



MONTHLY REPORT

OCTOBER
2025



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CEO'S REPORT



Dr. Asha Katoch (CEO)

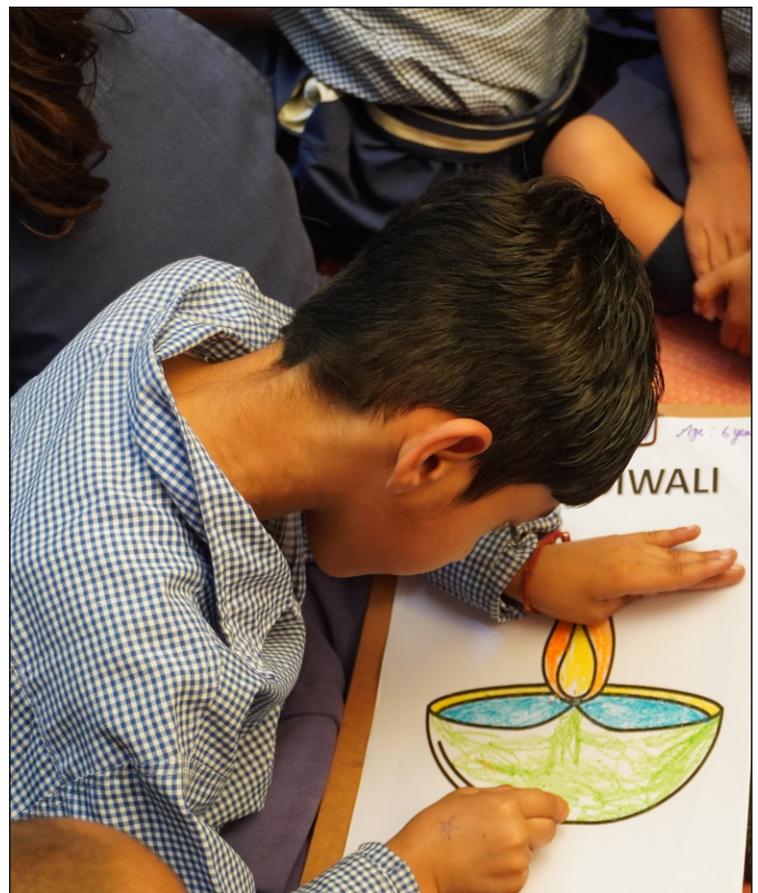
In India, October is an important month in which there are lots of festivals like Navratras , Dusshera followed by Deepwali.

For our Tinytots Dussehra is an exciting festival, in which an effigy loaded with crackers is burnt. The loud sound of the crackers gave our kids happiness and joy. After the event snacks were served to all the children and to the staff.

Tanvi Mahindiratta and Ritu Singhal , a life coach, entrepreneur and corporate counsellor visited the SWAD School in DIR. Ritu interacted and played intellectual games with our children. The power of intellect in our kids is high as they participated in all games which Ritu made them play. The environment was charged with energy and excitement, was visible on the face of each child. .

Diwali is an important festival in India. All homes are decorated with lights. It starts with Lakshmi pooja (Goddess of Wealth), different varieties of Indian sweets are made at home, new clothes, and exchange of gifts amongst relatives and friends is common.

In DIR Rangoli is made by staff members followed by Pooja and distribution of sweets to all children. We are grateful to the President Mr Bagga of PECOSA (Panjab Engineering College Old Students Association of Australia) who donated 10 Usha Sewing Machines to be distributed to widows or women who know stitching but cannot afford to buy sewing machines. The DIR Medical Team found 10 women from Janta Colony. The next write up is on Radhika who was given Usha Sewing Machine , a widow with two children. The lady who faced life as a challenge in this birth.



FROM HARDSHIPS TO HOPE

Radhika, a 35-year-old widow residing in Janta Colony, is the mother of two children, a 10 year old daughter and an 8 year old son. Radhika and Deepak got married in 2013. This was Radhika's second marriage. Her first marriage took place during her childhood, as she had been a victim of child marriage. Her first husband frequently fought with his family members and eventually consumed poison. After his death, Radhika's parents arranged her marriage to Deepak, who was 18 years older than her.

