



**DEVELOPING
INDIGENOUS
RESOURCES - INDIA**

MONTHLY REPORT MARCH2025

DEVELOPING INDIGENOUS RESOURCES - INDIA

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(I.P.S DGP PUNJAB)**

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AAATD9602KF20224, Dated- 24.02.2022, certified from the office of the
Commissioner of Income Tax-1, Sector 17A, Chandigarh.**

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TAN number of DIR INDIA : PTLD13324D**

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CONTENTS

<u>S.NO.</u>	<u>TITLE</u>
1	CEO REPORT
2	GENERAL DUTY ASSISTANT COURSE (MEDICAL ATTENDANT COURSE)
3	NUTRITION IMPROVEMENT PRIORITY PROGRAM
4	STATISTICS OF CHILDREN UNDER THE NIPP PROGRAM
5	DEATH DETAILS
6	STATISTICS OF MEDICAL PROJECT
7	STATISTICS OF THE RED ZONE CHILDREN
8	STATISTICS OF PREGNANT MOTHERS AND NEWBORN
9	COMPUTER PROGRAM
10	EDUCATIONAL PROGRAMS
11	DIR-INDIA MARCH HIGHLIGHTS
12	AGENDA POINTS
13	OUR TEAM AND CONTACT INFORMATION

CEO REPORT

The month of March was full of activities. The Swiss Board Members, namely Doris, Susi, Gabor, and Martina, paid a visit to DIR INDIA. We had a three-day event in which the Board members visited the slum to see the field work of the Medical team in Janta Colony Basti and Dhanas. They were impressed to see the dedication and devotion with which the medical team works.



CEO REPORT

On 6th March 2025, we had a sports and cultural activities show in honour of the Swiss Board members. Indian Board members and many other dignitaries from the Army and Civil authorities attended the show.

Jyoti Jain rewarded each child of Swad School with a steel Milton bottle with two 5-star chocolates in each pack.

Mr Sanjay Bhatia rewarded each student with a Geometry box for their outstanding performance.



CEO REPORT

Swad School hosted a Parent-Teachers meet in which children were rewarded with prizes under different categories. It was a farewell to Upper Kindergarten (UKG) students as our Swad School is up to UKG only.

Our Senior staff, preferably a Nutritionist, daily assesses all tiffins to check the nutrient value of food cooked for the child by the mother in each class. These mothers are rewarded with a gift in parent teacher meet.



CEO REPORT

DIR started a new program on the path of Spirituality. It was a 3-day event in which Perceptors, Brig. Kuljit Singh, Mrs Neera Singh and 5 other members came to guide the DIR Team in the growth of spirituality. Meditation helps in building a stable mind.



MEDITATION AND SPIRITUALITY



CEO REPORT

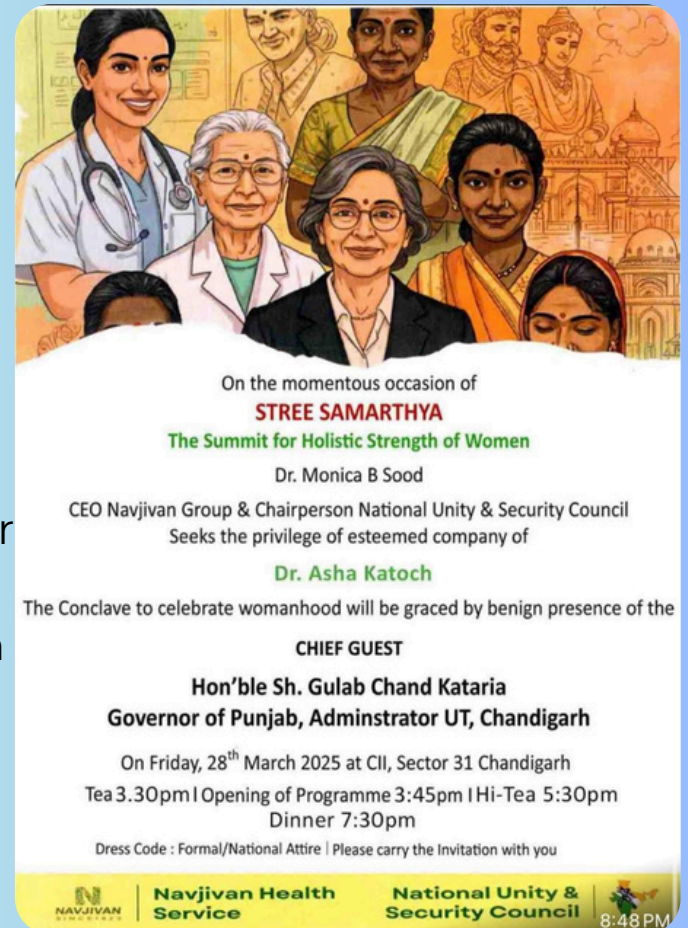
DIR was raised in 2006.

