



# Developing Indigenous Resources India

## JUNE 2025

### Monthly Report



# **DEVELOPING INDIGENOUS RESOURCES INDIA**

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**AAATD9602KE20192, Dated 20.02.2022 and for U/S 80G vides order no.**

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| <b><u>S.NO.</u></b> | <b><u>TITLE</u></b>                                      |
|---------------------|--|
| <b>1</b>            | <b>CEO REPORT</b>  |
| <b>2</b>            | <b>ACADEMICS</b>   |
| <b>3</b>            | <b>NUTRITION IMPROVEMENT<br/>PRIORITY PROGRAM</b>        |
| <b>4</b>            | <b>STATISTICS OF CHILDREN<br/>UNDER THE NIPP PROGRAM</b> |
| <b>5</b>            | <b>DEATH DETAILS</b>                                     |
| <b>6</b>            | <b>STATISTICS OF MEDICAL<br/>PROJECT</b>                 |
| <b>7</b>            | <b>STATISTICS OF THE RED ZONE<br/>CHILDREN</b>           |
| <b>8</b>            | <b>STATISTICS OF PREGNANT<br/>MOTHERS AND NEWBORNS</b>   |
| <b>9</b>            | <b>DIR-INDIA JUNE HIGHLIGHTS</b>                         |
| <b>10</b>           | <b>OUR TEAM AND CONTACT<br/>INFORMATION</b>              |



# **CEO'S REPORT**

**In June, SWAD School shuts down for its summer vacation. In the peak heat, life in Janta Colony is dull. Most of the families return to their villages in this period.**

**Teachers do give homework so that the child remains in touch with academics.**

**The Medical Team has done a case study on a family in which there is a genetic deficiency in growth hormone. In this family, the mother and daughter have a deficiency of growth hormone. They are both Dwarfs, whereas Father and son are normal.**

**Mrs. Anita, a 35-year-old lactating mother from Sultanpur, Uttar Pradesh, currently resides in Nayagaon in a rented accommodation.**

**Her husband works as a sweeper in a Hotel and earns approximately ₹10,000 per month. The family includes two children: a 9-year-old son studying in 4th class in a Government Model school, and a daughter, Anvika who is 22 months old. Anita, the mother of Anvika, has genetically stunted growth. Anita confessed that they are three sisters. Her two sisters are healthy, of normal height.**

**Anita's daughter, Anvika, is a victim of the same deficiency of growth hormone.**

**found to be undernourished with significantly low height and weight for her age ( i.e. inherited stunted growth from her mother). She was subsequently enrolled in NIPP and referred for treatment at PGI (Post Graduate Institute of Medical Education and Research, Chandigarh). With consistent care, nutritional support and follow-up over the past year, Anvika has shown notable progress red to the yellow category—indicating improvement in her nutritional status. She is now an active and lively child.**



**Both Anita and Anvika have benefitted from regular intervention under NIPP. Their health status, particularly weight gain and overall activity levels, has improved significantly, reflecting the positive impact of sustained nutritional and health support.**



# MEDICAL TRAINING

June is marked by intense heat and dry loo winds, though pre-monsoon showers arrived early, bringing some relief, but a renewed surge in COVID-19 cases raised public health concerns. COVID-19, caused by corona virus SARS-CoV-2, is a highly contagious respiratory illness that led to a global pandemic starting in 2019. The virus has significantly impacted public health, education and daily life worldwide. Academic session this month focused on-

- COVID-19 awareness and highlighting the importance of safety measures, wearing masks, maintaining social distance, as well as practising good hygiene to prevent the spread of the virus.

- The symptoms this time, although similar to previous outbreaks, some new features and complications caused additional concern among health experts and the public.

<https://timesofindia.indiatimes.com/life-style/health-fitness/health-news/coronavirus-symptoms-covid-19-cases-surge-in-india-new-symptoms-to-watch-out-for/articleshow/121795180.cms>

- Lung volumes and capacities were studied in detail as Covid 19 primarily targets the respiratory system, affecting lung function and reducing the ability to breathe efficiently, especially in severe cases.