Her second husband, late Mr. Deepak Kumar, worked as a cycle repairer before their marriage. Radhika was Deepak's fourth wife, as his first three wives had left him after he lost his hearing in a road accident, but after their marriage tragically, Deepak passed away in 2018.

Deepak was working as a security guard at PGI. After a few days of their marriage, he developed swelling in his feet. One day, he suddenly experienced severe stomach pain and passed blood in his stool. They rushed him to PGI, where doctors diagnosed him with a kidney disorder. Despite receiving treatment, he passed away within four months. Deepak's father, a government employee who had worked as a tailor in PGI, used to receive a pension, but he also passed away before Deepak's death. As a result, no source of income remained for the family.

Once again, she faced a tough challenge in life. Two years ago, Radhika experienced severe stomach pain. Medical examinations revealed cancer of the uterus. PGI recommended the removal of her uterus for her safety. She underwent surgery followed by radiotherapy and chemotherapy. Radhika has recovered, she is the right lady who deserves this support to earn her livelihood.

Although Radhika already had basic stitching skills, she completed an eight-month stitching course in DIR, which helped her to improve her techniques and efficiency. Considering her difficult family circumstances, DIR provided her with a sewing machine free of charge. Today, she earns a daily income by doing stitching work from home, with DIR's support playing an essential role in sustaining her livelihood.

Senior Health Promoter Sushma is in charge of the health status of this family.



MEDICAL TRAINING

October falls in the post-monsoon season, bringing clear skies and pleasant temperatures. This weather makes it easier to carry out public health activities and monitor diseases. In academics, the topics covered were female reproductive system and pregnancy care including following key points:

Classes on Pregnancy : Our Field staff are given academic classes on the changes in the physiology and anatomy which occurs in the body of Pregnant Woman. These classes are taken in a simple language supported by showing videos on the developing fetus in the uterus. The placenta plays a vital role which is formed in the early pregnancy and is fully developed by week 12. It supports the baby by giving nutrients and oxygen and removing waste from the body of the uterus.

Two vital organs, brain and heart are the first organs which start forming and are developed within 6 weeks. The heart starts beating in the 6th week of the pregnancy, hence the Level 2 scan is very important to check the baby's growth and development of both heart and brain. Down's syndrome is detected within 10 to 12 weeks of pregnancy.

In the first trimester, Folic acid is needed for the baby's brain development.

Other supplements are started after 12 weeks of pregnancy.

The importance of the level of female hormones like estrogen, progesterone, and HCG are extremely important for the progress and development of the baby in the womb as they help in the growth of the fetus in a healthy pregnant mother.



Medical Training conducted by Dr. Asha Katoch (CEO)

NUTRITION TRAINING

The Project on maternal and child health, focuses on pregnant women, lactating mothers, and children under 5 years of age. During the field visits, the medical team identifies a prevalence of vitamin D and vitamin B12 deficiencies among women in our adopted areas. Factors may include age, certain medical conditions, and the use of specific medications that can impair the body's ability to absorb these essential vitamins. Deficiencies in vitamin D and B12 can lead to symptoms such as fatigue, muscle weakness, memory loss, bone pain, and mood changes. Keeping in mind the above facts, a nutrition training was conducted in October to raise awareness about the importance of vitamins D and vitamin B12, their complications and dietary management. The training aimed to equip participants with practical knowledge to improve nutritional intake and promote overall better health amongst mothers and children in our adopted areas.



Nutrition Training conducted by Ms. Satya



Nutrition Training was conducted by Ms. Swati

ATTENDANCE REPORT OF CHILDREN UNDER THE NIPP PROGRAM FROM OUR ADOPTED AREAS

TOTAL	RED ZONE	YELLOW ZONE	GREEN ZONE
9	1	8	0



- The progress report of the sponsored children, which includes the health status of the adopted child, is sent to each donor every month.
- A total of 20 children of the project Alambana (children of rag pickers) are sponsored. These children are also part of the NIPP program.