It started with the Mother and Child Health Care Program.

Today, it is running 5 Programs:

- Medical Program (Main Project)
- Swad School
- Tailoring
- Computer classes
- Feeding program under NIPP

This is for the first time in 18 years, our organization DIR was rewarded with the “ STREE SAMARTHYA AWARD” on 28th March 2025 by His Excellency, the Governor of Punjab, and an Administrator of the Union Territory of Chandigarh, Sh. Gulab Chand Kataria.



MEDICAL ATTENDANT PROGRAM

GENERAL DUTY ASSISTANT

- This month, revision class was held on the topics covered in December, January and February.
- Along with the revision class, students were allotted different hospitals for training and internship



ATTENDANCE REPORT OF CHILDREN UNDER THE **NIPP PROGRAM** ADOPTED BY DONORS

TOTAL	RED ZONE	YELLOW ZONE	GREEN ZONE
5	2	2	1

The progress report of the sponsored children, which includes the health status of the adopted child, is sent to each donor every month.

A total of 16 children of the project Alambana (children of rag pickers) are sponsored. These children are also part of the NIPP program.

- **DETAILED PROGRESS REPORT OF NIPP:**

Total attendance for March was 23, including Alambana children, Pregnant and lactating mothers.

In this, 5 children were below 5 years of age, 1 was a needy, malnourished Lactating mother, 1 was an underprivileged and malnourished woman of Janta Colony, and 16 children were under the Alambana Project.

- **PROGRESS REPORT UNDER NIPP PROGRAM:**

4 children gained weight.

1 child showed no change in weight due to seasonal illnesses like cough and cold.