- A class test was conducted on the above topics.



# NUTRITION TRAINING

The month of June marks a transitional period in the climate, with the intense summer giving way to the monsoon season. During this time, high temperatures often persist, increasing the risk of electrolyte imbalances and dehydration. At the same time, the onset of the monsoon can lead to a sluggish digestive system, heightening the likelihood of digestive disorders such as diarrhea and infections. To address these seasonal health concerns, nutrition classes focused on several key topics:

- **Electrolyte Imbalance** - Health promoters learned about the importance of maintaining proper hydration and electrolyte levels, especially in hot and humid conditions. The sessions discussed natural sources of electrolytes and the appropriate use of oral rehydration solutions (ORS).
- **Diarrhea Management** - The classes covered the causes, symptoms, and dietary management of diarrhea, emphasizing the importance of hydration, probiotics, and safe food practices.
- **Diet During the Monsoon** - Although digestion tends to weaken during the rainy season, the classes stressed the importance of a light, balanced, and immunity-boosting diet. Participants received tips on selecting seasonal fruits and vegetables, avoiding street food, and ensuring proper food hygiene.





## ATTENDANCE REPORT OF CHILDREN UNDER THE NIPP PROGRAM ADOPTED BY DONORS

| TOTAL | RED ZONE | YELLOW ZONE | GREEN ZONE |
|-------|----------|-------------|------------|
| 6     | 2        | 3           | 1          |

- The progress report of the sponsored children, which includes the health status of the adopted child, is sent to each donor every month.
- A total of 20 children of the project Alambana (children of rag pickers) are sponsored. These children are also part of the NIPP program.

### DETAILED PROGRESS REPORT OF NIPP:

- Total attendance for June was 27, including children from Alambana, as well as pregnant and lactating mothers.
- In this, 6 children were below 5 years of age, 1 was an underprivileged and malnourished woman of Janta Colony, and 20 children were under the Alambana Project.

### PROGRESS REPORT UNDER NIPP PROGRAM:

- 1 child gained weight.
- 5 children showed no change in weight due to seasonal illnesses like cough and cold.

