act 1961 U/S 12AA. vide order no. AAATD9602KE20192, Dated 20.02.2022 and for U/S 80G vides order no. AAATD9602KF20224, Dated- 24.02.2022, certified from the office of the Commissioner of Income Tax-1, Sector 17A, Chandigarh.

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REGISTERED IN CHANDIGARH AS CHARITABLE TRUST NUMBER - 3541

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CEO'S REPORT

December was an exciting month. Our SWAD School children received an invitation from the Cubs Club, an NGO run by Ms.Meenu, an architect by profession. Cubs Club organizes a yearly competition for primary school students up to the 5th Class. The events are painting, storytelling, poem recitation, and dancing. The Project Udaan competition was on 14 December 2024 in the Chandigarh Museum. SWAD SCHOOL kids are 5 years old and below. We got the invitation to participate in all competitions. In painting, 16 Children participated where as in other events, only three entries per competition. There were students from five other schools who participated, but they were much older children from the 1st standard to the 5th Class.

- a) Ten students of SWAD School who participated in the drawing competition. All three prizes were won by our children.
- First Prize Himanshi from LKG. She was awarded a Rs 1500 cash award and a certificate.



- Second Prize Jitisa from UKG. A Certificate and Rs 1000 cash award



Third Prize Anshika, a student from our Project Alambana class, received a certificate and a Rs 500 cash award.



2. in the storytelling competition First Prize Shivangi from UKG. A certificate and cash award of Rs 1500.



3. Second Prize Aaroohi in Poem Recitation received a certificate and a Rs 1000 cash award



The beauty of our SWAD School children is that they are confident, bold, and smart.

Cubs Club gave steel thermos for drinking water as a consolation prize to all children who participated in the event UDAAN.



Shahved Katoch, with his son Rahul, visited DIR INDIA. He distributed T-shirts donated by two doctors an anesthetist and an ENT Specialist. Both worked in the Government Hospital in Oviedo, Spain.





Mr.Nitin from the Tech Mahindra team visited the DIR India office. Tech Mahindra is the CSR Project of Mahindra, an automobile industry. Nitin appreciated DIR INDIA's Medical Program. They started Medical attendant training classes for underprivileged communities. It is a 6-month course, 3 months of theory, and a balance of 3 months of working experience in hospitals.



The President of the DIR India, Ms Shashi Prabha, Director General of Police, was invited for the Parent Teachers meet. She gave an encouraging talk on the importance of education in today's time.

Children who were excelling in academics, punctuality, discipline, and obedience were rewarded with prizes. The mother who cooked nutritious food for her child was rewarded for a healthy Tiffin.



Our 6-month computer course on basic computer classes started in DIR India. Four students passed the examination. The qualification certificates were given by Shashi Prabha on the same day.





Christmas is always celebrated in a big way by DIR INDIA. We are grateful to Monica Bakeries, every year they have been sending a Christmas Cake to DIR INDIA. Children come in their Sunday best and a few kids choose to become Santa Claus.



MEDICAL TRAINING

December features cooler temperatures, shorter daylight hours, and the peak of winter in many regions. In academics, we covered topics such as the digestive system and the human cell, the basic functional unit of life.

- The stomach holds a capacity of approximately 1.5 litres and can thus process large quantities of foods needed for the body.
- The liver and gallbladder play essential roles in bile production and storage, respectively.
- The pancreas produces digestive enzymes and hormones, such as insulin that break down food and regulate blood sugar levels.
- We take classes at the elementary level explaining human cells.

These academic discussions provide valuable knowledge about the human body that supports life, laying the groundwork for a deeper understanding of the body and health. Furthermore, community meetings were arranged on the topics of Pneumonia and tuberculosis to address the prevailing seasonal ailments in society.



NUTRITION TRAINING

In December, the nutrition training focused on

Anaemia and its dietary management. Anemia is a blood disorder that occurs when the body lacks enough healthy red blood cells to effectively transport oxygen to the tissues. Common symptoms include fatigue, weakness, and shortness of breath, which can range from mild to severe. In some cases, anemia can be life-threatening. Anemia can be managed by eating iron-rich foods like green leafy vegetables, meat, fish, lentils, vitamin C-rich fruits, and vegetables. Tea, coffee, alcohol etc should be avoided as it slows down iron absorption.