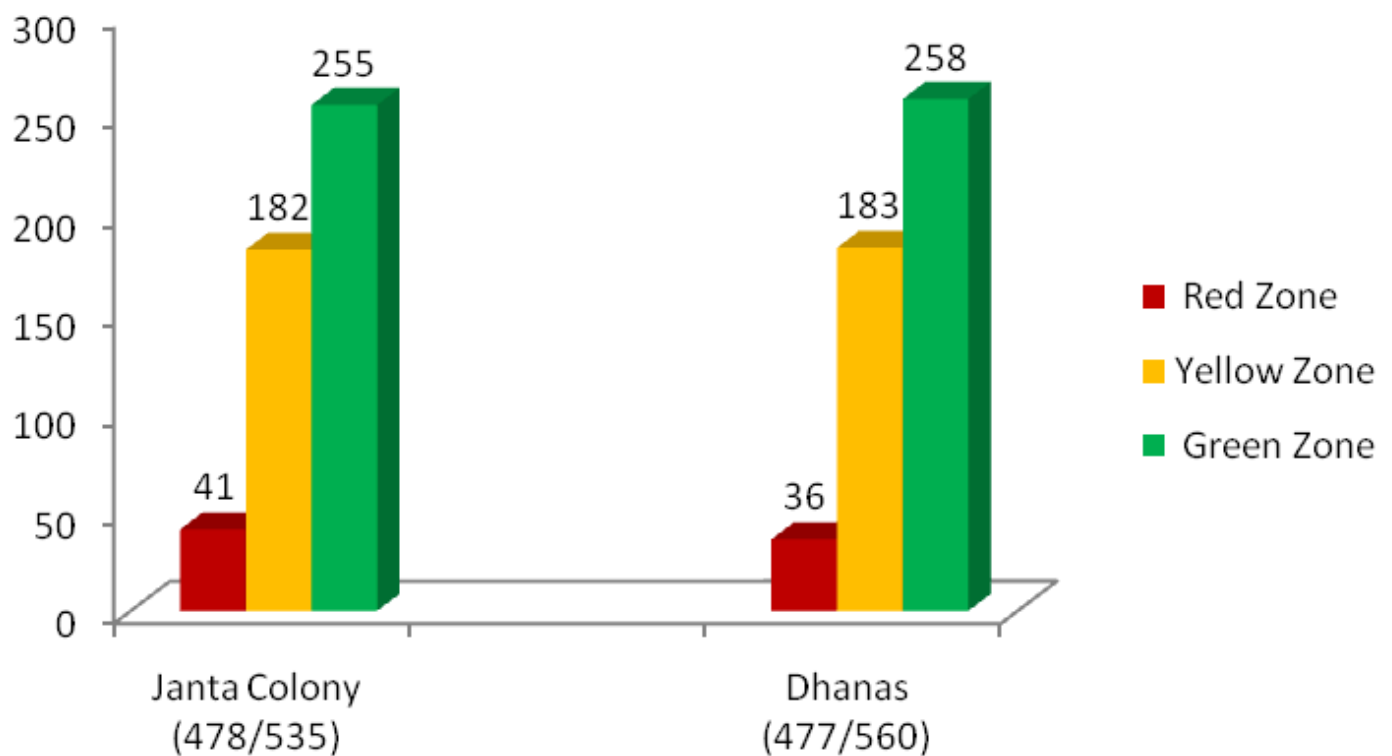


STATISTICS OF MEDICAL PROJECT

	<u>JANTA COLONY</u>	<u>DHANAS</u>
Total Population	9466	9702
Total Males	4863	5277
Total Females	4603	4425
Total no. of children	535	560
<u>Total Red zone children</u>	44	42
Red zone children Weighed	41	36
Children not weighed (gone to the village)	3	6
<u>Total Yellow zone children</u>	203	219
Yellow zone children weighed	182	183
Children not weighed (gone to the village)	21	36
<u>Total Green Zone children</u>	288	299
Green zone children Weighed	255	258
Children not weighed (gone to the village)	33	41

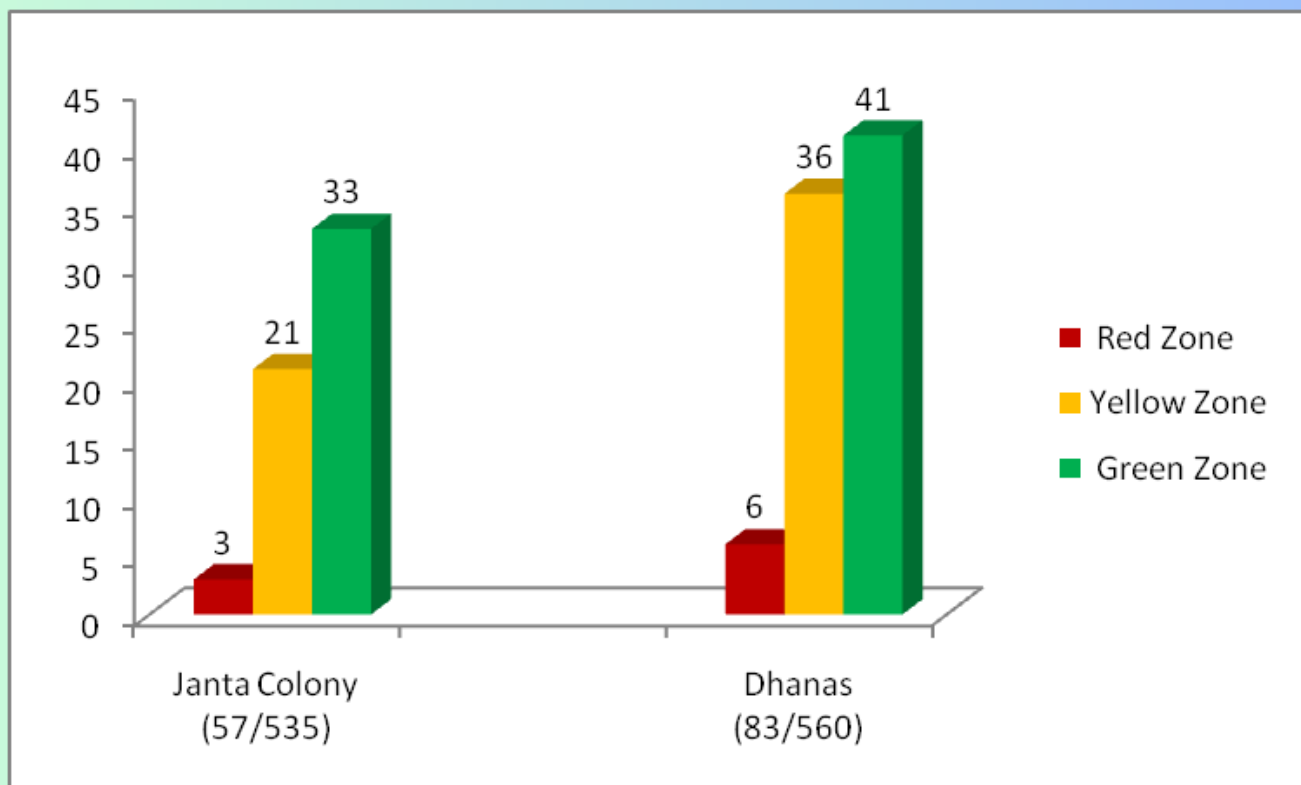
in the category of Red, Yellow and Green Zone