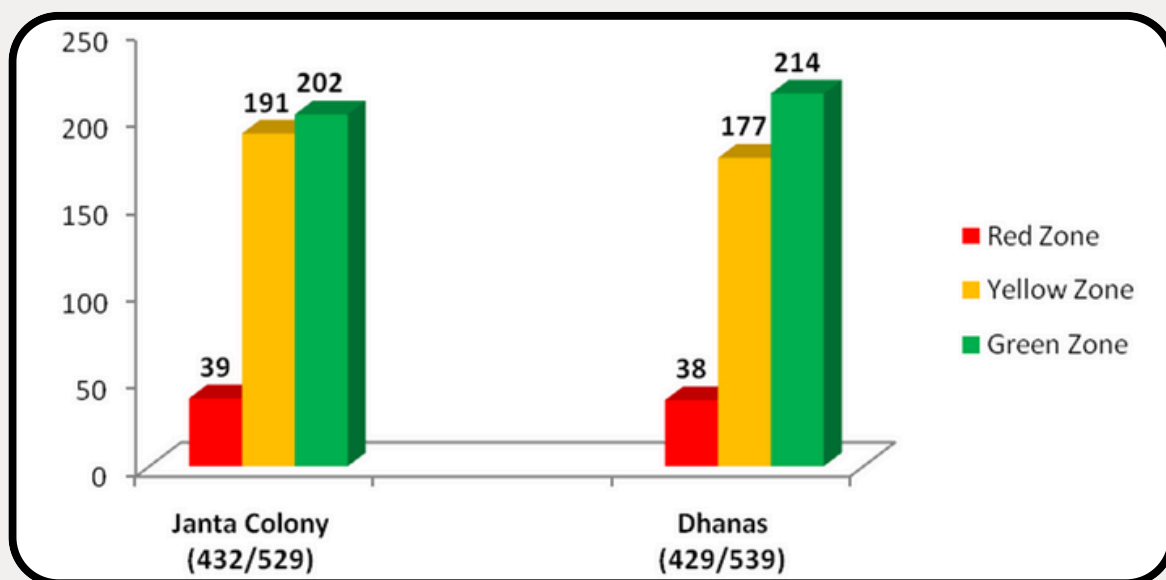




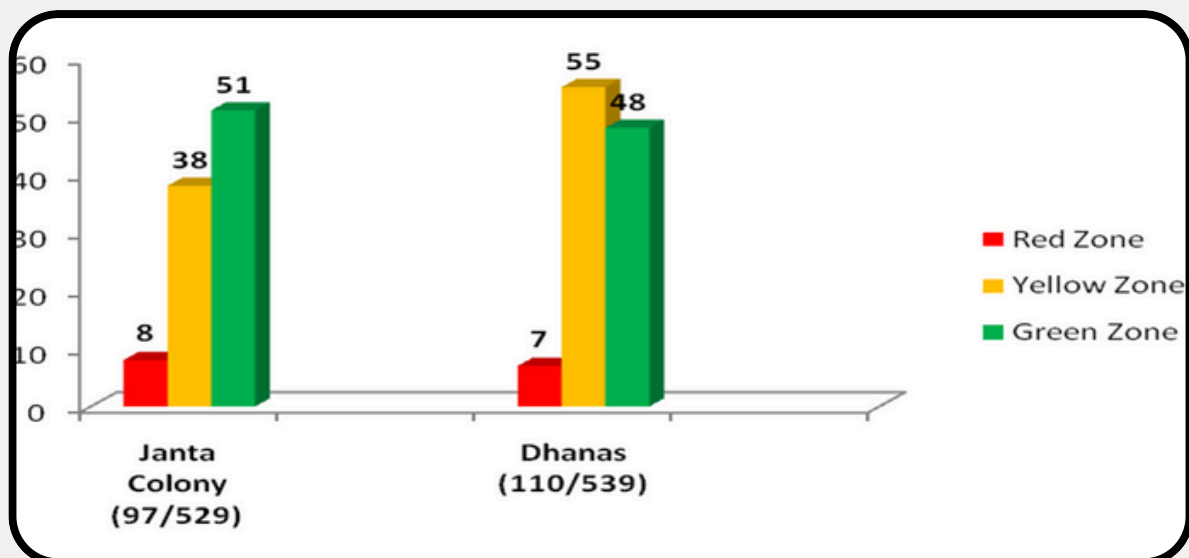
# STATISTICS OF MEDICAL PROJECT

|   | <u>JANTA COLONY</u> | <u>DHANAS</u> |
|---|---------------------|---------------|
| Total Population                              | 9476                | 9701          |
| Total Males                                   | 4869                | 5275          |
| Total Females                                 | 4607                | 4426          |
| Total no. of children                         | 529                 | 539           |
| <u>Total Red zone children</u>                | 47                  | 45            |
| Red zone children weighed                     | 39                  | 38            |
| Children not weighed<br>(gone to the village) | 8                   | 7             |
| <u>Total Yellow zone children</u>             | 229                 | 232           |
| Yellow zone children weighed                  | 191                 | 177           |
| Children not weighed<br>(gone to the village) | 38                  | 55            |
| <u>Total Green Zone children</u>              | 253                 | 262           |
| Green zone children weighed                   | 202                 | 214           |
| Children not weighed<br>(gone to the village) | 51                  | 48            |

Total number of children weighed in Janta Colony and Dhanas in the categories of Red, Yellow and Green Zone