DETAILED PROGRESS REPORT OF NIPP:

- Total attendance of NIPP in the month of October was 30, including Alambana children, pregnant and lactating mothers.

PROGRESS REPORT UNDER NIPP PROGRAM:

- Seven child gained weight.
- Two children showed no change in weight due to seasonal illnesses like cough and cold.

TOTAL ADOPTED POPULATION IN JANTA COLONY AND DHANAS

	Janta Colony	Dhanas	TOTAL POPULATION
TOTAL POPULATION	9477	9724	19201
TOTAL MALES	4872	5287	10159
TOTAL FEMALES	4605	4437	9042
TOTAL NO. OF CHILDREN	503	532	1035

STATISTICS OF THE MEDICAL PROJECT IN JANTA COLONY

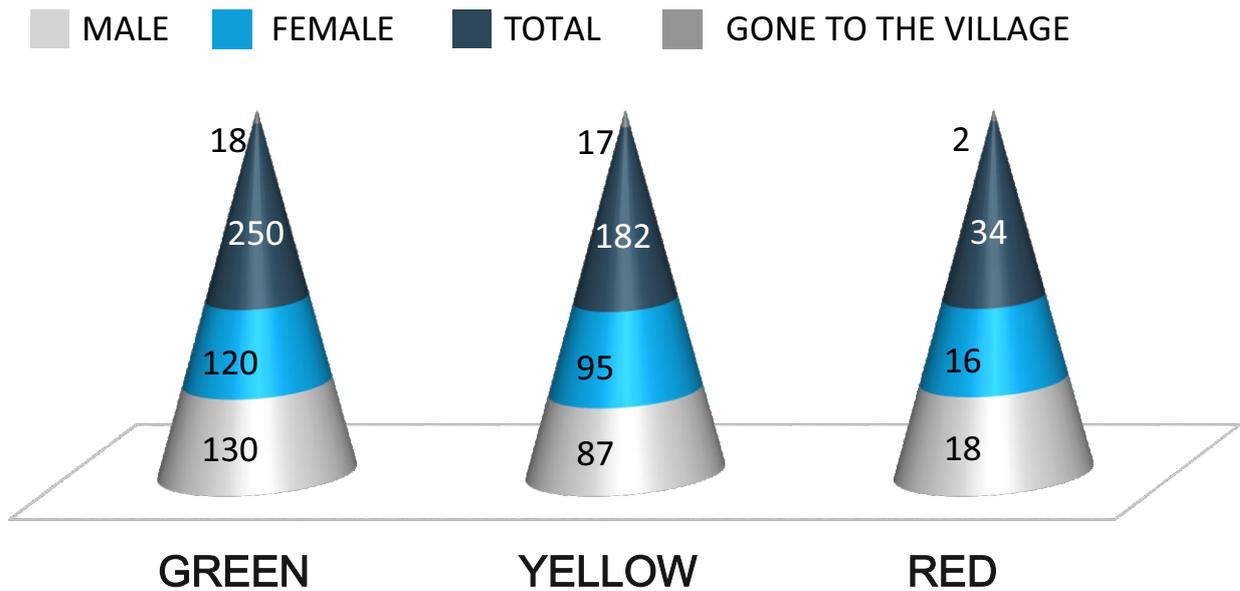
ZONE	MALE	FEMALE	TOTAL	GONE TO THE VILLAGE
GREEN ZONE	130	120	250	18
YELLOW ZONE	87	95	182	17
RED ZONE	18	16	34	2

Total number of children weighed in Janta Colony in the categories of Red, Yellow and Green Zone



Health promoters conducting growth monitoring for children in Janta Colony, (Naya Gaon) Pb

