



**DEVELOPING  
INDIGENOUS  
RESOURCES - INDIA**

# **Annual Report**

## **April 2024 - March 2025**

# DEVELOPING INDIGENOUS RESOURCES - INDIA

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# CEO REPORT

We are extremely grateful to the Chairman of Punjab Engineering College Old Student Association of Australia ( PECOSA ), Mr.Gian Chand Banga and Vice Chairman Mr. Ashok Sood for donating 10 Usha Sewing Machines to DIR INDIA, on the recommendation of Mr. Surjit Singh (Ex Pradhan of Janta Colony).



On 13th June, in the peak heat of summer after her surgery, Ashima, a USA Board. The member visited the DIR Office along with her son. It was heartening to see her as we were meeting her for the first time. Ashima appreciated all the programs and complimented the staff and the Health Promoters. Later, she, along with her son, went for a field visit under the burning sun of June. Our compliments to her, as a Board member, for sharing her ideas for enhancing the projects.



# CEO REPORT

The medical team surveyed Janta Colony and Dhanas to assess the impact of our field worker committee meetings on awareness of family planning, plus practical implementation. The graphic display underneath is self-explanatory. DIR's medical project in Janta Colony has been running since 2006. The impact of Family planning is visible, whereas the Dhanas Project was adopted in January 2024, the impact of family planning will be seen after 2 years. We were pleased to see the statistics, as the majority of families have one or two children, unlike Janta Colony slums in 2006.

SR NO	HP NAME	1 CHILD	2 CHILDREN	3 CHILDREN	4 CHILDREN	5 CHILDREN	6 CHILDREN	7 CHILDREN	P	PR	F
1	SANJANA	21	21	4	0	1	0	0	37	0	10
2	SUNITA	24	30	3	3	0	0	0	54	6	0
3	DIMPLE	24	50	5	2	0	0	0	64	15	2
4	LATA GOSAIN	26	26	12	1	0	0	0	39	25	1
5	POOJA	25	35	7	1	0	0	0	35	15	18
6	MEENAKSHI	22	33	3	1	1	0	1	51	2	8
7	BANITA	26	39	6	2	0	0	0	56	14	3
8	VEENA	22	48	8	0	0	1	0	67	1	11
9	SUSHMA	23	21	3	1	0	0	0	40	0	8
10	LATA CHANDEL	15	29	5	0	0	0	0	39	5	5
11	MEENA	13	31	7	1	0	0	0	44	0	8
12	KAJAL	27	35	4	0	0	0	0	51	0	15
	TOTAL	268	398	67	12	2	1	1	577	83	89

**NOTE: 'P' ( Permanent families) living in Janta Colony**

**'PR' (Permanent Resident) residing for a long time**

**'F' (Floating families) is a Floating population staying temporarily on rent in Janta colony.**

**The families who have more than 4 or more children were victims of cultural or family pressure in wanting a male child.**

**The above graphics display the impact of our committee meetings, as the majority of families have one or two children.**

# CEO REPORT

SR NO	HP NAME	1 CHILD	2 CHILDREN	3 CHILDREN	4 CHILDREN	5 CHILDREN	6 CHILDREN	7 CHILDREN	P	F
1	SANJANA	27	32	5	1	2	0	0	58	9
2	SUNITA	20	32	11	0	2	0	0	59	6
3	DIMPLE	29	32	16	6	2	0	0	73	12
4	LATA GOSAIN	30	31	14	4	0	0	0	68	11
5	POOJA	33	25	10	2	2	1	1	67	7
6	MEENAKSHI	26	33	8	1	0	0	0	56	12
7	BANITA	32	30	9	4	2	0	0	65	12
8	VEENA	27	41	17	7	1	1	0	91	3
9	SUSHMA	26	32	18	11	0	0	0	80	7
10	LATA CHANDEL	29	38	19	6	4	1	0	93	4
11	MEENA	20	29	24	9	1	1	1	65	20
12	KAJAL	21	37	17	2	1	12	0	90	0
	TOTAL	320	392	168	53	17	16	2	865	103

**NOTE: ‘P’ ( Permanent families) living in Janta Colony  
‘F’ (Floating families) in rented apartments in Dhanas.  
This is a new Medical Project that started in January 2024.  
The impact of our program on Mother and child health in  
Dhanas will be assessed every year, and the  
impact and evaluation will be done after 3 years.**



# CEO REPORT

Our school children participated in a drawing competition hosted by Prof. Renu Thakur, along with two postgraduate students from Punjab University. Children received prizes in a different category. Professor Renu, a faculty member from Punjab University, donates groceries every month for our NIPP Program ( Nutrition Improvement Priority Program. It is a Project in which we feed malnourished children and Pregnant Mothers belonging to the economically weaker section.



5Th September is Teacher's Day. The SWAD School celebrated Teacher's Day by planting saplings in our playfield. We are grateful to Professor Santosh Sharma, who came with the saplings. The children and the teachers jointly planted the saplings.





# CEO REPORT

Mr Sanjay Bhatia, an ex-President of the Rotary Club, has a close association with DIR India. Every year, there is a contribution to the SWAD School children. This year, he donated school bags.



Dr Shailja, a pathologist has adopted one child from the Alambana Project and in September every year, she sponsors grocery kits for five poor families.



In October, Swiss lady, Karin Salzmann, is a pre-nursery teacher at a play school in Flawil, Switzerland. She volunteered to work for the SWAD School of DIR India from 10th October 2024 to 12th November 2024. The SWAD School of DIR India started in 2008 for the Slum children. Karin was highly impressed with our school's standards and each child's confidence in their performance. She enjoyed herself but was astonished and surprised to see the level of education standard of our school children.





# CEO REPORT

**We are grateful to Mr Surjit Singh ji, who donates woollens to all the children and to our maids every year, well before the winter sets in.**



**October is an important month for Hindus , the two most important festivals are celebrated with great pomp and show, Dushera and Deepavali.**

**Two important visitors, Tanvi and Himanshu who celebrated pre diwali with our school children. They brought exciting diwali gifts for each child Diwali is a special festival and exciting moment for underprivileged children their parents cannot afford to buy.**



**Tailoring items exhibition was held in Government school, sector 37B, Chandigarh.**



# CEO REPORT

The weather was pleasant in November, but it was strange to see cases of Dengue both in Janta Colony and Dhanas. There were two deaths due to dengue in the Janta colony. A four-year-old child and a 40- 40-year-old male. Both of these cases were hospitalised in PGI as the platelet count dropped beyond the danger levels, and internal haemorrhages and bleeding killed them to death.

The medical team keeps holding committee meetings on seasonal diseases, sharing knowledge and preventive measures against the ailment.

Pneumonia and Typhoid are common ailments during this season. Pneumonia is mostly seen in old people and small children. The DIR Medical team helps and guides the public with preventive measures in all the above mentioned diseases.

LIST OF DENGUE,TYPHOID , PNEUMONIA				
SR.NO	H.P NAME	DENGUE	TYPHOID	PNEUMONIA
1	BANITA	8	5	1
2	MEENA	2	2	0
3	SUNITA	7	5	1
4	SUSHMA	8	5	1
5	DIMPLE	6	3	2
6	MEENAKSHI	8	8	2
7	KAJAL	2	5	1
8	VEENA	5	7	1
9	LATA GOSAIN	5	2	1
10	SANJANA	3	2	0
11	LATA CHANDEL	2	3	0
12	POOJA	5	4	2
TOTAL		61	52	12



# CEO REPORT

December was an exciting month. Our SWAD School children received an invitation from the Cubs Club, an NGO run by Ms.Meenu, an architect by profession. Cubs Club organises a yearly competition for primary school students up to the 5th Class. The events are painting, storytelling, poem recitation, and dancing. The Project Udaan competition was on 14 December 2024 in the Chandigarh Museum. SWAD SCHOOL kids are 5 years old and below. We got the invitation to participate in all competitions. In painting, 16 Children participated where whereas in other events, only three entries per competition. There were students from five other schools who participated, but they were much older children from the 1st grade to the 5th grade.

a) Ten students of SWAD School who participated in the drawing competition. All three Prizes were won by our children.