THE TOTAL NUMBER OF CHILDREN **WEIGHED** IN JANTA COLONY AND DHANAS



in the category of Red, Yellow and Green Zone

THE TOTAL NUMBER OF CHILDREN NOT WEIGHED IN JANTA COLONY AND DHANAS



	JANTA COLONY SLUM	DHANAS VILLAGE
Total No. of children last month	543	562
Children permanently left	5	9
Total Deliveries	1	3
Children reached 5 years of age	13	8
New families moved into the area on rent with children under five	9	12

STATISTICS OF **RED ZONE** CHILDREN IN JANTA COLONY AND DHANAS

	JANTA COLONY		DHANAS	
Age (Months)	Children	%Age	Children	%Age
0-12	2	0.4	7	1.3
13-24	4	0.8	10	1.8
25-35	9	1.7	4	0.7
36-48	15	2.8	7	1.2
49-60	11	2	8	1.4
Total Red Zone children	44	8.2	42	7.5
Red zone children (weighed)	41	7.7	36	6.4
Children not weighed (gone to the village)	3	0.5	6	1.1

DETAILED STATISTICS OF RED ZONE CHILDREN IN JANTA COLONY

H.P's Name	Total Children	Red Zone	Weighed	Gone To Village	Weight Gain	Weight Loss	Same Weight	Rigid Families	Working Mothers	Floating Population	< 6 Month
Banita	48	2	1	1	0	0	1	0	0	0	1
Dimple	52	5	5	0	2	1	2	0	0	2	0
Lata Gosain	50	3	3	0	3	0	0	0	0	2	0
Meenakshi	45	2	2	0	0	0	2	0	0	2	0
Kajal	55	8	8	0	1	2	5	0	0	4	0
Pooja	44	4	4	0	2	2	0	0	0	3	0
Lata Chandel	40	4	4	0	2	1	1	0	0	0	0
Sushma	40	4	3	1	0	0	3	0	1	1	0
Sunita	47	1	1	0	1	0	0	0	0	0	0
Veena	41	3	3	0	1	0	2	0	0	0	0
Sanjana	43	6	5	1	4	0	1	0	0	0	0
Meena	30	2	2	0	0	0	2	0	0	1	1



DETAILED STATISTICS OF RED ZONE CHILDREN IN DHANAS

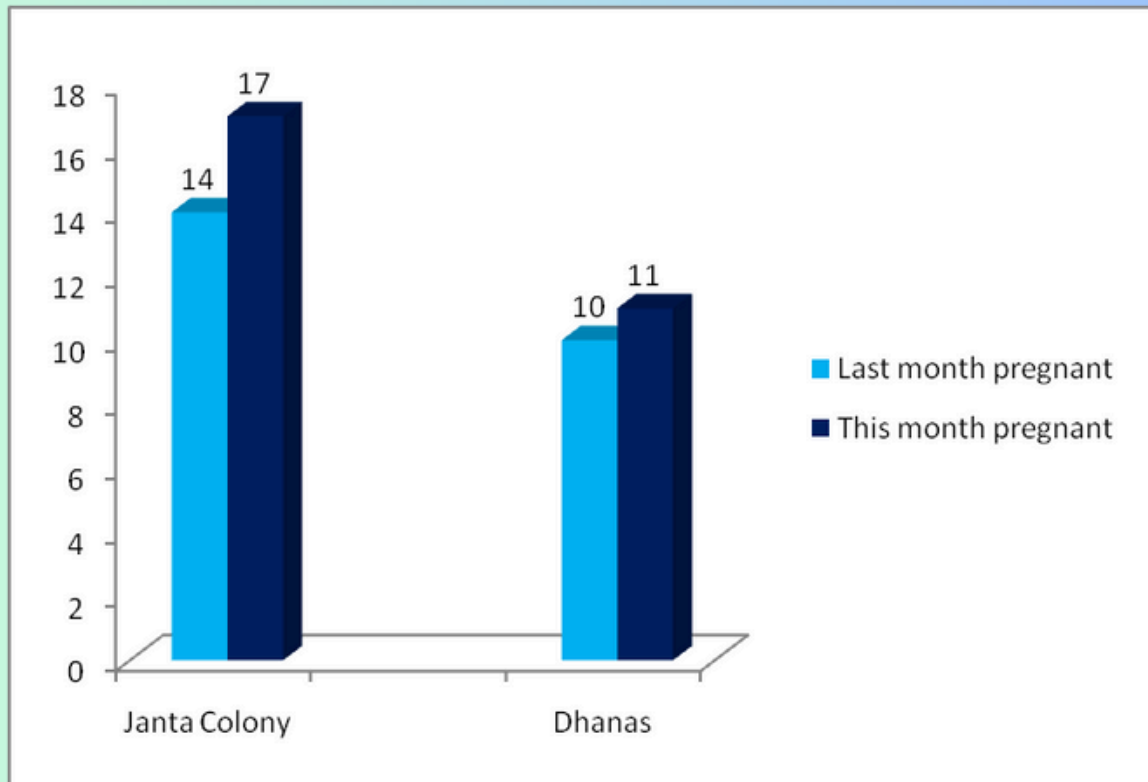
H.P's Name	Total Children	Red Zone	Weighed	Gone To Village	Weight Gain	Weight Loss	Same Weight	Rigid Families	Working Mothers	Floating Population	< 6 Month
Banita	49	6	6	0	2	1	3	0	0	0	6
Dimple	44	2	2	0	0	2	0	0	0	0	2
Lata Gosain	42	4	3	1	1	1	1	0	0	0	4
Meenakshi	43	1	1	0	1	0	0	0	0	0	1
Kajal	46	4	4	0	3	1	0	0	0	0	4
Pooja	45	2	1	1	0	1	0	0	0	0	2
Lata Chandel	52	4	3	1	1	1	1	0	0	0	4
Sushma	48	3	3	0	2	0	1	0	1	0	2
Sunita	49	2	2	0	1	1	0	0	1	0	0
Veena	62	8	6	2	3	0	2	0	0	0	7
Sanjana	49	5	4	1	0	0	4	0	0	0	5
Meena	31	1	1	0	1	0	0	0	0	0	1