STATISTICS OF THE MEDICAL PROJECT IN JANTA COLONY



STATISTICS OF THE MEDICAL PROJECT IN DHANAS

ZONE	MALE	FEMALE	TOTAL	GONE TO THE VILLAGE
GREEN ZONE	152	128	280	20
YELLOW ZONE	95	78	173	24
RED ZONE	18	16	34	01

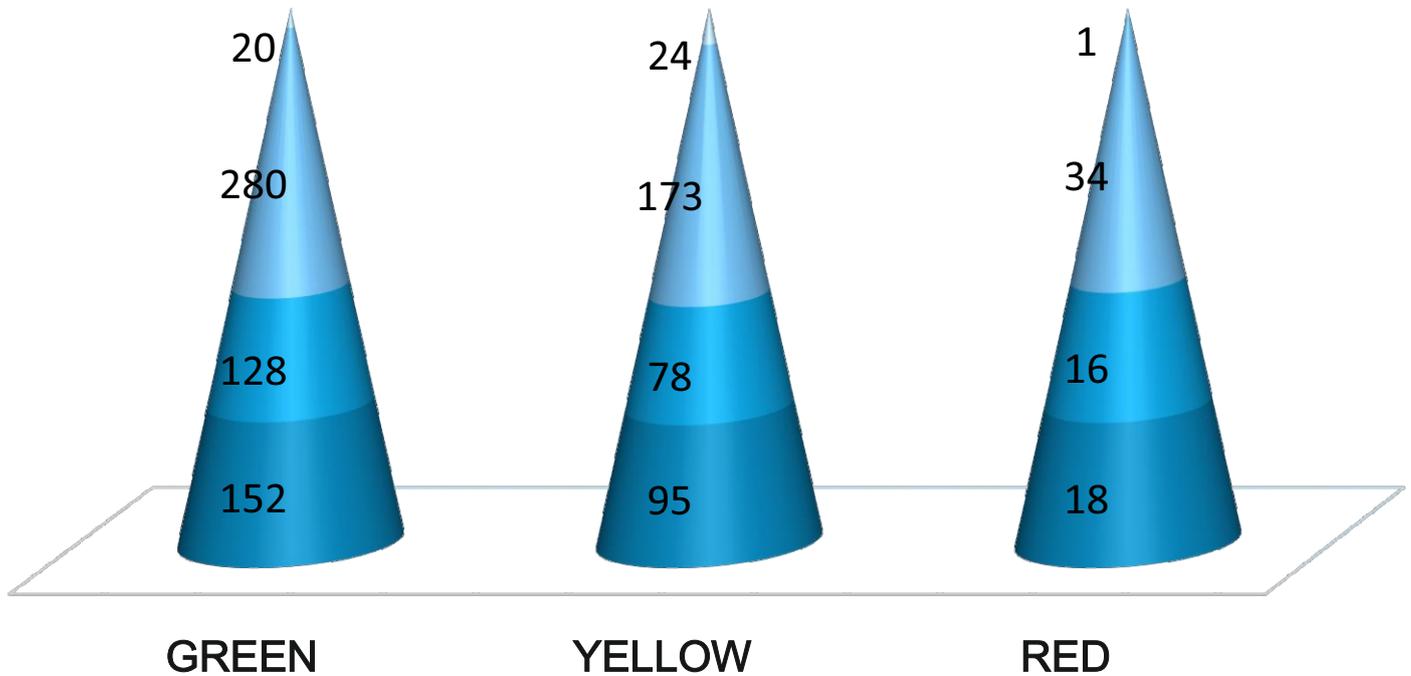
NOTE- Compared to previous months, there has been a slight decline in yellow zone cases, which is a positive update following the flood situation.



Health promoters conducting growth monitoring for children in Dhanas, Chandigarh

Total number of children weighed in Dhanas in the categories of Red, Yellow and Green Zone

■ MALE
 ■ FEMALE
 ■ TOTAL
 ■ GONE TO THE VILLAGE



STATISTICS OF THE MEDICAL PROJECT IN DHANAS

	JANTA COLONY	DHANAS	TOTAL
Total number of children last month	509	537	1046
Children permanently left	09	03	12
Total Deliveries	05	02	07
Children aged 5 years age	11	15	26
New families moved into the area on rent	09	11	20

STATISTICS OF RED ZONE CHILDREN IN JANTA COLONY AND DHANAS

Age (Months)	Janta Colony		Dhanas	
	Children	%Age	Children	%Age
0-12	6	1.2	2	0.4
13-24	3	0.6	09	1.7
25-35	6	1.2	7	1.3
36-48	09	1.8	8	1.5
49-60	10	2.0	8	1.5
Total Red Zone Children	36	7.2	35	6.6
Red Zone Children (Weighed)	34	6.8	34	6.4
Children not Weighed (gone to the Village)	02	0.4	0.1	0.2



