

**Developing Indigenous Resources - India**  
**May 2020 - Monthly Report**



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## CEO'S REPORT FOR MAY 2020

On 4th May 2020, the government ended the lockdown in the country. With hesitation and fear in mind, some of the government offices and a few private offices took the bold step of starting their work schedules. DIR-India's office was one of them. Nayagaon was a hotspot for Covid-19, as there were active cases reported in this area, but the senior staff managed to seek entry into Janta Colony for social reasons.

It was challenging and high risk for all of us, but welfare responsibilities gave courage to deal with these issues at this hour of crisis. Protecting the underprivileged families and helping them to fight hunger by issuing groceries to malnourished women and children is the prime agenda of DIR-India. These Covid-19 Relief Activities were started on 30th March 2020 and will continue as long as funds keep pouring in. **In May, groceries were given to 214 needy families.**

The tailoring program has become more active, along with academics and computer classes. Reusable masks are made and sold at affordable prices. This program of mask making will continue to help the community, generate revenue and give employment to Basti women. **Three new Singer sewing machines were purchased to engage more women.** These sewing machines were financed by Rani Jain. We are grateful to Rani Jain for her generosity at this hour of need.



# ACADEMIC CLASSES

On 4<sup>th</sup> May, DIR-INDIA office started working after 45 days of lockdown. Medical and Nutrition classes began on alternate days. Classes started with the health status of Basti people.

❖ Medical topics:

- COVID-19 Pandemic: Mode of transmission, signs and symptoms, prevention and diet to improve immunity.
- Malaria
- Dengue

❖ Nutrition topics:

- Immunity boosting diet
- Cholesterol
- Trans fats.



# NUTRITION DEMONSTRATION

Nutritional demonstration for the month of May was **Coconut Laddu**.

It is a high-calorie, high-protein and low-cost recipe. A quick and easy Indian sweet dish made with just three ingredients:

- Desiccated coconut
  - Milk
  - Sugar
- Nuts, Desi Ghee or butter and Cardamom can be added to enhance the flavor.

Nutritional value per coconut laddu: **Protein: 2 grams, Energy: 120cal.**



# STATISTICS OF MEDICAL PROJECT

Interaction with families and community are still not permitted as per Government order. Health Promoters have been inquiring about the welfare and follow-up of the pregnant mothers through the telephone.

<b>Total # of Population</b>	<b>14439</b>
<b># Males</b>	<b>7482</b>
<b># Females</b>	<b>6957</b>
<b>Total # of children</b>	<b>1139</b>
<b>Total Deliveries</b>	<b>6</b>
<b>Births</b>	<b>Male= 4</b> <b>Female= 2</b>
<b>Total Pregnant</b>	<b>58</b>
<b>Infant death</b>	<b>0</b>
<b>Miscarriages</b>	<b>0</b>

# DIR-INDIA MAY HIGHLIGHTS

## • Distribution on 2<sup>nd</sup> May and 4<sup>TH</sup> May 2020

DIR- INDIA medical field staff has distributed groceries to **978 households** during the pandemic, covering a population of **3938 individuals**. Beneficiaries were mostly laborers, who survive on a day-to-day livelihood.

COVID-19 relief activities started by DIR-INDIA on **30th March 2020**, and continued until **4th May 2020**. 214 grocery packages were distributed from **2<sup>nd</sup> May 2020 to 4<sup>th</sup> May 2020**

Each package contained following items: -5 KG WHEAT FLOUR

-1 KG PULSES (daal)

-1 KG RICE

-1 PACKET SOYABEAN NUGGETS



## ● Procurement of new sewing machines and making of Masks

Mrs. Rani Jain donated three new sewing machines, two hand machines and one foot-operated machine. This upgraded the Tailoring Section of DIR-India, along with the new carpet for women to be comfortable while stitching. The carpet was donated by Mr. Sood. We are grateful to Mrs. Rani Jain. The prime agenda of DIR-India is to generate revenue and to give employment to Basti women during this tough period of unemployment. DIR-I started making Reusable and Washable Masks with different shapes, styles and sizes as per Government specification. In India it is **compulsory for every citizen to wear a mask** otherwise an individual is fined. Masks are designed in accordance with CDC and WHO recommendations for the general use of cotton cloth, covering the nose and mouth in Public places. Social Substance of Panjab University has collaborated with DIR-India in advertising, marketing and sale of our product. In this month, Health Promoters and Basti women jointly made 318 Masks out of which 96 masks were sold. Following items were made:

1. 3 PLY cotton masks
2. 2 PLY cotton masks
3. Cotton straps mask



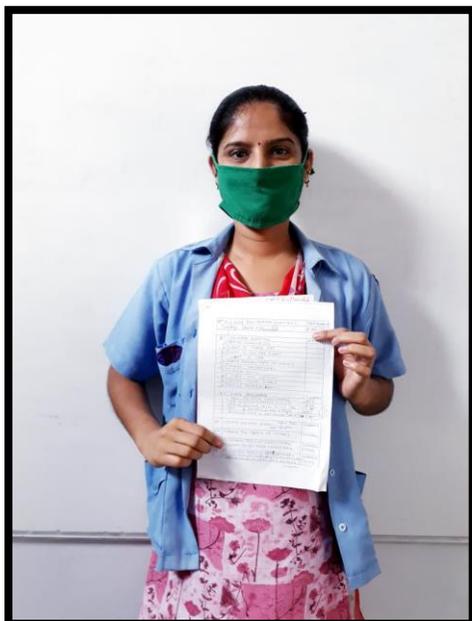
## • Computer classes of HP

DIR-India started basic training in computers for our Health Promoters. It was challenging for some and depressing for a few as many of the HP's did not know how to hold a mouse and simultaneously type on the keyboard. Today, it is heartening to see our HP's with a big smile on their faces, as they have learnt the skill of updating the weight records of each child on their Growth Charts. As of date, all records of children under five years of age, pregnant mothers and NIPP kids are maintained in their respective folder. Gurmeet, our Data entry operator takes regular computer classes and monitors the work of each HP. This data is stored on USB drives and also uploaded into our Google drive by Gurmeet at the end of the day.



# TOP ACADEMIC PERFORMERS OF DIR-I

## Medical Test Results for February:

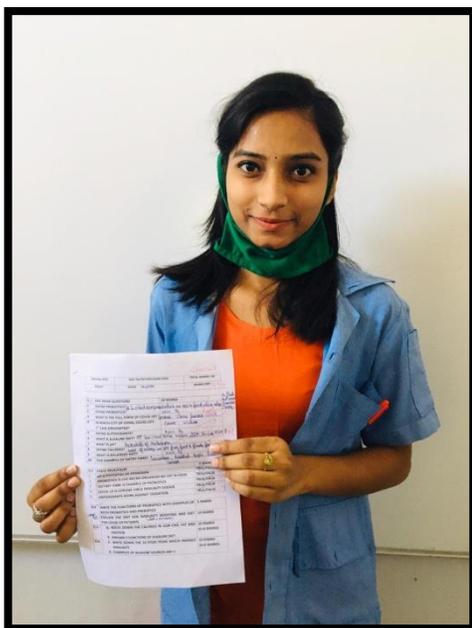


FIRST: MEENAKSHI



SECOND: SUSHMA

## Nutrition Test Results for February:



FIRST: MUSKAN



SECOND: LATA

## OUR TEAM



## CONTACT INFORMATION

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