ACADEMIC PROGRESS REPORT OF FIELD STAFF

• MEDICAL TOPPERS :



BANITA RAWAT
FIELD SUPERVISOR



MEENAKSHI NEGI
FIELD COORDINATOR



SUSHMA BISHT
FIELD COORDINATOR

• NUTRITION TOPPERS :



BANITA RAWAT
FIELD SUPERVISOR



MEENAKSHI NEGI
FIELD COORDINATOR

❖ **COMMITTEE MEETINGS IN DHANAS ON
PREVENTION OF SEASONAL AND INFECTIOUS
DISEASES-**



NUTRITIONAL DEMONSTRATION

Name of the Recipe: **Paushtik Dalia**

Dalia, also known as broken wheat, has been a staple in Indian cuisine for ages. It is easy to digest and packed with nutrition, containing a good amount of fiber and various essential nutrients. In our adopted area, Janta Colony, sweet Dalia is a common dish prepared in many households. Recently, a nutrition demonstration introduced a savory version of dalia that includes carrots, capsicum, peas, tomatoes, peanuts, onions, and spices, all garnished with coriander leaves. Dalia is one of the healthiest options for breakfast, lunch, dinner and as a packed lunch for children.



Nutritional value per serving - 100g

Energy - 85 kcal

Protein - 4.6g



ATTENDANCE REPORT OF CHILDREN UNDER

❖ THE NIPP PROGRAM ADOPTED BY DONORS

The Nutritional Improvement Priority Program aims to improve the health status of underweight children under five and underweight pregnant and lactating women. They are fed daily high-calorie, high-protein lunches at our DIR office under the direct supervision of the dietitians. These meals are 100% funded by our sponsors.

❖ Total attendance for November was 32

- Underweight children below the age of 5 from Janta Colony: 12
- Malnourished lactating mothers: 2
- Malnourished pregnant women: 2
- Children from the Alambana Project: 16

The Alambana Project helps the children of daily-wage workers by giving them education at our SWAD School as well as breakfast and lunch each day.

Cost of Sponsorship: Rupees 1250 per month per child/underprivileged lactating or pregnant woman i.e Rupees 15000 per year) Sponsorship includes:

- Daily feeding of your sponsored child at the DIR office.
- Personalized monthly health reports along with feeding pictures
- Family consultations
- Weekly high-calorie, high-protein recipes for your sponsored child