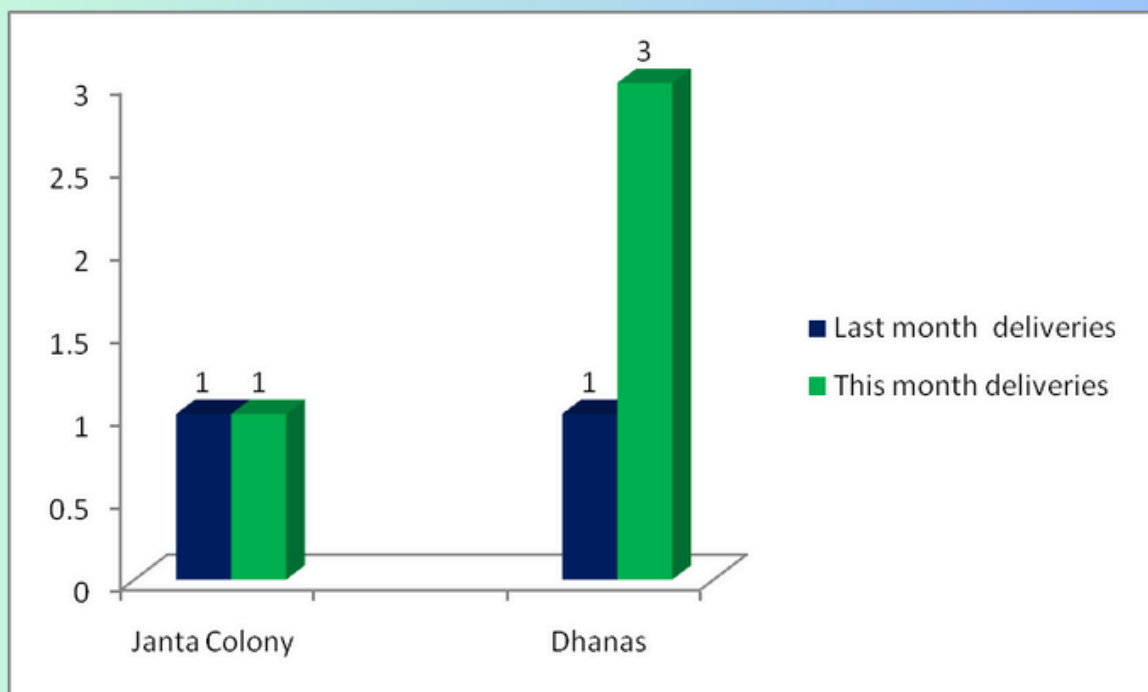
STATISTICS OF PREGNANT MOTHERS AND NEWBORN

	<u>JANTA COLONY</u>	<u>DHANAS VILLAGE</u>
Number of women pregnant last month	14	10
Number of deliveries	1	3
Births	Male: 0 female: 1	Male: 2 Female:1
Mothers who left the Colony	2	0
Infant death	0	0
Miscarriages	0	0
Abortions	0	0
Newly Pregnant	6	4
Trimester	1st trimester: 0 2nd trimester: 9 3rd trimester: 8	1st trimester:1 2nd trimester: 5 3rd trimester: 5
Number of Pregnant women this month	17	11