DETAILED STATISTICS OF RED ZONE CHILDREN IN JANTA COLONY

H.P.'s Name	Total Children	Red Zone	Weighted	Gone to Village	Weight Gain	Weight Loss	Same Weight	Rigid Families	Working Mothers	Floating Population	< 6 Mont
Banita	41	4	4	0	0	2	1	0	0	1	2
Dimple	49	4	4	0	2	0	2	0	0	2	0
Lata Gosain	47	4	3	1	1	0	2	0	0	2	0
Meenakshi	43	1	1	0	1	0	0	0	0	0	0
Kajal	36	4	4	0	2	0	2	0	0	2	2
Pooja	41	4	4	0	0	0	4	0	0	3	0
Lata Chandel	45	2	2	0	1	1	0	0	0	0	0
Sushma	38	3	3	0	2	0	1	0	0	1	0
Sunita	44	2	2	0	0	0	1	0	0	0	1
Veena	33	1	1	0	0	0	1	0	0	0	0
Sanjana	43	6	5	1	3	1	1	0	0	2	0
Meena	43	1	1	0	0	0	1	0	0	0	0



DETAILED STATISTICS OF RED ZONE CHILDREN IN DHANAS, CHANDIGARH

H.P.'s Name	Total Children	Red Zone	Weighted	Gone to Village	Weight Gain	Weight Loss	Same Weight	Rigid Families	Working Mothers	Floating Population	< 6 Mont
Banita	51	6	6	0	3	0	3	0	0	2	0
Dimple	47	3	3	0	1	0	2	0	1	0	1
Lata Gosain	43	4	4	0	1	0	3	0	0	0	0
Meenakshi	40	1	1	0	0	0	1	0	0	0	0
Kajal	43	3	2	1	1	0	1	0	0	0	0
Pooja	45	4	4	0	0	0	4	0	0	0	0
Lata Chandel	48	3	3	0	0	0	3	0	0	0	0
Sushma	41	1	1	0	0	0	1	0	0	0	0
Sunita	41	1	1	0	0	0	1	0	1	0	0
Veena	53	2	2	0	2	0	1	0	0	0	0
Sanjana	48	5	5	0	1	1	3	0	0	0	0
Meena	32	2	2	0	0	0	1	0	0	0	1

STATISTICS OF PREGNANT MOTHERS AND NEWBORN

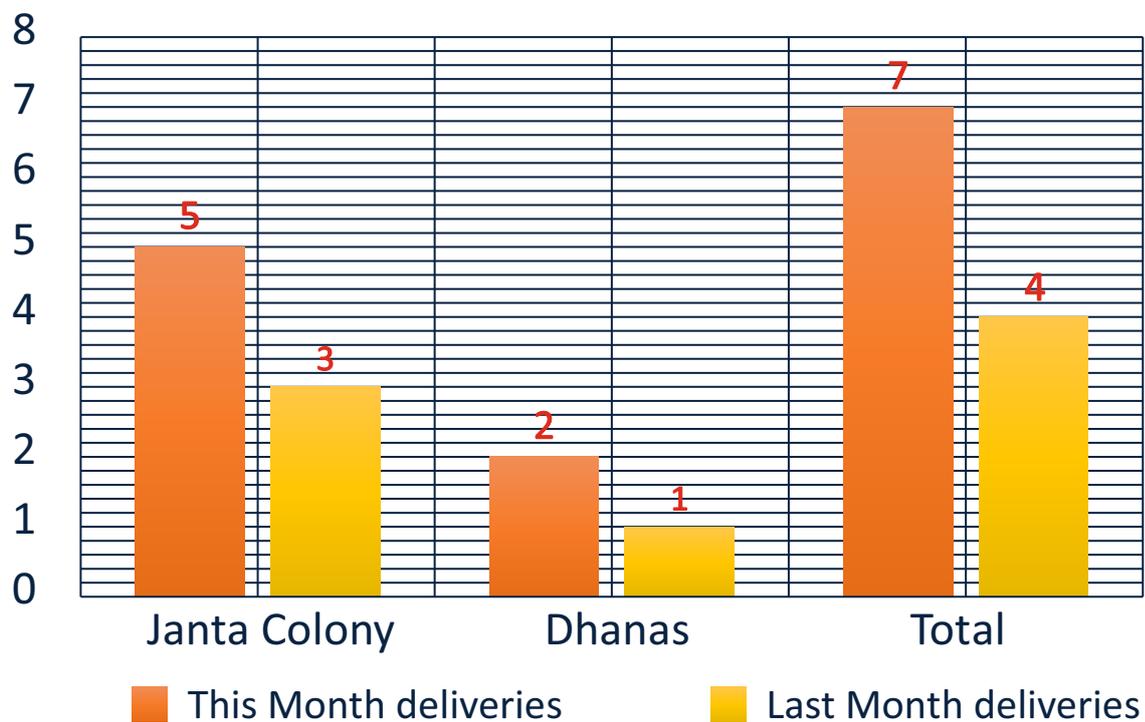
	JANTA COLONY	DHANAS VILLAGE	TOTAL
The number of pregnant women last month	17	12	32
Number of deliveries	5	2	7
Births	Male:03 Female:02	Male: 01 Female: 01	4 3