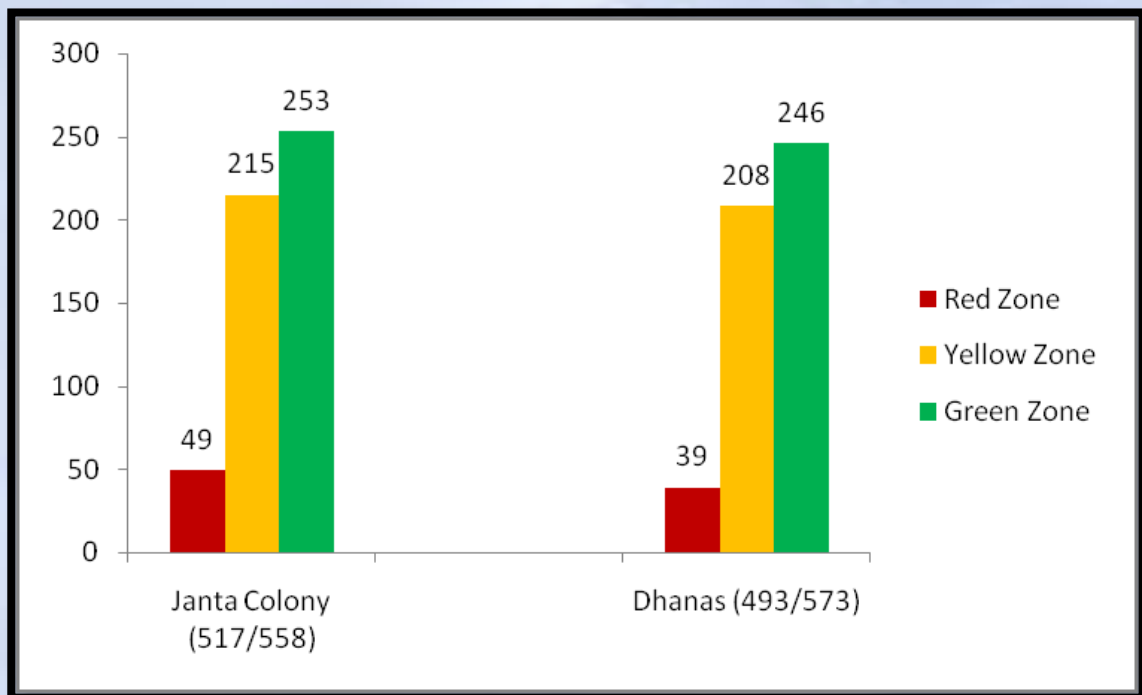


STATISTICS OF MEDICAL PROJECT

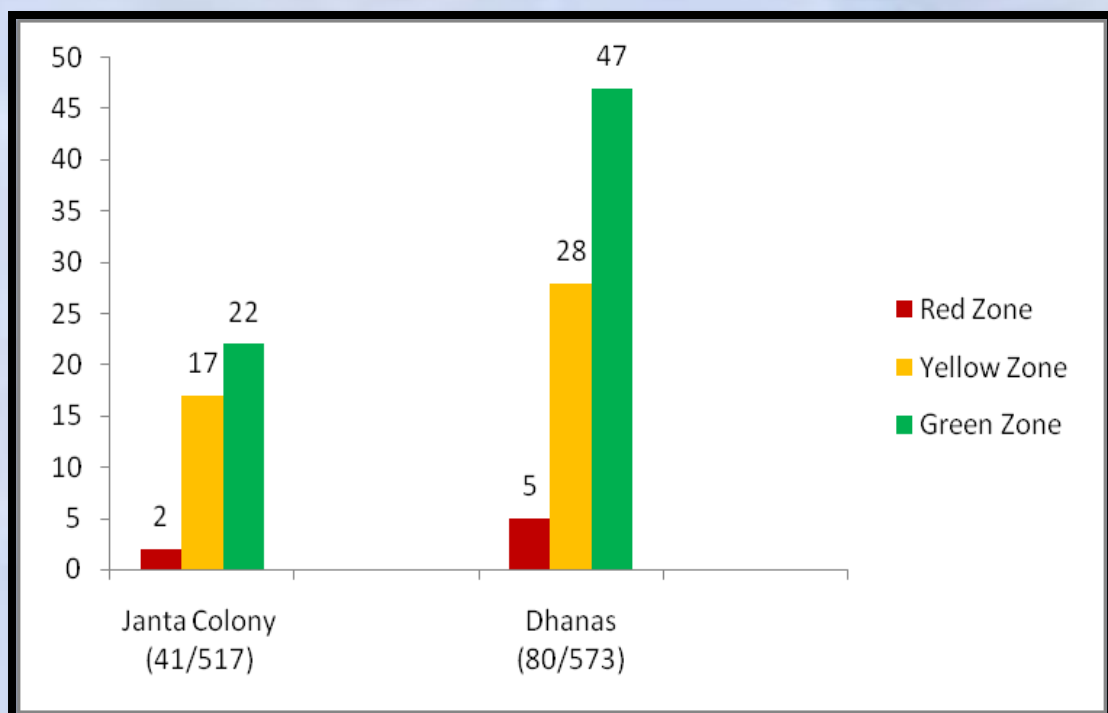
	JANTA COLONY SLUM	DHANAS VILLAGE
Total Population	9449	9705
Total Males	4856	5278
Total Females	4593	4427
Total no. of children	558	573
<u>Total Red zone children</u>	51	44
Red zone children Weighed	49	39
Children not weighed (gone to the village)	2	5
<u>Total Yellow zone children</u>	232	236
Yellow zone children weighed	215	208
Children not weighed (gone to the village)	17	28
<u>Total Green Zone children</u>	275	293
Green zone children Weighed	253	246
Children not weighed (gone to the village)	22	47

	JANTA COLONY SLUM	DHANAS VILLAGE
Total No. of children last month	569	565
Children permanently left	7	10
Total Deliveries	0	3
Children reached 5 years of age	11	6
New families moved into the area on rent with children under five	7	21

The total number of children weighed in Janta Colony and Dhanas in the category of Red, Yellow and Green Zone



The total number of children not weighed in Janta Colony and Dhanas in the category of Red, Yellow and Green Zone