Total number of children not weighed in Janta Colony and Dhanas in the categories of Red, Yellow and Green Zone



|  | <u><b>JANTA COLONY</b></u> | <u><b>DHANAS</b></u> |
|--|----------------------------|----------------------|
| <b>Total number of children last month</b>                               | <b>532</b>                 | <b>547</b>           |
| <b>Children permanently left</b>   | <b>10</b>                  | <b>9</b>             |
| <b>Total Deliveries</b>  | <b>1</b>                   | <b>1</b>             |
| <b>Children reached 5 years of age</b>                                   | <b>7</b>                   | <b>11</b>            |
| <b>New families moved into the area on rent with children under five</b> | <b>13</b>                  | <b>11</b>            |



## STATISTICS OF RED ZONE CHILDREN IN JANTA COLONY AND DHANAS

|  | <u>Janta Colony</u> |      | <u>Dhanas</u> |      |
|--|---------------------|------|---------------|------|
| Age<br>(Months)                                  | Children            | %Age | Children      | %Age |
| 0-12   | 3                   | 0.6  | 3             | 0.5  |
| 13-24  | 4                   | 0.7  | 11            | 2    |
| 25-35  | 9                   | 1.7  | 6             | 1.1  |
| 36-48  | 11                  | 2.1  | 10            | 1.9  |
| 49-60  | 12                  | 2.3  | 8             | 1.5  |
| Total Red Zone<br>children                       | 47                  | 8.9  | 45            | 8.3  |
| Red zone<br>children<br>(weighed)                | 39                  | 7.4  | 38            | 7    |
| Children not<br>weighed (gone<br>to the village) | 8                   | 1.5  | 7             | 1.3  |



# DETAILED STATISTICS OF RED ZONE CHILDREN IN JANTA COLONY

| H.P.'s Name  | Total Children | Red Zone | Weighed | Gone To Village | Weight Gain | Weight Loss | Same Weight | Rigid Families | Working Mothers | Floating Population | < 6 Month |
|--------------|----------------|----------|---------|-----------------|-------------|-------------|-------------|----------------|-----------------|---------------------|-----------|
| Banita       | 45             | 4        | 2       | 2               | 0           | 0           | 2           | 0              | 0               | 0                   | 0         |
| Dimple       | 54             | 8        | 6       | 2               | 0           | 4           | 2           | 0              | 0               | 6                   | 0         |
| Lata Gosain  | 53             | 5        | 4       | 1               | 2           | 1           | 1           | 0              | 0               | 3                   | 0         |
| Meena kshi   | 45             | 2        | 2       | 0               | 1           | 0           | 1           | 0              | 0               | 1                   | 0         |
| Kajal        | 43             | 6        | 6       | 0               | 2           | 2           | 2           | 0              | 0               | 3                   | 1         |
| Pooja        | 44             | 7        | 6       | 1               | 1           | 0           | 4           | 0              | 0               | 5                   | 1         |
| Lata Chandel | 40             | 3        | 3       | 0               | 1           | 1           | 1           | 0              | 0               | 0                   | 0         |
| Sushma       | 36             | 3        | 3       | 0               | 2           | 0           | 1           | 0              | 0               | 1                   | 0         |
| Sunita       | 48             | 2        | 2       | 0               | 0           | 1           | 1           | 0              | 0               | 0                   | 0         |
| Veena        | 38             | 2        | 0       | 2               | 0           | 0           | 0           | 0              | 0               | 0                   | 0         |
| Sanjana      | 41             | 4        | 4       | 0               | 2           | 0           | 2           | 0              | 0               | 0                   | 0         |
| Meena        | 42             | 1        | 1       | 0               | 0           | 0           | 1           | 0              | 0               | 0                   | 0         |