**First Prize Himanshi from LKG. She was awarded a Rs 1500 cash award and a certificate.**



**Second Prize Jitisa from UKG.A Certificate and Rs 1000 cash award**



**Third Prize Anshika, a student from our Project Alambana class, received a certificate and a Rs 500 cash award.**

# CEO REPORT



**2. in the storytelling competition First Prize Shivangi from UKG. A certificate and cash award of Rs 1500.**



**Second Prize Aarohi in Poem Recitation received a certificate and a Rs 1000 cash award**

**The beauty of our SWAD School children is that they are confident, bold, and smart. Cubs Club gave a steel thermos for drinking water as a consolation prize to all children who participated in the event, UDAAN.**





# CEO REPORT

**Shahved Katoch, with his son Rahul, visited DIR INDIA. He distributed T-shirts donated by two doctors, an anaesthetist and an ENT Specialist. Both worked in the Government Hospital in Oviedo, Spain.**



**Mr. Nitin from the Tech Mahindra team visited the DIR India office. Tech Mahindra is the CSR Project of Mahindra, an automobile industry. Nitin appreciated DIR INDIA's Medical Program. They started Medical attendant training classes for underprivileged communities. It is a 6-month course, 3 months of theory, and a balance of 3 months of working experience in hospitals.**



**The President of the DIR India, Ms Shashi Prabha, Director General of Police, was invited for the Parent-Teacher meet. She gave an encouraging talk on the importance of education in today's time. Children who were excelling in academics, punctuality, discipline, and obedience were rewarded with prizes. The mother who cooked nutritious food for her child was rewarded with a healthy Tiffin.**



# CEO REPORT

**Our 6-month computer course on basic computer classes started in DIR India. Four students passed the examination. The qualification certificates were given by Shashi Prabha on the same day.**



**Christmas is always celebrated in a big way by DIR INDIA. We are grateful to Monica Bakeries, every year they have been sending a Christmas Cake to DIR INDIA. Children come in their Sunday best, and a few kids choose to become Santa Claus.**



**Dr. Mrs Santosh Sharma, a retired Professor and Head of the Department of Hindi from Punjab University, is deeply involved in social activities. She is a member of the BHARAT VIKAS PARISHAD, which is deeply involved in a social cause. The top members of this organisation came to visit DIR India. They distributed blankets to all the underprivileged women of our Basti.**

**The work of DIR India is well recognised by all foreign students who have done their internship in our organisation.**





# CEO REPORT

**Andrea Sadowski worked in our organisation as an Intern for 3 months, January 2020 to March 2020.**

**The COVID-19 Pandemic created an emergency all around the world. The two interns from Fraser Valley University of Vancouver, Canada, had to rush back.**

**Andrea is deeply involved and committed to the social cause. Her visit to India was to study and practice Yoga Abhyas in Rishikesh and Kerala. She paid a 5-day visit to DIR to meet the staff and the families living in Janta Colony. During her stay, she went for a fieldwork, clicked pictures, and worked on our Website. Andrea is a devoted soul and passionate about working for needy families.**



**Open Eye Foundation distributed free books and stationary amongst school children**

# CEO REPORT

In February this year, Dr Shalini, along with her brother Dr Vaibhav Saha, visited the organisation. Dr Vaibhav's last visit to DIR was in February 2023, along with his wife, Krista Lochinsky. It is sad news to know that Krista Lochinsky is no more. The news of her demise was shocking. Krista was passionate about stitching and embroidery. Dr Vaibhav, in memory of Krista Lochinsky, will be sponsoring a tailoring program for underprivileged families of Janta colony.



Enactus, a student body of Panjab University distributed Reusable sanitary Pads to 35 women and girls.





# CEO REPORT

The month of March was full of activities. The Swiss Board Members, namely Doris, Susi, Gabor, and Martina, paid a visit to DIR INDIA. We had a three-day event in which the Board members visited the slum to see the field work of the Medical team in Janta Colony Basti and Dhanas. They were impressed to see the dedication and devotion with which the medical team works.



On 6th March 2025, we had a sports and cultural activities show in honour of the Swiss Board members. Indian Board members and many other dignitaries from the Army and Civil authorities attended the show.



# CEO REPORT

**Jyoti Jain rewarded each child of Swad School with a steel Milton bottle with two 5-star chocolates in each pack. Mr Sanjay Bhatia rewarded each student with a Geometry box for their outstanding performance.**





# CEO REPORT

Swad School hosted a Parent-Teachers meet in which children were rewarded with prizes under different categories. It was a farewell to Upper Kindergarten (UKG) students as our Swad School is up to UKG only. Our Senior staff, preferably a Nutritionist daily assesses all tiffins to check the nutrient value of food cooked for the child by the mother in each class. These mothers are rewarded with a gift in parent teacher meet.



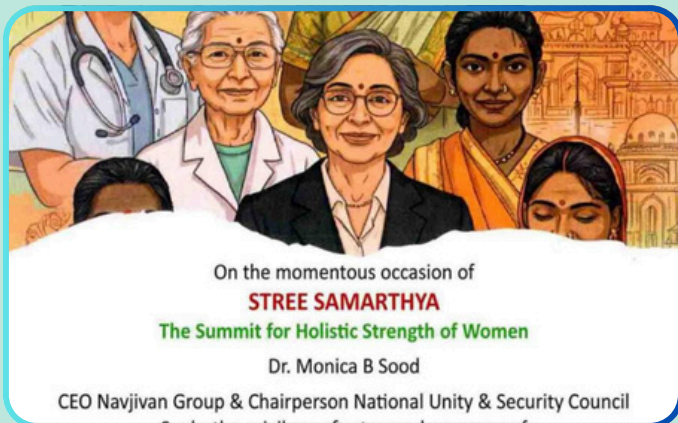
DIR started a new program on the path of Spirituality. It was a 3-day event in which Perceptors, Brig. Kuljit Singh, Mrs Neera Singh and 5 other members came to guide the DIR Team in the growth of spirituality. Meditation helps in building a stable mind.





# CEO REPORT

For the first time in 18 years, our organisation DIR was rewarded with The “STREE SAMARTHYA AWARD” on 28th March 2025 by His Excellency, The Governor of Punjab, and an Administrator of the Union Territory of Chandigarh, Sh. Gulab Chand Kataria.



*Academics*

# MEDICAL CLASSES



Medical topics covered by public health doctors during this session were:

- The importance of Vitamin A
- Digestive system
- Respiratory System
- Constipation
- Diarrhoea
- hemorrhoids
- Asthma
- COPD
- Hypoxia
- dysentery
- cholera
- giardiasis
- Hepatitis A
- Typhoid
- Peptic ulcers
- Celiac disease
- Lactose intolerance
- overuse of NSAIDs ( Non-steroidal anti-inflammatory Drugs)
- Role of smooth and skeletal muscles in the body.
- Malaria and Dengue
- Importance of a high Fiber diet and adequate water intake.
- components of saliva
- Shape and capacity of the stomach + irritable bowel diseases.
- Crohn's disease
- Use of anti-inflammatory drugs, antibiotics, pain relievers, and steroids
- Human cells





*Academics*

# NUTRITION CLASSES



**Nutrition topics covered by public health doctors during this session were:**

- Diabetes insipidus
- Dietary management in Asthma
- Dietary management in Pneumonia
- Importance of Balanced diet
- Importance of protein for our muscle building
- Importance of carbohydrates in our daily life
- Impact of acidosis and alkalosis
- The importance of vitamins in our daily lives.
- The significance of different signs and labels printed on packed and tinned food.
- Manufacturing date and Expiry date
- Importance of water-soluble vitamins in our daily life.
- Deficiency symptoms of water soluble vitamins.
- Locally available food sources which prevent its deficiency.
- Diet in IBS (Irritable Bowel Syndrome)
- The Importance of Breastfeeding
- Preparing Weaning Foods at Home
- Irritable Bowel Syndrome (IBS)
- Gastroesophageal Reflux Disease (GERD)
- Ulcerative Colitis
- Peptic Ulcers
- Celiac Disease
- Anaemia and its dietary management