STATISTICS OF RED ZONE CHILDREN IN JANTA COLONY AND DHANAS

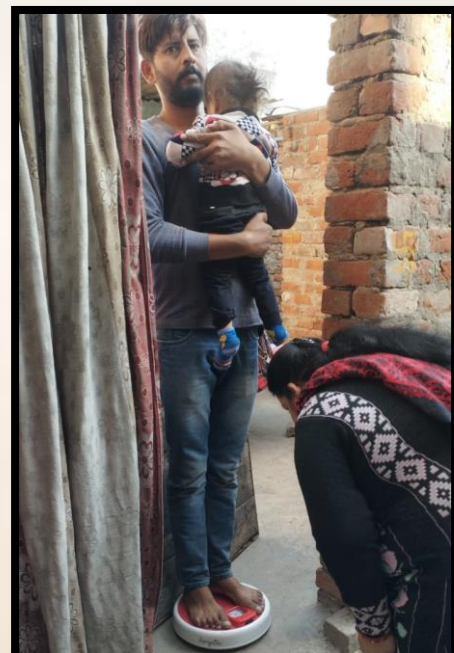
	Janta Colony		Dhanas	
Age (Months)	Children	%Age	Children	%Age
0-12	4	0.7	3	0.5
13-24	6	1.1	11	1.9
25-35	9	1.6	11	1.9
36-48	13	2.3	5	0.9
49-60	17	3.1	9	1.6
Total Red Zone children	51	9.1	44	7.7
Red zone children (weighed)	49	8.8	39	6.8
Children not weighed (gone to the village)	2	0.3	05	0.9

DETAILED STATISTICS OF RED ZONE CHILDREN IN JANTA COLONY

H.P's Name	Total Children	Red Zone	Weighed	Gone To Village	Weight Gain	Weight Loss	Same Weight	Rigid Families	Working Mothers	Floating Population	< 6 Month
Banita	47	2	2	0	1	0	1	1	0	0	0
Dimple	52	5	4	1	0	1	3	0	0	2	0
Lata Gosain	56	6	6	0	2	0	4	0	0	2	0
Meenakshi	50	6	6	0	3	1	2	0	0	3	0
Kajal	59	6	6	0	5	0	1	0	0	4	1
Pooja	45	4	4	0	2	0	1	0	0	3	0
Lata Chandel	40	3	3	0	1	1	1	0	0	0	0
Sushma	38	3	3	0	2	0	1	0	1	1	0
Sunita	48	1	1	0	0	0	1	0	0	0	0
Veena	46	2	2	0	0	0	2	0	0	0	0
Sanjana	41	7	6	1	1	2	3	0	0	2	0
Meena	36	6	6	0	6	0	0	0	0	2	1

DETAILED STATISTICS OF RED ZONE CHILDREN IN DHANAS

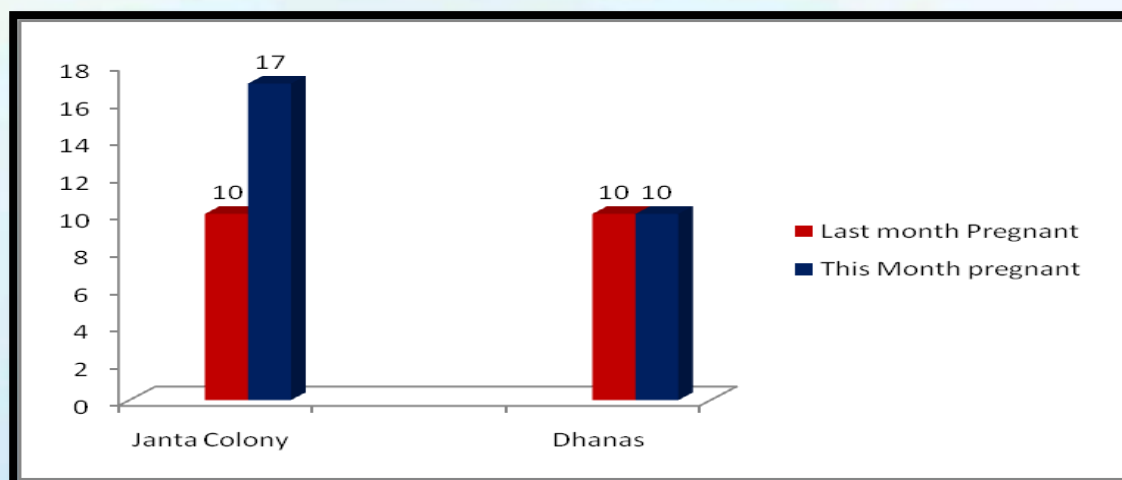
H.P's Name	Total Children	Red Zone	Weighed	Gone To Village	Weight Gain	Weight Loss	Same Weight	Rigid Families	Working Mothers	Floating Population	<6 Month
Banita	58	4	2	2	1	0	1	0	0	0	0
Dimple	48	2	2	0	0	1	1	0	0	0	0
Lata Gosain	46	1	1	0	1	0	0	0	0	0	0
Meenakshi	43	5	2	0	1	0	1	0	0	0	1
Kajal	45	2	5	0	3	1	1	0	0	0	0
Pooja	45	3	2	0	1	0	1	0	0	0	0
Lata Chandel	54	5	3	0	0	0	3	1	0	0	0
Sushma	53	3	5	0	0	0	5	0	1	0	0
Sunita	47	5	3	0	1	0	2	0	0	0	0
Veena	61	3	5	0	2	2	1	0	0	0	0
Sanjana	45	8	7	1	3	1	3	0	0	0	1
Meena	36	4	2	2	2	0	0	0	0	0	0