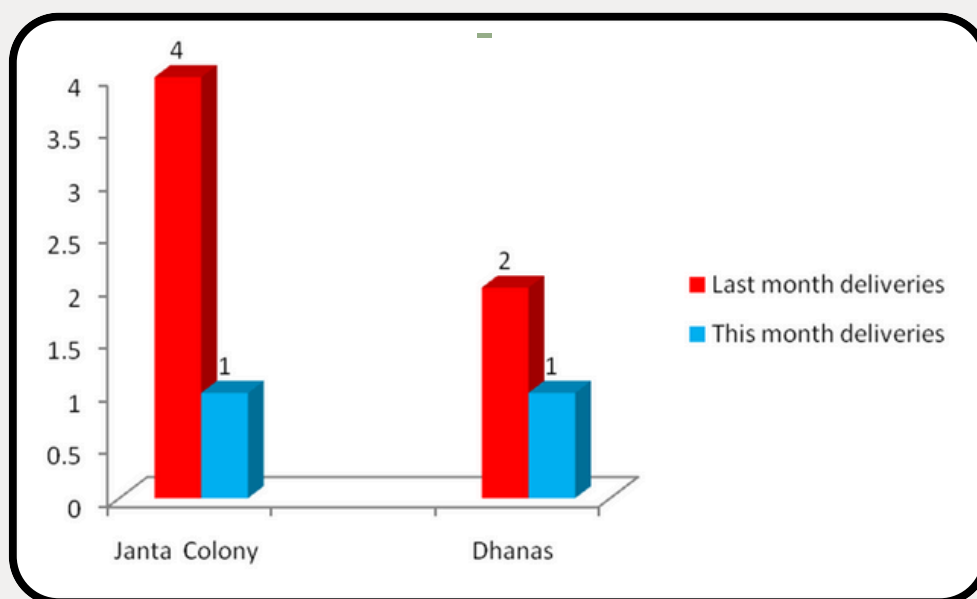
# DETAILED STATISTICS OF RED ZONE CHILDREN IN DHANAS

| H.P's Name   | Total Children | Red Zone | Weighed | Gone To Village | Weight Gain | Weight Loss | Same Weight | Rigid Families | Working Mothers | Floating Population | < 6 Month |
|--------------|----------------|----------|---------|-----------------|-------------|-------------|-------------|----------------|-----------------|---------------------|-----------|
| Banita       | 49             | 5        | 5       | 0               | 0           | 4           | 1           | 0              | 0               | 1                   | 0         |
| Dimple       | 46             | 3        | 3       | 0               | 0           | 0           | 3           | 0              | 0               | 0                   | 0         |
| Lata Gosain  | 40             | 2        | 2       | 0               | 1           | 0           | 1           | 0              | 0               | 0                   | 0         |
| Meena kshi   | 40             | 1        | 1       | 0               | 1           | 0           | 0           | 0              | 0               | 0                   | 0         |
| Kajal        | 45             | 4        | 3       | 1               | 1           | 1           | 1           | 0              | 0               | 0                   | 0         |
| Pooja        | 47             | 6        | 5       | 1               | 1           | 2           | 2           | 0              | 0               | 0                   | 0         |
| Lata Chandel | 52             | 5        | 4       | 1               | 1           | 1           | 2           | 0              | 0               | 0                   | 0         |
| Sushma       | 43             | 2        | 2       | 0               | 0           | 1           | 1           | 0              | 1               | 0                   | 0         |
| Sunita       | 43             | 2        | 2       | 0               | 1           | 0           | 1           | 0              | 1               | 0                   | 0         |
| Veena        | 55             | 7        | 3       | 4               | 1           | 0           | 2           | 0              | 0               | 0                   | 2         |
| Sanjana      | 49             | 6        | 6       | 0               | 2           | 2           | 2           | 0              | 0               | 0                   | 0         |
| Meena        | 30             | 2        | 2       | 0               | 1           | 1           | 0           | 0              | 0               | 0                   | 0         |