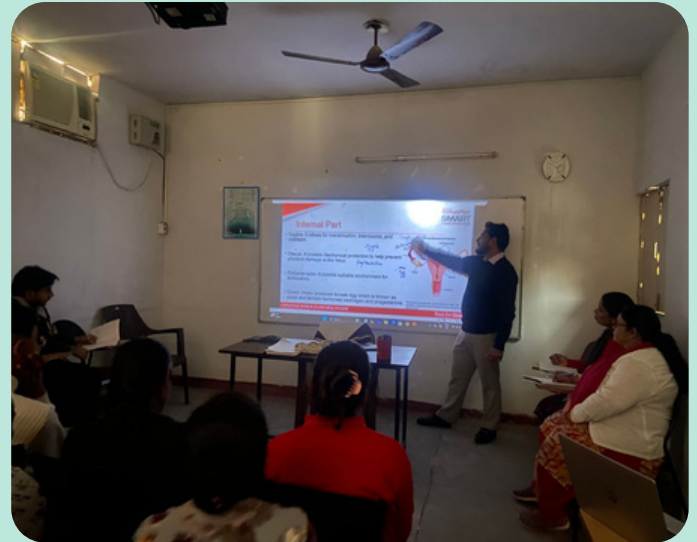
*Academics*

# MEDICAL ATTENDANT PROGRAM

## GENERAL DUTY ASSISTANT



Tech Mahindra's staff requested to run a Medical Project for young students and needy women, a Medical Attendant course of 6 months. In this six-month course, there are theory classes for 3 months, which were hosted by DIR from 17<sup>th</sup> December onwards. The training teachers were provided by Tech Mahindra. The balance, Practical experience of 3 months, is done in the hospitals affiliated with Tech Mahindra. On completion of the course, a qualified Medical Attendant certificate is issued by Tech Mahindra. The DIR Medical team excelled in this course.



This three-month General Duty Assistant (GDA) / Medical Attendant course was for boys and girls from the basti and Health promoters from DIR India also enrolled in the program, Mr. Pritpal Shergill sponsored the course.





*Academics*

# MEDICAL ATTENDANT PROGRAM

## GENERAL DUTY ASSISTANT

The following topics were covered:

Psychology and anatomy of the human body

- Basic cell structure
- Cavities of the human body
- Blood and its functions
- vital signs and various sites of the pulse
- Multiple departments of the hospital
- Temperature
- Major health problems in India
- Healthcare professionals in Hospitals
- Heart and blood pressure
- Sterilization
- Transferring
- Health assessment
- Respiratory system
- Elimination need
- Cardiovascular system
- Catheter care
- Medical ethics
- Old-age genital care,
- Digestive system
- Endocrine system
- Drug administration and various routes of drug
- Immunization
- Nervous system
- Skeleton system
- Different instruments used in hospitals



- Transportation of patients
- Urinary system
- HIV
- Skin layers
- Female reproductive system
- Sample collection
- Body mechanism
- Medical Terminology
- The objective of the spill management and the types of spills
- Patient responsibility
- death care
- Types of baths



# NUTRITION IMPROVEMENT PRIORITY PROGRAM:



- The goal of our Nutritional Improvement Priority Program (NIPP) is to improve the health status of those children who fall into the red-zone weight category (more than 3 kg underweight) and underweight pregnant women from underprivileged communities. Children under the ALAMBANA project are also included in the NIPP program. They are served with toasts with boiled eggs and bananas for breakfast and a NIPP meal for lunch along with other children sponsored under NIPP program.
- These children are fed high-calorie, high-protein lunches in the DIR office under direct supervision every afternoon from Monday to Friday. Dietitians write menus consisting of items such as: milk, boiled eggs, rajma, bananas, rice and varieties of lentils, sweet dishes like rice porridge, custard, sooji porridge, cracked wheat grains porridge etc and varieties of raita etc. The menu is flexible and is completely dependent on the donations DIR-I receive.





*Sponsor a Meal, Spark a Smile :-)*

# NIPP CHILD SPONSORSHIP PROGRAM:



You can make a lasting impact by sponsoring a Red-Zone child through our Nutrition Improvement Priority Program (NIPP), helping them receive the essential nutrients they need to grow up healthy and happy.

- **Sponsorship Cost:** ₹1,250 per month per child, underprivileged lactating mother, or pregnant woman (i.e., ₹15,000 per year).

Your sponsorship includes:

- Daily nutritious meals for the sponsored child or woman at the DIR office.
- Personalized monthly health reports, including feeding photos.
- Family health consultations.
- Weekly high-calorie, protein- and micronutrient-rich recipes tailored for the sponsored child or woman.

By contributing, you're not just feeding a body, you're nurturing a future.

**“The day hunger disappears, the world will see the greatest spiritual explosion humanity has ever seen.” – Federico Garcia Lorca**



# COMMITTEE MEETINGS:



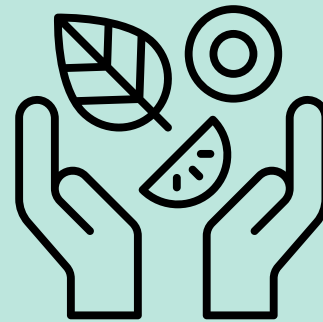
We have worked on the committee meetings held by the HPs in their assigned zones on the specific needs of the community each month. We have also specified committee meetings according to death statistics each month, for example we noticed deaths from common diseases such as asthma and diabetes, so the HPs taught their respective communities on early intervention and proper treatment of these illnesses. The HPs taught mothers on proper breastfeeding techniques in order to avoid further preventable deaths.





*A Year's Overview*

# NUTRITIONAL DEMONSTRATIONS:



Every third Tuesday of the month, DIR India's Dietitians conduct a demonstration class for Health promoters and the Slum community on Low-cost High-Calorie High Protein Diet.

DIR Nutritionists demonstrate to the HPs a recipe for a nutritious meal that can be made with ingredients available in the basti. In turn, HPs give cooking classes in their assigned zones to teach the mothers.

The program is very popular and parents recognize the link to healthier growth on their children's weight charts.

The demonstrations for this year consisted of following recipes:

- Nutritious Pancake
- Nutritious Poha
- Nutritious besan suji vegetables cheela
- Poha suji pancake
- Nutritious paratha
- Nutritious cutlets
- Paushtik pulao
- Paushtik seviyan (vermicelli)
- Paushtik Dalia



# INCOME GENERATION PROGRAM:



The main goal of our income generation program is to empower women to become financially independent so that she can fulfill her personal needs and can raise the socio-economic status of her family. By providing vocational training to girls and women, DIR increases their chances of employability and self-employment.

Despite being a bustling town of some 16,000 residents, Janta Colony offers few opportunities to earn a living – particularly for women. After working in the community for a short time, DIR became aware that many women leave before dawn to work as house cleaners or street vendors in Chandigarh. Often, they don't return until late in the evening. In the meantime, they leave their eldest child to care for younger siblings. The impact of this quickly became clear: HPs noted very little weight gain among children in households where mothers were absent most of the day. To address this issue, DIR sought to create cottage industries that would allow basti women to make a fair wage while working flexible hours at home. This would allow them to spend more time with their families and better benefit from DIR's services, such as cooking classes. With donated sewing machines and samples supplied by fabric and upholstery stores, DIR launched stitching classes in 2010. When women begin to earn an income, it elevates their status and decision-making authority in the family and in the community. It is also clear that women direct the majority of their income to better nourishment and education for their children. Enabling these "work at home" opportunities was a game-changer for many families: children who had previously been chronically malnourished began to gain weight more quickly and were less burdened with caring for their siblings.





# MONTHLY UPDATES OF INCOME GENERATION PROGRAM

**APRIL 2024**

**Panjab Engineering College Old Students Association (PECOSA), donated money for 10 Usha Sewing Machines to be given to underprivileged women of Janta Colony, Nayagaon to earn their livelihood through tailoring and stitching. We are extremely grateful to the Chairman of PECOSA Australia, Mr. Gian Chand Banga, Vice Chairman Mr. Ashok Sood for their generosity.**



**OCT 2024**

**DIR India Tailoring section held Exhibition of tailoring items were held in Rajeev Vihar , Chandigarh**



**NOV 2024**

**Tailoring items exhibition was held in Government school, sector 37B, Chandigarh**



**DEC 2024**

**DIR India Board President DGP Police Shashi Prabha Dwivedi visited the organization and distributed certificates for a 6-month basic computer course to four students.**



*A monthly report*

# VISITORS EVENTS AND NEW PROJECTS

## APRIL 2024

**Panjab Engineering College Old Students Association (PECOSA), donated money for 10 Usha Sewing Machines to be given to underprivileged women of Janta Colony, Nayagaon to earn their livelihood through tailoring and stitching.**



## MAY 2024

**On 2nd May, Dr. Seema Kapoor, along with Dr. Vivek Tripathi, Ms. Geeru, Aayush from the Municipal Corporation, and the Enactus team of Panjab University, visited DIR INDIA. Under the SWACHH BHARAT ABHIYAN, they collaborated with DIR INDIA to distribute two reusable sanitary napkins each to 25 underprivileged women from Janta Colony.**



## JUNE 2024

**On 13th June, Ashima Gupta , a USA Board Member, visited the DIR Office along with her son. She interacted with the residents of Janta Colony and saw the living conditions of the families.**





*A monthly report*

# VISITORS EVENTS AND NEW PROJECTS



## JULY 2024

- SWAD school has resumed classes following a month-long summer break.
- The medical team at DIR India conducted a comprehensive survey to assess the Gravidas of pregnant women in the Janta Colony and Dhanas localities.