STATISTICS OF PREGNANT MOTHERS AND NEWBORN

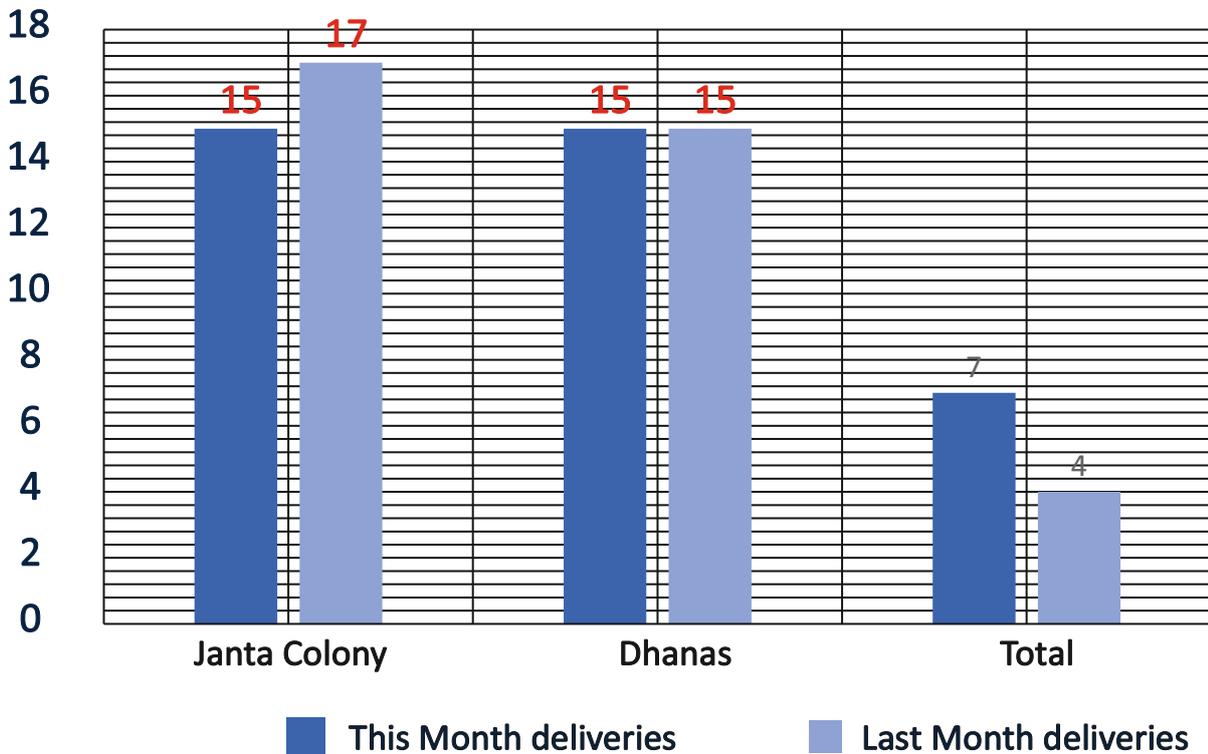
	JANTA COLONY	DHANAS VILLAGE	TOTAL
Mothers who left the Colony	0	4	4
Infant death	1	0	1
Miscarriages	0	0	0
Abortions	0	0	0
Newly Pregnant	1	5	6
Trimester	1st Trimester: 00 2nd Trimester: 06 3rd Trimester: 09	1st Trimester: 00 2nd Trimester: 07 3rd Trimester: 08	1 13 17
Number of Pregnant women this month	15	15	30