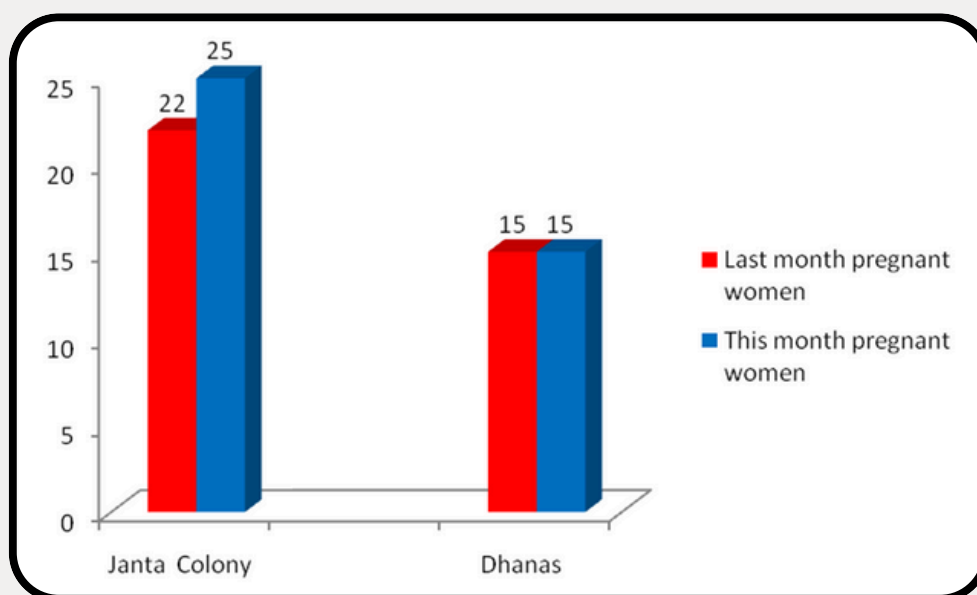
## STATISTICS OF PREGNANT MOTHERS AND NEWBORN

|                                     | <u>JANTA COLONY</u>  | <u>DHANAS VILLAGE</u>                                    |
|-------------------------------------|--|--|
| Number of women pregnant last month | 22   | 15   |
| Number of deliveries                | 1  | 1  |
| Births                              | Male: 0<br>Female:1  | Male: 1<br>Female: 0                                     |
| Mothers who left the Colony         | 1  | 0  |
| Infant death                        | 0  | 0  |
| Miscarriages                        | 0  | 0  |
| Abortions                           | 0  | 0  |
| Newly Pregnant                      | 4  | 1  |
| Trimester                           | 1st trimester: 0<br>2nd trimester: 11<br>3rd trimester: 14 | 1st trimester: 0<br>2nd trimester: 8<br>3rd trimester: 7 |
| Number of Pregnant women this month | 25   | 15   |

## Total number of Deliveries in Janta Colony and Dhanas



## Total number of pregnant in Janta Colony and Dhanas





# DEATH DETAILS IN JANTA COLONY

| NAME OF THE DECEASED | AGE OF DECEASED (YEARS) | GENDER | CAUSE OF DEATH      | NAME OF THE HEALTH PROMOTER |
|----------------------|-------------------------|--------|---------------------|-----------------------------|
| Manish               | 34                      | Male   | Cardiac Arrest      | Sushma                      |
| Kalu Ram             | 65                      | Male   | Silent Heart Attack | Pooja                       |

# CONTACT INFORMATION

|                                 |  |
|---------------------------------|--|
| <b><u>DIR-India CENTER:</u></b> | <b><u>705-C Adarsh Nagar, Nayagaon,</u></b><br><b><u>SAS Nagar, Mohali</u></b> |
| <b><u>EMAIL:</u></b>            | <b>admin@dir.ngo, ceo@dir.ngo</b>  |
| <b><u>Phone No.</u></b>         | <b><u>0172-5034227</u></b>   |
| <b><u>Mobile No.</u></b>        | <b><u>+91-9478866412</u></b>   |

## DIR INDIA BANK DETAILS

| IN FAVOUR OF        | DEVELOPING INDIGENOUS RESOURCES<br>INDIA |
|---------------------|--|
| BANK                | STATE BANK OF INDIA                      |
| BRANCH              | SECTOR-9, MADHYA MARG, CHANDIGARH-160009 |
| ACCOUNT NO.         | 37375923235                              |
| RTGS/NEFT/IFSC CODE | SBIN0018249                              |
| MICR CODE           | 160002091                                |

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