## AUGUST 2024

- Professor Renu Thakur, accompanied by two students, visited the organisation and engaged with the SWAD school children
- The team at DIR India enthusiastically celebrated the Teej festival with vibrant colours. The staff and students of tailoring and computer classes showcased cultural and folk songs.
- DIR India organized a special feast for SWAD school children, feeding program kids, and staff, sponsored by Mr. Harsh and Mrs. Meenakshi Jain in celebration of their twins Krishay and Kriday's birthday.



*A monthly report*

# VISITORS EVENTS AND NEW PROJECTS

## SEPTEMBER 2024

- Mr. Sanjay Bhatia donated 38 school bags for the students of SWAD school.
- Professor Dr. Santosh donated 15 plants and planted them in the school playground on the occasion of Teacher's Day. The DIR India team also planted trees on this occasion.
- Dr. Shailja generously donated groceries worth 500 rupees to 10 women from underprivileged families in Janta Colony slum

## OCTOBER 2024

- Karin, a Kindergarten teacher who had travelled from Switzerland to visit SWAD School, distributed candies and fruit drinks to both the students and staff.
- Mr. Surjit Singh, along with his wife, Mr. N.P. Singh, and Mr. Balwant Gill, visited the organization to conduct a distribution of sweaters and laddoos
- Mrs. Tanvi and her husband, Mr. Himanshu, contributed to the SWAD school by organizing a Diwali-themed colouring competition.
- DIR India Tailoring section held Exhibition of tailoring items were held in Rajeev Vihar , Chandigarh





*A monthly report*

# VISITORS EVENTS AND NEW PROJECTS

## NOVEMBER 2024

- Tailoring items exhibition was held in Government school, sector 37B, Chandigarh.



## DECEMBER 2024

- In December, Mr. Shahved Katoch and his son visited the organization, interacted with SWAD School students and the medical team, and donated diaries, pens, and T-shirts to all staff and students.
- The team from Tech Mahindra Foundation visited the organisation.
- DIR India Board President DGP Police Shashi Prabha Dwivedi visited the organization and distributed certificates for a 6-month basic computer course to four students.



## JANUARY 2025

- Mr. Pritpal Singh Shergill visited the organisation and interacted with students enrolled in Tech Mahindra GDA classes
- Dr. Prof. Santosh Sharma from Punjab University distributed 65 blankets.



*A monthly report*

# VISITORS EVENTS AND NEW PROJECTS

## JANUARY 2024

- **Andrea Sadowski visited and volunteered at DIR for 5 days.**
- **Open eye foundation free books and stationary amongst school children.**
- **On 16<sup>th</sup> January DIR India board president sponsored lunch for DIR staff and NIPP children on the occasion of her husband's death anniversary.**



## FEBRUARY 2024

- **USA board member Dr. Shalini Sahai along with her brother visited the organization and interacted with the school students, medical team and tailoring team.**
- **The Enactus team, led by Prof. Dr. Seema Kapoor, visited the organisation and distributed 35 reusable cloth pads to underprivileged women. Dr. Asha also gave a talk on hygiene, menstrual health, and the benefits of cloth pads.**





*A monthly report*



# SCHOOL WITH A DIFFERENCE:

## APRIL 2024

- Children of SWAD school participated in paper craft making and colouring activities.



## MAY 2024

- Children of SWAD school participated in card making on the occasion of Mother's Day and paper crafting.

## JULY 2024

- Learning to write alphabets and words in English and Hindi, mastering tables 2-5 in Math, identifying animals, fruits, body parts, and vegetables in GK, and engaging in Saturday activities like paper crafts and coloring.



## AUGUST 2024

- Participated in various activities like colouring of vegetables and Rakhi making for Rakshabandhan celebrations.
- Students participated in fancy dress for Krishan Janamashtmi celebrations.
- The DIR India team celebrated Independence Day with the SWAD school children, featuring performances of various patriotic songs and recitations of patriotic rhymes by students.



*A monthly report*



# SCHOOL WITH A DIFFERENCE:

## SEPTEMBER 2024

- SWAD School recently held its terminal exams, followed by a much-awaited results announcement. To celebrate, a special awards ceremony and Parents Teachers Meet recognized students for academic excellence, punctuality, discipline, and healthy eating promoting holistic growth and well-being.

## OCTOBER 2024

- This month, SWAD School students celebrated Dussehra with DIR India's medical staff by burning a Ravana effigy. Bananas, candies, and fruit drinks were shared, and visiting Swiss teacher Karin was warmly welcomed
- Mr. Surjit Singh, his wife, Mr. N.P. Singh, and Mr. Balwant Gill visited SWAD School to distribute sweaters and laddoos, bringing warmth to students and recognizing the support staff fostering a spirit of care and community within the school.
- Mrs. Tanvi and Mr. Himanshu hosted a Diwali-themed colouring competition at SWAD School, rewarding students with goodies and sharing treats with staff adding festive cheer and strengthening community spirit.





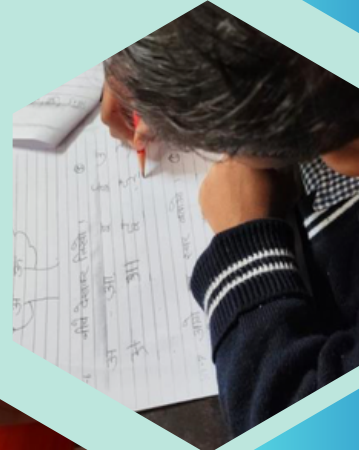
*A monthly report*



# SCHOOL WITH A DIFFERENCE:

## NOVEMBER 2024

- This month, children eagerly prepared for the upcoming drawing, poetry, and storytelling competitions scheduled for December. They immersed themselves in creativity, producing stunning drawings that depicted lush landscapes, vibrant rainbows, playful fish, and other delightful subjects



## DECEMBER 2024

- In December 2024, we conducted the December exams from 9th to 30th December.
- On December 10th, a PTM was held to review student progress with parents. Guest of honour DGP Shashi Prabha Dwivedi awarded top performers, encouraging academic excellence.
- On December 14th, SWAD students participated in a competition at the Sector 10 Museum, Chandigarh, showcasing talents in storytelling, poetry, and drawing. Shivangi won 1st prize in storytelling, while Harshita, Jitisha, and Anshika secured top spots in drawing, all receiving trophies and cash awards.
- On December 24, Team DIR India celebrated Christmas with SWAD students, also distributing gloves and socks to them.



*A monthly report*



# SCHOOL WITH A DIFFERENCE:

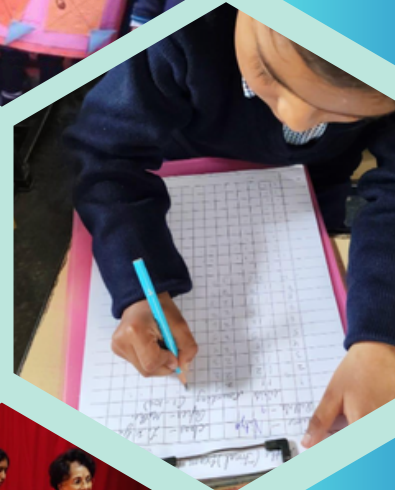
## JANUARY 2025

- Children participated in caterpillar making with colorful circles.
- Tricolour handprint activity was conducted for kids by Dr. Asha katoch; fruit juices and bananas were also distributed to the kids.
- Students also participated in kite making on the festival of Makar sakranti.