Total number of Deliveries in Janta Colony and Dhanas

Total number of Deliveries in Janta Colony and Dhanas



Total number of pregnant women in Janta Colony and Dhanas



DEATH DETAILS IN JANTA COLONY

NAME OF THE DECEASED	AGE OF DECEASED (YEARS)	GENDER	CAUSE OF DEATH	NAME OF THE HEALTH PROMOTER
Kundan Singh	72 years	Male	Multiple organ failure due to alcoholism	Sushma
Nishu Babyj	2.5 months	Female	Asphyxia	Sushma
Daulat Ram	62 years	Male	Brain Stroke	Sunita

DEATH DETAILS IN DHANAS

NAME OF THE DECEASED	AGE OF DECEASED (YEARS)	GENDER	CAUSE OF DEATH	NAME OF THE HEALTH PROMOTER
Kundan Singh	72 years	Male	Multiple organ failure due to alcoholism	Sushma

EDUCATION PROGRAM:



Tejas
Class - Pre-Nursery

SWAD SCHOOL PROGRESS REPORT:

Tejas, a student of Pre-Nursery class is a smart and bright child but very reserved, introvert by nature, rarely interacted with other children. He was shy in his oral work and often hesitated to participate in the class activities. The class teacher observed his indifferent behavior, she paid individual attention to him by involving him in various classroom activities. She encouraged him to recite poems, and tell short stories. She trained him well with flashcards which generated self confidence in this child. With Preeti's consistent support and patience, Tejas became confident to perform in the morning assembly.

Class teacher- Mrs Preeti Uniyal



Naman
Class - Nursery

SWAD SCHOOL PROGRESS REPORT:

Naman, who studies in the Nursery class, was shy and introvert in nature. He was reserved and did not interact with other children, but he was excellent in his written work. The class teacher noticed this and started focusing on his oral skills on a daily basis. She encouraged him to greet her with 'good morning' and perform the other activities in the classroom such as recitation of poems, story telling and counting. This helped Naman to improve in oral abilities that he started performing in the morning assembly. Credit goes to the class teacher who worked on Naman to build his personality.

Class teacher- Mrs Geeta Saini



Nishu
Class - L.K.G

SWAD SCHOOL PROGRESS REPORT:

Nishu, who is enrolled in the L.K.G. class was not good in her studies initially. It was very difficult for her to learn, as she didn't remember anything from her previous classes. This was a big challenge for the class teacher, who worked hard to bring her up to the level of the present class. She took the initiative to help her improve and began repeating learning activities every single day in the classroom. She first used simple alphabets to help Nishu strengthen her basic foundation. After that, she introduced a cursive writing book to further enhance Nishu's writing skills. This step-by-step approach helped Nishu rebuild her basic foundation before moving on to more advanced writing skills. All credit goes to her dedicated class teacher.

Class teacher- Mrs Lata

EDUCATION PROGRAM:



Saurav
Class - U.K.G

SWAD SCHOOL PROGRESS REPORT:

Saurav, a UKG student attended the school only for 14 days in April and was absent from the school for the entire May month. The class teacher was worried about him as he may lag behind as compared to other students. But astonishingly, Saurav scored 90% marks in his September exams. The teacher noticed that he had worked hard and put his efforts to catch up on his studies. The only problem was his handwriting. He was unable to write in a proper line. Then firstly the class teacher drew the baseline and taught her to write the alphabets in that. Gradually he started to write in a proper line and after a practice of several months he has improved a lot.