TOTAL NUMBER OF **PREGNANT WOMEN** IN JANTA COLONY AND DHANAS



TOTAL NUMBER OF **DELIVERIES** IN JANTA COLONY AND DHANAS



DEATH DETAILS IN DHANAS

NAME OF THE DECEASED	AGE OF DECEASED (YEARS)	GENDER	CAUSE OF DEATH	NAME OF THE HEALTH PROMOTER
MAN BAHADUR	67	Male	JAUNDICE	KAJAL



COMPUTER TRAINING PROGRAM

This month, a theory and practical examination was conducted for four students enrolled in a basic six-month course



SWAD SCHOOL PROGRESS REPORT

- Class - Pre-Nursery
- Class teacher - Mrs. Preeti
- **Advik** is a student of the pre-nursery class, who initially showed a lack of interest in his studies. He was irregular in attending school and faced difficulty in completing his written work neatly and properly. As a result, his performance suffered, and he secured a 'B' grade in his December examinations. During the Parent-Teacher Meeting, his class teacher discussed the concern with his parents and advised them to ensure that he attends school regularly. Motivated by this guidance, Advik began coming to school consistently and became more focused towards his studies. His dedication paid off, and he achieved an 'A' grade in his final exams.
- Class - Nursery
- Class teacher - Mrs. Geeta
- **Ritik** is a bright and intelligent student in the nursery class. However, he was reluctant to participate in the morning assembly or engage in oral activities. He never recited poems in front of class. Observing this, his class teacher decided to help him creatively. One day, she took the entire class to the smart classroom, where she played poems on the screen and encouraged all the students to recite together. This new method of teaching had a positive impact on Ritik. Slowly, he became more confident and started actively participating in the morning assembly and began reciting poems without any fear. He improved in academics and scored an excellent percentage of 93% in his final examination.



SWAD SCHOOL PROGRESS REPORT

- Class - L.K.G
- Class teacher - Mrs. Lata
- **Shivaay**, a Lower Kindergarten student, shows a strong aptitude for learning. In his December exams, he secured 77% marks, reflecting a good foundation in his studies. However, with consistent effort, dedication and a strong work ethic, he made impressive improvement by the time of his final exams, where he scored an outstanding 93%. He is steadily becoming more confident and consistent in his academics. Credit goes to his class teachers, whose constant support and guidance encouraged him to stay focused and motivated.



- Class - U.K.G
- Class teacher - Mrs. Saroj
- **Kunal** is a dedicated and outstanding student who excels in both academics and class activities. He shows great enthusiasm for his studies and actively participates in various school events. After the December exams, he had to visit his native village due to some urgent family matters and returned in February 2025. During his leave, the class teacher regularly shared classwork through WhatsApp, which Kunal diligently completed and submitted. Upon his return, he put in tremendous effort in all his subjects and also took part in the school sports day, where he won first prize in the frog jump race. His hard work paid off as he achieved an impressive score of 90% in his final exams.



Alambana Program

SWAD SCHOOL PROGRESS REPORT

- Class - Alambana
- Class teacher - Miss Antima
- **Viraj**, a student of the Alambana class, has shown remarkable progress in his studies. In the past, when Viraj went to his native village, he would lose focus and forget all the learning which he had done in school, and his performance came down in academics. His class teacher took the initiative to give him additional homework and self-practice exercises to help him stay engaged with his studies, even during his time away. Gradually, Viraj began to understand the concepts more clearly and developed a stronger grasp of the subjects. Due to his consistent efforts and dedication towards his studies, he performed exceptionally well and secured an outstanding score of 95% in his final exams.



ACTIVITIES OF SWAD SCHOOL FOR THIS MONTH:

SPORTS DAY WAS HELD ON 6TH MARCH, AND IT WAS A LIVELY AND EXCITING EVENT. WE WERE HONoured BY THE PRESENCE OF OUR ESTEEMED SWISS BOARD MEMBERS, WHO ACTIVELY PARTICIPATED IN THE CELEBRATION. A SPECIAL HIGHLIGHT WAS THE ATTENDANCE OF MR. GABOR FACSAR, THE NEWLY APPOINTED SWISS BOARD MEMBER, WHO JOINED US FOR THE FIRST TIME.