## FEBRUARY 2025

- This month, to celebrate Basant Panchami, children created lotus and veena-themed art, honoring Goddess Saraswati. They also explored onion painting, stamping floral patterns for a fun, memorable experience.



## MARCH 2025

- Final exams took place from March 10th to 17th, with results announced on March 27th. All students performed exceptionally well and were promoted to the next class.
- On the day the results were announced, water bottles kindly contributed by Ms. Jyoti Jain were distributed to all students. Furthermore, lunch boxes were given to the mothers as part of the 'Healthy Tiffin' prize initiative.





*Sport' day!*



# SCHOOL WITH A DIFFERENCE:

MARCH 2025

- Sports Day on 6th March was a lively event, graced by Swiss board members, including new member Mr. Gabor Facsar.
- Our students showcased their energy and team spirit through various games, including the frog jump, lemon and spoon race, simple race, tug of war, three-legged race, and the color bead challenge. Some parents and guests also participated in the tug of war, adding to the excitement and making it a truly enjoyable experience for everyone.
- During the prize distribution ceremony, the first, second, and third place winners received gold, silver, and bronze medals, respectively. As a consolation prize, geometry boxes were distributed, generously donated by Mr. Sanjay Bhati.
- After the event, Ms. Tanvi and her husband, Himanshu distributed fruit juices to every child present in the playground. Additionally, fruits and bananas were shared with all the children as refreshments.



*Bi- monthly camp*

# HOMEOPATHIC CAMP



Homeopathic Medical College and Hospital of Sector 26, Chandigarh, organized a Homeopathy camp aimed at providing healthcare services to the community. The camp operates twice a month and offers free consultations and medications to the attendees. The team consists of two doctors and paramedical staff dedicated to serving the community.

The camp follows the principles of homeopathy, a holistic approach to healing that focuses on individualized treatment. Homeopathy is known for its gentle and natural remedies, aiming to stimulate the body's self-healing abilities.

By organizing this camp, the Homeopathic Medical College and Hospital aims to promote community health and provide access to healthcare services to individuals who may not have the means to afford medical consultations and medications. This initiative reflects the institution's commitment to serving the community and promoting the benefits of homeopathic treatment.





# COMPUTER AND DATA ENTRY CLASSES:



Our health promoters are now skilled in computer operations, enabling them to store growth chart data digitally for accurate record-keeping and research purposes.

- Currently, all records for children under five, pregnant mothers, and NIPP kids are systematically maintained in dedicated folders. Our data entry operator conducts regular computer classes and supervises each health promoter's work. The data is securely stored on USB drives and uploaded daily to our Google Drive by senior staff.
- In addition, we have established computer classes for women seeking to acquire new skills and re-enter the workforce. Recognizing the importance of technology today, we offer affordable basic and advanced computer training to underprivileged teenagers, helping them strengthen their resumes.
- While we have set up infrastructure for computer classes specifically for children from basti communities, many face financial barriers. The monthly fee is Rs 500 per child, and we are actively seeking sponsorships to support these eager learners. Word-of-mouth publicity has spread awareness, and we have a list of basti girls keen to develop computer skills but limited by financial constraints.
- Our training program maintains excellent standards, providing individual attention to every child. We appeal to donors to support this initiative, empowering underprivileged girls with computer skills that will improve their job prospects in shops and stores around Chandigarh.



*Bridging Educational Gaps for Basti Children*

# TUITION CLASSES:



**DIR India organizes daily tuition classes to support the academic growth of children from basti communities enrolled in public schools across Chandigarh.**

- **Timings:** Classes are held every day from 3 PM to 5 PM.
- **Objective:** These sessions aim to provide additional academic support, helping students keep pace with the curriculum and perform confidently in school.
- **Personalized Guidance:** Each child receives individual attention, ensuring tailored support based on their learning needs.
- **Continuous Assessment:** Regular tests and evaluations help track student progress, reinforce understanding, and ensure mastery of subjects.

**These tuition classes are a vital initiative to close the educational gap and empower underprivileged children with the skills and confidence needed to succeed academically. Through consistent coaching and careful evaluation, DIR is helping these students build a stronger foundation for their future.**





*Bridging Educational Gaps for Basti Children*

# TAILORING CLASSES



DIR India organizes daily tuition classes to support the academic growth of children from basti communities enrolled in public schools across Chandigarh.

- **Timings:** Classes are held every day from 3 PM to 5 PM.
- **Objective:** These sessions aim to provide additional academic support, helping students keep pace with the curriculum and perform confidently in school.
- **Personalized Guidance:** Each child receives individual attention, ensuring tailored support based on their learning needs.
- **Continuous Assessment:** Regular tests and evaluations help track student progress, reinforce understanding, and ensure mastery of subjects.

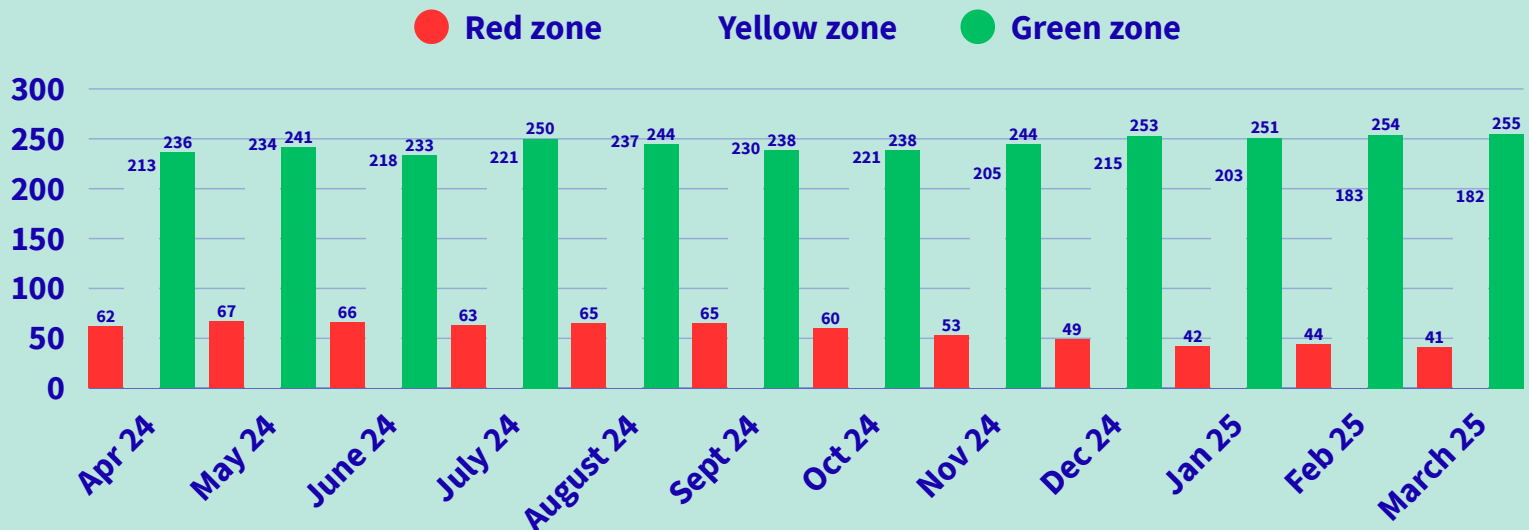
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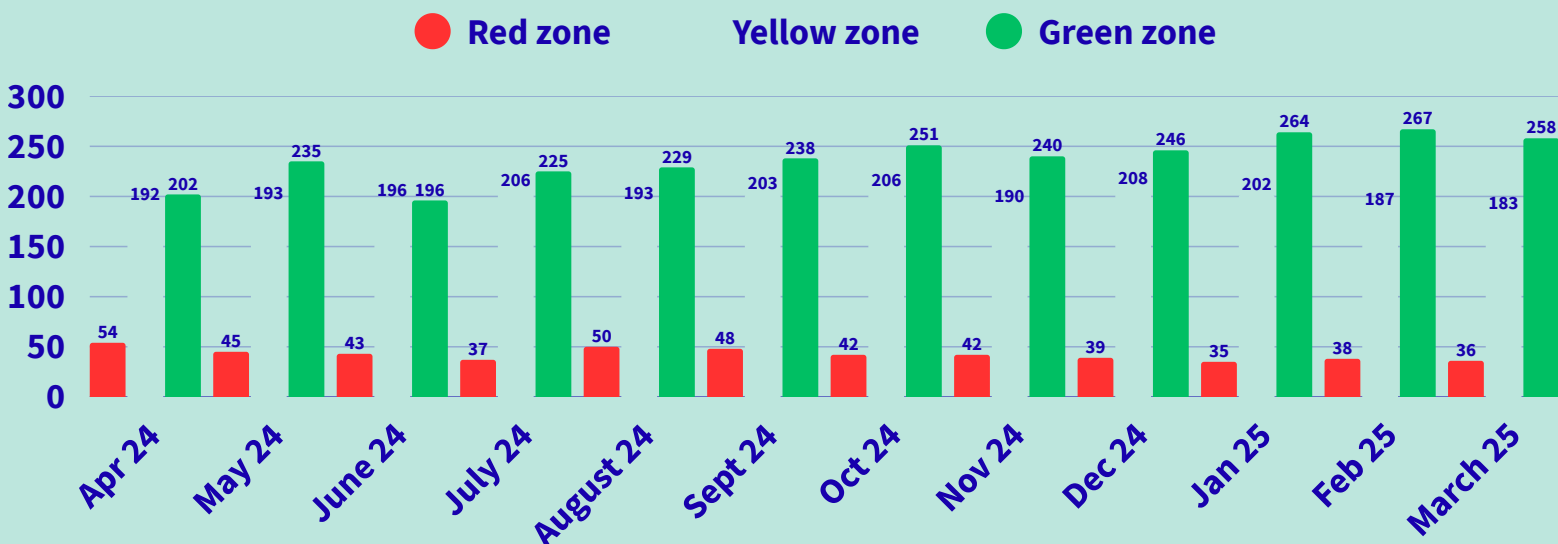