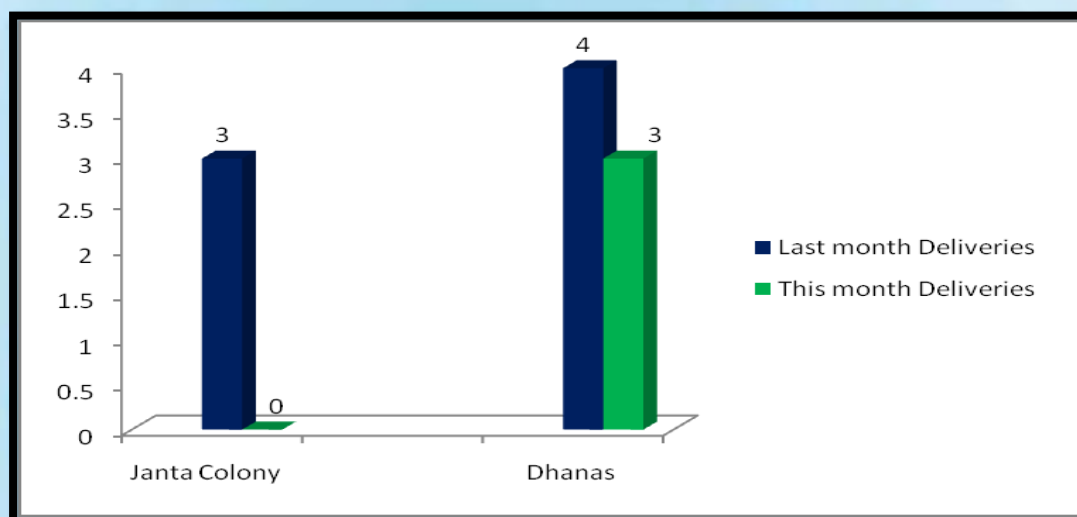
STATISTICS OF PREGNANT MOTHERS AND NEWBORN

	<u>JANTA COLONY</u>	<u>DHANAS</u>
Number of women pregnant last month	10	10
Number of deliveries	0	3
Births	Male:0 female:0	Male: 1 Female: 2
Mothers who left the Colony	7	0
Infant death	0	0
Miscarriages	0	0
Abortions	0	0
Newly Pregnant	6	2
Trimester	1 st trimester: 2 2 nd trimester: 9 3 rd trimester: 6	1 st trimester:0 2 nd trimester: 3 3 rd trimester: 7
Number of Pregnant women this month	17	10

Total number of Pregnant women in Janta Colony and Dhanas



Total number of Deliveries in Janta Colony and Dhanas



DEATH DETAILS IN JANTA COLONY

NAME OF THE DECEASED	AGE OF DECEASED (YEARS)	GENDER	CAUSE OF DEATH	NAME OF THE HEALTH PROMOTER
Shanti	60	Female	CKD	Lata Gosain
Kasturi Lal	55	Male	Silent Ischemia	Lata Gosain
Rajni Devi	65	Female	Multiple organ failure (diabetic)	Sunita
Aashu	18	Male	Silent Attack	Pooja
Vipul	25	Male	Road Accident	Pooja

TAILORING PROGRAM:

This month, the tailoring teacher focused on key topics to enhance student skills:

****Semi Salwar Drafting:** ** Students started by learning the basics of drafting a semi-salwar pattern, emphasizing measurements for a perfect fit.

****Straight Salwar Techniques:** ** In the second week, students practiced cutting and drafting straight salwars, creating elegant designs.