OUR STUDENTS SHOWCASED THEIR ENERGY AND TEAM SPIRIT THROUGH VARIOUS GAMES, INCLUDING THE FROG JUMP, LEMON AND SPOON RACE, SIMPLE RACE, TUG OF WAR, THREE-LEGGED RACE, AND THE COLOR BEAD CHALLENGE. SOME PARENTS AND GUESTS ALSO PARTICIPATED IN THE TUG OF WAR, ADDING TO THE EXCITEMENT AND MAKING IT A TRULY ENJOYABLE EXPERIENCE FOR EVERYONE.



ACTIVITIES OF SWAD SCHOOL FOR THIS MONTH:

DURING THE PRIZE DISTRIBUTION CEREMONY, THE FIRST, SECOND, AND THIRD PLACE WINNERS RECEIVED GOLD, SILVER, AND BRONZE MEDALS, RESPECTIVELY. AS A CONSOLATION PRIZE, GEOMETRY BOXES WERE DISTRIBUTED, GENEROUSLY DONATED BY MR. SANJAY BHATI.

AFTER THE EVENT, MS. TANVI AND HER HUSBAND, HIMANSHU DISTRIBUTED FRUIT JUICES TO EVERY CHILD PRESENT IN THE PLAYGROUND. ADDITIONALLY, FRUITS AND BANANAS WERE SHARED WITH ALL THE CHILDREN AS REFRESHMENTS.



ACTIVITIES OF SWAD SCHOOL FOR THIS MONTH:

MARCH WAS ALSO THE MONTH FOR FINAL EXAMS, HELD FROM MARCH 10TH TO MARCH 17TH, WITH THE RESULTS ANNOUNCED ON MARCH 27TH. ALL STUDENTS PERFORMED EXCEPTIONALLY WELL IN EVERY SUBJECT AND WERE SUCCESSFULLY PROMOTED TO THE NEXT CLASS, DEMONSTRATING OUTSTANDING OVERALL PERFORMANCE.

ON THE DAY THE RESULTS WERE ANNOUNCED, WATER BOTTLES DONATED BY MS. JYOTI JAIN WERE DISTRIBUTED TO ALL STUDENTS. FURTHERMORE, LUNCH BOXES WERE GIVEN TO THE MOTHERS AS PART OF THE 'HEALTHY TIFFIN' PRIZE INITIATIVE.



SPECIAL MENTIONS!

CLASS

BEST DRESSED

PUNCTUAL

BEST STUDENT

DISCIPLINED

PRE NURSERY



AVIKA



PARAMVEER



RAUNAK



KAVYANSH

NURSERY



SATNAM



DAKSH



ARAV



DIVYANSHU

L.K.G



MISHTI



HARSHIT



HIMANSHI



ANSH

SPECIAL MENTIONS!

CLASS

BEST DRESSED

PUNCTUAL

BEST STUDENT

DISCIPLINED

U.K.G



VANSH



AYAN



RAUNAK



SHIVANGI

ALAMBANA
PROGRAM

SAMVALI



VIVAN



KAASHVI



SWEETY

DIR INDIA HIGHLIGHTS OF THE MONTH

- **Perceptor Sister Neera, along with other Interceptors from Sahej Marg, visited the organisation and conducted a 3-day meditation camp for DIR staff.**



DIR INDIA HIGHLIGHTS OF THE MONTH

- Grocery stores were distributed amongst 10 underprivileged women of the basti, sponsored by Dr. Shailja



DIR INDIA HIGHLIGHTS OF THE MONTH

- **Dr. Asha Katoch, CEO of the organisation, was honoured with the STREE SAMARTHYA AWARD**

bright
04 Punjab Express
CHANDIGARH, SATURDAY, MARCH 29, 2025

Navjivan Health Service & National Unity and Security Council (NUSC) in collaboration with CII IWN holds 'Stree Samarthya' summit

A.S. PRASHAR
PUNJAB EXPRESS BUREAU
Chandigarh, March 28

Stree Samarthya summit, a path breaking initiative of the century-old Navjivan Health Service and National Unity and Security Council (NUSC), received a tremendous response from different stakeholders, reiterating their commitment to the holistic empowerment of women.

The event was graced by Punjab Governor Gulab Chand Kataria as the chief guest. The summit was organised at Confederation of Indian Industry (CII) Northern Region Headquarters here, by Navjivan Health Service & NUSC in collaboration with CII IWN (Indian Women Network).