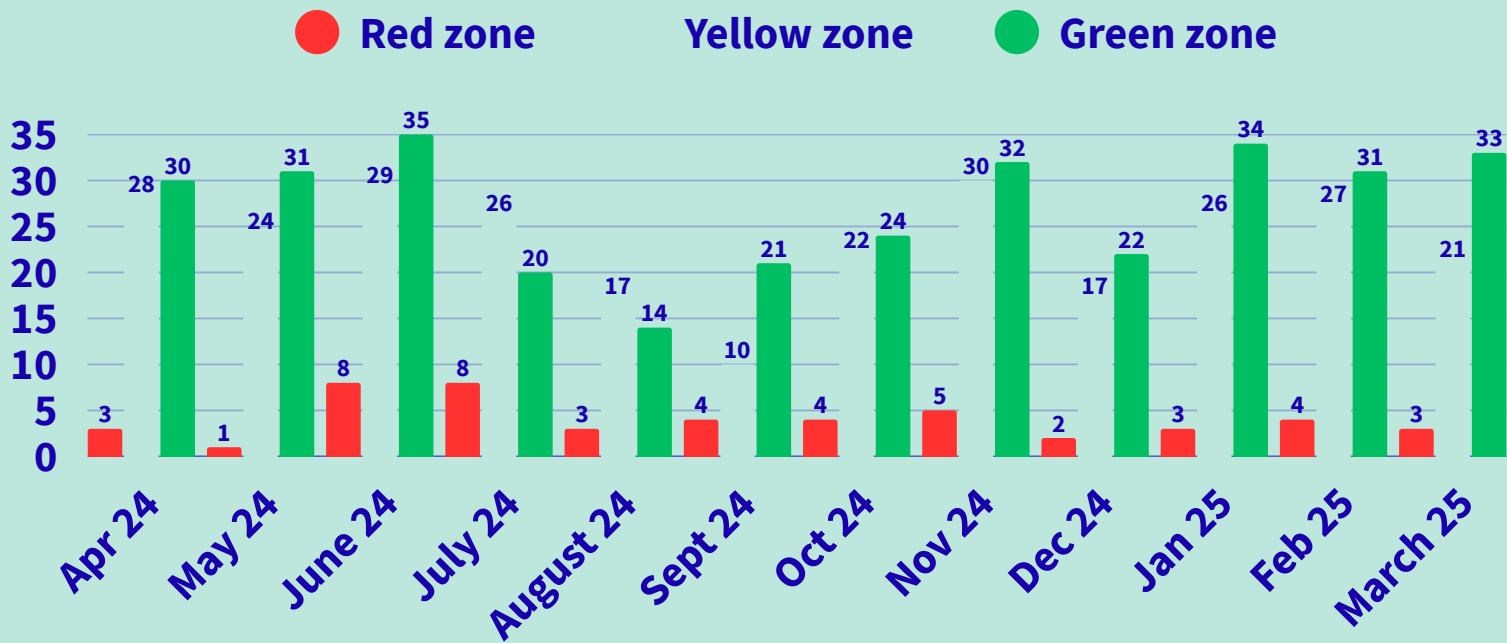
## TOTAL NUMBER OF CHILDREN WEIGHED IN JANTA COLONY IN THE CATEGORY OF RED, YELLOW AND GREEN ZONE



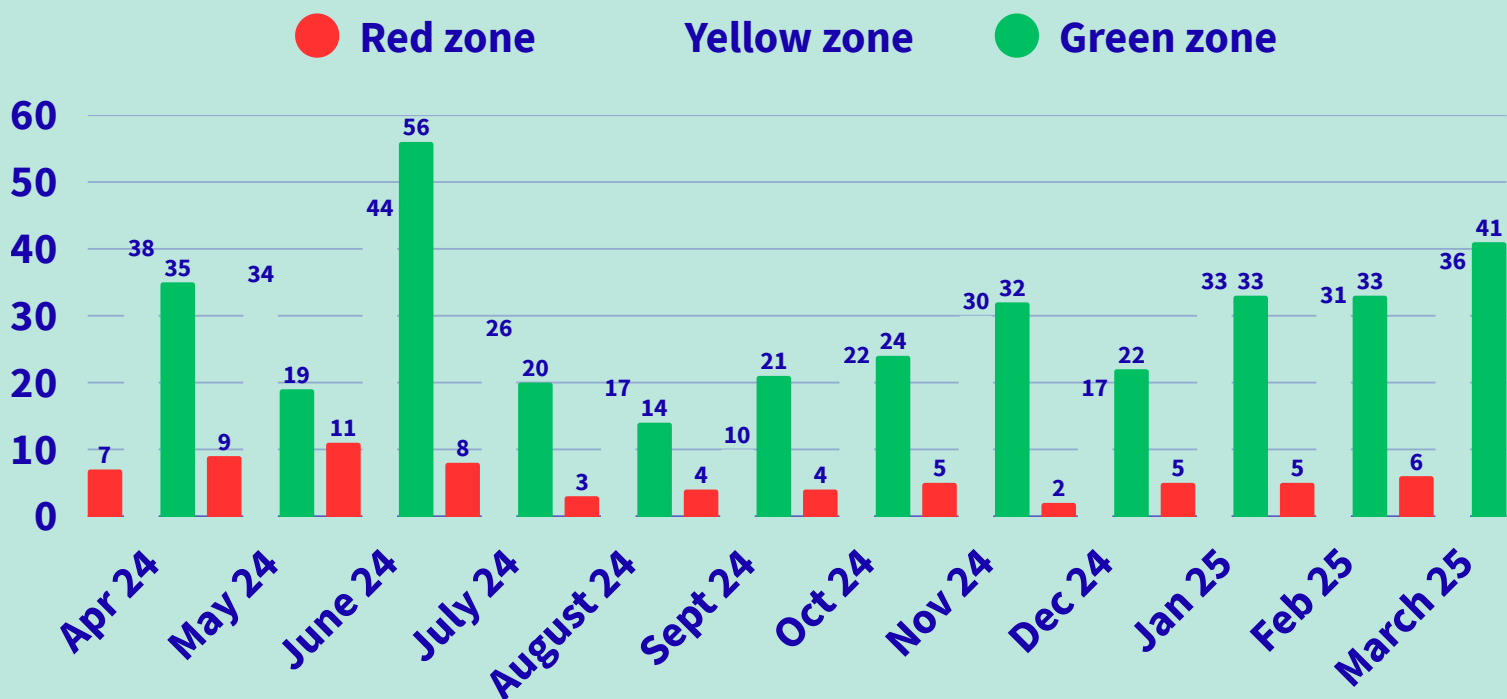
## TOTAL NUMBER OF CHILDREN WEIGHED IN DHANAS IN THE CATEGORY OF RED, YELLOW AND GREEN ZONE