****Umbrella Frock Design:** ** The third week introduced the umbrella frock, where students explored unique cutting methods and pattern drafting.

****File Completion and Test:** ** the month concluded with students completing their files and taking a test to assess their understanding of the material covered.



COMPUTER TRAINING PROGRAM :

This month, the computer teacher covered the following topics:

- Each student learned how to create a growth chart table.
- Students were instructed on how to design a Microsoft Word document using various shapes and backgrounds.
- Training was provided on creating an electricity bill using Microsoft Excel formulas.
- A practical test was conducted that focused on MS Excel formulas.
- Students created a practical file utilizing the tools available in Microsoft Word.



EDUCATION PROGRAM:

SWAD SCHOOL PROGRESS REPORT:

- Class - Pre-Nursery
- Class teacher - Mrs. Preeti
- Name of the student - Avika

Avika, a pre-nursery student, initially struggled with attentiveness in academics and had difficulty with her writing skills, which negatively affected her performance. Recognizing these challenges, her class teacher provided additional guidance and support, particularly aimed at improving her writing abilities. As a result of these targeted interventions, Avika made significant progress. In her first quarterly exam in September, she got a 'B' grade. With the consistent efforts and dedication of the class teacher, a remarkable improvement was seen in her writing. Now, Avika actively participates in her studies, both in writing and orals.



- Class - Nursery
- Class teacher - Mrs. Geeta
- Name of the student - Sehajpreet

Sahejpreet is a Nursery class student. Although she excelled at writing, but she was shy and reserve in reciting poems before the assembly. The teacher worked on her confidence by boosting and clapping on every attempt she made. In addition teacher inspired Sahejpreet to shake hands with her batchmates, and motivated her to share her lunchbox with them. This helped Sahejpreet to come out of her shell and made her comfortable in the class. On her own started reciting poems in class and began to interact with other fellow students.



- Class - L.K.G
- Class teacher - Mrs. Lata
- Name of the student - Lucky

This month, Lucky has made significant improvements in his studies. He scored 93 percent in the December exam. He is in good studies, but not good in writing. To help him improve, the teacher assigned written homework every day. As a result, Lucky's handwriting has improved. He is a dedicated student as he completes his homework on time. His success can be attributed to his punctuality.



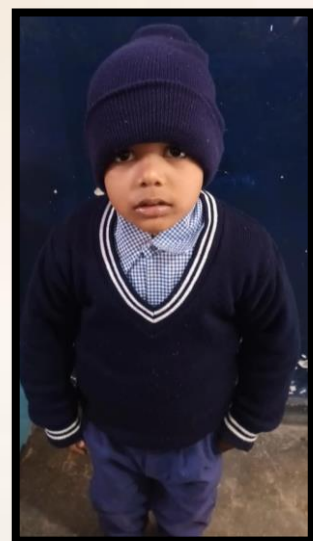
- Class - U.K.G
- Class teacher - Mrs. Saroj
- Name of the student - Parnav

This month, we conducted examinations in December and evaluated the performance of the students. The teacher observed that Parnav made notable progress in his exams, scoring 80 percent. He excelled in all subjects. Although he was performing well academically, he had issues with punctuality. However, after the teacher spoke to his parents about the importance of education, they began ensuring that he attended school daily. As a result, Parnav has become a punctual and dedicated student.