During the event, the Governor released a coffee table book on women empowerment - 'Chitratma Stree Samarthya' on the occasion.

The Governor in his address said, "Naari ek sanskaar shala hai (A woman, in herself, is an institution of moral values and ethics). He added that naari ko jis morche pe lagaya usne wahan jhanda gaarha hai, naari mein apaar shakti hai... which means (A woman achieves wonders in whichever field she is deployed and that a woman has immense power). The Governor asked the organisers to connect with needy women and provide them with benefits of government schemes for women.

He added that India's dream of becoming a developed nation by 2047 cannot be realised without the progress of women.

Meanwhile, Dr Monica B Sood, CEO, Navjivan Health Service and Chairperson, NUSC and Ritika Singh, Chairperson, CII Indian Women Network (IWN), Chandigarh Region, shared details of the event at a press meet held on the side-lines of Stree Samarthya.

Dr Monica B Sood said, "Stree Samarthya Summit-2025" is a



transformational confluence of minds, hearts, and voices aimed at finding solutions that genuinely empower women. Stree Samarthya is a movement to awaken the inherent power within every woman — from the cities of Delhi and Mumbai to the villages of Bastar and Bhagalpur. I am sure if this is done a woman will not just change her life, but also change for the better the nation's future.

Talking further about Stree Samarthya Summit-2025, Dr Monica B Sood said that the summit addressed seven pillars of holistic empowerment of women: mental health and emotional well-being; financial literacy and economic empowerment; female health and HPV awareness; legal rights; cyber safety & physical security of women; women education and woman entrepreneurship.

Ritika Singh, Chairperson CII IWN and entrepreneur, said that the all-round empowerment of women is key to realizing the goal of Viksit Bharat. "CII IWN appreciates the efforts of Dr Monica B Sood and her dedication towards the empowerment of women. We are happy to have collaborated with her for a great cause," added Ritika Singh.

The summit featured an impactful panel discussion on the most pressing issues affecting women today. The discussions were moderated by veteran journalist and media expert Jaskiran Kapoor. Eminent panellists included Kavita Das, accomplished educationist; Greetanjali Khandelwal, SP, Crime, Women and Child Welfare, Chandigarh,

and Sandeep Sahni, a financial strategist. The other panellists were Shabana Azam, psychologist; Pooja Nayar, legal expert; Ritika Singh, Chairperson CII IWN and entrepreneur, and Dr Preeti Jindal.

In recognition of exceptional contributions made by women across sectors, the 'Stree Samarthya Summit-2025' also felicitated women change makers from diverse fields — teachers, entrepreneurs, homemakers, police officers, doctors, social workers, artists etc.

Those who were felicitated on the occasion were Manjit Kaur, President, Area & City Level Federation, Maloya - a dedicated social worker; Anu Kumar, Principal, Stepping Stones School, Chandigarh; Sister Shefali Parmar Principal, Carmel Convent School, Chandigarh; Dr Asha Katoch, CEO, DIR India - a passionate leader and advocate for social change; Meenu Prashar, Architect, Artist & Founder SHILPKOSH & NGO Cubes Club; Sheela Devi, a Braveheart Woman Bus Conductor & Devoted Mother; Sakshi Bahl, Librarian at Rayat Bahra University - also a Mentor & Advocate for Education; Dr Shweta Goyal, Director, VS Diagnostics & Mittal Diagnostics - a distinguished radiologist; Dr Shivani Satija, Deputy Civil Surgeon, Health Department, Haryana; Krishna Bhatia, a Social Worker & Community Contributor; Prema Kalra, Founder & Director, HanuAI; Renu Saigal, President - Sahayata Charitable Welfare Society and Nishima Wangu, Assistant Professor, UIET, Panjab University.

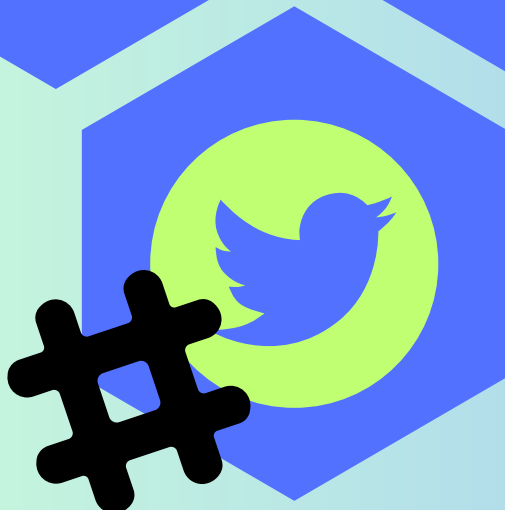


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