**TOTAL NUMBER OF CHILDREN NOT WEIGHED IN JANTA COLONY IN THE CATEGORY OF RED, YELLOW AND GREEN ZONE**



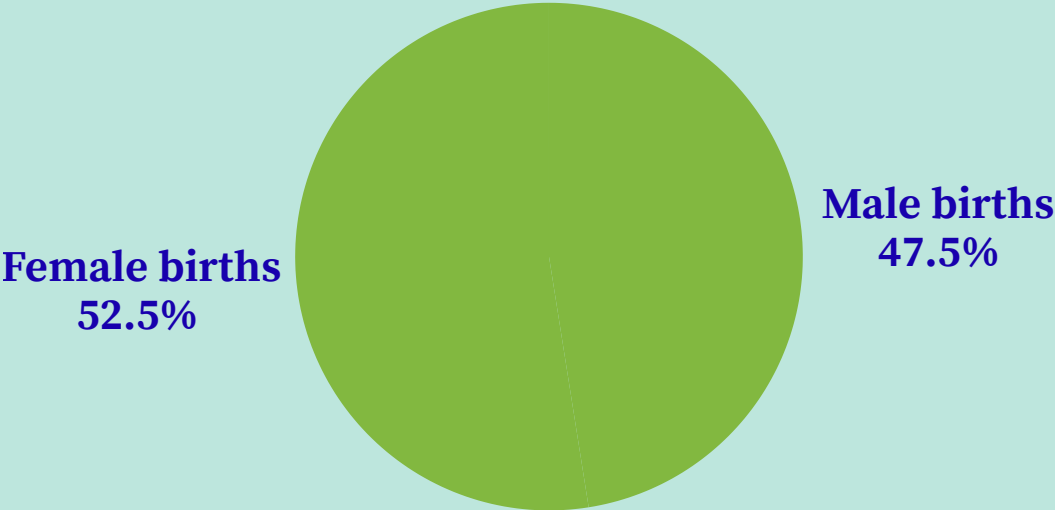
**TOTAL NUMBER OF CHILDREN NOT WEIGHED IN DHANAS IN THE CATEGORY OF RED, YELLOW AND GREEN ZONE**