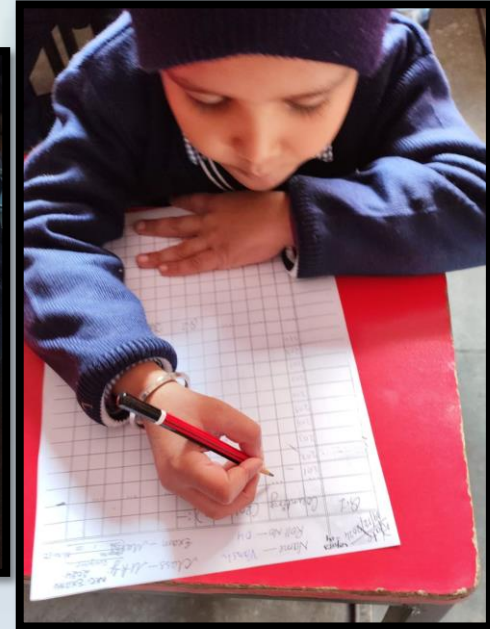
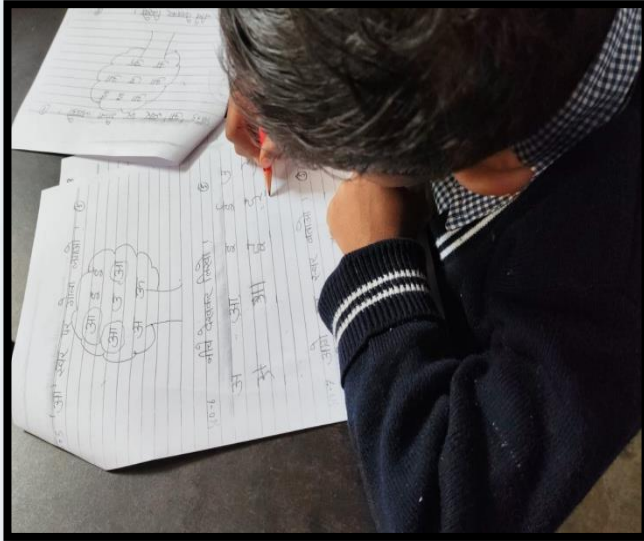
- Class - Alambana
- Class teacher - Miss. Antima
- Name of the student - Ansh

Ansh is a student in the Alambana class. Previously, he struggled in his studies and had difficulty writing well. To help him improve his writing, he was given a cursive writing notebook. Additionally, his teacher assigned daily homework with clearly indicated dots in the notebook. Ansh practised daily and as a result, he has significantly improved his writing skills.



ACTIVITIES OF SWAD SCHOOL FOR THIS MONTH:

- In December 2024, we conducted the December exams from 9th to 30th December, during which we meticulously evaluated the academic performance of the children across various classes.



- Furthermore, on the 10th of December, we organised the PTM event, wherein we conducted a thorough analysis of the children's strengths and weaknesses, followed by in-depth discussions with parents to ensure a collaborative approach towards their academic and personal development. The Board President, DGP Police Shashi Prabha Dwivedi, served as the guest of honour at the event. During this occasion, she presented awards and certificates to students who exhibited outstanding performance in their examinations. This recognition serves to acknowledge and promote academic excellence among the student body.



- On the 14th of December, we hosted a prestigious competition at the Sector 10 Museum, Chandigarh, where our students showcased their talents in a range of activities, including storytelling, poem recitation, and drawing. We are proud to report that our student Shivangi secured the 1st prize and received Rs 1500/- in the storytelling category, demonstrating exceptional skill and creativity.



- In the drawing competition, our students Harshita and Jitisha secured the first and second prizes, each receiving a trophy along with cash awards of rupees 1500/- and 1000/-, respectively. Anshika won third place and was awarded a trophy along with a cash prize of Rs 500/- only.
- On December 24, Team DIR India celebrated Christmas along with SWAD school students.

Additionally, gloves and socks were distributed among the children making the occasion even more special.



CLASS	BEST DRESSED	PUNCTUAL	BEST STUDENT	DISCIPLINED
PRE-NURSERY	ADVIK 	JESSICA 	ANVI 	AGAM 
NURSERY	SATNAM 	NAKSH 	GAURISH 	DIVYANSHU 
L.K.G	MISHTI 	SAURAV 	HIMANSHI 	ANSH 
U.K.G	VANSH 	ASHISH 	RAUNAK 	SHIVANGI 
ALAMBANA	SAAWALI 	VIVAN 	KAASHVI 	PRIYANSHI 

DIR INDIA HIGHLIGHTS OF THE MONTH

- In December, Mr. Shahved Katoch visited the organisation with his son. He interacted with the students of SWAD School and the medical team, donating diaries, pens, and T-shirts to the entire staff and student body.



- The team from Tech Mahindra Foundation visited the organisation.



- DIR India Board President DGP Police Shashi Prabha Dwivedi visited the organization and distributed certificates for a 6-month basic computer course to four students.



CONTACT INFORMATION

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<u>Mobile No.</u>	<u>+91-9478866412</u>

DIR INDIA BANK DETAILS

IN FAVOUR OF	DEVELOPING INDIGENOUS RESOURCES INDIA
BANK	STATE BANK OF INDIA
BRANCH	SECTOR-9, MADHYA MARG, CHANDIGARH-160009
ACCOUNT NO.	37375923235
RTGS/NEFT/IFSC CODE	SBIN0018249
MICR CODE	160002091

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