Class teacher- Mrs Saroj



Mehak
Class - Alambana

Mehak, a student of the Alambana class, was initially weak in her studies when she joined the school. Observing this, her class teacher took special interest in helping her improve. She focused on strengthening both her oral and written skills by giving her extra classwork and homework for regular practice. She was also encouraged to participate actively in class activities, especially reciting poems along with her classmates. Gradually, with consistent guidance and the teacher's dedicated efforts, her confidence grew. She now enjoys her studies, participates more freely, and has even begun reciting poems in the morning assembly, showcasing her improved abilities.

Class teacher- Miss Antima

ACTIVITIES OF SWAD SCHOOL FOR THIS MONTH:



- Dussehra was celebrated on 1st October 2025. An effigy of Ravana was made, which was set on fire. All the children enjoyed the event. Laddus and bananas were distributed to all students and staff members. In addition, on Dushera day, there was creative activity for all the students. They enthusiastically drew and colored Ravana's face as part of the festive celebrations. Later sweets and snacks were distributed to everyone.

ACTIVITIES OF SWAD SCHOOL FOR THIS MONTH:



- On 15th October, a painting competition was organised, Tanvi Mahindiratta brought the painting material. In this competition, the pre-nursery and nursery children did the colouring of the sketches of diyas with coloured pencils and charcoal sticks, while the LKG and UKG students painted diyas using the water colours.



- After the event, the students were rewarded 1st and 2nd prize. In addition, lunch boxes were given as consolation prizes to all the children. Sweets and samosas were served to both the students and to the entire DIR staff.

- On 17th October, a Diwali Puja was done, after which sweets like laddus were distributed as part of the festive celebrations to students and staff.

- On 18th October, the children did painting and colouring of the diyas, adding a vibrant touch to the Deepawali celebrations.



CLASS	BEST DRESSED	PUNCTUAL	BEST STUDENT	DISCIPLINED
PRE-NURSERY	<p>TRISHA</p> 	<p>TEJAS</p> 	<p>AYUSH</p> 	<p>MAHI</p> 
NURSERY	<p>AYANSH</p> 	<p>KRITI</p> 	<p>AYUSHI</p> 	<p>ANHAD</p> 
L.K.G	<p>PIYUSH</p> 	<p>NAVYA</p> 	<p>NAKSH</p> 	<p>ANVI</p> 
U.K.G	<p>ANSH</p> 	<p>SARA</p> 	<p>SATNAM</p> 	<p>GOURISH</p> 
ALAMBANA	<p>KASHVI</p> 	<p>ANSH</p> 	<p>VIRAJ</p> 	<p>NIYATI</p> 

DIR INDIA HIGHLIGHTS OF THE MONTH

- Ritu Singhal, a certified life-coach and entrepreneur, visited DIR with Tanvi, she engaged the children in fun games, and rewarded the prizes to the winners. There was entertainment and excitement amongst the children.
- The DIR family jointly celebrated Dussehra, and everyone enjoyed watching the effigy of Ravana being burned as part of the festival tradition, depicting the burning of an evil.



- On the Diwali day Lakshmi Poojan is done. Deepawali is a big festival, celebrated all over India in a grand style. In the DIR office the rangoli was intricately designed with dry colours and decorated with diya.



- DIR got permission to hold an exhibition in Rajeev Vihar (Manimajra sector 13), on tailoring products made by women from the Basti of Janta Colony under the guidance of our tailoring teacher Jaspreet Kaur..



DIR INDIA BANK DETAILS

IN FAVOUR OF	DEVELOPING INDIGENOUS RESOURCES INDIA
BANK	STATE BANK OF INDIA
BRANCH	SECTOR-9, MADHYA MARG, CHANDIGARH-160009
ACCOUNT NO.	37375923235
RTGS / NEFT / IFSC	SBIN0018249
MICR CODE	160002091



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