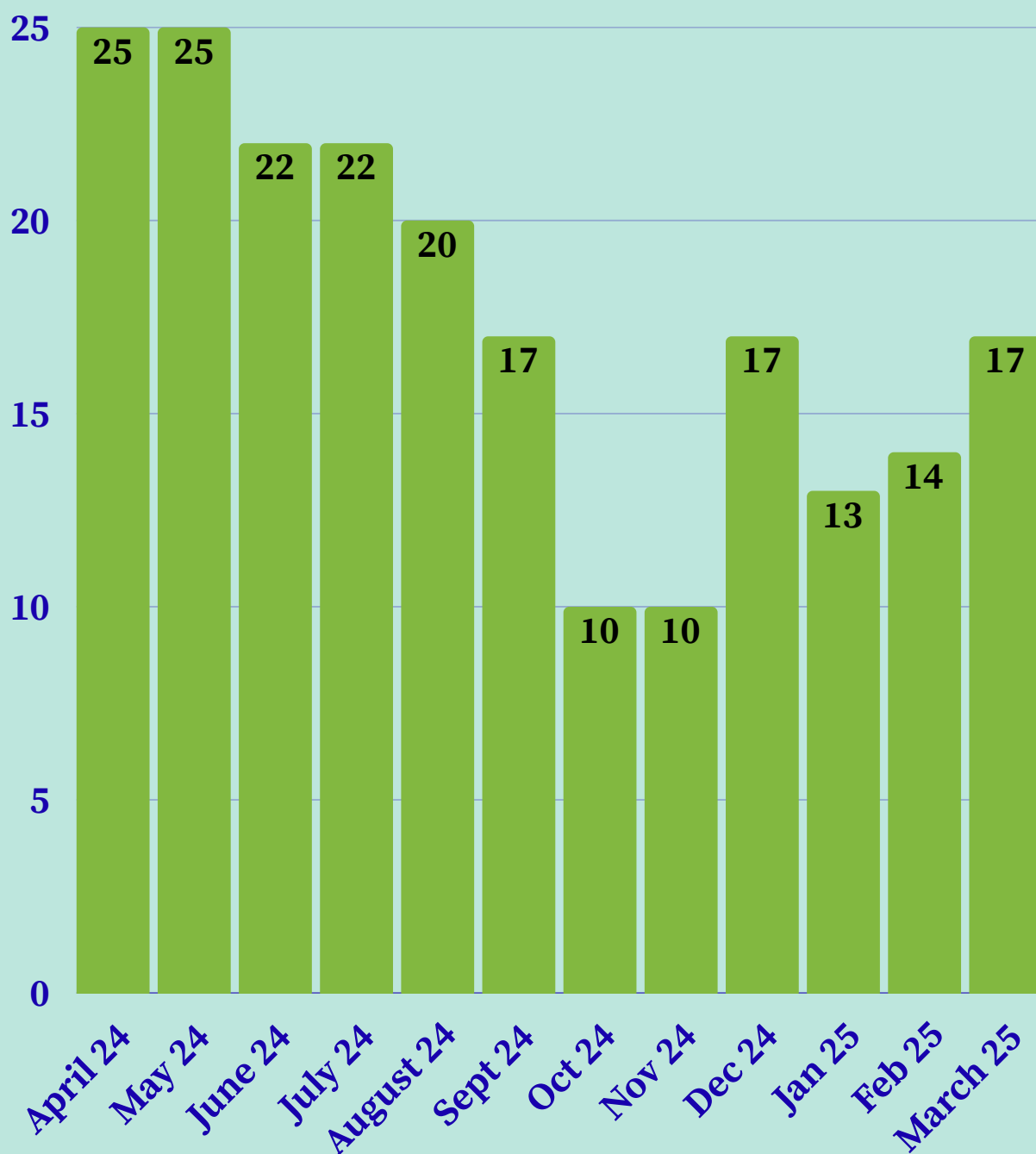




STATISTICS OF TOTAL DELIVERIES, MALE AND FEMALE  
BIRTH IN JANTA COLONY

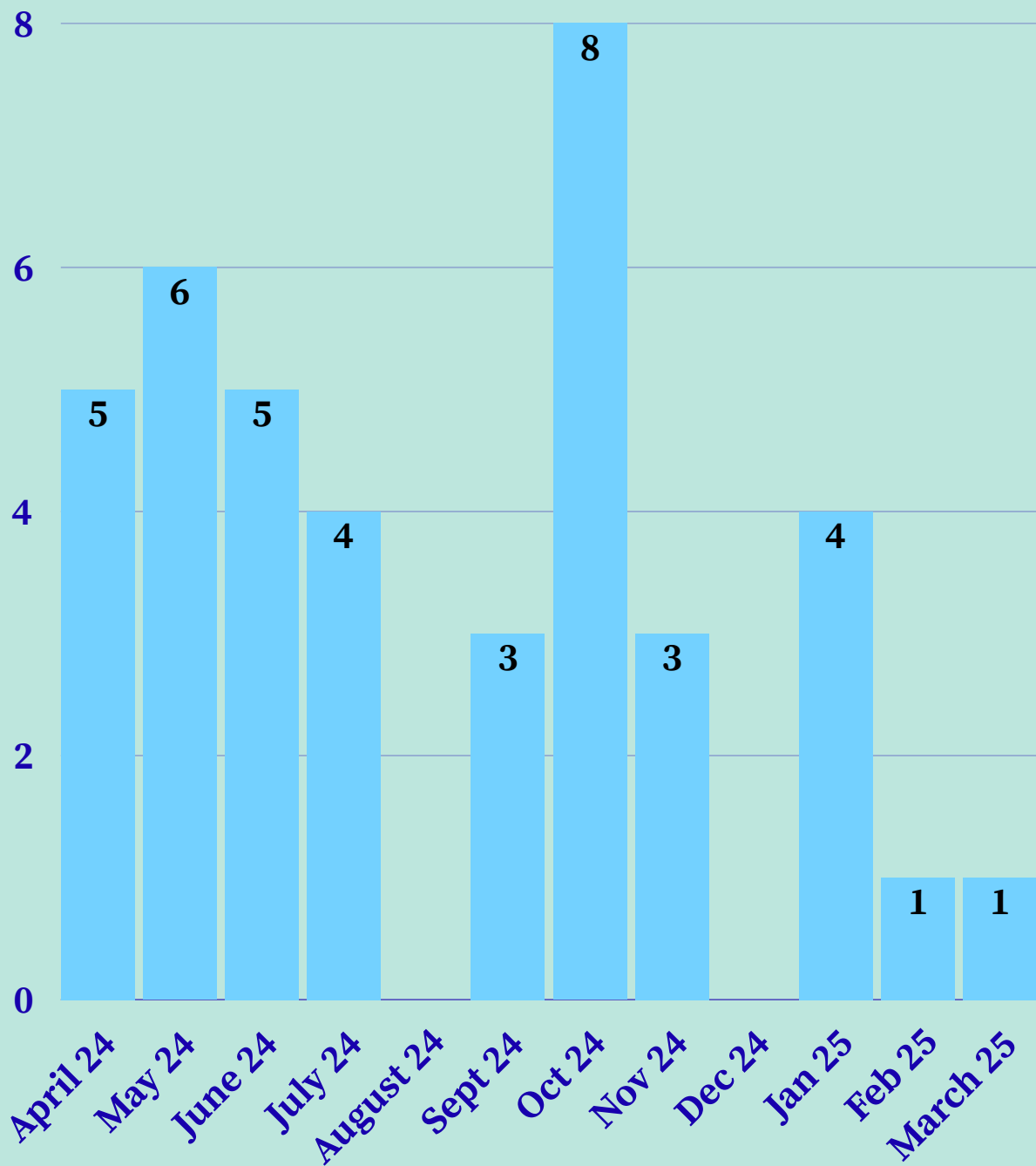
MONTH	TOTAL DELIVERIES	MALE BIRTH	FEMALE BIRTH	INFANT DEATH	MISCARRAIGE	ABORTION	MMR	STILL BORN
April 24	5	2	3	0	0	0	0	0
May 24	6	3	3	0	0	0	0	0
June 24	5	1	4	0	0	0	0	0
July 24	4	2	2	0	0	0	0	0
August 24	0	0	0	0	0	0	0	0
Sept 24	3	1	2	0	0	0	0	0
Oct 24	8	5	3	0	0	0	0	0
Nov 24	3	2	1	0	0	0	0	0
Dec 24	0	0	0	0	0	0	0	0
Jan 25	4	3	1	0	0	0	0	0
Feb 25	1	0	1	0	0	0	0	0
March 25	1	0	1	0	0	0	0	0



**TOTAL NO. OF PREGNANT WOMEN IN JANTA COLONY**



## **TOTAL NO. OF DELIVERIES IN JANTA COLONY**



DIR - INDIA			2024-2025	
DEATH DETAILS OF HEALTH PROMOTER’S AREA IN <u>JANTA COLONY</u>				
MONTH	HEALTH PROMOTER’s AREA	GENDER	AGE IN YEARS	CAUSE OF DEATH
April 24	Poonam	Female	73	Multiple organ failure due to diabetes
April 24	Sunita	Female	90	Natural death
April 24	Dimple	Female	60	Due to Dehydration
April 24	Lata Chauhan	Male	43	Multiple organ failure
May 24	Lata Chauhan	Male	44	Gall Bladder rupture
May 24	Veena	Male	64	Cardiac arrest
May 24	Lata Chauhan	Male	58	Cirrhosis
June 24	Sunita	Male	43	Multiple organ failure due to Chronic Alcoholism
June 24	Sushma	Male	6	Electric Shock
July 24	Dimple	Male	2 days	Fetal Distress due to meconium
July 24	Sushma	Male	64	Asthma attack
August 24	Sunita	Female	60	Diabetes Mellitus leading to multiple organ failure
Sept 24	Lata Gosain	Female	90	Natural Death
Sept 24	Meenakshi	Male	33	Dengue
Oct 24	Lata Gosain	Male	45	Chronic Alcoholism
Oct 24	Banita	Male	47	Chronic Alcoholism
Oct 24	Banita	Male	73	Natural death
Oct 24	Dimple	Male	40	Dengue
Oct 24	Veena	Female	42	Acute Kidney Failure
Oct 24	Pooja	Male	54	Cardiac arrest



DEATH DETAILS OF HEALTH PROMOTER’S AREA IN JANTA COLONY

MONTH	HEALTH PROMOTER’S AREA	GENDER	AGE IN YEARS	CAUSE OF DEATH
Nov 24	Lata Chandel	Male	57	Seizures (due to head injury)
Nov 24	Sunita	Male	27	Alcoholism
Nov 24	Sushma	Male	67	Pulmonary T.B.
Nov 24	Kajal	Female	70	Multiple organ failure (due to diabetes)
Nov 24	Kajal	Female	50	Diabetes
Nov 24	Dimple	Male	4	Dengue fever
Dec 24	Lata Gosain	Male	60	CKD
Dec 24	Lata Gosain	Male	55	Silent Ischemia
Dec 24	Sunita	Male	65	Multiple organ failure (diabetic)
Dec 24	Pooja	Male	18	Silent Attack
Dec 24	Pooja	Male	25	Road Accident
Jan 25	Sushma	Male	75	Paralysis ( from last 6 yrs)
Jan 25	Veena	Male	40	Murdered
Jan 25	Lata Chandel	Male	70	Heart attack
Feb 25	Meenakshi	Male	37	TB

DEATH DETAILS OF HEALTH PROMOTER’S AREA IN DHANAS

MONTH	HEALTH PROMOTER’S AREA	GENDER	AGE IN YEARS	CAUSE OF DEATH
May 24	Sushma	Female	75	Diabetes Mellitus
April 24	Dimple	Male	70	Ischemic Stroke
July 24	Lata Gosain	Female	75	Kidney Failure due to Diabetes
August 24	Kajal	Male	55	Alcoholism
Sept 24	Lata Chandel	Male	29	Cardiac Arrest
Nov 24	Dimple	Male	2 months	Asphyxia
Nov 24	Lata Chandel	Female	1 day	Birth asphyxia
March 25	Kajal	Male	67	Jaundice

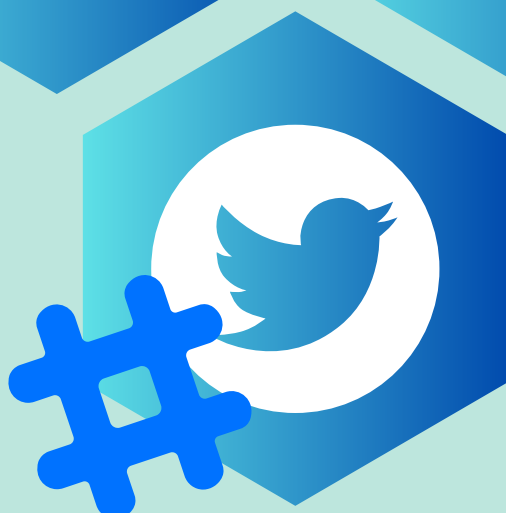


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- **Website: [www.dir.ngo](http://www.dir.ngo)**
- **Facebook: [www.facebook.com/dir.india](http://www.facebook.com/dir.india)**
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## SOCIAL MEDIA LINKS





# DONATE!

## OUR BANK DETAILS

IN FAVOR OF	DEVELOPING INDIGENOUS RESOURCES INDIA
BANK	STATE BANK OF INDIA
BRANCH	SECTOR-9, MADHYA MARG, CHANDIGARH-160009
ACCOUNT NO.	37375923235
RTGS/NEFT/IFSCCODE	SBIN0018249
MICR CODE	160002091

## FCRA ACCOUNT DETAILS FOR FOREIGN FUNDS ONLY

IN FAVOR OF	DEVELOPING INDIGENOUS RESOURCES INDIA
BANK	STATE BANK OF INDIA
ACCOUNT NO.	40127210462
ACCOUNT TYPE	FCRA CURRENT ACCOUNT
BRANCH CODE	00691
IFSC CODE	SBIN0000691
SWIFT CODE	SBININBB104
BRANCH ADDRESS	11, SANSAD MARG, NEW DELHI-110001

# YOU CAN DONATE US THROUGH PAYTM UPI ASWELL!

